

***National Para-Swimming Championships, 1<sup>st</sup> - 2<sup>nd</sup> December 2018***

| <b>Swimmer</b> | <b>50 Free</b> | <b>100 Back</b> | <b>100 Free</b> | <b>400 Free</b> |
|----------------|----------------|-----------------|-----------------|-----------------|
| James Garry    | 0:49.19        | 2:13.62         | 1:58.89         | 9:07.39         |

New LC Personal Best

0:59.99

*4 long course PBs achieved out of 4 races*