

Sudbury & District S.C.

Suffolk Masters Championship Meet 2017 at Kingfisher Leisure Pool (25m)

Web page created by CORGI on 20/02/2017

Event: 1. 400m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCKENNY John (1974) (D)	04:36.35	456	West Suffolk S.C.

Event: 1. 400m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BARKER Dale (1962) (G)	05:06.08	335	Team Anglia SC
2	COUTTS Gordon (1960) (G)	05:23.96	283	Sudbury & District S.C.
3	MERRETT Simon (1960) (G)	05:30.34	267	Deben S.C.

Event: 1. 400m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 65 - 69 (J)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	PHOENIX Len (1949) (J)	08:23.57	75	Stowmarket S.C.

Event: 1. 400m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MOYE Harry (2000) (S)	05:01.44	351	Sudbury & District S.C.

Event: 2. 400m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	FULCHER Samantha (1965) (F)	06:17.24	241	Team Ipswich
2	SMITH Jane (1964) (F)	06:40.02	202	Newmarket & District S.C.
3	PENMAN Susan (1963) (F)	07:02.48	171	Stowmarket S.C.
4	MOYE Sue (1965) (F)	07:03.73	170	Sudbury & District S.C.

Event: 2. 400m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BELLWOOD Sophie (2000) (S)	05:38.49	334	Newmarket & District S.C.

Event: 3. 50m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ARGENT James (1989) (A)	00:43.67	138	Sudbury & District S.C.

Event: 3. 50m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 35 - 39 (C)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WINTER Peter (1980) (C)	00:36.55	236	Newmarket & District S.C.

Event: 3. 50m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HOWARD Chris (1975) (D)	00:34.61	278	Leiston & District S.C.

Event: 3. 50m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (E)	00:37.54	218	Stowmarket S.C.

Event: 3. 50m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MERRETT Simon (1960) (G)	00:49.83	93	Deben S.C.

Event: 3. 50m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 60 - 64 (H)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	00:39.58	186	Stowmarket S.C.

Event: 3. 50m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 65 - 69 (J)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	PHOENIX Len (1949) (J)	00:47.63	106	Stowmarket S.C.

Event: 3. 50m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TRIGG Sonny (1995) (S)	00:29.22	463	Team Ipswich
2	MOYE Harry (2000) (S)	00:33.41	309	Sudbury & District S.C.
3	MILLARD Alexander (2000) (S)	00:34.60	279	Newmarket & District S.C.
4	ALEXANDER Nathan (2000) (S)	00:34.76	275	Sudbury & District S.C.
5	TUTTHILL Ryan (1997) (S)	00:36.58	236	Stowmarket S.C.

Event: 4. 50m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	00:38.03	308	Felixstowe S.C.

Event: 4. 50m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	LINGARD Sarah (1983) (B)	00:37.20	329	Newmarket & District S.C.

Event: 4. 50m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BROUSSARD Leslie (1973) (D)	00:49.10	143	Newmarket & District S.C.

Event: 4. 50m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	JONES Hannah (1972) (E)	00:39.25	280	West Suffolk S.C.

Event: 4. 50m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Jane (1964) (F)	00:46.30	171	Newmarket & District S.C.
2	WRIGHT Maureen (1967) (F)	00:47.76	155	West Suffolk S.C.
3	MOYE Sue (1965) (F)	00:51.18	126	Sudbury & District S.C.
4	PENMAN Susan (1963) (F)	00:51.72	122	Stowmarket S.C.

Event: 4. 50m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 60 - 64 (H)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	APPLEBY Jean (1956) (H)	00:39.60	273	Sudbury & District S.C.

Event: 4. 50m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TRIGG Dolly (1998) (S)	00:31.66	534	Team Ipswich
2	BELLWOOD Sophie (2000) (S)	00:37.98	309	Newmarket & District S.C.
3	HARRIS Maya (1995) (S)	00:38.23	303	Stowmarket S.C.
4	THEOBALD Alice (1995) (S)	00:38.79	290	Newmarket & District S.C.

