

Norfolk Masters - 19th May 2018

Swimmer	50 Fly	50 Back	50 Breast	50 Free
Jemma Garry	0:50.95		0:54.07	0:41.08
Rob Garry	0:53.23	0:51.19		

Swimmer	100 Fly	100 Breast	100 Free	200 Breast	200 IM
Jemma Garry		1:51.15		4:04.56	3:41.68
Rob Garry	1:59.94		1:29.57		3:58.32

10 Long-Course PBs, 4 Golds, 1 Silver & 3 Bronzes