



West Norfolk Swimming Club

Open Meet - March 2016

EVENT 1 Girls 10 Yrs/Under 100m IM

Full Results

Place	Name	DoB	Club	Time	Points	50
1.	Clara WATSON-FLOWERS	13/04/06	St Felix Sch	1:35.22	211	43.10
2.	Elijah BRITTON	07/04/06	St Felix Sch	1:38.36	191	43.79
3.	Millie PEARCE	01/08/06	March	1:41.95	172	49.31
4.	Olivia TUNLEY	06/07/06	March	1:42.77	167	48.36
5.	Abigail NICHOLSON	18/03/06	West Norfolk	1:45.79	153	-
6.	Bethany WILSON	02/09/06	Theftord	1:48.25	143	-
7.	Rosie HARRITT	09/06/06	Chatteris	1:51.11	132	-
8.	Isabella GREEN	29/05/06	Dereham	1:53.11	125	-
9.	Tilly DODDS	25/07/06	St Felix Sch	1:54.54	121	49.96
	Saule MAJAUSKIS	26/08/06	March	DQ SA 1L		
	Alina TURCHYN	13/04/06	Huntingdon	DQ T 2L		

EVENT 2 Boys 10 Yrs/Under 100m IM

Full Results

Place	Name	DoB	Club	Time	Points	50
1.	Joseph WHITTAKER	17/05/06	Wisbech	1:36.05	146	-
2.	Louis JAMES	04/05/06	Theftord	1:36.37	145	-
3.	Benjamin RIGLAR	25/01/06	Dereham	1:40.20	129	-
4.	Dylan WHITE	20/10/06	Norfolk Vikg	1:41.29	125	-
5.	Harvey LARNER	11/10/06	Gt Yarmouth	1:41.41	124	-
6.	Ben NOBLE	08/09/06	Chatteris	1:47.98	103	-
7.	Louis DAVEY	21/07/06	St Felix Sch	1:51.86	92	-
8.	Tobias HOLDER	07/11/06	St Felix Sch	1:57.10	80	-
	Keanan CROSS	27/10/06	St Felix Sch	DQ FI		
	Oscar COLE	03/09/06	St Felix Sch	DQ T 3L		
	Lazar NEMETH	04/04/06	St Felix Sch	DQ T 3L		

EVENT 3 Girls 11 Yrs/Over 200m IM

11 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points	50	100	150
1.	Jessica SHAW	03/03/05	March	2:56.03	331	38.02	1:22.48	2:16.45
2.	Ruby DAGLESS	14/02/05	Dereham	2:56.20	330	37.13	1:23.67	2:16.90
3.	Leah WIGHTMAN	11/04/05	West Norfolk	3:01.88	300	41.94	1:25.00	2:19.73
4.	Molly TATTERSALL	03/01/05	Dereham	3:18.47	231	45.48	1:35.38	2:31.98
5.	Erica CHARTERS	25/07/05	West Norfolk	3:18.92	229	45.83	1:31.81	2:31.49
6.	Zoe JONES	22/03/05	Mildenhall	3:19.50	227	45.61	1:38.00	2:37.78
7.	Gemma WHITE	26/02/05	West Norfolk	3:23.41	215	45.04	1:37.64	2:34.77
8.	Megan DENMAN	19/02/05	Chatteris	3:29.19	197	47.76	1:43.14	2:44.06
9.	Anastassja HERDIEN	15/05/05	Chatteris	3:30.95	192	-	-	-
10.	Rosetta SCHAUBENBURG-KE	19/04/05	March	3:43.98	161	-	-	-
	Hester LIFE	22/11/05	Norfolk Vikg	DQ SA 5L				
	Hannah JORDAN	20/06/05	Huntingdon	DQ T				

12 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points	50	100	150
1.	Hallie WHITE	09/01/04	Chatteris	2:52.71	351	37.83	1:19.84	2:13.78
2.	Alice FASEY	29/05/04	Theftord	2:57.12	325	44.95	1:29.94	2:18.12
3.	Chloe COOK	28/12/04	Chatteris	2:59.84	311	39.84	1:26.74	2:19.43
4.	Alanya SHAW	04/03/04	Norfolk Vikg	3:00.52	307	39.71	1:24.64	2:21.54
5.	Anna PEARCE	28/10/04	Gt Yarmouth	3:01.52	302	39.93	1:28.13	2:22.76
6.	Kiara KOVACS	29/03/04	Chatteris	3:06.49	279	42.05	1:30.62	2:24.93
7.	Isabel JEFFERY	10/08/04	West Norfolk	3:07.22	275	45.20	1:30.07	2:25.19
8.	Afton TOLLIDAY	19/07/04	St Felix Sch	3:07.85	272	40.74	1:29.58	2:25.31
9.	Maisie HARPER	28/01/04	Chatteris	3:09.04	267	43.19	1:32.47	2:27.57
10.	Kiera CLARKE	26/05/04	West Norfolk	3:09.56	265	44.84	1:32.22	2:26.35
11.	Alice LAWRENCE	31/10/04	Huntingdon	3:26.49	205	48.18	1:39.07	2:39.30
12.	Melissa DUFFIELD	26/06/04	Gt Yarmouth	3:34.89	182	53.02	1:44.32	2:47.70
	Melissa ABLETT	30/11/04	Chatteris	DQ FI				
	Erin AUBREY-JONES	12/09/04	West Norfolk	DQ T				
	Megan STAPLES	11/12/04	Dereham	DQ T				

13 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points	50	100	150
1.	Katelin TAYLOR	22/06/03	West Norfolk	2:46.78	390	35.87	1:19.89	2:07.91
2.	Kelsey WILSON	19/11/03	Gt Yarmouth	2:51.60	358	40.65	1:23.70	2:13.51
3.	Leah HARRIS	25/05/03	Norfolk Vikg	2:54.65	339	37.59	1:21.59	2:14.73
4.	Hallie TAYLOR	13/11/03	Dereham	2:55.05	337	36.92	1:22.77	2:14.88
5.	Megan COWLAN-NEAL	19/10/03	Mildenhall	2:58.30	319	40.78	1:25.77	2:19.60
6.	Ciera NORMAN	03/07/03	Huntingdon	3:04.21	289	37.00	1:20.01	2:19.36
7.	Eirinn CROSS	04/09/03	St Felix Sch	3:04.40	288	41.81	1:27.17	2:22.64
8.	Molly MCGOWEN	29/10/03	March	3:06.96	276	41.91	1:29.51	2:25.50
9.	Ellie-Mei SHEPPERSON	27/10/03	West Norfolk	3:07.60	274	42.11	1:29.42	2:19.78
10.	Emma AUBREY-JONES	03/01/03	West Norfolk	3:12.10	255	41.89	1:31.20	2:30.22
11.	Phoebe MUIRHEAD	25/06/03	Norfolk Vikg	3:16.66	237	43.38	1:34.36	2:32.79
12.	Sophie TUNLEY	09/06/03	March	3:29.91	195	45.79	1:38.43	2:42.42
	Millie STEEL	09/09/03	Huntingdon	DQ FI				



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14 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points	50	100	150
1.	Freya LINES	27/06/02	St Felix Sch	2:34.95	486	34.25	1:13.37	1:58.08
2.	Rachael JOHNSON	23/10/02	West Norfolk	2:36.08	475	35.13	1:14.74	1:59.74
3.	Lara-Grace MOUNT	17/12/02	West Norfolk	2:40.87	434	35.08	1:15.93	2:03.55
4.	Anna DUFFIELD	17/06/02	Gt Yarmouth	2:42.22	423	35.06	1:16.28	2:05.86
5.	Rosie MUSPRATT	21/09/02	West Norfolk	2:42.66	420	35.45	1:18.12	2:03.88
6.	Jennifer READ	01/03/02	West Norfolk	2:45.91	396	35.82	1:18.77	2:11.29
7.	Ella FARNSWORTH	08/09/02	West Norfolk	2:49.40	372	40.49	1:22.64	2:10.88
8.	Katie RUMP	27/04/02	West Norfolk	2:51.24	360	36.97	1:21.37	2:13.13
9.	Megan DAWSON	04/10/02	Chatteris	2:52.38	353	39.22	1:22.74	2:14.61
10.	Molly SHARPE	07/02/02	West Norfolk	2:57.88	321	42.09	1:24.81	2:17.56
11.	Katie LADDS	15/04/02	Huntingdon	3:03.39	293	40.49	1:26.38	2:22.02
	Hailey MYERS	20/05/02	Mildenhall	DQ T				

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points	50	100	150
1.	Jessica MANSFIELD	28/01/01	Huntingdon	2:35.38	482	31.82	1:12.85	1:59.20
2.	Molly LEE	04/08/01	West Norfolk	2:38.53	454	35.77	1:16.57	2:09.57
3.	Chloe SORRELL	17/03/01	West Norfolk	2:46.51	391	35.92	1:15.35	2:08.26
4.	Skie WALLACE	18/04/01	Huntingdon	2:48.66	377	35.25	1:17.77	2:09.31
5.	Bryony PACK	04/05/01	West Norfolk	2:52.05	355	33.54	1:15.94	2:10.42
6.	Connie DENMAN	01/09/01	Chatteris	2:55.20	336	40.48	1:28.27	2:17.29
	Gemma MCGOWEN	04/04/01	March	DQ ST				

