



# Swim England East Region Open Masters Championships 2018



(Under ASA Laws & ASA Masters Technical Rules)  
At Newmarket Leisure Centre, Exning Road, Newmarket CB8 0EA  
Sunday 30<sup>th</sup> September 2018

## ***EVENT 1 Mixed 400m Freestyle***

### **MENS 18/24 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Cat	Time					
1.	Tom LAMBERT	23	Team Luton		4:46.85					
	50m 32.21	100m 1:06.25	150m 1:41.60		200m 2:17.67	250m 2:54.63	300m 3:31.95	350m 4:09.68	400m 4:46.85	
2.	Philip DAVIS	20	East Anglian		4:51.13					
	50m 31.06	100m 1:05.57	150m 1:41.21		200m 2:18.05	250m 2:55.74	300m 3:33.81	350m 4:12.69	400m 4:51.13	

### **MENS 25/29 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Cat	Time					
1.	Andrew KIMPTON	26	West Suffolk		4:33.57					
	50m 31.12	100m 1:04.44	150m 1:38.67		200m 2:13.44	250m 2:48.60	300m 3:24.06	350m 3:59.24	400m 4:33.57	
2.	Sam BRADLEY	25	Team Luton	7	5:22.99					
	50m 37.18	100m 1:17.70	150m 1:58.55		200m 2:39.82	250m 3:20.46	300m 4:01.78	350m 4:43.07	400m 5:22.99	

### **MENS 35/39 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Cat	Time					
1.	Chris SHORT	36	Brentwood		4:50.12					
	50m 32.46	100m 1:08.26	150m 1:44.54		200m 2:21.51	250m 2:58.99	300m 3:36.42	350m 4:13.61	400m 4:50.12	
2.	Alexander SMITH	36	Harlow Pen		5:17.44					
	50m 33.07	100m 1:10.17	150m 1:50.18		200m 2:31.04	250m 3:12.59	300m 3:55.37	350m 4:37.41	400m 5:17.44	
3.	Robert NUNN	39	Deben		5:20.91					
	50m 36.86	100m 1:16.13	150m 1:55.52		200m 2:35.88	250m 3:16.59	300m 3:58.31	350m 4:39.91	400m 5:20.91	

### **MENS 40/44 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Cat	Time					
1.	Alex BEVIS	43	Team Anglia		4:52.10					
	50m 33.20	100m 1:09.45	150m 1:46.64		200m 2:24.55	250m 3:01.89	300m 3:39.26	350m 4:16.32	400m 4:52.10	

### **MENS 45/49 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Cat	Time					
1.	Stuart DYBLE	47	Norfolk Vikg		4:40.56					
	50m 32.97	100m 1:08.30	150m 1:43.41		200m 2:18.82	250m 2:54.66	300m 3:30.58	350m 4:06.01	400m 4:40.56	
2.	Stewart FINN	48	Rochford		5:12.11					
	50m 35.32	100m 1:14.11	150m 1:53.38		200m 2:32.87	250m 3:12.46	300m 3:52.59	350m 4:32.99	400m 5:12.11	
3.	Dave PETHERS	48	Chelmsford		5:16.87					
	50m 34.74	100m 1:13.04	150m 1:52.77		200m 2:33.21	250m 3:13.51	300m 3:54.89	350m 4:36.39	400m 5:16.87	
4.	Graham BAILES	47	Brentwood		5:21.10					
	50m 33.73	100m 1:11.74	150m 1:51.85		200m 2:33.13	250m 3:15.46	300m 3:57.86	350m 4:40.61	400m 5:21.10	

### **MENS 50/54 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Cat	Time					
1.	Martin BRADFORD	51	Out To Swim		5:06.85					
	50m 34.88	100m 1:12.87	150m 1:51.24		200m 2:30.19	250m 3:09.23	300m 3:48.15	350m 4:27.45	400m 5:06.85	
2.	Jonathan GREENE	54	East Anglian		6:12.89					
	50m 41.06	100m 1:25.11	150m 2:11.70		200m 3:00.20	250m 3:48.64	300m -	350m -	400m 6:12.89	

