No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018 Results

Event 1 Girls 9 Year Olds 200 SC	<u>.</u>	Cood Time	Finals Tim-	D.:4
Name 1 Govdon Evolina	Age Team 9 Team Ipswich	3:26.50	Finals Time 3:05.30	Points
1 Gaydon, Eveline	9 West Suffolk Swimming Club-EA			
2 Stewart, Ella		3:21.54	3:21.69 3:57.53	
3 Harrison, Amelie		5:42.72 3:54.79		
4 Bruce, Connie Barber, Francesca	9 Stowmarket Swimming Club9 Stowmarket Swimming Club		4:02.64	
4.4 Starting before starting		3:38.33	DQ	
Event 1 Girls 10 Year Olds 200 SC	Meter Freestyle			
Name	Age Team	Seed Time	Finals Time	Points
1 Lander, Emily	10 Deben Swimming Club	2:55.72	2:49.45	
2 Gladwell, Darcy	10 Hadleigh Dolphins	2:58.48	3:00.54	
3 Moore, Isabel	10 West Suffolk Swimming Club-EA	2:51.55	3:02.58	
4 Richardson, May	10 Stowmarket Swimming Club	3:23.11	3:08.62	
5 Hitchcock, Lottie	10 Hadleigh Dolphins	3:16.16	3:11.00	
Event 1 Girls 11 Year Olds 200 SC	-	e im	E. 1 Œ.	n · .
Name	Age Team	Seed Time	Finals Time	Points
1 Stebbings, Katie	11 Stowmarket Swimming Club	2:36.16	2:36.35	
2 Karlsson, Hannah	11 Colchester Swimming Club	3:11.69	2:47.33	
3 Perry, Eloise	11 West Suffolk Swimming Club-EA	2:58.84	2:51.65	
Event 1 Girls 12 Year Olds 200 SC Name	Meter Freestyle Age Team	Seed Time	Finals Time	Points
1 Barber, Izzy	12 Stowmarket Swimming Club	2:22.95	2:23.81	1 Offits
2 Baker, Sophie	12 Colchester Swimming Club	2:40.68	2:41.16	
3 Bishop, Maisie Rose	12 Stowmarket Swimming Club	2:58.16	2:54.30	
4 Shaw, Mary	12 Stowmarket Swimming Club	3:24.75	3:11.02	
5 Bingley, Josephine	12 Stowmarket Swimming Club	3:48.71	3:26.27	
	_	3.46./1	3.20.27	
Event 1 Girls 13 Year Olds 200 SC Name	Age Team	Seed Time	Finals Time	Points
1 Clark, Alice	13 West Suffolk Swimming Club-EA	2:24.74	2:25.42	
2 Tyler, Frankie	13 Deben Swimming Club	2:24.73	2:25.79	
3 Hall, Helena	13 Deben Swimming Club	2:24.50	2:25.97	
4 Cutting, Emily	13 West Suffolk Swimming Club-EA	2:29.27	2:26.79	
5 Bunclark, Megan	13 Deben Swimming Club	2:32.09	2:26.87	
6 Roughsedge, Sophia	13 West Suffolk Swimming Club-EA	2:23.13	2:27.59	
7 Bleck, Georgia	13 Colchester Swimming Club	2:28.60	2:31.14	
8 Benedetti, Erica	13 Stowmarket Swimming Club	2:34.56	2:32.01	
9 McNicholas, Caitlin	13 Deben Swimming Club	2:34.19	2:32.35	
10 Abbott, Rowan	13 Hadleigh Dolphins	2:33.97	2:32.51	
11 Wright, Mia	13 Felixstowe Swimming Club	2:34.50	2:33.31	
12 Longbottom, Charlotte	13 Deben Swimming Club	2:33.66	2:36.88	
13 Hitt, Martha	13 Stowmarket Swimming Club	2:39.36	2:38.10	
Event 1 Girls 14 Year Olds 200 SC	Meter Freestyle			
Name	Age Team	Seed Time	Finals Time	Points
1 Quinton, Sophie	14 Deben Swimming Club	2:47.08	2:30.19	
2 White, Caitlyn	14 Deben Swimming Club	2:29.68	2:32.26	
3 Shaw, Katy	14 Stowmarket Swimming Club	2:36.19	2:35.70	
Event 1 Girls 15 & Over 200 SC M	1eter Freestyle			
Name	Age Team	Seed Time	Finals Time	Points
1 Yates, Mia	15 Felixstowe Swimming Club	2:15.44	2:15.52	
0 E 1: XX 1	17 Deben Swimming Club	2:17.92	2:25.16	
2 Taplin, Hannah	-		2.20.10	
2 Taplin, Hannah 3 Clark, Imogen	15 West Suffolk Swimming Club-EA	2:24.00	2:25.94	
<u> </u>	-			