16 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Time	Points	50	100	150
1.	Natalie COOGANS	21/02/97	West Norfolk	2:26.39	576	33.76	1:12.43	1:51.28
2.	Abigail WHITING	14/03/99	West Norfolk	2:31.82	517	31.96	1:10.22	1:56.82
3.	Elise SORRELL	30/06/98	West Norfolk	2:43.37	415	34.85	1:15.87	2:04.92
4.	Annabel HEYWOOD	21/08/00	West Norfolk	2:43.64	412	33.87	1:13.87	2:03.42
5.	Natalie WARNES	24/09/98	West Norfolk	2:53.01	349	37.21	1:20.69	2:12.80
6.	Georgina FREE	09/08/00	Thetford	2:57.31	324	37.38	1:24.47	2:16.05
7.	Chloe PHILLIPS	11/10/00	Huntingdon	2:57.62	322	38.11	1:22.48	2:17.12
8.	Erika DENMAN	20/07/00	Chatteris	3:00.44	308	40.16	1:23.99	2:17.87

EVENT 4 Boys 11 Yrs/Over 200m IM

11 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points	50	100	150
1.	Harry SHARPE	12/05/05	West Norfolk	3:00.20	225	46.34	1:31.25	2:21.68
2.	Toby NORMAN	23/05/05	Huntingdon	3:08.48	196	41.00	1:26.74	2:26.72
3.	Harrison BELL	18/09/05	St Felix Sch	3:11.11	188	47.10	1:33.67	2:29.98
4.	Harvey ISLE	27/09/05	West Norfolk	3:11.16	188	42.90	1:29.35	2:27.77
5.	Benjamin BEDFORD	26/04/05	Gt Yarmouth	3:20.74	162	48.12	1:35.57	2:34.17
6.	Aiden GRAY	10/04/05	March	3:28.28	145	46.40	1:36.34	2:41.94
7.	Harry RAYNER	14/07/05	Chatteris	3:39.09	125	49.18	1:41.34	2:48.72
	Henry OVERTON	09/06/05	West Norfolk	DNC				

12 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points	50	100	150
1.	Jacob ZANDBERGEN	22/01/04	Gt Yarmouth	3:02.22	217	40.25	1:26.02	2:22.84
2.	Callum LEES	23/08/04	Grantham	3:02.37	217	40.03	1:26.89	2:19.48
3.	Jay CARTER	14/10/04	Mildenhall	3:06.74	202	43.84	1:31.08	2:27.95
4.	Thomas HANLEY	14/01/04	Chatteris	3:08.04	198	42.97	1:30.75	2:28.09
5.	Daniel PENNY	31/12/04	Thetford	3:15.60	176	45.00	1:33.19	2:34.54
6.	Riley ASTLEY	06/03/04	Chatteris	3:23.33	156	49.37	1:39.00	2:38.62
7.	Benjamin FLOOD	01/02/04	Thetford	3:27.52	147	52.91	1:43.05	2:42.21

13 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points	50	100	150
1.	Freddie LAWS	29/04/03	West Norfolk	2:36.92	340	33.80	1:14.92	1:59.70
2.	Joshua STEPHENS	10/09/03	St Felix Sch	2:45.15	292	38.22	1:21.39	2:08.26
3.	Harley BUNTING	04/04/03	West Norfolk	2:47.30	281	37.34	1:21.17	2:10.87
4.	Daniel WHITE	07/02/03	St Felix Sch	2:47.73	279	35.41	1:17.48	2:08.82
5.	Samuel STEPHENS	10/09/03	St Felix Sch	2:52.79	255	39.24	1:22.96	2:15.89
6.	Daniel CLARK	09/04/03	Thetford	2:55.57	243	37.83	1:22.09	2:12.59
7.	Billy LIFE	18/12/03	Norfolk Vikg	3:20.53	163	44.98	1:35.17	2:30.44
	Rokas BORUSAS	21/05/03	March	DQ ST				

14 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points	50	100	150
1.	Elliott LEDGER	21/08/02	March	2:41.85	310	34.79	1:16.52	2:04.55
2.	Alfie RANDALL	23/10/02	West Norfolk	2:50.65	265	37.38	1:21.33	2:10.33
3.	Alex HALL	17/10/02	West Norfolk	2:53.14	253	35.57	1:17.70	2:18.15

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points	50	100	150
1.	Jacob ISLE	08/10/01	West Norfolk	2:33.79	362	32.77	1:12.11	1:59.42
2.	Oliver HARRIS	22/07/01	West Norfolk	2:40.32	319	33.26	1:14.07	2:03.22
3.	Jake LAMMAS	24/12/01	West Norfolk	2:44.59	295	33.18	-	-
4.	William WITTING	10/05/01	West Norfolk	2:47.69	279	33.98	1:14.92	2:11.33
5.	Ryan WEBB	11/11/01	Gt Yarmouth	3:08.28	197	37.64	1:21.46	2:13.82
	Arturas EICINAS	25/11/01	West Norfolk	DQ T				



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16 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Time	Points	50	100	150
1.	Nathan WELLS	23/01/98	West Norfolk	2:10.53	592	28.04	1:00.47	1:40.11
2.	Ryan SYKES	17/03/96	West Norfolk	2:20.78	472	31.10	1:08.07	1:47.24
3.	Joseph WELLS	21/12/99	West Norfolk	2:21.82	461	29.43	1:05.31	1:49.68
4.	Oliver NEWTON	24/06/99	West Norfolk	2:26.19	421	28.61	1:06.06	1:53.23
5.	Mark THOMPSON	12/05/89	Chatteris	2:26.97	415	30.36	1:06.91	1:52.81
6.	Jake HALL	07/08/98	West Norfolk	2:32.15	374	31.36	1:10.25	1:59.29
7.	Elliot LEGG	01/05/97	West Norfolk	2:36.83	341	28.87	1:09.89	2:01.03
8.	Graham SHAW	19/04/00	March	2:38.35	331	31.25	1:10.19	1:59.84
9.	Joel JORDAN	03/03/00	Huntingdon	2:40.11	321	34.72	-	2:02.41
10.	Macaulay HARVEY	05/12/00	Thetford	2:40.35	319	34.82	1:17.97	2:04.77
	Marc OVER	26/12/69	March	DQ T				

EVENT 5 Girls 10 Yrs/Over 50m Butterfly

10 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Clara WATSON-FLOWERS	13/04/06	St Felix Sch	46.13	147
2.	Elijah BRITTON	07/04/06	St Felix Sch	49.03	122
3.	Millie PEARCE	01/08/06	March	49.05	122
4.	Abigail NICHOLSON	18/03/06	West Norfolk	50.17	114
5.	Tilly DODDS	25/07/06	St Felix Sch	52.43	100
6.	Olivia TUNLEY	06/07/06	March	53.54	94
7.	Bethany WILSON	02/09/06	Thetford	54.71	88
8.	Isabella GREEN	29/05/06	Dereham	1:00.55	65
9.	Alina TURCHYN	13/04/06	Huntingdon	1:03.99	55

11 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Jessica SHAW	03/03/05	March	36.46	298
2.	Ruby DAGLESS	14/02/05	Dereham	36.76	291
3.	Abigail GOTTS	19/01/05	Norfolk Vikg	37.20	281
4.	Zoe JONES	22/03/05	Mildenhall	40.20	223
5.	Leah WIGHTMAN	11/04/05	West Norfolk	41.52	202
6.	Erica CHARTERS	25/07/05	West Norfolk	42.50	188
7.	Molly TATTERSALL	03/01/05	Dereham	43.14	180
8.	Gemma WHITE	26/02/05	West Norfolk	43.85	171
9.	Hannah JORDAN	20/06/05	Huntingdon	44.08	169
10.	Hester LIFE	22/11/05	Norfolk Vikg	45.57	153
11.	Anastassia HERDIEN	15/05/05	Chatteris	45.72	151
12.	Megan DENMAN	19/02/05	Chatteris	50.24	114
13.	Millie LAWS	30/05/05	West Norfolk	51.31	107
14.	Rosetta SCHAUENBURG-KE	19/04/05	March	53.08	96
15.	Amalee NEILL-GOURLAY	07/06/05	Thetford	59.38	69