### **MENS 55/59 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Cat	Time					
1.	Mark STRAKOSCH	57	Berkhamsted		5:04.94					
	50m 34.41	100m 1:11.58	150m 1:49.77		200m 2:29.46	250m 3:09.06	300m 3:48.33	350m 4:27.16	400m 5:04.94	
2.	Walker BRIERLEY	55	Deben		5:26.97					
	50m 36.74	100m 1:16.23	150m 1:57.29		200m 2:40.06	250m 3:23.12	300m 4:05.63	350m 4:47.96	400m 5:26.97	
3.	Simon MERRETT	58	Deben		5:29.90					
	50m 40.23	100m 1:21.82	150m 2:04.74		200m 2:47.18	250m 3:28.53	300m 4:10.16	350m 4:51.86	400m 5:29.90	
4.	Chris ORCHARD	59	Deepings		6:02.96					
	50m 41.95	100m 1:26.13	150m 2:11.76		200m 2:57.49	250m 3:43.42	300m 4:29.98	350m 5:17.73	400m 6:02.96	

### **MENS 60/64 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Cat	Time					
1.	Graham POWELL	62	Team Luton		5:23.04					
	50m 36.25	100m 1:15.87	150m 1:57.28		200m 2:39.18	250m 3:21.17	300m 4:02.88	350m 4:44.59	400m 5:23.04	
2.	Ian MURRAY	61	Flitwick		5:27.87					
	50m 38.17	100m 1:18.79	150m 1:59.99		200m 2:42.88	250m 3:25.07	300m 4:07.01	350m 4:47.69	400m 5:27.87	

### **MENS 65/69 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Cat	Time					
1.	Peter GRUITT	66	Sevenoaks		5:55.31					
	50m 42.15	100m 1:25.58	150m 2:09.86		200m 2:54.99	250m 3:40.92	300m 4:26.54	350m 5:12.31	400m 5:55.31	
2.	Len PHOENIX	69	Stowmarket		8:55.03					
	50m 55.89	100m 2:01.50	150m 3:09.80		200m 4:16.25	250m 5:24.41	300m 6:36.22	350m 7:45.78	400m 8:55.03	

### **MENS 75/79 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Cat	Time					
1.	Jim PETO	75	Wellingboro		8:08.07					
	50m 54.80	100m 1:57.11	150m 3:01.56		200m 4:05.35	250m 5:10.95	300m 6:16.34	350m 7:22.21	400m 8:08.07	

### **MENS Combined Result - Multi-Disability by British Disability Points**

Place	Name	AaD	Club	Cat	Time	BDPoints				
1.	Sam BRADLEY	25	Team Luton	7	5:22.99	599				
	50m 37.18	100m 1:17.70	150m 1:58.55		200m 2:39.82	250m 3:20.46	300m 4:01.78	350m 4:43.07	400m 5:22.99	



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## WOMENS 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Georgina QUAYLE	24	Spencer		5:12.78				
	50m 34.55	100m 1:12.53	150m 1:51.56	200m 2:31.14	250m 3:11.22	300m 3:52.05	350m 4:32.92	400m 5:12.78	
2.	Charlotte ALLEN	18	West Suffolk		5:16.83				
	50m 34.60	100m 1:13.71	150m 1:54.66	200m 2:35.81	250m 3:16.32	300m 3:56.91	350m 4:37.55	400m 5:16.83	
3.	Zoe GODFREY	21	Harwich DP		5:54.03				
	50m 37.51	100m 1:20.10	150m 2:04.71	200m 2:50.35	250m 3:36.41	300m 4:22.66	350m 5:08.03	400m 5:54.03	

## WOMENS 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Natalie ALLEN	25	East Anglian		5:26.66				
	50m 36.74	100m 1:17.78	150m 1:59.67	200m 2:41.95	250m 3:23.39	300m 4:04.69	350m 4:46.54	400m 5:26.66	

## WOMENS 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Kira NEAL	34	Romford Town		5:05.22				
	50m 34.35	100m 1:11.79	150m 1:50.14	200m 2:29.04	250m 3:07.89	300m 3:47.25	350m 4:26.51	400m 5:05.22	
2.	Sophie CASTLE	30	Chelmsford		5:10.29				
	50m 34.08	100m 1:12.26	150m 1:52.02	200m 2:31.86	250m 3:12.17	300m 3:52.48	350m 4:32.33	400m 5:10.29	