	1 Girls 15 & Over 200 SC I Name		Team	Seed Time	Finals Time	Points
5 I	Barrett, Sophie	_	Stowmarket Swimming Club	2:33.89	2:35.14	
	Cherry, Bethan		Stowmarket Swimming Club	2:38.18	2:35.76	
	•	Motor Fro	astyla			
	Boys 10 Year Olds 200 SC Name		Team	Seed Time	Finals Time	Points
	Girolami, Massimo	-	Colchester Swimming Club	2:45.07	2:39.74	1 UIII
	Abbott, Isaac		Hadleigh Dolphins	3:20.73	3:15.72	
	Bleck, Joshua		Colchester Swimming Club	3:09.42	3:20.01	
	•		_	3.03.42	3.20.01	
	Boys 11 Year Olds 200 SC		_			
	Name		Team	Seed Time	Finals Time	Point
1 1	Barber, Nicholas	11	Stowmarket Swimming Club	3:07.93	2:55.23	
event 2	Boys 12 Year Olds 200 SC	Meter Fre	estyle			
	Name		Team	Seed Time	Finals Time	Point
1 (Chamberlain, Hayden		Colchester Swimming Club	2:45.52	2:42.55	
2 I	Richardson, Toby		West Suffolk Swimming Club-EA	2:55.13	2:50.93	
3 I	Hines, Charlie	12	Stowmarket Swimming Club	2:59.93	2:55.49	
4 5	Snow, Oliver	12	Stowmarket Swimming Club	3:03.23	3:03.21	
5 J	Fountain, Harry	12	Hadleigh Dolphins	3:18.34	3:13.41	
6 '	Whearty, Curtis	12	Colchester Swimming Club	3:45.00	3:38.92	
vent 2	Boys 13 Year Olds 200 SC	Meter Fre	estyle			
	Name		Team	Seed Time	Finals Time	Point
	Milburn, Mark		Colchester Swimming Club	2:21.45	2:16.07	1 01110
	Connick, Michael		Deben Swimming Club	2:16.91	2:18.33	
	Tozer, Barty		West Suffolk Swimming Club-EA	2:24.32	2:18.92	
	Phillips, Ben		West Suffolk Swimming Club-EA	2:26.88	2:22.64	
	Parsons, James		Deben Swimming Club	2:21.24	2:25.70	
	Williams, Isaac		Deben Swimming Club	2:28.45	2:26.31	
	Wallace, George		Colchester Swimming Club	2:49.42	2:27.38	
	•		_	2.77.72	2.27.30	
	Boys 14 Year Olds 200 SC			G 1.777	F1 1 701	
	Name					.
		-	Team Color Color	Seed Time	Finals Time	Point
1 I	Houston, Connor	14	Deben Swimming Club	2:10.79	2:08.37	Point
1 I		14				Point
1 I 2 I	Houston, Connor	14 14	Deben Swimming Club Hadleigh Dolphins	2:10.79	2:08.37	Point
1 I 2 I E vent 2	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M	14 14	Deben Swimming Club Hadleigh Dolphins tyle	2:10.79	2:08.37	Point Point
1 I 2 I Event 2	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M	14 14 Leter Frees Age	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club	2:10.79 2:33.60	2:08.37 2:29.69	
1 I 2 I Event 2	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name	14 14 Leter Frees Age	Deben Swimming Club Hadleigh Dolphins tyle Team	2:10.79 2:33.60 Seed Time	2:08.37 2:29.69 Finals Time	
1 I 2 I 2 Vent 2 1 I 2 I	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas	14 14 Leter Frees Age 19	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club	2:10.79 2:33.60 Seed Time 1:59.55	2:08.37 2:29.69 Finals Time 2:00.22	
1 I 2 I 2 I 2 I 2 I 3 I 3 I	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe	14 14 Leter Frees Age 19	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68	
1 I 2 I 2 I 2 I 3 I 4 I	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe Harrison, Alex	14 14 leter Frees Age 19 16 18	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club West Suffolk Swimming Club-EA	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84 2:02.79	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68 2:06.46	
1 II 2 II 2 II 3 II 4 II 5 (Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe Harrison, Alex Hall, Harvey	14 14 Leter Frees Age 19 16 18 15	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club West Suffolk Swimming Club-EA Deben Swimming Club	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84 2:02.79 2:14.59	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68 2:06.46 2:08.37	
1 I I 2 I 2 I 2 I 3 I 4 I 5 G 6 I 1	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe Harrison, Alex Hall, Harvey Chevin, Jack	14 14 14 16 19 16 18 15	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club West Suffolk Swimming Club-EA Deben Swimming Club Stowmarket Swimming Club	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84 2:02.79 2:14.59 2:11.03	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68 2:06.46 2:08.37 2:12.35	
1 I 2 I 2 I 2 I 2 I 2 I 2 I 2 I 2 I 2 I	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe Harrison, Alex Hall, Harvey Chevin, Jack Kenning, Thomas	14 14 14 14 16 19 16 18 15 17 16	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club West Suffolk Swimming Club-EA Deben Swimming Club Stowmarket Swimming Club Stowmarket Swimming Club West Suffolk Swimming Club-EA	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84 2:02.79 2:14.59 2:11.03 2:10.46	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68 2:06.46 2:08.37 2:12.35 2:14.33	
1 I 2 I 2 I 2 I 2 I 2 I 2 I 2 I 2 I 2 I	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe Harrison, Alex Hall, Harvey Chevin, Jack Kenning, Thomas Tozer, William	14 14 14 16 19 16 18 15 17 16	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club West Suffolk Swimming Club-EA Deben Swimming Club Stowmarket Swimming Club West Suffolk Swimming Club West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84 2:02.79 2:14.59 2:11.03 2:10.46 2:17.85	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68 2:06.46 2:08.37 2:12.35 2:14.33 2:15.04	
1 II 2 II 2 II 1 II 2 II 1 II 2 II 3 II 4 II 5 G 6 II 7 5 8 4 9 5 II 8 9 5 II 8 1 II 8	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe Harrison, Alex Hall, Harvey Chevin, Jack Kenning, Thomas Tozer, William Arora, Aryan Tempest, Adam	14 14 14 14 16 19 16 18 15 17 16 15 15	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club West Suffolk Swimming Club-EA Deben Swimming Club Stowmarket Swimming Club Stowmarket Swimming Club West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA Deben Swimming Club-EA Deben Swimming Club	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84 2:02.79 2:14.59 2:11.03 2:10.46 2:17.85 2:14.44	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68 2:06.46 2:08.37 2:12.35 2:14.33 2:15.04 2:18.82	
1 I 2 I 2 I 2 I 2 I 2 I 2 I 2 I 2 I 2 I	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe Harrison, Alex Hall, Harvey Chevin, Jack Kenning, Thomas Tozer, William Arora, Aryan Tempest, Adam	14 14 14 16 19 16 18 15 17 16 15 15 15	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club-EA Deben Swimming Club-EA Deben Swimming Club West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA Deben Swimming Club-EA Deben Swimming Club-EA Deben Swimming Club-EA	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84 2:02.79 2:14.59 2:11.03 2:10.46 2:17.85 2:14.44 2:19.84	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68 2:06.46 2:08.37 2:12.35 2:14.33 2:15.04 2:18.82 2:23.45	Point
1 II 2 II 2 II 3 II 4 II 5 G 6 II 7 T 8 A 9 T	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe Harrison, Alex Hall, Harvey Chevin, Jack Kenning, Thomas Tozer, William Arora, Aryan Tempest, Adam Girls 9 Year Olds 50 SC M Name	14 14 14 14 16ter Frees: Age 19 16 18 15 17 16 15 15 15 15 16ter Butte Age	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club-EA Deben Swimming Club Stowmarket Swimming Club-EA Deben Swimming Club West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA Deben Swimming Club-EA West Suffolk Swimming Club-EA Teben Swimming Club West Suffolk Swimming Club-EA Tely Team	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84 2:02.79 2:14.59 2:11.03 2:10.46 2:17.85 2:14.44 2:19.84	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68 2:06.46 2:08.37 2:12.35 2:14.33 2:15.04 2:18.82 2:23.45 Finals Time	Point
1 II 2 II 2 II 3 II 4 II 5 (6 II 7 II 8 II 9 II 1 Cent 3 II 1 Cent 3 II 1 Cent 1 II 1	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe Harrison, Alex Hall, Harvey Chevin, Jack Kenning, Thomas Tozer, William Arora, Aryan Tempest, Adam Girls 9 Year Olds 50 SC M Name Gaydon, Eveline	14 14 14 14 14 16ter Frees 19 16 18 15 17 16 15 15 15 15 16ter Butte Age 9	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club-EA Deben Swimming Club-EA Deben Swimming Club Stowmarket Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA Team Team Team Team	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84 2:02.79 2:14.59 2:11.03 2:10.46 2:17.85 2:14.44 2:19.84 Seed Time 52.06	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68 2:06.46 2:08.37 2:12.35 2:14.33 2:15.04 2:18.82 2:23.45 Finals Time 46.27	Point
1 II 2 II 2 II 1 II 2	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe Harrison, Alex Hall, Harvey Chevin, Jack Kenning, Thomas Tozer, William Arora, Aryan Tempest, Adam Girls 9 Year Olds 50 SC M Name Gaydon, Eveline Uttridge, Erin	14 14 14 14 16ter Frees 19 16 18 15 17 16 15 15 15 15 16ter Butte Age 9	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club-EA Deben Swimming Club-EA Deben Swimming Club Stowmarket Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA Team Team Team Ipswich Felixstowe Swimming Club	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84 2:02.79 2:14.59 2:11.03 2:10.46 2:17.85 2:14.44 2:19.84 Seed Time 52.06 1:10.00	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68 2:06.46 2:08.37 2:12.35 2:14.33 2:15.04 2:18.82 2:23.45 Finals Time 46.27 49.64	Point
1 II 2 II 2 II 1 II 2 II 3 II 4 II 5 G 6 II 7 T 5 G 9 T 5 Event 3 II 1 G 2 II 3 S 5 G 5 G 5 G 5 G 5 G 5 G 5 G 5 G 5 G 5	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe Harrison, Alex Hall, Harvey Chevin, Jack Kenning, Thomas Tozer, William Arora, Aryan Tempest, Adam Girls 9 Year Olds 50 SC M Name Gaydon, Eveline Uttridge, Erin Stewart, Ella	14 14 14 14 16ter Frees 19 16 18 15 17 16 15 15 15 15 15 16ter Butte Age 9 9	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club-EA Deben Swimming Club Stowmarket Swimming Club-EA Usest Suffolk Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA Usest Suffolk Swimming Club-EA Team Team Ipswich Felixstowe Swimming Club West Suffolk Swimming Club West Suffolk Swimming Club-EA	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84 2:02.79 2:14.59 2:11.03 2:10.46 2:17.85 2:14.44 2:19.84 Seed Time 52.06 1:10.00 46.98	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68 2:06.46 2:08.37 2:12.35 2:14.33 2:15.04 2:18.82 2:23.45 Finals Time 46.27 49.64 50.21	Point
1 I I 2 I I 2 I I I I I I I I I I I I I	Houston, Connor Hitchcock, Oliver Boys 15 & Over 200 SC M Name Boyt, Thomas Fletcher, Joe Harrison, Alex Hall, Harvey Chevin, Jack Kenning, Thomas Tozer, William Arora, Aryan Tempest, Adam Girls 9 Year Olds 50 SC M Name Gaydon, Eveline Uttridge, Erin	14 14 14 14 16ter Frees 19 16 18 15 17 16 15 15 15 15 16ter Butte Age 9	Deben Swimming Club Hadleigh Dolphins tyle Team Felixstowe Swimming Club Stowmarket Swimming Club-EA Deben Swimming Club-EA Deben Swimming Club Stowmarket Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA Team Team Team Ipswich Felixstowe Swimming Club	2:10.79 2:33.60 Seed Time 1:59.55 2:03.84 2:02.79 2:14.59 2:11.03 2:10.46 2:17.85 2:14.44 2:19.84 Seed Time 52.06 1:10.00	2:08.37 2:29.69 Finals Time 2:00.22 2:03.68 2:06.46 2:08.37 2:12.35 2:14.33 2:15.04 2:18.82 2:23.45 Finals Time 46.27 49.64	