12 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Hallie WHITE	09/01/04	Chatteris	34.62	349
2.	Alanya SHAW	04/03/04	Norfolk Vikg	37.00	286
3.	Anna PEARCE	28/10/04	Gt Yarmouth	38.48	254
4.	Chloe COOK	28/12/04	Chatteris	39.23	240
5.	Kiara KOVACS	29/03/04	Chatteris	39.75	230
6.	Afton TOLLIDAY	19/07/04	St Felix Sch	39.83	229
7.	Kiera CLARKE	26/05/04	West Norfolk	42.45	189
8.	Molly NOBLE	08/01/04	Chatteris	42.84	184
9.	Maisie HARPER	28/01/04	Chatteris	42.97	182
10.	Megan STAPLES	11/12/04	Dereham	43.05	181
11.	Erin CURL	28/11/04	West Norfolk	43.57	175
12.	Isabel JEFFERY	10/08/04	West Norfolk	44.00	170
13.	Alice LAWRENCE	31/10/04	Huntingdon	46.02	148
14.	Leah STAPLES	12/12/04	Dereham	47.33	136
15.	Niamh BAKER	11/01/04	Dereham	47.40	136
16.	Elise CLAYTON	22/09/04	West Norfolk	51.19	108
17.	Melissa DUFFIELD	26/06/04	Gt Yarmouth	51.92	103
18.	Mariesha BLACKWELL-FLO	26/12/04	Thetford	53.15	96
	Hollie MYERS	23/04/04	Mildenhall	DNF	
	Erin AUBREY-JONES	12/09/04	West Norfolk	DQ SA 2L	

13 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Katelin TAYLOR	22/06/03	West Norfolk	34.19	362
2.	Ciera NORMAN	03/07/03	Huntingdon	35.67	319
3.	Hallie TAYLOR	13/11/03	Dereham	35.84	314
4.	Leah HARRIS	25/05/03	Norfolk Vikg	36.12	307
5.	Georgia AMBROSE	07/11/03	March	36.67	293
6.	Ashleigh HARRIS-HARVEY	05/08/03	Mildenhall	38.44	255
7.	Kelsey WILSON	19/11/03	Gt Yarmouth	38.48	254
8.	Millie STEEL	09/09/03	Huntingdon	39.00	244
9.	Megan COWLAN-NEAL	19/10/03	Mildenhall	40.72	214
10.	Emma AUBREY-JONES	03/01/03	West Norfolk	41.37	204
11.	Maria BUCKLES	17/07/03	Mildenhall	41.41	204
12.	Molly MCGOWEN	29/10/03	March	41.45	203
13.	Ellie-Mei SHEPPERSON	27/10/03	West Norfolk	41.63	200
14.	Sophie TUNLEY	09/06/03	March	45.88	150
15.	Lucy WINTER	12/08/03	Dereham	46.36	145
16.	Phoebe MUIRHEAD	25/06/03	Norfolk Vikg	49.93	116



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14 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Freya LINES	27/06/02	St Felix Sch	33.85	373
2.	Lara-Grace MOUNT	17/12/02	West Norfolk	33.86	373
3.	Rachael JOHNSON	23/10/02	West Norfolk	34.26	360
4.	Anna DUFFIELD	17/06/02	Gt Yarmouth	34.87	341
5.	Jennifer READ	01/03/02	West Norfolk	34.98	338
6.	Rosie MUSPRATT	21/09/02	West Norfolk	35.17	333
7.	Katie RUMP	27/04/02	West Norfolk	36.63	294
8.	Rebecca READ	01/03/02	West Norfolk	38.44	255
9.	Katie LADDS	15/04/02	Huntingdon	38.60	251
10.	Megan DAWSON	04/10/02	Chatteris	39.64	232
11.	Ella FARNSWORTH	08/09/02	West Norfolk	40.05	225
12.	Molly SHARPE	07/02/02	West Norfolk	42.27	191
13.	Arriana CHIPCHASE	14/05/02	Mildenhall	44.76	161

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Jessica MANSFIELD	28/01/01	Huntingdon	30.70	500
2.	Bryony PACK	04/05/01	West Norfolk	32.45	424
3.	Chloe SORRELL	17/03/01	West Norfolk	33.67	379
4.	Skie WALLACE	18/04/01	Huntingdon	34.48	353
5.	Molly LEE	04/08/01	West Norfolk	34.55	351
6.	Connie DENMAN	01/09/01	Chatteris	38.01	263
7.	Gemma MCGOWEN	04/04/01	March	38.57	252
8.	Rebecca YEOMAN	30/09/01	Hunstanton	40.38	220
9.	Lydia GRAY	13/09/01	March	41.81	198

16 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Abigail WHITING	14/03/99	West Norfolk	30.95	488
2.	Sophie EMPSON	12/10/98	West Norfolk	33.16	397
3.	Elise SORRELL	30/06/98	West Norfolk	33.33	391
4.	Natalie COOGANS	21/02/97	West Norfolk	34.01	368
5.	Charlotte ELSON	02/01/99	Huntingdon	34.83	342
6.	Annabel HEYWOOD	21/08/00	West Norfolk	35.00	337
7.	Kayleigh VENABLES	28/06/99	West Norfolk	36.24	304
8.	Georgina FREE	09/08/00	Thetford	36.36	301
9.	Natalie WARNES	24/09/98	West Norfolk	36.43	299
10.	Chloe PHILLIPS	11/10/00	Huntingdon	36.69	293
11.	Jemma JARVIS	09/10/99	West Norfolk	37.41	276

EVENT 6 Boys 10 Yrs/Over 50m Butterfly

10 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Louis JAMES	04/05/06	Thetford	42.87	131
2.	Joseph WHITTAKER	17/05/06	Wisbech	48.28	92
3.	Ben NOBLE	08/09/06	Chatteris	50.38	81
4.	Louis DAVEY	21/07/06	St Felix Sch	54.76	63
	Dylan WHITE	20/10/06	Norfolk Vikg	DQ SL 1L	

11 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Toby NORMAN	23/05/05	Huntingdon	39.72	165
2.	Harvey ISLE	27/09/05	West Norfolk	41.83	141
3.	Aiden GRAY	10/04/05	March	43.18	128
4.	Harry SHARPE	12/05/05	West Norfolk	45.19	112
5.	Harry RAYNER	14/07/05	Chatteris	46.28	104
6.	Isaac CLARK	01/06/05	Thetford	47.00	99
7.	Harrison BELL	18/09/05	St Felix Sch	47.44	97
8.	Benjamin BEDFORD	26/04/05	Gt Yarmouth	47.64	95
9.	Jacob HART	13/11/05	St Felix Sch	52.78	70

12 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Callum LEES	23/08/04	Grantham	38.08	187
2.	Thomas HANLEY	14/01/04	Chatteris	39.57	167
3.	Jacob ZANDBERGEN	22/01/04	Gt Yarmouth	40.60	154
4.	Daniel PENNY	31/12/04	Thetford	41.69	142
5.	Jay CARTER	14/10/04	Mildenhall	43.21	128
6.	Benjamin FLOOD	01/02/04	Thetford	46.93	100
7.	Riley ASTLEY	06/03/04	Chatteris	50.68	79
8.	Jack DRAGE	09/01/04	Hunstanton	51.18	77
	Benjamin KIGHTLY	24/05/04	March	DQ T 1L	

13 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Freddie LAWS	29/04/03	West Norfolk	33.58	273
2.	Daniel WHITE	07/02/03	St Felix Sch	35.24	236
3.	Harley BUNTING	04/04/03	West Norfolk	36.71	209
3.	Daniel CLARK	09/04/03	Thetford	36.71	209
5.	Samuel STEPHENS	10/09/03	St Felix Sch	38.09	187
6.	Alfie HOLMAN	31/08/03	West Norfolk	41.13	148
7.	Billy LIFE	18/12/03	Norfolk Vikg	43.22	128
8.	Rokas BORUSAS	21/05/03	March	45.32	111
9.	Oliver SHAW	16/01/03	West Norfolk	46.62	102



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14 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Elliott LEDGER	21/08/02	March	34.79	246
2.	Alex HALL	17/10/02	West Norfolk	34.89	243
3.	Connor THACKER	18/01/02	Huntingdon	36.95	205
4.	Iasonas EMMANOUEL	29/07/02	West Norfolk	38.93	175

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Oliver HARRIS	22/07/01	West Norfolk	31.20	341
2.	Jacob ISLE	08/10/01	West Norfolk	31.85	320
3.	Jake LAMMAS	24/12/01	West Norfolk	33.14	284
4.	William WITTING	10/05/01	West Norfolk	33.60	273
5.	Nathaniel COOK	31/10/01	March	35.11	239
6.	Arturas EICINAS	25/11/01	West Norfolk	35.49	231
7.	Ryan WEBB	11/11/01	Gt Yarmouth	37.04	203
8.	Jake HOY	17/10/01	Chatteris	37.12	202

16 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Nathan WELLS	23/01/98	West Norfolk	27.54	495
2.	Oliver NEWTON	24/06/99	West Norfolk	28.31	456
3.	Elliott LEGG	01/05/97	West Norfolk	28.69	438
4.	Joseph WELLS	21/12/99	West Norfolk	28.93	427
5.	Archie HOLMAN	21/09/98	West Norfolk	29.74	393
6.	Jake HALL	07/08/98	West Norfolk	29.90	387
7.	Graham SHAW	19/04/00	March	29.91	387
8.	Ryan SYKES	17/03/96	West Norfolk	30.46	366
9.	Marc OVER	26/12/69	March	31.42	334
10.	Macaulay HARVEY	05/12/00	Thetford	33.34	279
11.	Daniel RICHES	23/07/00	Huntingdon	33.95	264
12.	Joel JORDAN	03/03/00	Huntingdon	34.36	255

