

National Para-Swimming Championships, 9th - 10th December 2017

Swimmer	100 Free	50 Free	100 Back	400 Free
James Garry	1:56.36	0:53.39	2:11.16	9:40.44

There were some great races with over a dozen world records set over the weekend, James improved his entry times in 2 out of 4 races, but no PBs.