Results

Name	Age Team	Seed Time	Finals Time	Points
Bishop, Tilly-May	9 Stowmarket Swimming Club	52.83	DQ	
4.4 Starting before starting signal				

Event 3 Girls 10 Year Olds 50 SC Meter Butterfly

Name	Age Team	Seed Time	Finals Time	Points
1 Tuckwell, Anjali	10 Colchester Swimming Club	41.24	42.11	
2 Broad, Kiera	10 West Suffolk Swimming Club-EA	41.93	42.44	
3 Neumann, Holly	10 Stowmarket Swimming Club	44.73	45.16	
4 Moore, Isabel	10 West Suffolk Swimming Club-EA	42.43	46.76	
5 Davies, Florence	10 Deben Swimming Club	56.86	50.08	
Gladwell, Darcy	10 Hadleigh Dolphins	45.62	DQ	
8.1 Body not on breast d	uring swim or when leaving wall after turn (ex when e	executing turn		
Calver, Grace	10 Stowmarket Swimming Club	53.99	DQ	

8.3 Alternating movement of legs or feet

Event 3 Girls 11 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Stebbings, Katie	11	Stowmarket Swimming Club	37.80	38.03	
2	Karlsson, Hannah	11	Colchester Swimming Club	44.68	38.83	
3	Hattan, Charlotte	11	Deben Swimming Club	39.51	39.85	
4	Perry, Eloise	11	West Suffolk Swimming Club-EA	42.29	40.15	
5	Brown, Rebecca	11	Stowmarket Swimming Club	39.69	40.22	
6	Bishop, Maerhyn Lily	11	Stowmarket Swimming Club	43.61	43.50	
7	Molyneaux, Annette	11	Hadleigh Dolphins	1:00.58	44.01	
8	Lomasney-Mcintyre, Isobel	11	Team Ipswich	44.81	45.85	
9	Higgins, Roisin	11	Colchester Swimming Club	46.12	46.62	
10	Ali, Maisie	11	Deben Swimming Club	45.18	48.11	
11	Fisher, Kayden	11	Stowmarket Swimming Club	46.47	48.93	
12	Gilbrook, Katy	11	West Suffolk Swimming Club-EA	46.30	49.72	
13	Loft, Serafina	11	Stowmarket Swimming Club	1:20.76	1:05.94	