EVENT 7 Boys 10 Yrs/Over 50m Breaststroke

10 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Benjamin RIGLAR	25/01/06	Dereham	53.13	107
2.	Louis JAMES	04/05/06	Thetford	53.57	104
3.	Joseph WHITTAKER	17/05/06	Wisbech	53.76	103
4.	George OGDEN	18/04/06	Dereham	54.49	99
5.	Dylan WHITE	20/10/06	Norfolk Viking	55.73	93
6.	Reece SIMPSON	11/05/06	Chatteris	56.91	87
7.	Ben NOBLE	08/09/06	Chatteris	57.74	83
8.	Harvey LARNER	11/10/06	Gt Yarmouth	58.77	79
9.	Tobias HOLDER	07/11/06	St Felix Sch	1:00.72	71
10.	Oscar COLE	03/09/06	St Felix Sch	1:03.03	64
11.	Sidney SMITH	09/08/06	Hunstanton	1:04.11	61
12.	Louis DAVEY	21/07/06	St Felix Sch	1:04.64	59
	Thomas BEST	29/03/06	Dereham	DQ T 1L	

11 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Harry SHARPE	12/05/05	West Norfolk	46.55	159
2.	Thomas OWEN	13/06/05	West Norfolk	46.87	156
3.	Toby NORMAN	23/05/05	Huntingdon	49.49	132
4.	Harrison BELL	18/09/05	St Felix Sch	51.36	118
5.	Harvey ISLE	27/09/05	West Norfolk	51.51	117
6.	Benjamin BEDFORD	26/04/05	Gt Yarmouth	52.25	112
7.	James FOOT	25/11/05	Thetford	52.91	108
8.	William COGGINS	28/03/05	Huntingdon	53.03	107
9.	Isaac CLARK	01/06/05	Thetford	54.07	101
10.	Kyle AUSTIN	04/08/05	Mildenhall	55.65	93
11.	Jacob HART	13/11/05	St Felix Sch	56.69	88
12.	Harry RAYNER	14/07/05	Chatteris	57.66	83
13.	Rhys JARVIS	11/05/05	Gt Yarmouth	58.30	81
	Freddie YATES	08/10/05	March	DQ SH 1L	

12 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Robert ADDIS	29/01/04	West Norfolk	42.73	206
2.	Callum LEES	23/08/04	Grantham	45.09	175
3.	Thomas HANLEY	14/01/04	Chatteris	46.34	161
4.	Jacob ZANDBERGEN	22/01/04	Gt Yarmouth	46.84	156
5.	Riley ASTLEY	06/03/04	Chatteris	47.73	148
6.	Benjamin FLOOD	01/02/04	Thetford	49.27	134
7.	Sam RANDALL	02/03/04	West Norfolk	50.45	125
8.	Henry SMITH	23/11/04	Hunstanton	51.69	116
9.	Daniel PENNY	31/12/04	Thetford	52.78	109
	Benjamin KIGHTLY	24/05/04	March	DNC	



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13 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Freddie LAWS	29/04/03	West Norfolk	36.28	337
2.	Harley BUNTING	04/04/03	West Norfolk	40.67	239
3.	Joshua STEPHENS	10/09/03	St Felix Sch	41.31	228
4.	Daniel CLARK	09/04/03	Thetford	43.53	195
5.	Phoenix WALLACE	09/02/03	Huntingdon	48.18	143
6.	Rokas BORUSAS	21/05/03	March	49.11	135
7.	Billy LIFE	18/12/03	Norfolk Vikg	49.39	133
8.	Jamie COGGINS	26/04/03	Huntingdon	50.43	125

14 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Finley HARPER	07/01/02	Chatteris	38.89	273
2.	Elliott LEDGER	21/08/02	March	39.67	257
3.	Alfie RANDALL	23/10/02	West Norfolk	39.83	254
4.	Connor THACKER	18/01/02	Huntingdon	43.39	197
5.	Jake HARVEY	28/08/02	West Norfolk	43.89	190
6.	Iasonas EMMANOUEL	29/07/02	West Norfolk	45.40	172

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Jake HOY	17/10/01	Chatteris	37.91	295
2.	Oliver HARRIS	22/07/01	West Norfolk	38.12	290
3.	Jacob ISLE	08/10/01	West Norfolk	39.24	266
4.	Jake LAMMAS	24/12/01	West Norfolk	39.34	264

16 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Nathan WELLS	23/01/98	West Norfolk	32.69	460
2.	Ryan SYKES	17/03/96	West Norfolk	32.96	449
3.	Archie HOLMAN	21/09/98	West Norfolk	33.87	414
4.	Macaulay HARVEY	05/12/00	Thetford	35.39	363
5.	Mark THOMPSON	12/05/89	Chatteris	35.53	358
6.	Daniel RICHES	23/07/00	Huntingdon	35.97	345
7.	Joseph WELLS	21/12/99	West Norfolk	36.69	325
8.	Jacob HALLS	22/10/99	March	37.61	302
9.	Graham SHAW	19/04/00	March	37.81	297
10.	Marc OVER	26/12/69	March	39.01	271

EVENT 8 Girls 10 Yrs/Over 50m Breaststroke

10 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Millie PEARCE	01/08/06	March	52.55	164
2.	Clara WATSON-FLOWERS	13/04/06	St Felix Sch	53.08	159
3.	Saulie MAJASKIS	26/08/06	March	55.38	140
4.	Elijah BRITTON	07/04/06	St Felix Sch	55.61	138
5.	Isabella GREEN	29/05/06	Dereham	56.88	129
6.	Olivia TUNLEY	06/07/06	March	57.11	128
7.	Bethany WILSON	02/09/06	Thetford	58.16	121
8.	Abigail NICHOLSON	18/03/06	West Norfolk	58.66	118
9.	Amelia DUNN	19/04/06	Huntingdon	1:00.86	105
10.	Thea HANLEY	16/06/06	Chatteris	1:01.83	101
11.	Rosie HARRITT	09/06/06	Chatteris	1:03.60	92
12.	Alina TURCHYN	13/04/06	Huntingdon	1:07.07	79

11 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Abigail GOTTS	19/01/05	Norfolk Vikg	43.88	282
2.	Jessica SHAW	03/03/05	March	44.97	262
3.	Zoe JONES	22/03/05	Mildenhall	48.39	210
4.	Leah WIGHTMAN	11/04/05	West Norfolk	49.33	198
5.	Erica CHARTERS	25/07/05	West Norfolk	49.48	197
6.	Gemma WHITE	26/02/05	West Norfolk	50.01	190
7.	Molly TATTERSALL	03/01/05	Dereham	51.65	173
8.	Elizabeth ENGLAND	01/01/05	Hunstanton	51.78	172
9.	Hester LIFE	22/11/05	Norfolk Vikg	53.24	158
10.	Mauve POULTER	11/04/05	Hunstanton	53.58	155
11.	Millie LAWS	30/05/05	West Norfolk	54.13	150
12.	Amalee NEILL-GOURLAY	07/06/05	Thetford	55.26	141
13.	Rosetta SCHAUENBURG-KE	19/04/05	March	55.90	136
14.	Madison PARISH	03/01/05	Dereham	56.21	134
15.	Hannah JORDAN	20/06/05	Huntingdon	57.85	123
	Emily CAIN	21/04/05	Hunstanton	DNC	
	Evelyn CLEERE	15/02/05	Dereham	DQ SL 2L	
	Megan DENMAN	19/02/05	Chatteris	DQ ST	



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12 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Alice FASEY	29/05/04	Thetford	42.70	306
2.	Hallie WHITE	09/01/04	Chatteris	45.09	260
3.	Chloe COOK	28/12/04	Chatteris	45.55	252
4.	Anna PEARCE	28/10/04	Gt Yarmouth	46.61	235
5.	Kiera CLARKE	26/05/04	West Norfolk	46.65	235
6.	Isabel JEFFERY	10/08/04	West Norfolk	46.89	231
7.	Alanya SHAW	04/03/04	Norfolk Vikg	47.62	221
8.	Molly NOBLE	08/01/04	Chatteris	47.64	220
9.	Kayleigh RUDD	15/11/04	West Norfolk	48.69	206
10.	Kiara KOVACS	29/03/04	Chatteris	49.13	201
11.	Maisie HARPER	28/01/04	Chatteris	49.23	200
12.	Megan STAPLES	11/12/04	Dereham	49.52	196
13.	Hollie MYERS	23/04/04	Mildenhall	50.56	184
14.	Alice LAWRENCE	31/10/04	Huntingdon	51.21	177
15.	Mariesha BLACKWELL-FLO	26/12/04	Thetford	51.22	177
16.	Lucy GORDON	08/03/04	Gt Yarmouth	51.81	171
17.	Niamh BAKER	11/01/04	Dereham	53.03	160
18.	Leah STAPLES	12/12/04	Dereham	55.00	143
19.	Milly OGDEN	19/06/04	Dereham	55.04	143
20.	Melissa DUFFIELD	26/06/04	Gt Yarmouth	55.79	137
21.	Erin AUBREY-JONES	12/09/04	West Norfolk	57.15	127
22.	Elise CLAYTON	22/09/04	West Norfolk	1:01.51	102
	Melissa ABLETT	30/11/04	Chatteris	DQ SA 1L	
	Megan BALE	20/10/04	Dereham	DQ SL 1L	