Event: 5. 100m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	KIMPTON Andrew (1992) (A)	01:14.02	424	West Suffolk S.C.
2	LONSDALE Jack (1992) (A)	01:17.36	371	Stowmarket S.C.

Event: 5. 100m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GALLAGHER Phillip C (1983) (B)	01:14.61	414	Team Ipswich

Event: 5. 100m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 35 - 39 (C)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Reuben (1980) (C)	01:22.37	307	Newmarket & District S.C.

2	WINTER Peter (1980) (C)	01:38.34	180	Newmarket & District S.C.
---	-------------------------	----------	-----	---------------------------

Event: 5. 100m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	HOWARD Chris (1975) (D)	01:19.09	347	Leiston & District S.C.
2	DENHAM Steve (1976) (D)	01:24.51	284	Sudbury & District S.C.
3	TURNBULL Glen (1977) (D)	01:36.00	194	Sudbury & District S.C.

Event: 5. 100m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	BANHAM Matthew (1972) (E)	01:10.39	493	West Suffolk S.C.
2	MITSON Clive (1969) (E)	01:29.90	236	Stowmarket S.C.

Event: 5. 100m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	WILLS Jon (1964) (F)	01:37.72	184	Felixstowe S.C.
2	GARRY Rob (1964) (F)	01:57.19	106	Mildenhall & District S.C.

Event: 5. 100m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	FRESHER Martyn (1962) (G)	01:20.87	325	Team Anglia SC

Event: 5. 100m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	TRIGG Sonny (1995) (S)	01:12.43	452	Team Ipswich
2	MILLARD Alexander (2000) (S)	01:33.15	212	Newmarket & District S.C.
3	TUTTHILL Ryan (1997) (S)	01:36.77	189	Stowmarket S.C.

Event: 6. 100m Breaststroke, Female, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	CRAIG Kitty (1983) (B)	01:27.90	362	Sudbury & District S.C.

Event: 6. 100m Breaststroke, Female, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	RYAN Lucy (1973) (D)	01:20.19	478	Team Anglia SC
2	KETT Kirstie (1974) (D)	01:44.13	218	West Suffolk S.C.

Event: 6. 100m Breaststroke, Female, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	WRIGHT Maureen (1967) (F)	01:45.47	210	West Suffolk S.C.

Event: 6. 100m Breaststroke, Female, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	HARRIS Maya (1995) (S)	01:24.46	409	Stowmarket S.C.
2	GARRY Jemma (1999) (S)	01:54.75	163	Mildenhall & District S.C.

Event: 7. 200m Butterfly, Male, All Ages, HDW, 19/02/2017 Age Group result 60 - 64 (H)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	04:01.74	91	Stowmarket S.C.

Event: 9. 100m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	LONSDALE Jack (1992) (A)	00:59.41	432	Stowmarket S.C.
2	KIMPTON Andrew (1992) (A)	00:59.43	432	West Suffolk S.C.
3	BUDD Simon (1992) (A)	01:07.16	299	TRISudbury
4	ARGENT James (1989) (A)	01:22.40	162	Sudbury & District S.C.

Event: 9. 100m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	GALLAGHER Phillip C (1983) (B)	00:59.55	429	Team Ipswich
2	CRAIGHEAD Alasdair (1986) (B)	01:14.38	220	Newmarket & District S.C.

Event: 9. 100m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 35 - 39 (C)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	SMITH Reuben (1980) (C)	01:03.82	349	Newmarket & District S.C.

Event: 9. 100m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	HOWARD Chris (1975) (D)	00:59.57	429	Leiston & District S.C.
2	MCKENNY John (1974) (D)	01:00.26	414	West Suffolk S.C.
3	DENHAM Steve (1976) (D)	01:03.57	353	Sudbury & District S.C.

Event: 9. 100m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (E)	01:12.29	240	Stowmarket S.C.

Event: 9. 100m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	O'LEARY Richard (1964) (F)	01:05.08	329	Team Anglia SC
2	WILLS Jon (1964) (F)	01:19.98	177	Felixstowe S.C.
3	GARRY Rob (1964) (F)	01:31.01	120	Mildenhall & District S.C.

