

Sudbury Valentine's Masters - 18th February 2018

Sessions 1 & 1a

Swimmer	400 Free	50 Back	100 Breast	100 Free
James Garry		1:03.01		2:08.93
Jeannie Morley	8:10.74	0:53.50		
Jemma Garry			1:52.05	
Rob Garry			1:51.77	1:26.03
Wendy Airey		0:45.49		

Sessions 2 & 3

Swimmer	200 IM	50 Free	100 Back	100 Fly	50 Fly	100 IM	200 Free
James Garry		0:53.86	2:18.72				4:35.45
Jeannie Morley			1:55.83			2:00.21	3:53.17
Jemma Garry	3:34.87				0:51.61	1:42.29	
Rob Garry			1:51.30	1:58.83		1:50.83	3:15.43
Wendy Airey	3:36.11			1:45.19	0:44.63		

0:59.99

New 3-Year Best (Masters)

0:59.99

New Personal Best

4 PBs achieved and 21 county medals won out of 24 races - 10 Gold, 9 Silver & 2 Bronze