Event 3 Girls 12 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Davies, Connie	12	Deben Swimming Club	35.55	34.75	
2	Springham, Matilda	12	Deben Swimming Club	37.93	37.71	
3	Washington, Mae	12	Stowmarket Swimming Club	38.90	37.79	
4	Connick, Lily	12	Deben Swimming Club	40.05	38.45	
5	Goddard, Greta	12	Colchester Swimming Club	38.91	38.72	
6	Tibble, Sophie	12	Deben Swimming Club	40.62	38.75	
7	Neumann, Bethany	12	Stowmarket Swimming Club	39.92	39.28	
8	Crossfield, Imogen	12	Deben Swimming Club	42.83	40.07	
9	Easteal, Isobel	12	Colchester Swimming Club	39.54	40.38	
10	Whyte, Olivia	12	West Suffolk Swimming Club-EA	40.27	40.62	
11	Isaacs, Izabella	12	Felixstowe Swimming Club	45.64	43.61	
12	Baker, Sophie	12	Colchester Swimming Club	42.74	43.76	
13	Bishop, Maisie Rose	12	Stowmarket Swimming Club	45.09	43.96	
14	Bingley, Josephine	12	Stowmarket Swimming Club	49.57	47.72	
15	Stiff, Reece	12	Felixstowe Swimming Club	47.98	49.28	
	Wright, Emily	12	Stowmarket Swimming Club	43.39	DQ	
	4.4 Starting before starting signal					

4.4 Starting before starting signal

Event 3 Girls 13 Year Olds 50 SC Meter Butterfly

			•			
Na	me A	ge	Team	Seed Time	Finals Time	Points
1 La	nder, Sophie	13	Deben Swimming Club	31.88	32.29	
2 Cu	itting, Emily	13	West Suffolk Swimming Club-EA	34.25	33.52	
3 Sp:	ringham, Esme	13	Deben Swimming Club	35.56	33.71	
4 Ro	oughsedge, Sophia	13	West Suffolk Swimming Club-EA	36.53	33.72	

5 Richardson, Toby

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018

Results

	Event 3	Cirls 13	Voor	Olde 4	50 90	Matar	Butterfly)
- (Events	GILI2 12	rear	Olus :	30 SC	Meter	Dutterity)

(L)CII	t 3 Girls 13 Year Olds 50 SC Name		Team	Seed Time	Finals Time	Points
5	Hitt, Martha		Stowmarket Swimming Club	34.34	34.81	
	Molyneaux, Olivia		Hadleigh Dolphins	37.07	35.36	
7			Mildenhall and District	33.71	35.89	
	Crawley, Abigail		Felixstowe Swimming Club	37.07	35.91	
	Leighton, Katimai	_	Felixstowe Swimming Club	44.81	36.36	
	McCarthy, Holly		Colchester Swimming Club	39.69	37.00	
	Bleck, Georgia		Colchester Swimming Club	37.61	38.10	
	Alvarez, Megan		Stowmarket Swimming Club	40.00	38.73	
	Watts, Meg		Felixstowe Swimming Club	36.98	40.42	
	Longbottom, Charlotte		Deben Swimming Club	37.93	DQ	
	4.4 Starting before starting		Decen ownmining class	31.73	БQ	
Event	3 Girls 14 Year Olds 50 SC		-			
	Name	_	Team	Seed Time	Finals Time	Points
	Houston, Ella		Deben Swimming Club	34.50	33.70	
2	Galbraith, Catherine		Deben Swimming Club	33.88	34.05	
3	O'Malley, Hannah	14	Colchester Swimming Club	36.12	34.41	
4	Valentine, Mazie	14	Felixstowe Swimming Club	36.40	35.93	
Event	3 Girls 15 & Over 50 SC M		-			
	Name		Team	Seed Time	Finals Time	Points
	Dootson, Ella		Stowmarket Swimming Club	31.53	31.23	
	Higgins, Niamh		Colchester Swimming Club	31.44	31.33	
3	Rootes, Freya		West Suffolk Swimming Club-EA	33.01	33.39	
4	,		Felixstowe Swimming Club	33.41	33.56	
5	McKay, Caitlin		West Suffolk Swimming Club-EA	33.81	33.86	
6	Parsley, Chloe-Jeane	17	West Suffolk Swimming Club-EA	33.14	33.93	
7	Barrett, Sophie	16	Stowmarket Swimming Club	35.76	35.58	
8	Clark, Imogen	15	West Suffolk Swimming Club-EA	34.39	36.62	
9	Felgate, Emma	17	Felixstowe Swimming Club	39.18	40.69	
Event	4 Boys 9 Year Olds 50 SC M	leter Butte	rfly			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Crisell, Dexter	9	Colchester Swimming Club	1:02.00	1:09.40	
Event	4 Boys 10 Year Olds 50 SC	Meter Butt	erfly			
	Name		Team	Seed Time	Finals Time	Points
1	McCarthy, Jack	10	Colchester Swimming Club	37.01	36.42	
2	Connick, Joshua	10	Deben Swimming Club	46.12	43.73	
3	Cecins, Sandijs	10	Colchester Swimming Club	52.00	47.25	
4	Williams, Thomas	10	West Suffolk Swimming Club-EA	44.55	47.97	
5	Parsons, Edward	10	Deben Swimming Club	57.00	54.51	
6	Whearty, Lyle	10	Colchester Swimming Club	1:06.00	1:00.88	
Event	4 Boys 11 Year Olds 50 SC					
	Name	_	Team Cl. 1	Seed Time	Finals Time	Points
1	,		Stowmarket Swimming Club	44.76	43.30	
	Black, Samuel 8.4 At turn or finish, touch		Stowmarket Swimming Club neous or hands not separated	46.54	DQ	
Event	4 Boys 12 Year Olds 50 SC		-			
	Name		Team	Seed Time	Finals Time	Points
1	Bashford, Riley	12	Deben Swimming Club	33.53	32.90	
	Pryke, Daniel	12	Deben Swimming Club	39.71	34.83	
3		12	Colchester Swimming Club	39.17	36.54	
4			West Suffolk Swimming Club-EA	37.18	37.18	
_	D:-11 T-1		West Suffelly Syrimming Club EA	40.00	40.10	