13 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Hallie TAYLOR	13/11/03	Dereham	42.46	312
1.	Katelin TAYLOR	22/06/03	West Norfolk	42.46	312
3.	Ellie-Mei SHEPPERSON	27/10/03	West Norfolk	43.43	291
4.	Leah HARRIS	25/05/03	Norfolk Vikg	43.96	281
5.	Ashleigh HARRIS-HARVEY	05/08/03	Mildenhall	44.12	278
6.	Kelsey WILSON	19/11/03	Gt Yarmouth	45.55	252
7.	Ciera NORMAN	03/07/03	Huntingdon	45.80	248
8.	Phoebe MUIRHEAD	25/06/03	Norfolk Vikg	46.14	243
9.	Millie STEEL	09/09/03	Huntingdon	46.52	237
10.	Eirinn CROSS	04/09/03	St Felix Sch	46.69	234
11.	Georgia AMBROSE	07/11/03	March	47.59	221
12.	Molly MCGOWEN	29/10/03	March	47.92	217
13.	Maria BUCKLES	17/07/03	Mildenhall	48.50	209
14.	Bethany TOYN	19/05/03	Norfolk Vikg	48.61	207
15.	Emma AUBREY-JONES	03/01/03	West Norfolk	49.72	194
16.	Sophie TUNLEY	09/06/03	March	51.66	173
	Lucy WINTER	12/08/03	Dereham	DNC	

14 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Freya LINES	27/06/02	St Felix Sch	36.20	503
2.	Rosie MUSPRATT	21/09/02	West Norfolk	38.65	413
3.	Rachael JOHNSON	23/10/02	West Norfolk	39.84	377
4.	Ella FARNSWORTH	08/09/02	West Norfolk	40.64	355
5.	Lara-Grace MOUNT	17/12/02	West Norfolk	40.70	354
6.	Katie RUMP	27/04/02	West Norfolk	43.05	299
7.	Megan DAWSON	04/10/02	Chatteris	43.64	287
8.	Hailey MYERS	20/05/02	Mildenhall	44.18	277
9.	Anna DUFFIELD	17/06/02	Gt Yarmouth	44.24	275
10.	Jennifer READ	01/03/02	West Norfolk	44.77	266
11.	Molly SHARPE	07/02/02	West Norfolk	46.27	241
12.	Emily ASTON	15/02/02	Huntingdon	46.68	234
13.	Amber CUSHION	02/03/02	Norfolk Vikg	47.90	217
13.	Katie LADD	15/04/02	Huntingdon	47.90	217

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Molly LEE	04/08/01	West Norfolk	35.35	540
2.	Jessica MANSFIELD	28/01/01	Huntingdon	37.93	437
3.	Connie DENMAN	01/09/01	Chatteris	40.60	356
4.	Bryony PACK	04/05/01	West Norfolk	40.64	355
5.	Skie WALLACE	18/04/01	Huntingdon	41.08	344
6.	Emma GORDON	14/07/01	Gt Yarmouth	41.79	327
7.	Rebecca YEOMAN	30/09/01	Hunstanton	43.54	289
8.	Chloe SORRELL	17/03/01	West Norfolk	44.21	276
9.	Brenna BROUSSARD	14/12/01	Mildenhall	46.81	232

16 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Natalie COOGANS	21/02/97	West Norfolk	35.56	531
2.	Sophie EMPSON	12/10/98	West Norfolk	38.70	412
3.	Annabel HEYWOOD	21/08/00	West Norfolk	39.10	399
4.	Elise SORRELL	30/06/98	West Norfolk	39.76	380
5.	Abigail WHITING	14/03/99	West Norfolk	41.38	337
6.	Georgina FREE	09/08/00	Thetford	42.79	304
7.	Charlotte ELSON	02/01/99	Huntingdon	43.25	295
8.	Kayleigh VENABLES	28/06/99	West Norfolk	43.26	295
9.	Natalie WARNES	24/09/98	West Norfolk	43.73	285
10.	Mariia VAKHRUSHEVA	31/07/00	St Felix Sch	45.03	261
11.	Jemma JARVIS	09/10/99	West Norfolk	45.74	249



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EVENT 9 Boys 10 Yrs/Over 50m Backstroke

10 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Lazar NEMETH	04/04/06	St Felix Sch	43.73	131
2.	Harvey LARNER	11/10/06	Gt Yarmouth	45.82	114
3.	Benjamin RIGLAR	25/01/06	Dereham	45.95	113
4.	Louis JAMES	04/05/06	Thetford	46.81	106
5.	Tobias HOLDER	07/11/06	St Felix Sch	47.07	105
6.	Dylan WHITE	20/10/06	Norfolk Vikg	47.72	100
7.	Louis DAVEY	21/07/06	St Felix Sch	47.86	100
8.	Oscar COLE	03/09/06	St Felix Sch	47.98	99
9.	Reece SIMPSON	11/05/06	Chatteris	48.79	94
10.	Keanan CROSS	27/10/06	St Felix Sch	50.57	84
11.	George OGDEN	18/04/06	Dereham	52.30	76
12.	Sidney SMITH	09/08/06	Hunstanton	56.36	61

11 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Toby NORMAN	23/05/05	Huntingdon	39.40	179
2.	Harrison BELL	18/09/05	St Felix Sch	39.63	176
3.	Benjamin BEDFORD	26/04/05	Gt Yarmouth	41.32	155
4.	Harry SHARPE	12/05/05	West Norfolk	41.96	148
5.	Jacob HART	13/11/05	St Felix Sch	42.82	139
6.	Harvey ISLE	27/09/05	West Norfolk	43.73	131
7.	Isaac CLARK	01/06/05	Thetford	46.20	111
8.	Harry RAYNER	14/07/05	Chatteris	47.00	105
9.	Kyle AUSTIN	04/08/05	Mildenhall	48.75	94
10.	Rhys JARVIS	11/05/05	Gt Yarmouth	48.86	94
11.	Lucas ROSE	03/06/05	Dereham	49.88	88
12.	James FOOT	25/11/05	Thetford	50.58	84
13.	Freddie YATES	08/10/05	March	54.27	68

12 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Robert ADDIS	29/01/04	West Norfolk	38.90	186
2.	Jacob ZANDBERGEN	22/01/04	Gt Yarmouth	39.13	183
3.	Riley ASTLEY	06/03/04	Chatteris	40.12	169
4.	Jay CARTER	14/10/04	Mildenhall	40.25	168
5.	Thomas HANLEY	14/01/04	Chatteris	40.96	159
6.	Daniel PENNY	31/12/04	Thetford	44.15	127
7.	Benjamin FLOOD	01/02/04	Thetford	44.64	123
8.	Henry SMITH	23/11/04	Hunstanton	46.03	112
9.	Nathan PITMAN	06/02/04	Gt Yarmouth	46.92	106
10.	Jack DRAGE	09/01/04	Hunstanton	48.70	94

13 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Freddie LAWS	29/04/03	West Norfolk	34.78	260
2.	Harley BUNTING	04/04/03	West Norfolk	34.89	258
3.	Joshua STEPHENS	10/09/03	St Felix Sch	37.63	205
4.	Samuel STEPHENS	10/09/03	St Felix Sch	37.66	205
5.	Alfie HOLMAN	31/08/03	West Norfolk	38.33	194
6.	Daniel CLARK	09/04/03	Thetford	38.88	186
7.	Phoenix WALLACE	09/02/03	Huntingdon	40.54	164
8.	Nathan SULLIVAN	16/05/03	Thetford	41.00	159
9.	Rokas BORUSAS	21/05/03	March	42.43	143
10.	Charlie TROWELL	01/09/03	Thetford	43.15	136
11.	Billy LIFE	18/12/03	Norfolk Vikg	43.56	132
12.	Oliver SHAW	16/01/03	West Norfolk	43.77	130

14 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Elliott LEDGER	21/08/02	March	34.81	260
2.	Alex HALL	17/10/02	West Norfolk	35.48	245
3.	Finley HARPER	07/01/02	Chatteris	35.67	241
4.	Alfie RANDALL	23/10/02	West Norfolk	37.62	206
5.	Iasonas EMMANOUEL	29/07/02	West Norfolk	37.67	205
6.	Ryan BARKER	26/08/02	Dereham	38.72	188
7.	Connor THACKER	18/01/02	Huntingdon	38.93	185
8.	Jake HARVEY	28/08/02	West Norfolk	43.05	137

