

East Region Open Water Championships - 10st July 2022

1km Freestyle

			East Region	Suffolk
Girls 13-14 Years	Eden Benion	18:21.11	13 th	Bronze

2km Freestyle

		Time	East Region	Suffolk
Womens 60 Years/Over	Jeannie Morley	50:19.63	Silver	Silver
Mens 50/59 Years	Rob Garry	47:21.44	Silver	Gold

2 East Region Silvers, 1 Suffolk Gold, 1 Silver & 1 Bronze