Event: 9. 100m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MERRETT Simon (1960) (G)	01:05.75	319	Deben S.C.
2	BARKER Dale (1962) (G)	01:07.00	301	Team Anglia SC

Event: 9. 100m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 65 - 69 (J)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	PHOENIX Len (1949) (J)	01:43.97	80	Stowmarket S.C.

Event: 9. 100m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	MOYE Harry (2000) (S)	01:01.47	390	Sudbury & District S.C.
2	ALEXANDER Nathan (2000) (S)	01:03.74	350	Sudbury & District S.C.
3	MILLARD Alexander (2000) (S)	01:05.53	322	Newmarket & District S.C.
4	TUTTHILL Ryan (1997) (S)	01:07.89	290	Stowmarket S.C.

Event: 10. 100m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	01:12.97	341	Felixstowe S.C.

Event: 10. 100m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	BOXALL Sarah (1983) (B)	01:25.91	209	TRISudbury

Event: 10. 100m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	KETT Kirstie (1974) (D)	01:22.02	240	West Suffolk S.C.
2	BROUSSARD Leslie (1973) (D)	01:37.39	143	Newmarket & District S.C.

Event: 10. 100m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	JONES Hannah (1972) (E)	01:10.27	382	West Suffolk S.C.

Event: 10. 100m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	FULCHER Samantha (1965) (F)	01:20.77	251	Team Ipswich
2	SMITH Jane (1964) (F)	01:23.47	228	Newmarket & District S.C.
3	WRIGHT Maureen (1967) (F)	01:25.82	209	West Suffolk S.C.
4	PENMAN Susan (1963) (F)	01:31.87	171	Stowmarket S.C.

Event: 10. 100m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GEMMELL Caroline (1961) (G)	01:31.66	172	Deben S.C.

Event: 10. 100m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 60 - 64 (H)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	APPLEBY Jean (1956) (H)	01:17.52	284	Sudbury & District S.C.

Event: 10. 100m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	TRIGG Dolly (1998) (S)	01:02.02	556	Team Ipswich
2	THEOBALD Alice (1995) (S)	01:10.31	381	Newmarket & District S.C.
3	BELLWOOD Sophie (2000) (S)	01:12.54	347	Newmarket & District S.C.

Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	KIMPTON Andrew (1992) (A)	02:25.28	452	West Suffolk S.C.

: 11. 200m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HOWARD Chris (1975) (D)	02:36.99	358	Leiston & District S.C.
2	MCKENNY John (1974) (D)	02:37.62	354	West Suffolk S.C.

Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WILLS Jon (1964) (F)	03:18.56	177	Felixstowe S.C.

Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BARKER Dale (1962) (G)	02:49.25	286	Team Anglia SC

Event: 11. 200m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 65 - 69 (J)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	PHOENIX Len (1949) (J)	04:39.43	63	Stowmarket S.C.

Event: 12. 200m Ind. Medley, Female, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	LINGARD Sarah (1983) (B)	03:01.72	322	Newmarket & District S.C.

Event: 12. 200m Ind. Medley, Female, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	RYAN Lucy (1973) (D)	02:46.18	421	Team Anglia SC
2	KETT Kirstie (1974) (D)	03:27.35	216	West Suffolk S.C.

Event: 12. 200m Ind. Medley, Female, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Jane (1964) (F)	03:36.77	189	Newmarket & District S.C.
2	WRIGHT Maureen (1967) (F)	03:37.29	188	West Suffolk S.C.

Event: 13. 50m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	LONSDALE Jack (1992) (A)	00:26.63	442	Stowmarket S.C.

Event: 13. 50m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CRAIGHEAD Alasdair (1986) (B)	00:31.50	267	Newmarket & District S.C.

Event: 13. 50m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 35 - 39 (C)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WINTER Peter (1980) (C)	00:30.43	296	Newmarket & District S.C.

Event: 13. 50m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	DENHAM Steve (1976) (D)	00:27.79	389	Sudbury & District S.C.
2	HOWARD Chris (1975) (D)	00:27.89	385	Leiston & District S.C.
3	TURNBULL Glen (1977) (D)	00:31.98	255	Sudbury & District S.C.