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Jacob ISLE	08/10/01	West Norfolk	32.99	305
2.	Oliver HARRIS	22/07/01	West Norfolk	33.38	294
3.	William WITTING	10/05/01	West Norfolk	34.32	271
4.	Arturas EICINAS	25/11/01	West Norfolk	34.62	264
5.	Jake LAMMAS	24/12/01	West Norfolk	35.03	255
6.	Jake HOY	17/10/01	Chatteris	35.23	250
7.	Benjamin TROWELL	17/11/01	Thetford	36.53	225
8.	Ryan WEBB	11/11/01	Gt Yarmouth	36.80	220
9.	Nathaniel COOK	31/10/01	March	38.28	195
10.	Liam HILL	04/10/01	Chatteris	39.89	172



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16 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Nathan WELLS	23/01/98	West Norfolk	28.07	496
2.	Elliott LEGG	01/05/97	West Norfolk	29.68	419
3.	Mark THOMPSON	12/05/89	Chatteris	30.84	374
4.	Joseph WELLS	21/12/99	West Norfolk	31.09	365
5.	Archie HOLMAN	21/09/98	West Norfolk	31.12	364
6.	Ryan SYKES	17/03/96	West Norfolk	31.28	358
7.	Oliver NEWTON	24/06/99	West Norfolk	31.46	352
8.	Jake HALL	07/08/98	West Norfolk	32.75	312
9.	Graham SHAW	19/04/00	March	33.07	303
10.	Daniel RICHES	23/07/00	Huntingdon	34.75	261
11.	Jacob WRIGHT	15/08/00	Thetford	34.76	261
12.	Joel JORDAN	03/03/00	Huntingdon	35.49	245
13.	Macaulay HARVEY	05/12/00	Thetford	35.96	235
14.	Marc OVER	26/12/69	March	41.14	157

EVENT 10 Girls 10 Yrs/Over 50m Backstroke

10 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Clara WATSON-FLOWERS	13/04/06	St Felix Sch	40.89	247
2.	Elijah BRITTON	07/04/06	St Felix Sch	43.37	207
3.	Abigail SULLIVAN	10/08/06	Thetford	44.98	185
4.	Amelia DUNN	19/04/06	Huntingdon	47.74	155
5.	Millie PEARCE	01/08/06	March	47.75	155
6.	Abigail NICHOLSON	18/03/06	West Norfolk	47.81	154
7.	Sauie MAJAUSKIS	26/08/06	March	49.48	139
8.	Tilly DODDS	25/07/06	St Felix Sch	49.88	136
9.	Olivia TUNLEY	06/07/06	March	49.89	136
10.	Thea HANLEY	16/06/06	Chatteris	50.53	131
11.	Rosie HARRITT	09/06/06	Chatteris	51.69	122
12.	Bethany WILSON	02/09/06	Thetford	51.73	122
13.	Isabella GREEN	29/05/06	Dereham	55.59	98
14.	Sara BERTEA	29/06/06	Dereham	56.16	95
15.	Alina TURCHYN	13/04/06	Huntingdon	57.41	89

11 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Leah WIGHTMAN	11/04/05	West Norfolk	36.78	339
2.	Jessica SHAW	03/03/05	March	39.08	283
3.	Abigail GOTTS	19/01/05	Norfolk Vikg	39.30	278
4.	Anastassja HERDIEN	15/05/05	Chatteris	41.72	232
5.	Gemma WHITE	26/02/05	West Norfolk	42.27	223
6.	Erica CHARTERS	25/07/05	West Norfolk	43.45	206
7.	Molly TATTERSALL	03/01/05	Dereham	44.62	190
8.	Hannah JORDAN	20/06/05	Huntingdon	44.82	187
9.	Zoe JONES	22/03/05	Mildenhall	45.13	184
10.	Megan DENMAN	19/02/05	Chatteris	45.30	181
11.	Amalee NEILL-GOURLAY	07/06/05	Thetford	45.83	175
12.	Hester LIFE	22/11/05	Norfolk Vikg	46.51	168
13.	Maude POULTER	11/04/05	Hunstanton	46.81	164
14.	Evelyn CLEERE	15/02/05	Dereham	47.33	159
15.	Francesca LONG	17/08/05	Thetford	47.60	156
16.	Madison PARISH	03/01/05	Dereham	48.46	148
17.	Elizabeth ENGLAND	01/01/05	Hunstanton	49.63	138
18.	Rosetta SCHAUENBURG-KE	19/04/05	March	50.68	129
	Millie LAWS	30/05/05	West Norfolk	DQ T	

12 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Hallie WHITE	09/01/04	Chatteris	36.57	345
2.	Afton TOLLIDAY	19/07/04	St Felix Sch	38.49	296
3.	Kiara KOVACS	29/03/04	Chatteris	39.54	273
4.	Chloe COOK	28/12/04	Chatteris	39.90	266
5.	Isabel JEFFERY	10/08/04	West Norfolk	39.91	266
6.	Alice LAWRENCE	31/10/04	Huntingdon	41.44	237
7.	Kiera CLARKE	26/05/04	West Norfolk	41.61	234
8.	Anna PEARCE	28/10/04	Gt Yarmouth	41.70	233
9.	Lucy GORDON	08/03/04	Gt Yarmouth	41.77	232
10.	Megan STAPLES	11/12/04	Dereham	42.44	221
11.	Molly NOBLE	08/01/04	Chatteris	42.79	215
12.	Maisie HARPER	28/01/04	Chatteris	42.97	213
13.	Milly OGDEN	19/06/04	Dereham	44.01	198
14.	Melissa DUFFIELD	26/06/04	Gt Yarmouth	44.14	196
15.	Francesca BROWN	16/12/04	Gt Yarmouth	45.74	176
16.	Hollie MYERS	23/04/04	Mildenhall	46.03	173
17.	Erin CURL	28/11/04	West Norfolk	46.98	163
18.	Elise CLAYTON	22/09/04	West Norfolk	47.64	156
19.	Megan BALE	20/10/04	Dereham	48.94	144
20.	Leah STAPLES	12/12/04	Dereham	49.04	143
21.	Olivia CLARK	16/11/04	Chatteris	49.49	139
22.	Mariesha BLACKWELL-FLO	26/12/04	Thetford	51.80	121
23.	Erin AUBREY-JONES	12/09/04	West Norfolk	52.03	120
24.	Melissa ABLETT	30/11/04	Chatteris	53.69	109



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13 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Ciera NORMAN	03/07/03	Huntingdon	36.31	353
2.	Hallie TAYLOR	13/11/03	Dereham	37.07	332
3.	Leah HARRIS	25/05/03	Norfolk Vikg	37.77	313
4.	Georgia AMBROSE	07/11/03	March	38.45	297
5.	Bethany TOYN	19/05/03	Norfolk Vikg	38.74	290
6.	Katelin TAYLOR	22/06/03	West Norfolk	39.03	284
7.	Kelsey WILSON	19/11/03	Gt Yarmouth	40.18	260
8.	Millie STEEL	09/09/03	Huntingdon	40.64	252
9.	Eirinn CROSS	04/09/03	St Felix Sch	40.71	250
10.	Ellie-Mei SHEPPERSON	27/10/03	West Norfolk	41.08	243
11.	Ashleigh HARRIS-HARVEY	05/08/03	Mildenhall	41.30	240
12.	Maria BUCKLES	17/07/03	Mildenhall	42.18	225
13.	Emma AUBREY-JONES	03/01/03	West Norfolk	42.50	220
14.	Phoebe MUIRHEAD	25/06/03	Norfolk Vikg	45.53	179
15.	Sophie TUNLEY	09/06/03	March	46.12	172
	Lucy WINTER	12/08/03	Dereham	DNC	

14 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Freya LINES	27/06/02	St Felix Sch	32.69	484
2.	Lara-Grace MOUNT	17/12/02	West Norfolk	34.15	424
3.	Rachael JOHNSON	23/10/02	West Norfolk	34.41	415
4.	Jennifer READ	01/03/02	West Norfolk	36.06	360
5.	Rosie MUSPRATT	21/09/02	West Norfolk	37.29	326
6.	Anna DUFFIELD	17/06/02	Gt Yarmouth	37.49	321
7.	Megan DAWSON	04/10/02	Chatteris	37.62	317
8.	Katie LADDS	15/04/02	Huntingdon	37.95	309
9.	Ella FARNSWORTH	08/09/02	West Norfolk	38.01	308
10.	Amber CUSHION	02/03/02	Norfolk Vikg	38.57	294
11.	Hailey MYERS	20/05/02	Mildenhall	38.69	292
12.	Molly SHARPE	07/02/02	West Norfolk	39.40	276
13.	Emily ASTON	15/02/02	Huntingdon	39.69	270
14.	Katie RUMP	27/04/02	West Norfolk	39.77	268
15.	Rebecca READ	01/03/02	West Norfolk	42.74	216