## WOMENS 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Holly MILES	38	DunmowAtlant		5:56.67				
	50m 39.32	100m 1:22.04	150m 2:06.59	200m 2:52.46	250m 3:38.72	300m 4:25.49	350m 5:12.31	400m 5:56.67	
2.	Meghan GIFFIN	39	Wellingboro		5:58.52				
	50m 40.32	100m 1:24.90	150m 2:10.57	200m 2:56.64	250m 3:42.75	300m 4:29.40	350m 5:15.64	400m 5:58.52	
3.	Rachel DONNELLY	38	Harlow Pen		6:04.65				
	50m 39.41	100m 1:23.46	150m 2:09.16	200m 2:56.17	250m 3:44.03	300m 4:31.60	350m 5:18.61	400m 6:04.65	

## WOMENS 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Lara FENNER	44	Basildon Ph		4:58.33				
	50m 32.25	100m 1:08.35	150m 1:46.01	200m 2:24.27	250m 3:03.18	300m 3:42.06	350m 4:21.12	400m 4:58.33	
2.	Emma WALKER	44	Co Cambridge		5:32.48				
	50m 36.17	100m 1:16.80	150m 1:59.05	200m 2:41.70	250m 3:24.48	300m 4:08.00	350m 4:51.51	400m 5:32.48	
3.	Nancy WRIGHT	44	Felixstowe		5:48.78				
	50m 39.24	100m 1:22.02	150m 2:06.43	200m 2:51.27	250m 3:35.91	300m 4:20.78	350m 5:05.19	400m 5:48.78	
4.	Sarah BUCHAN	42	Norfolk Vikg		6:27.22				
	50m 42.02	100m 1:28.26	150m 2:17.66	200m 3:07.97	250m 3:58.30	300m 4:48.82	350m 5:38.96	400m 6:27.22	

## WOMENS 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Karen MACKENZIE	45	Team Luton		5:37.59				
	50m 35.06	100m 1:16.75	150m 2:00.74	200m 2:44.82	250m 3:28.72	300m 4:13.22	350m 4:57.63	400m 5:37.59	
2.	Alison COWIE	45	Chelmsford		6:40.16				
	50m 43.70	100m 1:31.12	150m 2:20.99	200m 3:11.73	250m 4:03.86	300m 4:56.54	350m 5:48.82	400m 6:40.16	
3.	Wendy AIREY	48	Mildenhall		6:56.85				
	50m 41.70	100m 1:30.25	150m 2:22.33	200m 3:16.71	250m 4:12.01	300m 5:08.26	350m 6:03.57	400m 6:56.85	
4.	Leslie BROUSSARD	45	Newmarket		7:06.25				
	50m 45.97	100m 1:37.35	150m 2:32.05	200m 3:27.67	250m 4:23.28	300m 5:18.99	350m 6:14.47	400m 7:06.25	

## WOMENS 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Nuala MUIR-COCHRANE	54	Barnet Copt		5:09.66				
	50m 35.70	100m 1:14.43	150m 1:53.86	200m 2:33.45	250m 3:13.07	300m 3:52.34	350m 4:31.59	400m 5:09.66	
2.	Liz WOOLNER	51	Flitwick		5:10.59				
	50m 35.29	100m 1:14.11	150m 1:53.59	200m 2:33.47	250m 3:13.28	300m 3:52.94	350m 4:32.43	400m 5:10.59	
3.	Josephine CRESSWELL	50	East Anglian		5:41.55				
	50m 38.93	100m 1:21.42	150m 2:05.26	200m 2:49.26	250m 3:32.33	300m 4:15.42	350m 4:58.93	400m 5:41.55	

## WOMENS 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Sue PENMAN	55	Stowmarket		7:19.88				
	50m 47.45	100m 1:40.87	150m 2:37.26	200m 3:35.69	250m 4:33.78	300m 5:30.81	350m 6:27.23	400m 7:19.88	