Event: 13. 50m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (E)	00:31.50	267	Stowmarket S.C.

Event: 13. 50m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	O'LEARY Richard (1964) (F)	00:29.38	329	Team Anglia SC

Event: 13. 50m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	FRESHER Martyn (1962) (G)	00:29.28	333	Team Anglia SC
2	MERRETT Simon (1960) (G)	00:30.22	303	Deben S.C.

Event: 13. 50m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	NICHOL Orion (2000) (S)	00:27.72	392	Sudbury & District S.C.
2	MOYE Harry (2000) (S)	00:28.25	371	Sudbury & District S.C.
3	ALEXANDER Nathan (2000) (S)	00:29.14	338	Sudbury & District S.C.
=	MILLARD Alexander (2000) (S)	00:29.14	338	Newmarket & District S.C.
5	TUTTHILL Ryan (1997) (S)	00:29.70	319	Stowmarket S.C.

Event: 14. 50m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	00:32.65	361	Felixstowe S.C.

Event: 14. 50m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCLAREN Natalie (1984) (B)	00:32.16	377	TRISudbury

Event: 14. 50m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BROUSSARD Leslie (1973) (D)	00:42.42	164	Newmarket & District S.C.

Event: 14. 50m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	JONES Hannah (1972) (E)	00:31.72	393	West Suffolk S.C.
2	ADAMS Suzanne (1971) (E)	00:37.33	241	Felixstowe S.C.

Event: 14. 50m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	FULCHER Samantha (1965) (F)	00:36.33	262	Team Ipswich
2	PENMAN Susan (1963) (F)	00:40.82	184	Stowmarket S.C.

3	MOYE Sue (1965) (F)	00:42.75	160	Sudbury & District S.C.
---	---------------------	----------	-----	-------------------------

Event: 14. 50m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GEMMELL Caroline (1961) (G)	00:41.57	174	Deben S.C.

Event: 14. 50m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	THEOBALD Alice (1995) (S)	00:31.79	391	Newmarket & District S.C.
2	HARRIS Maya (1995) (S)	00:32.64	361	Stowmarket S.C.
3	BELLWOOD Sophie (2000) (S)	00:33.87	323	Newmarket & District S.C.

Event: 15. 100m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ARGENT James (1989) (A)	01:32.36	148	Sudbury & District S.C.

Event: 15. 100m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 35 - 39 (C)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Reuben (1980) (C)	01:14.28	286	Newmarket & District S.C.
2	WINTER Peter (1980) (C)	01:25.76	185	Newmarket & District S.C.

Event: 15. 100m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HOWARD Chris (1975) (D)	01:16.79	258	Leiston & District S.C.

Event: 15. 100m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MITSON Clive (1969) (E)	01:23.87	198	Stowmarket S.C.

Event: 15. 100m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GARRY Rob (1964) (F)	01:48.23	92	Mildenhall & District S.C.

Event: 15. 100m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BARKER Dale (1962) (G)	01:18.80	239	Team Anglia SC

Event: 15. 100m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 60 - 64 (H)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	01:26.82	179	Stowmarket S.C.

Event: 15. 100m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 65 - 69 (J)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	PHOENIX Len (1949) (J)	01:48.26	92	Stowmarket S.C.

Event: 15. 100m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ALEXANDER Nathan (2000) (S)	01:14.66	281	Sudbury & District S.C.
2	MILLARD Alexander (2000) (S)	01:15.79	269	Newmarket & District S.C.
3	TUTTHILL Ryan (1997) (S)	01:21.73	214	Stowmarket S.C.

Event: 16. 100m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	LINGARD Sarah (1983) (B)	01:20.38	324	Newmarket & District S.C.

Event: 16. 100m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BROUSSARD Leslie (1973) (D)	01:50.81	123	Newmarket & District S.C.

Event: 16. 100m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	JONES Hannah (1972) (E)	01:25.24	272	West Suffolk S.C.

Event: 16. 100m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Jane (1964) (F)	01:40.38	166	Newmarket & District S.C.