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Chloe SORRELL	17/03/01	West Norfolk	33.51	449
2.	Emily COLLINS	28/02/01	Dereham	34.25	421
3.	Jessica MANSFIELD	28/01/01	Huntingdon	34.31	418
4.	Skie WALLACE	18/04/01	Huntingdon	35.01	394
5.	Bryony PACK	04/05/01	West Norfolk	35.92	364
6.	Molly LEE	04/08/01	West Norfolk	36.60	345
7.	Emma GORDON	14/07/01	Gt Yarmouth	38.06	306
8.	Gemma MCGOWEN	04/04/01	March	39.13	282
9.	Connie DENMAN	01/09/01	Chatteris	40.46	255
10.	Rebecca YEOMAN	30/09/01	Hunstanton	42.65	218

16 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Abigail WHITING	14/03/99	West Norfolk	33.84	436
2.	Annabel HEYWOOD	21/08/00	West Norfolk	34.12	425
3.	Elise SORRELL	30/06/98	West Norfolk	34.35	417
4.	Sophie EMPSON	12/10/98	West Norfolk	34.43	414
5.	Natalie COOGANS	21/02/97	West Norfolk	35.69	372
6.	Charlotte ELSON	02/01/99	Huntingdon	35.94	364
7.	Jemma JARVIS	09/10/99	West Norfolk	36.18	357
8.	Erika DENMAN	20/07/00	Chatteris	36.62	344
9.	Maria VAKHRUSHEVA	31/07/00	St Felix Sch	36.63	344
10.	Chloe PHILLIPS	11/10/00	Huntingdon	37.60	318
11.	Natalie WARNES	24/09/98	West Norfolk	37.94	309
12.	Georgina FREE	09/08/00	Theford	39.50	274

EVENT 11 Boys 10 Yrs/Over 50m Freestyle

10 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Louis JAMES	04/05/06	Theford	38.05	150
2.	Harvey LARNER	11/10/06	Gt Yarmouth	38.23	148
3.	Benjamin RIGLAR	25/01/06	Dereham	39.18	138
4.	Dylan WHITE	20/10/06	Norfolk Vikg	39.59	134
5.	Tobias HOLDER	07/11/06	St Felix Sch	40.91	121
6.	Oscar COLE	03/09/06	St Felix Sch	41.14	119
7.	Ben NOBLE	08/09/06	Chatteris	42.08	111
8.	Louis DAVEY	21/07/06	St Felix Sch	42.36	109
9.	Lazar NEMETH	04/04/06	St Felix Sch	42.55	107
10.	George OGDEN	18/04/06	Dereham	43.96	97
11.	Keanan CROSS	27/10/06	St Felix Sch	44.17	96
12.	Reece SIMPSON	11/05/06	Chatteris	44.19	96
13.	Thomas BEST	29/03/06	Dereham	46.20	84
14.	Sidney SMITH	09/08/06	Hunstanton	47.72	76



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11 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Harry SHARPE	12/05/05	West Norfolk	34.67	199
2.	Toby NORMAN	23/05/05	Huntingdon	34.96	194
3.	Harrison BELL	18/09/05	St Felix Sch	35.08	192
4.	Benjamin BEDFORD	26/04/05	Gt Yarmouth	37.53	157
5.	Jacob HART	13/11/05	St Felix Sch	37.58	156
6.	Thomas OWEN	13/06/05	West Norfolk	38.03	151
7.	Harvey ISLE	27/09/05	West Norfolk	38.51	145
8.	Rhys JARVIS	11/05/05	Gt Yarmouth	38.57	144
9.	Isaac CLARK	01/06/05	Thetford	39.72	132
10.	Harry RAYNER	14/07/05	Chatteris	40.58	124
11.	Freddie YATES	08/10/05	March	43.04	104
12.	Kyle AUSTIN	04/08/05	Mildenhall	43.15	103
13.	Lucas ROSE	03/06/05	Dereham	43.47	101
14.	James FOOT	25/11/05	Thetford	45.33	89
15.	Adam TROLLOPE	02/03/05	West Norfolk	46.95	80

12 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Jacob ZANDBERGEN	22/01/04	Gt Yarmouth	31.91	255
2.	Thomas HANLEY	14/01/04	Chatteris	32.73	237
3.	Jay CARTER	14/10/04	Mildenhall	34.12	209
4.	Robert ADDIS	29/01/04	West Norfolk	34.60	200
5.	Riley ASTLEY	06/03/04	Chatteris	35.20	190
6.	Benjamin FLOOD	01/02/04	Thetford	37.21	161
7.	Daniel PENNY	31/12/04	Thetford	38.01	151
8.	Sam RANDALL	02/03/04	West Norfolk	38.96	140
9.	Henry SMITH	23/11/04	Hunstanton	39.38	136
10.	Nathan PITMAN	06/02/04	Gt Yarmouth	41.51	116
11.	Jack DRAGE	09/01/04	Hunstanton	44.20	96
12.	Benjamin KIGHTLY	24/05/04	March	47.67	76

13 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Harley BUNTING	04/04/03	West Norfolk	29.43	326
2.	Freddie LAWS	29/04/03	West Norfolk	30.86	282
3.	Samuel STEPHENS	10/09/03	St Felix Sch	32.49	242
4.	Joshua STEPHENS	10/09/03	St Felix Sch	32.59	240
5.	Alfie HOLMAN	31/08/03	West Norfolk	33.99	211
6.	Rokas BORUSAS	21/05/03	March	34.12	209
7.	Daniel CLARK	09/04/03	Thetford	34.25	206
8.	Nathan SULLIVAN	16/05/03	Thetford	34.82	196
9.	Phoenix WALLACE	09/02/03	Huntingdon	34.91	195
10.	Jamie COGGINS	26/04/03	Huntingdon	35.34	188
11.	Charlie TROWELL	01/09/03	Thetford	36.91	165
12.	Billy LIFE	18/12/03	Norfolk Vikg	38.43	146
13.	Oliver SHAW	16/01/03	West Norfolk	39.11	139

14 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Finley HARPER	07/01/02	Chatteris	29.24	332
2.	Alex HALL	17/10/02	West Norfolk	30.52	292
3.	Elliott LEDGER	21/08/02	March	30.76	285
4.	Alfie RANDALL	23/10/02	West Norfolk	31.70	261
5.	Connor THACKER	18/01/02	Huntingdon	32.53	241
6.	Iasonas EMMANOUEL	29/07/02	West Norfolk	32.82	235
7.	Ryan BARKER	26/08/02	Dereham	34.09	209
8.	Jake HARVEY	28/08/02	West Norfolk	37.93	152

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Jake LAMMAS	24/12/01	West Norfolk	27.57	396
2.	Jacob ISLE	08/10/01	West Norfolk	28.70	351
3.	Oliver HARRIS	22/07/01	West Norfolk	29.01	340
4.	William WITTING	10/05/01	West Norfolk	29.25	332
5.	Liam HILL	04/10/01	Chatteris	29.35	328
6.	Arturas EICINAS	25/11/01	West Norfolk	29.46	325
7.	Jake HOY	17/10/01	Chatteris	30.79	284
8.	Benjamin TROWELL	17/11/01	Thetford	30.95	280
9.	Nathaniel COOK	31/10/01	March	31.64	262
10.	Ryan WEBB	11/11/01	Gt Yarmouth	32.93	232

16 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Nathan WELLS	23/01/98	West Norfolk	25.29	514
2.	Mark THOMPSON	12/05/89	Chatteris	26.25	459
3.	Ryan SYKES	17/03/96	West Norfolk	26.27	458
4.	Joseph WELLS	21/12/99	West Norfolk	26.54	444
5.	Oliver NEWTON	24/06/99	West Norfolk	26.72	435
6.	Archie HOLMAN	21/09/98	West Norfolk	26.79	432
7.	Elliot LEGG	01/05/97	West Norfolk	27.15	415
8.	Graham SHAW	19/04/00	March	28.39	363
9.	Jake HALL	07/08/98	West Norfolk	28.40	363
10.	Macaulay HARVEY	05/12/00	Thetford	28.71	351
11.	Jacob WRIGHT	15/08/00	Thetford	29.46	325
12.	Jacob HALLS	22/10/99	March	29.51	323
13.	Daniel RICHES	23/07/00	Huntingdon	29.58	321
14.	Joel JORDAN	03/03/00	Huntingdon	29.79	314
15.	Marc OVER	26/12/69	March	30.15	303



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EVENT 12 Girls 10 Yrs/Over 50m Freestyle