12 West Suffolk Swimming Club-EA

40.90

3:03.45

3:06.16

NT

3:12.50

3 Lomasney-Mcintyre, Isobel

4 McNicholas, Hannah

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018

(Event 4 Boys 12 Year Olds 50	SC Meter But	Results terfly)			
Name		Team	Seed Time	Finals Time	Point
6 Snow, Oliver	12	Stowmarket Swimming Club	43.60	46.17	
7 Whearty, Curtis	12	Colchester Swimming Club	1:02.00	53.97	
Event 4 Boys 13 Year Olds 50 S	C Meter Butt	erfly			
Name		Team	Seed Time	Finals Time	Point
1 Clay, James		West Suffolk Swimming Club-EA	33.13	31.19	
2 Crossfield, James	13	Deben Swimming Club	33.43	32.42	
3 Bishop, Joshua	13	Stowmarket Swimming Club	33.01	32.92	
4 Wallace, George	13	Colchester Swimming Club	35.86	33.51	
5 Hilton, Thomas	13	Deben Swimming Club	34.37	33.53	
6 Milburn, Mark	13	Colchester Swimming Club	35.73	33.63	
7 Parsons, James	13	Deben Swimming Club	36.18	34.08	
8 Tozer, Barty	13	West Suffolk Swimming Club-EA	34.04	34.18	
9 Gladwell, Elliot	13	Hadleigh Dolphins	35.82	34.58	
10 Phillips, Ben	13	West Suffolk Swimming Club-EA	37.88	37.24	
Event 4 Boys 14 Year Olds 50 S	C Meter Rutt	orfly			
Name		Team	Seed Time	Finals Time	Point
1 Cheng, Kai		Colchester Swimming Club	30.30	29.65	1 01110
2 Parsons, William		Deben Swimming Club	29.90	30.39	
3 Easteal, William		Colchester Swimming Club	34.52	31.64	
4 Chapman, Jacob		Stowmarket Swimming Club	37.24	35.04	
5 Black, Luke		Stowmarket Swimming Club	36.61	36.49	
·		_	50.01	20.13	
Event 4 Boys 15 & Over 50 SC Name		ny Team	Seed Time	Finals Time	Point
1 Chapman, Lewis	-	Stowmarket Swimming Club	26.95	27.26	Tome
2 Coe, Calvin		Stowmarket Swimming Club	27.84	27.73	
3 Harrison, Alex		West Suffolk Swimming Club-EA	28.64	28.69	
4 Edgar, Ashley		West Suffolk Swimming Club-EA	29.49	28.99	
5 White, William		Hadleigh Dolphins	30.19	29.48	
6 Penman, Ruairidh		Stowmarket Swimming Club	30.54	29.96	
7 Morsman, Adam			29.59	30.22	
8 Tozer, William		West Suffolk Swimming Club-EA	31.85	31.47	
9 Kenning, Thomas		West Suffolk Swimming Club-EA	30.90	31.70	
10 Welsford, Callum		Deben Swimming Club	31.51	31.79	
11 Parsons, Henry		Deben Swimming Club	31.20	31.93	
12 Arora, Aryan		Deben Swimming Club	31.97	32.86	
13 Phillips, Charlie		Felixstowe Swimming Club	33.33	33.11	
14 Tempest, Adam		West Suffolk Swimming Club-EA	32.52	33.15	
•		5	52.62	22.12	
Event 5 Girls 9 Year Olds 200 S		Toom	Cood Time	Einala Tima	Point
Name 1 Gaydon, Eveline		Team Ipswich	Seed Time NT	Finals Time 3:37.64	roini
•		-	1 1 1	3.37.04	
Event 5 Girls 10 Year Olds 200					
Name		Team	Seed Time	Finals Time	Point
1 Moore, Isabel		West Suffolk Swimming Club-EA	3:24.83	3:25.61	
Gladwell, Darcy		Hadleigh Dolphins nultaneous arm pull used to initiate turn	3:22.25	DQ	
_		•	- uack		
Event 5 Girls 11 Year Olds 200			0 100	TO: 1 00:	т
Name		Team Clil	Seed Time	Finals Time	Point
1 Rowe, Sadie		Colchester Swimming Club	3:07.53	3:00.90	
2 Brown, Rebecca	11	Stowmarket Swimming Club	3:07.72	3:02.85	

11 Team Ipswich

11 Deben Swimming Club

--- Whearty, Lyle

--- Girolami, Massimo

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018

(Event 5	Cirls 11	Vear Olds	200 \$	C Meter IM)	
(Event 5	GII IS 11	iear Olus	400 S	C Meter IIM	

		Results			
(Event 5 Girls 11 Year Olds 200 S Name		¶) Team	Seed Time	Finals Time	Points
5 Karlsson, Hannah		Colchester Swimming Club	3:29.82	3:09.99	Tomes
6 Freeman, Francesca		West Suffolk Swimming Club-EA	3:19.94	3:11.07	
7 Bishop, Maerhyn Lily		Stowmarket Swimming Club	3:28.61	3:26.76	
8 Ali, Maisie		Deben Swimming Club	3:36.32	3:33.92	
Wright, Elizabeth		West Suffolk Swimming Club-EA	3:22.87	DQ	
7.6 Touch not simultaneous		_	3.22.07	ЬŲ	
Event 5 Girls 12 Year Olds 200 So	C Meter IM	[
Name	Age	Team	Seed Time	Finals Time	Points
1 Whyte, Olivia	12	West Suffolk Swimming Club-EA	3:07.01	3:01.53	
2 Baker, Sophie	12	Colchester Swimming Club	3:00.72	3:02.90	
3 Connick, Lily	12	Deben Swimming Club	3:10.81	3:04.07	
4 Washington, Mae	12	Stowmarket Swimming Club	3:09.41	3:07.47	
5 Neumann, Bethany	12	Stowmarket Swimming Club	3:14.13	3:14.44	
6 Wright, Emily	12	Stowmarket Swimming Club	3:16.94	3:15.34	
7 Stiff, Reece	12	Felixstowe Swimming Club	4:00.00	3:45.31	
Jordan-Pearce, Ruby	12	Stowmarket Swimming Club	3:46.83	DQ	
7.6 Touch not simultaneou		_		•	
Event 5 Girls 13 Year Olds 200 So					
Name	U	Team	Seed Time	Finals Time	Points
1 Lander, Sophie		Deben Swimming Club	2:35.30	2:34.72	
2 Benedetti, Erica		Stowmarket Swimming Club	2:47.75	2:43.94	
3 Bunclark, Megan	13	Deben Swimming Club	2:46.61	2:45.27	
4 McNicholas, Caitlin	13	Deben Swimming Club	2:49.68	2:48.21	
5 Cooper, Emily	13	Stowmarket Swimming Club	2:54.29	2:51.35	
6 Roughsedge, Sophia	13	West Suffolk Swimming Club-EA	2:50.66	2:51.52	
7 Bleck, Georgia	13	Colchester Swimming Club	2:47.52	2:53.05	
8 Hitt, Martha	13	Stowmarket Swimming Club	2:55.65	2:56.57	
9 Watts, Meg	13	Felixstowe Swimming Club	2:59.11	2:58.71	
Event 5 Girls 14 Year Olds 200 So	C Meter IM	[
Name	Age	Team	Seed Time	Finals Time	Points
1 Galbraith, Catherine	14	Deben Swimming Club	2:52.75	2:53.78	
2 Chevin, Hannah	14	Stowmarket Swimming Club	2:57.19	2:55.43	
Event 5 Girls 15 & Over 200 SC					
Name	_	Team	Seed Time	Finals Time	Points
1 Dootson, Ella	16	Stowmarket Swimming Club	2:33.52	2:35.42	
2 Taplin, Hannah	17	E	2:36.36	2:42.60	
3 Parsley, Chloe-Jeane	17	C	2:38.54	2:43.17	
4 Higgins, Niamh	15	9	2:43.45	2:47.79	
5 Barrett, Sophie	16	C	2:53.79	2:54.56	
6 Barrett, Louise	16	<u> </u>	2:52.57	2:54.86	
7 Clark, Imogen	15	West Suffolk Swimming Club-EA	2:52.06	2:55.27	
8 Bayliss, Annie	15	Colchester Swimming Club	2:42.21	3:00.01	
9 Branton, Aprille	22	Felixstowe Swimming Club	3:05.78	3:07.12	
Event 6 Boys 10 Year Olds 200 So	C Meter IM				
Name	Age	Team	Seed Time	Finals Time	Points
3371 . 3 1	1.0	C 1 1 $+$ C \cdot \cdot \cdot C 1 1	2 50 00	D.O.	