Event: 16. 100m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	THEOBALD Alice (1995) (S)	01:25.33	271	Newmarket & District S.C.

Event: 17. 200m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	KIMPTON Andrew (1992) (A)	02:42.13	412	West Suffolk S.C.
2	ARGENT James (1989) (A)	04:16.13	104	Sudbury & District S.C.

Event: 17. 200m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HOWARD Chris (1975) (D)	02:58.71	307	Leiston & District S.C.
2	DENHAM Steve (1976) (D)	03:16.08	233	Sudbury & District S.C.

Event: 17. 200m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BANHAM Matthew (1972) (E)	02:36.46	458	West Suffolk S.C.

Event: 17. 200m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	FRESHER Martyn (1962) (G)	03:11.03	252	Team Anglia SC

Event: 18. 200m Breaststroke, Female, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	RYAN Lucy (1973) (D)	02:51.96	479	Team Anglia SC

Event: 18. 200m Breaststroke, Female, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ADAMS Suzanne (1971) (E)	03:56.38	184	Felixstowe S.C.

Event: 18. 200m Breaststroke, Female, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Maureen (1967) (F)	03:58.75	179	West Suffolk S.C.

Event: 19. 100m Butterfly, Male, All Ages, HDW, 19/02/2017 Age Group result 35 - 39 (C)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Reuben (1980) (C)	01:21.32	211	Newmarket & District S.C.

Event: 19. 100m Butterfly, Male, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WILLS Jon (1964) (F)	01:27.73	168	Felixstowe S.C.
2	GARRY Rob (1964) (F)	02:04.43	59	Mildenhall & District S.C.

Event: 19. 100m Butterfly, Male, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MILLARD Alexander (2000) (S)	01:21.74	208	Newmarket & District S.C.

Event: 20. 100m Butterfly, Female, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	KETT Kirstie (1974) (D)	01:39.61	168	West Suffolk S.C.

Event: 20. 100m Butterfly, Female, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	THEOBALD Alice (1995) (S)	01:25.40	267	Newmarket & District S.C.
2	GARRY Jemma (1999) (S)	02:14.96	67	Mildenhall & District S.C.

Event: 21. 200m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 60 - 64 (H)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	03:10.38	173	Stowmarket S.C.

Event: 21. 200m Backstroke, Male, All Ages, HDW, 19/02/2017 Age Group result 65 - 69 (J)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	PHOENIX Len (1949) (J)	04:01.31	85	Stowmarket S.C.

Event: 22. 200m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	LINGARD Sarah (1983) (B)	02:56.31	316	Newmarket & District S.C.

Event: 22. 200m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	BROUSSARD Leslie (1973) (D)	03:55.15	133	Newmarket & District S.C.

Event: 22. 200m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	SMITH Jane (1964) (F)	03:35.54	173	Newmarket & District S.C.
2	WRIGHT Maureen (1967) (F)	03:45.94	150	West Suffolk S.C.

Event: 22. 200m Backstroke, Female, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	ALLEN Charlotte (2000) (S)	02:39.81	425	West Suffolk S.C.
2	THEOBALD Alice (1995) (S)	03:00.12	297	Newmarket & District S.C.

Event: 23. 50m Butterfly, Male, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	KIMPTON Andrew (1992) (A)	00:29.44	406	West Suffolk S.C.
2	LONSDALE Jack (1992) (A)	00:30.03	382	Stowmarket S.C.
3	BUDD Simon (1992) (A)	00:32.80	293	TRISudbury
4	ARGENT James (1989) (A)	00:51.25	76	Sudbury & District S.C.

Event: 23. 50m Butterfly, Male, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	HOWARD Chris (1975) (D)	00:33.83	267	Leiston & District S.C.
2	DENHAM Steve (1976) (D)	00:34.28	257	Sudbury & District S.C.

Event: 23. 50m Butterfly, Male, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	O'LEARY Richard (1964) (F)	00:32.83	292	Team Anglia SC
2	WILLS Jon (1964) (F)	00:37.18	201	Felixstowe S.C.

Event: 23. 50m Butterfly, Male, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	FRESHER Martyn (1962) (G)	00:33.00	288	Team Anglia SC
2	MERRETT Simon (1960) (G)	00:38.91	175	Deben S.C.