10 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Clara WATSON-FLOWERS	13/04/06	St Felix Sch	36.13	266
2.	Elijah BRITTON	07/04/06	St Felix Sch	37.75	233
3.	Millie PEARCE	01/08/06	March	41.12	180
4.	Abigail NICHOLSON	18/03/06	West Norfolk	41.74	172
5.	Tilly DODDS	25/07/06	St Felix Sch	41.84	171
6.	Rosie HARRITT	18/03/06	Chatteris	42.46	163
7.	Amelia DUNN	19/04/06	Huntingdon	42.92	158
8.	Saule MAJAUSKIS	26/08/06	March	43.15	156
9.	Abigail SULLIVAN	10/08/06	Thetford	43.16	156
10.	Bethany WILSON	02/09/06	Thetford	43.56	151
11.	Olivia TUNLEY	06/07/06	March	44.42	143
12.	Lillian WALTHER	09/09/06	Dereham	44.60	141
13.	Thea HANLEY	16/06/06	Chatteris	46.16	127
14.	Isabella GREEN	18/03/06	Dereham	46.17	127
15.	Sara BERTEA	18/03/06	Dereham	48.41	110
16.	Alina TURCHYN	13/04/06	Huntingdon	50.91	95

11 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Abigail GOTTS	19/01/05	Norfolk Vikg	32.97	350
2.	Jessica SHAW	03/03/05	March	33.38	337
3.	Leah WIGHTMAN	11/04/05	West Norfolk	34.75	299
4.	Zoe JONES	22/03/05	Mildenhall	35.19	288
5.	Megan DENMAN	19/02/05	Chatteris	36.90	249
6.	Hannah JORDAN	20/06/05	Huntingdon	37.04	246
7.	Anastassja HERDIEN	15/05/05	Chatteris	37.61	235
8.	Molly TATTERSALL	03/01/05	Dereham	37.67	234
9.	Millie LAWS	30/05/05	West Norfolk	38.85	214
10.	Gemma WHITE	26/02/05	West Norfolk	38.95	212
11.	Erica CHARTERS	25/07/05	West Norfolk	39.15	209
12.	Evelyn CLEERE	15/02/05	Dereham	39.81	198
13.	Amalee NEILL-GOURLAY	07/06/05	Thetford	40.16	193
14.	Maude POULTER	11/04/05	Hunstanton	40.21	193
15.	Hester LIFE	22/11/05	Norfolk Vikg	40.90	183
16.	Madison PARISH	03/01/05	Dereham	41.45	176
17.	Rosetta SCHAUENBURG-KE	19/04/05	March	41.95	170
18.	Francesca LONG	17/08/05	Thetford	42.59	162
19.	Elizabeth ENGLAND	01/01/05	Hunstanton	43.48	152

12 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Hallie WHITE	09/01/04	Chatteris	31.42	404
2.	Alanya SHAW	04/03/04	Norfolk Vikg	32.94	351
3.	Kiara KOVACS	29/03/04	Chatteris	34.27	311
4.	Alice FASEY	29/05/04	Thetford	34.39	308
5.	Afton TOLLIDAY	19/07/04	St Felix Sch	35.03	292
6.	Anna PEARCE	28/10/04	Gt Yarmouth	35.16	288
7.	Lucy GORDON	08/03/04	Gt Yarmouth	35.42	282
8.	Chloe COOK	28/12/04	Chatteris	35.46	281
9.	Isabel JEFFERY	10/08/04	West Norfolk	36.05	267
10.	Molly NOBLE	08/01/04	Chatteris	36.09	267
11.	Kayleigh RUDD	15/11/04	West Norfolk	36.58	256
12.	Megan STAPLES	11/12/04	Dereham	36.68	254
13.	Kiera CLARKE	26/05/04	West Norfolk	37.30	241
14.	Milly OGDEN	19/06/04	Dereham	37.84	231
15.	Alice LAWRENCE	31/10/04	Huntingdon	38.05	227
16.	Erin CURL	28/11/04	West Norfolk	39.08	210
17.	Niamh BAKER	11/01/04	Dereham	39.47	204
18.	Megan BALE	20/10/04	Dereham	39.63	201
19.	Olivia CLARK	16/11/04	Chatteris	40.48	189
20.	Hollie MYERS	23/04/04	Mildenhall	40.87	183
21.	Elise CLAYTON	22/09/04	West Norfolk	40.91	183
22.	Melissa DUFFIELD	26/06/04	Gt Yarmouth	41.26	178
23.	Leah STAPLES	12/12/04	Dereham	41.39	177
24.	Mariesha BLACKWELL-FLO	26/12/04	Thetford	43.69	150
25.	Francesca BROWN	16/12/04	Gt Yarmouth	43.81	149
26.	Erin AUBREY-JONES	12/09/04	West Norfolk	44.17	145
27.	Melissa ABLETT	30/11/04	Chatteris	49.17	105
	Maisie HARPER	28/01/04	Chatteris	DQ T	



West Norfolk Swimming Club

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13 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Katelin TAYLOR	22/06/03	West Norfolk	31.73	392
2.	Hallie TAYLOR	13/11/03	Dereham	32.42	368
3.	Kelsey WILSON	19/11/03	Gt Yarmouth	32.59	362
4.	Ciera NORMAN	03/07/03	Huntingdon	32.63	361
5.	Leah HARRIS	25/05/03	Norfolk Vikg	33.19	343
6.	Georgia AMBROSE	07/11/03	March	33.31	339
7.	Eirinn CROSS	04/09/03	St Felix Sch	34.95	294
8.	Ellie-Mei SHEPPERSON	27/10/03	West Norfolk	35.31	285
9.	Millie STEEL	09/09/03	Huntingdon	35.38	283
10.	Emma AUBREY-JONES	03/01/03	West Norfolk	35.41	282
11.	Ashleigh HARRIS-HARVEY	05/08/03	Mildenhall	35.78	274
12.	Maria BUCKLES	17/07/03	Mildenhall	35.83	272
13.	Bethany TOYN	19/05/03	Norfolk Vikg	36.62	255
14.	Molly MCGOWEN	29/10/03	March	36.68	254
15.	Sophie TUNLEY	09/06/03	March	36.99	248
16.	Phoebe MUIRHEAD	25/06/03	Norfolk Vikg	40.31	191

14 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Freya LINES	27/06/02	St Felix Sch	29.74	477
2.	Lara-Grace MOUNT	17/12/02	West Norfolk	30.76	431
3.	Rachael JOHNSON	23/10/02	West Norfolk	31.22	412
4.	Jennifer READ	01/03/02	West Norfolk	31.40	405
5.	Megan DAWSON	04/10/02	Chatteris	31.58	398
6.	Anna DUFFIELD	17/06/02	Gt Yarmouth	31.74	392
7.	Katie RUMP	27/04/02	West Norfolk	32.05	381
8.	Rosie MUSPRATT	21/09/02	West Norfolk	32.07	380
9.	Molly SHARPE	07/02/02	West Norfolk	32.09	379
10.	Amber CUSHION	02/03/02	Norfolk Vikg	32.40	369
11.	Ella FARNSWORTH	08/09/02	West Norfolk	33.69	328
12.	Emily ASTON	15/02/02	Huntingdon	33.94	321
13.	Katie LADD	15/04/02	Huntingdon	34.19	314
14.	Rebecca READ	01/03/02	West Norfolk	34.65	301
15.	Hailey MYERS	20/05/02	Mildenhall	34.97	293
16.	Arriana CHIPCHASE	14/05/02	Mildenhall	37.07	246

15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Jessica MANSFIELD	28/01/01	Huntingdon	28.19	560
2.	Bryony PACK	04/05/01	West Norfolk	29.77	475
3.	Emily COLLINS	28/02/01	Dereham	29.96	466
4.	Skie WALLACE	18/04/01	Huntingdon	30.12	459
5.	Emma GORDON	14/07/01	Gt Yarmouth	30.87	426
5.	Chloe SORRELL	17/03/01	West Norfolk	30.87	426
7.	Molly LEE	04/08/01	West Norfolk	31.24	411
8.	Connie DENMAN	01/09/01	Chatteris	31.35	407
9.	Gemma MCGOWEN	04/04/01	March	34.35	309
10.	Brenna BROUSSARD	14/12/01	Mildenhall	35.13	289
11.	Rebecca YEOMAN	30/09/01	Hunstanton	35.73	275

16 Yrs/Over Age Group - Full Results

Place	Name	DoB	Club	Time	Points
1.	Abigail WHITING	14/03/99	West Norfolk	28.42	546
2.	Elise SORRELL	30/06/98	West Norfolk	29.89	470
3.	Annabel HEYWOOD	21/08/00	West Norfolk	29.98	465
4.	Maria VAKHRUSHEVA	31/07/00	St Felix Sch	30.65	435
5.	Kayleigh VENABLES	28/06/99	West Norfolk	30.84	427
6.	Natalie COOGANS	21/02/97	West Norfolk	30.99	421
7.	Sophie EMPSON	12/10/98	West Norfolk	31.36	406
8.	Charlotte ELSON	02/01/99	Huntingdon	31.52	400
9.	Natalie WARNES	24/09/98	West Norfolk	31.94	385
10.	Chloe PHILLIPS	11/10/00	Huntingdon	32.90	352
11.	Jemma JARVIS	09/10/99	West Norfolk	33.07	347
12.	Erika DENMAN	20/07/00	Chatteris	33.65	329
13.	Georgina FREE	09/08/00	Thetford	34.24	312