8.3 Alternating movement of legs or feet - fly

10 Colchester Swimming Club

10 Colchester Swimming Club

6.5 Single or double simultaneous arm pull used to initiate turn or not performed immediat

3:58.00

3:07.39

DQ

DQ

11 Higgins, Roisin

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018 Results

		Results			
Event 6 Boys 11 Year Olds 200 SC M					
<u>Name</u>	_	Team	Seed Time	Finals Time	Points
1 Troman, Zak		Colchester Swimming Club	2:43.30	2:40.47	
2 Spelman, Thomas		Stowmarket Swimming Club	3:06.05	3:01.93	
Pryke, Max		West Suffolk Swimming Club-EA	3:07.63	DQ	
7.6 Touch not simultaneous		-			
Event 6 Boys 12 Year Olds 200 SC Name		Team	Seed Time	Finals Time	Points
1 Tolputt, Samuel		Deben Swimming Club	3:12.79	2:53.82	Tomes
2 Chamberlain, Hayden		Colchester Swimming Club	3:01.85	3:02.90	
3 Whearty, Curtis		Colchester Swimming Club	3:50.00	4:07.57	
Event 6 Boys 13 Year Olds 200 SC M		C	2.20.00	,,	
Name		Team	Seed Time	Finals Time	Points
1 Clay, James		West Suffolk Swimming Club-EA	2:26.29	2:24.89	
2 Tozer, Barty		West Suffolk Swimming Club-EA	2:48.22	2:40.00	
3 Bishop, Joshua		Stowmarket Swimming Club	2:46.74	2:42.15	
4 Phillips, Ben		West Suffolk Swimming Club-EA	2:48.46	2:42.95	
Wallace, George		Colchester Swimming Club	2:49.89	DQ	
	neous arm	pull used to initiate turn or not perform			
Event 6 Boys 15 & Over 200 SC Me	ter IM				
Name		Team	Seed Time	Finals Time	Points
1 Fletcher, Joe	16	Stowmarket Swimming Club	2:30.34	2:27.57	
2 Tozer, William	15	West Suffolk Swimming Club-EA	2:34.42	2:33.48	
3 Tempest, Adam	15	West Suffolk Swimming Club-EA	2:33.81	2:36.82	
Event 7 Girls 9 Year Olds 100 SC M	leter Bre	aststroke			
Name		Team	Seed Time	Finals Time	Points
1 Bishop, Tilly-May	9	Stowmarket Swimming Club	1:57.98	1:56.19	
2 Stewart, Ella	9	West Suffolk Swimming Club-EA	2:06.90	1:59.96	
3 Harrison, Amelie	9	Stowmarket Swimming Club	2:18.32	2:18.87	
4 Benion, Eden	9	Mildenhall and District	2:20.00	2:25.57	
Stratton-Thomsett, Isabella	9	Colchester Swimming Club	2:02.00	DQ	
7.5 Executed alternating or o	lownward	fly kicks (except after start or turn (as in	n SW 7.1)		
Event 7 Girls 10 Year Olds 100 SC	Meter Br	eaststroke			
<u>Name</u>		Team	Seed Time	Finals Time	Points
1 Lander, Emily		Deben Swimming Club	1:39.76	1:42.46	
2 Broad, Kiera		West Suffolk Swimming Club-EA	1:51.81	1:43.40	
3 Hitchcock, Lottie		Hadleigh Dolphins	1:43.69	1:44.13	
4 Moore, Isabel		West Suffolk Swimming Club-EA	1:52.67	1:49.31	
5 Richardson, May		Stowmarket Swimming Club	1:55.92	1:53.74	
6 Calver, Grace	10	Stowmarket Swimming Club	2:00.92	1:59.06	
Event 7 Girls 11 Year Olds 100 SC					
Name	_	Team	Seed Time	Finals Time	Points
1 Stebbings, Katie		Stowmarket Swimming Club	1:35.35	1:34.45	
2 Milburn, Amy	11	C	1:41.33	1:36.64	
3 Hattan, Charlotte	11	2	1:40.45	1:40.46	
4 Karlsson, Hannah	11	C	1:41.18	1:42.32	
5 Freeman, Francesca	11		NT	1:43.34	
6 Snowden, Beatrice	11	*	1:44.61	1:43.44	
7 Molyneaux, Annette	11		1:55.75	1:45.14	
8 Perry, Eloise	11	West Suffolk Swimming Club-EA	1:51.75	1:46.02	
9 Bishop, Maerhyn Lily	11	Stowmarket Swimming Club	1:47.14	1:47.40	
10 Fisher, Kayden	11	Stowmarket Swimming Club Colchester Swimming Club	1:47.01 1:53.92	1:49.23 1:54 44	
LL HIGGING KOISIN	- 11	Coicnesier Swimming Cilin	1.34.97	1.34 44	

