

West Suffolk Spring Development Meet - 12th/13th May 2018

Saturday 12th May

Swimmer	50 Fly	50 Back	100 Back	100 Breast	200 IM
Aaron Peacock		0:44.29		2:00.05	
Callum Bond	0:34.93	0:37.13			2:50.82
Danielle Myers		0:54.58			
Elizabeth Acheson		0:37.17		1:30.85	
Gabe Young		0:42.38		1:33.57	DQ
Henry Donkin	0:37.36				3:04.12
Jack Peacock		DQ			
James Shipp		0:47.27		1:59.30	
Jasmine Lau	0:40.05	DQ	1:32.44	1:44.41	
Jay Carter	0:36.45				2:45.90
Jodie Cooper		0:47.85			
Karah Boisvert			1:25.57	1:35.47	
Patrick Donkin	0:48.18	0:45.10		1:48.59	
Riley Gibbs		0:51.87			
Sasha Welbourn			1:27.49	1:33.60	2:55.27

Sunday 13th May

Swimmer	50 Breast	50 Free	100 Fly	100 Free	100 IM	200 Back	200 Breast	200 Free
Aaron Peacock					1:40.28	3:27.16		
Callum Bond	0:41.31	0:30.98			1:18.08			
Danielle Myers		0:47.25						
Elizabeth Acheson	0:41.67		1:23.15	1:10.42				
Henry Donkin	0:47.34			1:13.10	1:25.96			
Jack Peacock	0:44.88				1:20.17		3:31.86	
James Garry		0:51.22						4:30.98
James Shipp	DQ			1:32.85				
Jasmine Lau		0:33.59			1:26.47			
Jay Carter		0:30.43			1:18.18	2:49.65		
Jodie Cooper	0:50.19	0:39.09		1:29.33	1:39.49			
Karah Boisvert			1:23.66					
Patrick Donkin				1:28.55	1:37.66			
Riley Gibbs	0:51.51	0:45.37			1:52.94			
Sasha Welbourn	0:43.56		1:30.64		1:24.94			

0:59.99

First Time

0:59.99

New Personal Best

35 PBs achieved, 2 firsts, 3 seconds and 1 third out of 69 swims