Event: 23. 50m Butterfly, Male, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOYB	Time	GB/BAG Pts	Club
1	NICHOL Orion (2000) (S)	00:30.05	381	Sudbury & District S.C.
2	MOYE Harry (2000) (S)	00:31.49	331	Sudbury & District S.C.

3	MILLARD Alexander (2000) (S)	00:33.51	275	Newmarket & District S.C.
4	TUTTHILL Ryan (1997) (S)	00:34.15	260	Stowmarket S.C.

Event: 24. 50m Butterfly, Female, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	JONES Hannah (1972) (E)	00:37.61	272	West Suffolk S.C.
2	ADAMS Suzanne (1971) (E)	00:47.62	134	Felixstowe S.C.

Event: 24. 50m Butterfly, Female, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MOYE Sue (1965) (F)	00:53.08	96	Sudbury & District S.C.

Event: 24. 50m Butterfly, Female, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GEMMELL Caroline (1961) (G)	00:57.34	76	Deben S.C.

Event: 24. 50m Butterfly, Female, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HARRIS Maya (1995) (S)	00:33.51	385	Stowmarket S.C.
2	HODGSON Georgie (2001) (S)	00:34.45	354	Sudbury & District S.C.
3	ALLEN Charlotte (2000) (S)	00:35.14	333	West Suffolk S.C.

Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ARGENT James (1989) (A)	01:44.47	114	Sudbury & District S.C.

Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 35 - 39 (C)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Reuben (1980) (C)	01:14.84	312	Newmarket & District S.C.

Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HOWARD Chris (1975) (D)	01:11.84	352	Leiston & District S.C.
2	MCKENNY John (1974) (D)	01:14.73	313	West Suffolk S.C.
3	DENHAM Steve (1976) (D)	01:17.27	283	Sudbury & District S.C.

Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	GARRY Rob (1964) (F)	01:54.91	86	Mildenhall & District S.C.

Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MERRETT Simon (1960) (G)	01:29.79	180	Deben S.C.

Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 60 - 64 (H)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	01:24.75	214	Stowmarket S.C.

Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 65 - 69 (J)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	PHOENIX Len (1949) (J)	01:58.33	78	Stowmarket S.C.

Event: 25. 100m Ind. Medley, Male, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ALEXANDER Nathan (2000) (S)	01:15.89	299	Sudbury & District S.C.
2	MILLARD Alexander (2000) (S)	01:16.86	288	Newmarket & District S.C.
3	MOYE Harry (2000) (S)	01:17.28	283	Sudbury & District S.C.
4	TUTTHILL Ryan (1997) (S)	01:19.08	264	Stowmarket S.C.

Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	CANNON Gemma (1992) (A)	01:26.37	298	Felixstowe S.C.

Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	KETT Kirstie (1974) (D)	01:36.51	214	West Suffolk S.C.
2	BROUSSARD Leslie (1973) (D)	01:51.68	138	Newmarket & District S.C.

Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	ADAMS Suzanne (1971) (E)	01:41.86	182	Felixstowe S.C.

Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	WRIGHT Maureen (1967) (F)	01:40.15	191	West Suffolk S.C.
2	PENMAN Susan (1963) (F)	01:50.62	142	Stowmarket S.C.
3	MOYE Sue (1965) (F)	01:55.18	125	Sudbury & District S.C.

Event: 26. 100m Ind. Medley, Female, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	HODGSON Georgie (2001) (S)	01:21.04	361	Sudbury & District S.C.
2	BELLWOOD Sophie (2000) (S)	01:24.35	320	Newmarket & District S.C.
3	THEOBALD Alice (1995) (S)	01:27.09	291	Newmarket & District S.C.
4	GARRY Jemma (1999) (S)	01:58.95	114	Mildenhall & District S.C.

Event: 27. 50m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 25 - 29 (A)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	KIMPTON Andrew (1992) (A)	00:34.13	404	West Suffolk S.C.
2	LONSDALE Jack (1992) (A)	00:34.21	402	Stowmarket S.C.