11 Colchester Swimming Club

1:53.92

1:54.44

3 Bleck, Joshua

4 Whearty, Lyle

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018

(Event	7 Girls 11 Year Olds 100 SC	Meter Br	Results eaststroke)			
(2,011)	Name		Team	Seed Time	Finals Time	Points
12	Gilbrook, Katy	_	West Suffolk Swimming Club-EA	2:02.78	1:55.99	
	Loft, Serafina		Stowmarket Swimming Club	3:00.02	2:22.50	
	7 Girls 12 Year Olds 100 SC		_			
event	Name		Team	Seed Time	Finals Time	Points
1	Davies, Connie		Deben Swimming Club	1:32.03	1:29.12	1 Omes
	Baker, Sophie		Colchester Swimming Club	1:35.37	1:32.22	
3	Bishop, Maisie Rose		Stowmarket Swimming Club	1:38.18	1:35.66	
4	Whyte, Olivia		West Suffolk Swimming Club-EA	1:40.98	1:41.62	
5	Jordan-Pearce, Ruby		Stowmarket Swimming Club	1:42.62	1:44.55	
_	Quinton, Emma		Deben Swimming Club	1:47.78	1:46.48	
6	Stiff, Reece		Felixstowe Swimming Club	1:54.12	1:54.38	
0	-					
8	Bingley, Josephine	12	Deben Swimming Club	1:56.38	1:54.80	
	Tibble, Sophie 4.4 Starting before starting s		Deben Swimming Club	1:39.78	DQ	
Event	7 Girls 13 Year Olds 100 SC					
	Name	_	Team	Seed Time	Finals Time	Points
	Lander, Sophie		Deben Swimming Club	1:20.22	1:21.73	
	Tyler, Frankie		Deben Swimming Club	1:28.60	1:25.49	
	Cooper, Emily		Stowmarket Swimming Club	1:26.92	1:26.65	
4	,	_	Mildenhall and District	1:30.85	1:28.21	
5	Clark, Alice		Č	1:33.69	1:28.51	
6	King, Alice		2	1:30.57	1:29.23	
7	Molyneaux, Olivia		Hadleigh Dolphins	1:42.50	1:30.99	
8	Bleck, Georgia		Colchester Swimming Club	1:32.01	1:32.97	
9	Wright, Mia	13	Felixstowe Swimming Club	1:37.50	1:34.23	
10	Watts, Meg	13	Felixstowe Swimming Club	2:35.87	1:35.95	
11	Van Der Shyff, Nur Ayni	13	Colchester Swimming Club	1:32.57	1:35.98	
Event	7 Girls 14 Year Olds 100 SC					
	Name		Team	Seed Time	Finals Time	Points
	McNally, Sarah		Deben Swimming Club	1:21.88	1:22.78	
	Galbraith, Catherine		Deben Swimming Club	1:29.59	1:27.04	
3	O'Malley, Hannah	14	Colchester Swimming Club	1:35.26	1:32.10	
Event	7 Girls 15 & Over 100 SC Me	eter Breas	tstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	McKay, Caitlin	15	West Suffolk Swimming Club-EA	1:22.81	1:22.34	
2	Parsley, Chloe-Jeane	17	West Suffolk Swimming Club-EA	1:21.57	1:23.99	
3	Barrett, Louise	16	Stowmarket Swimming Club	1:28.87	1:29.25	
4	Bayliss, Annie	15	Colchester Swimming Club	1:23.81	1:29.99	
5	Higgins, Niamh	15	Colchester Swimming Club	1:27.72	1:30.25	
6	Felgate, Emma	17	Felixstowe Swimming Club	1:43.30	1:43.68	
7		15	Stowmarket Swimming Club	1:46.19	1:46.67	
Event	8 Boys 9 Year Olds 100 SC M	eter Bres	ststroke			
- vent	Name		Team	Seed Time	Finals Time	Points
1	Rowland, Alfie		Stowmarket Swimming Club	2:03.70	1:56.14	Tomes
			_	2.00.70	1.50.11	
Lvent	8 Boys 10 Year Olds 100 SC N		aststroke Team	Seed Time	Finals Time	Points
1	Name McCorthy Jook	_	Colchester Swimming Club			T OINTS
	McCarthy, Jack		_	1:43.25	1:40.42	
2	Williams, Thomas	10	West Suffolk Swimming Club-EA	1:58.71	1:56.01	

10 Colchester Swimming Club

10 Colchester Swimming Club

1:58.59

2:02.00

1:58.14

2:18.37

T4 6	0	D	11	X 7	OLL.	100	90	N/L-4	D	
r.vent a	۲.	BOVS		Year	Olas	100	50	vieter	Breaststroke	

	8 Boys 11 Year Olds 100 SC Name		Team	Seed Time	Finals Time	Points
1	Troman, Zak	_	Colchester Swimming Club	1:28.95	1:28.18	
	Hayes, Joshua		Hadleigh Dolphins	1:57.26	1:53.67	
	•		-			
vent	8 Boys 12 Year Olds 100 SC			C 1 T:	Einala Tima	D-:4-
1	Name		Calabastan Swimming Club	Seed Time	Finals Time	Points
	Chamberlain, Hayden		Colchester Swimming Club	1:39.40	1:34.17	
	Richardson, Toby		West Suffolk Swimming Club-EA	1:44.24	1:40.40	
	Hines, Charlie		Stowmarket Swimming Club	1:48.25	1:45.43	
4	Whearty, Curtis	12	Colchester Swimming Club	2:00.00	2:05.00	
vent	8 Boys 13 Year Olds 100 SC					
	Name		Team	Seed Time	Finals Time	Points
	Milburn, Mark		Colchester Swimming Club	1:21.81	1:17.75	
	Girolami, Antonio		Colchester Swimming Club	1:27.04	1:26.60	
	Bishop, Joshua		Stowmarket Swimming Club	1:24.84	1:26.87	
4	Tozer, Barty	13	West Suffolk Swimming Club-EA	1:28.78	1:30.01	
vent	8 Boys 14 Year Olds 100 SC	Meter Bre	eaststroke			
	Name		Team	Seed Time	Finals Time	Points
1	Houston, Connor	_	Deben Swimming Club	1:21.96	1:20.11	
	Easteal, William		Colchester Swimming Club	1:28.15	1:30.10	
	Chapman, Jacob		Stowmarket Swimming Club	1:31.52	1:33.69	
	Hitchcock, Oliver		Hadleigh Dolphins	1:28.35	DQ	
	*		fly kicks (except after start or turn (as ir		- (
wont	8 Boys 15 & Over 100 SC M			,		
vent	Name		Team	Seed Time	Finals Time	Point
1	Boyt, Thomas		Felixstowe Swimming Club	1:10.59	1:09.44	1 Ullit
	Coe, Calvin		Stowmarket Swimming Club	1:09.82	1:09.82	
			Deben Swimming Club			
	,		Stowmarket Swimming Club	1:09.04	1:11.56	
4	Chapman, Lewis		West Suffolk Swimming Club-EA	1:12.29	1:12.06	
	2 , 3		_	1:16.22	1:16.32	
_	,	22	E	1:15.92	1:16.70	
7	,	18	2	1:18.02	1:17.20	
8	Morsman, Adam		Hadleigh Dolphins	1:17.06	1:19.18	
9	Tozer, William	15	West Suffolk Swimming Club-EA	1:21.24	1:19.73	
vent	9 Girls 9 Year Olds 50 SC M	leter Backs	stroke			
	Name	Age	Team	Seed Time	Finals Time	Point
1	Gaydon, Eveline	9	Team Ipswich	48.80	45.11	
2	Uttridge, Erin	9	Felixstowe Swimming Club	50.16	46.48	
3	Stewart, Ella	9	West Suffolk Swimming Club-EA	44.95	47.21	
4	Troman, Gabriella	9	Colchester Swimming Club	49.15	48.49	
5	Barber, Francesca	9	Stowmarket Swimming Club	51.07	51.27	
6	Bishop, Tilly-May	9	Stowmarket Swimming Club	50.40	53.93	
7	Benion, Eden	9	Mildenhall and District	59.31	1:00.43	
	Bruce, Connie	9	Stowmarket Swimming Club	59.77	DQ	
			ultaneous arm pull used to initiate turn			
vont	9 Girls 10 Year Olds 50 SC	Matar Racl	zetrolza			
v CII t	Name		Team	Seed Time	Finals Time	Points
	Gladwell, Darcy		Hadleigh Dolphins	43.84	42.58	1 Units
1		10		43.17		
	-	10	West Suttolk Swimming Club-EA			
2	Moore, Isabel		West Suffolk Swimming Club-EA Stowmarket Swimming Club		43.69	
2	Moore, Isabel Richardson, May	10	Stowmarket Swimming Club	46.24	44.43	
2	Moore, Isabel Richardson, May	10 10	Stowmarket Swimming Club			

