

# Mildenhall Long Distance and 200m Championships

18<sup>th</sup> September - 30<sup>th</sup> October 2016

Swimmer	200 Fly	200 Back	200 Breast	200 Free	400 Free	400 IM	800 Free	1500 Free
Arriana Chipchase	3:54.00			3:01.25		7:36.69		
Ashleigh Harris-Harvey	3:34.37		3:31.66				12:05.25	
Danielle Borowski			4:35.31	3:40.97				
Elizabeth Acheson	4:20.91	3:52.82	4:00.75					
Emily Stuart				2:32.03				22:42.43
Erin Stannard			4:12.75	3:25.81	7:12.32			
Ffion Lewis-Dimmock		2:45.59	3:12.69					
Gemma Welbourn	3:24.62	3:05.47	3:23.58	2:43.16	5:53.69	6:28.75	11:57.00	DNF
Hailey Myers	3:22.06			2:37.93			11:54.15	22:53.69
Hollie Myers	3:27.82	3:06.94	3:35.31	2:51.07			12:23.40	23:41.46
Jeannie Morley		4:06.13		3:41.53	7:48.75			30:34.00
Jemma Garry	4:07.94	3:34.57	3:39.82	3:12.68	6:42.87	7:45.25	13:31.41	25:56.43
Jennifer Wood	3:31.60	3:04.13	3:39.81	2:52.53		6:40.38	12:48.44	
Karah Boisvert	3:27.75	3:08.13					12:32.91	23:46.44
Kathryn Scally			4:09.12					
Lucy Ransley		3:18.18	3:42.35	3:01.75	6:23.44			
Maria Buckles	3:38.50	3:10.59	3:45.13	2:42.00	5:53.68	6:52.49	11:57.63	23:32.44
Megan Stuart		3:13.75		2:52.88				
Molly Harvey	3:50.12	3:10.53	3:37.78	2:49.35	6:05.55		13:10.35	
Sasha Welbourn	3:41.31	3:11.18	3:37.62	2:42.25	5:48.41	6:51.59	11:55.13	23:48.90
Sophie Almond		3:05.52			5:56.72			
Wendy Airey				3:14.13	7:24.78			
Zoë Jones		3:17.37				7:14.16	13:08.61	24:55.06
Ben Wicks		2:29.46	2:50.28	2:13.94				
Callum Bond		3:11.59		2:48.06				
Gabe Young		4:31.07	4:16.90					
Harry Oliver		3:03.00	3:35.62					
Jack Peacock		3:37.07	4:10.09	3:16.25				
James Garry		4:48.71	6:51.10	4:30.87	9:33.25	12:28.09	21:57.25	40:16.56
James Peck		3:37.03	4:00.93	2:58.57			13:10.88	
Jay Carter	3:30.63	3:04.57	3:31.00	2:41.31	5:46.62	6:36.66	12:09.50	22:33.66
John Browne	DNF		4:22.34					
Kaleb Borowski			4:59.66	3:26.81				
Kane Buckles	3:36.44	3:08.75	3:37.29	2:48.60	5:59.56	6:54.21	12:33.93	24:18.81
Kyle Austin		3:30.12	4:06.94		7:14.72		15:50.13	
Luke Scally			4:09.19	3:49.66	8:22.07			
Max Airey		3:08.03	3:17.19	2:47.41	5:56.04	6:34.70		
Max Pryke		3:28.06	DQ	3:13.22				
Nathan Boisvert	2:52.19	2:49.68	3:05.09				10:36.34	20:42.50
Noland Miller		3:41.84						
Rob Garry	4:48.37	3:47.75	4:16.44	3:12.66	6:49.32	8:29.31	14:09.73	28:29.90
Sam Buckles	3:05.62	2:52.96	3:12.62	2:30.28	5:20.04	5:51.07	10:35.87	20:43.08

0:59.99 First Time    0:59.99 New PB

129 PBs achieved from 175 races

42 swimmers entered the long distance championships, swimming a total of 175 races and achieving 129 PBs.

8 swimmers, Kane, Maria & Sam Buckles, Jay Carter, Jemma & Rob Garry and Gemma & Sasha Welbourn, swam all 8 events, with Maria and Sasha setting PBs in all events, Kane setting 7, Gemma 6, Jay 6, Sam 5, Jemma 1 and Rob 1. Well done to all of you.