Event: 27. 50m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	CRAIGHEAD Alasdair (1986) (B)	00:43.36	197	Newmarket & District S.C.

Event: 27. 50m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 35 - 39 (C)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	WINTER Peter (1980) (C)	00:42.66	207	Newmarket & District S.C.

Event: 27. 50m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	HOWARD Chris (1975) (D)	00:36.79	323	Leiston & District S.C.
2	DENHAM Steve (1976) (D)	00:37.13	314	Sudbury & District S.C.

Event: 27. 50m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	BANHAM Matthew (1972) (E)	00:32.06	488	West Suffolk S.C.

Event: 27. 50m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	KING Graham (1963) (F)	00:36.03	344	Sudbury & District S.C.

Event: 27. 50m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	FRESHER Martyn (1962) (G)	00:35.50	359	Team Anglia SC
2	MERRETT Simon (1960) (G)	00:41.02	233	Deben S.C.

Event: 27. 50m Breaststroke, Male, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOY	Time	GB/BAG Pts	Club
1	ALEXANDER Nathan (2000) (S)	00:38.18	289	Sudbury & District S.C.

2	TUTTHILL Ryan (1997) (S)	00:43.46	196	Stowmarket S.C.
---	--------------------------	----------	-----	-----------------

Event: 28. 50m Breaststroke, Female, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	CRAIG Kitty (1983) (B)	00:39.48	388	Sudbury & District S.C.
2	MCLAREN Natalie (1984) (B)	00:42.07	320	TRISudbury

Event: 28. 50m Breaststroke, Female, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BROUSSARD Leslie (1973) (D)	00:57.43	126	Newmarket & District S.C.

Event: 28. 50m Breaststroke, Female, All Ages, HDW, 19/02/2017 Age Group result 45 -49 (E)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	ADAMS Suzanne (1971) (E)	00:49.46	197	Felixstowe S.C.

Event: 28. 50m Breaststroke, Female, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	HARRIS Maya (1995) (S)	00:38.56	416	Stowmarket S.C.
2	ALLEN Charlotte (2000) (S)	00:41.23	340	West Suffolk S.C.

Event: 29. 200m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 35 - 39 (C)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Reuben (1980) (C)	02:21.98	342	Newmarket & District S.C.

Event: 29. 200m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MCKENNY John (1974) (D)	02:10.37	442	West Suffolk S.C.
2	HOWARD Chris (1975) (D)	02:25.02	321	Leiston & District S.C.

Event: 29. 200m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WILLS Jon (1964) (F)	03:04.72	155	Felixstowe S.C.

Event: 29. 200m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 55 - 59 (G)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MERRETT Simon (1960) (G)	02:32.01	279	Deben S.C.

Event: 29. 200m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 60 - 64 (H)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	WRIGHT Andrew (1957) (H)	02:44.36	220	Stowmarket S.C.

Event: 29. 200m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 65 - 69 (J)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	PHOENIX Len (1949) (J)	03:56.81	73	Stowmarket S.C.

Event: 29. 200m Freestyle, Male, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	MILLARD Alexander (2000) (S)	02:32.85	274	Newmarket & District S.C.

Event: 30. 200m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 30 - 34 (B)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	LINGARD Sarah (1983) (B)	02:46.29	298	Newmarket & District S.C.

Event: 30. 200m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 40 - 44 (D)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	KETT Kirstie (1974) (D)	03:01.31	230	West Suffolk S.C.

Event: 30. 200m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 50 - 54 (F)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	SMITH Jane (1964) (F)	03:11.59	195	Newmarket & District S.C.

2	PENMAN Susan (1963) (F)	03:22.75	164	Stowmarket S.C.
---	-------------------------	----------	-----	-----------------

Event: 30. 200m Freestyle, Female, All Ages, HDW, 19/02/2017 Age Group result 16 - 24 (S)

Pos	Name, YOB	Time	GB/BAG Pts	Club
1	BELLWOOD Sophie (2000) (S)	02:39.31	339	Newmarket & District S.C.
2	GARRY Jemma (1999) (S)	03:35.22	137	Mildenhall & District S.C.