	Name	Age	Team	Seed Time	Finals Time	Points
7	Neumann, Holly	_	Stowmarket Swimming Club	47.86	47.58	
	Hitchcock, Lottie	10	Hadleigh Dolphins	46.58	48.22	
	Connick, Eva		Deben Swimming Club	50.82	48.79	
	Calver, Grace		Stowmarket Swimming Club	48.28	49.22	
	9 Girls 11 Year Olds 50 SC	Motor Racl	zstrolza			
ZVEIIT	Name		Team	Seed Time	Finals Time	Points
1	Hattan, Charlotte		Deben Swimming Club	38.01	39.33	
	Milburn, Amy		Colchester Swimming Club	43.25	40.27	
3			Deben Swimming Club	41.10	40.80	
4			West Suffolk Swimming Club-EA	39.81	41.51	
5			Colchester Swimming Club	42.52	41.88	
	Brown, Rebecca	11		41.41	42.21	
_			Hadleigh Dolphins	48.83	42.25	
7	•		West Suffolk Swimming Club-EA			
8	0 /			40.15	42.46	
10	,	11	_	44.86	42.90	
10	· ·	11	•	43.03	46.32	
11	, ,	11	9	44.55	46.48	
12	00 /		Colchester Swimming Club	48.03	49.59	
13	Loft, Serafina	11	Stowmarket Swimming Club	1:01.23	55.32	
vent	9 Girls 12 Year Olds 50 SC	Meter Bacl	kstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Barber, Izzy	12	Stowmarket Swimming Club	33.93	35.25	
2	Springham, Matilda	12	Deben Swimming Club	37.23	37.16	
3	Goddard, Greta	12	Colchester Swimming Club	37.72	37.50	
4	Easteal, Isobel	12	Colchester Swimming Club	40.96	39.10	
5	Clarke, Darcy	12	Stowmarket Swimming Club	40.41	40.00	
6	Whyte, Olivia	12	West Suffolk Swimming Club-EA	38.83	40.08	
7	Neumann, Bethany	12	Stowmarket Swimming Club	40.65	40.28	
8	Baker, Sophie	12	Colchester Swimming Club	39.37	40.48	
9	Crossfield, Imogen	12	Deben Swimming Club	42.18	41.22	
10		12	Deben Swimming Club	43.16	41.89	
11		12	Stowmarket Swimming Club	42.17	42.56	
12		12	Stowmarket Swimming Club	40.81	42.68	
13	Isaacs, Izabella		Felixstowe Swimming Club	45.00	43.81	
	Shaw, Mary		Stowmarket Swimming Club	45.68	48.07	
	Bingley, Josephine		Stowmarket Swimming Club	47.99	48.50	
	Stiff, Reece		Felixstowe Swimming Club	46.88	50.19	
	•					
vent	9 Girls 13 Year Olds 50 SC Name		Team	Seed Time	Finals Time	Points
1	Cutting, Emily	_	West Suffolk Swimming Club-EA	34.20	33.84	1 01111
2		13	Deben Swimming Club	33.55	34.94	
3	Abbott, Rowan	13	Hadleigh Dolphins	35.49	34.97	
4		13	Deben Swimming Club	34.61	35.05	
5		13	Hadleigh Dolphins	36.72	36.48	
_	B 1 - 1 - 1 - 1 - 1	13	Stowmarket Swimming Club	37.01	37.56	
6 7	3.6 G .1 . YY .11	13	Colchester Swimming Club	38.38	37.69	
7			Stowmarket Swimming Club			
8	O ,	13		36.69 38.63	38.11	
10	U ,	13	2011 1 11 151 1	38.63	38.43	
10	,	13		37.17	38.65	
11	• •	13	C	37.59	39.61	
11	F 1 T 1					
12	Ford, Lily Alvarez, Megan	13 13		40.15 40.15	39.89 40.60	

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018 Results

Event 9	Girls 14	Year	Olds	50 SC	C Meter	Backstroke
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	Name		Team	Seed Time	Finals Time	Points
1	Quinton, Sophie	14	Deben Swimming Club	33.93	34.72	
2	Houston, Ella	14	Deben Swimming Club	34.60	35.03	
3	Galbraith, Catherine	14	Deben Swimming Club	34.43	35.29	
4	McNally, Sarah	14	Deben Swimming Club	36.93	36.96	
5	Chevin, Hannah	14	Stowmarket Swimming Club	37.05	37.15	
6	Valentine, Mazie	14	Felixstowe Swimming Club	38.79	37.30	
7	O'Malley, Hannah	14	Colchester Swimming Club	38.62	37.82	
8	The second secon	14	Stowmarket Swimming Club	36.03	38.36	
9	White, Caitlyn		Deben Swimming Club	40.56	41.31	
Event	9 Girls 15 & Over 50 SC Me	eter Backst	troke			
	Name		Team	Seed Time	Finals Time	Points
1	McKay, Caitlin		West Suffolk Swimming Club-EA	33.69	34.05	
	Parsley, Chloe-Jeane		West Suffolk Swimming Club-EA	33.60	34.82	
3			Felixstowe Swimming Club	34.90	35.19	
4			Colchester Swimming Club	34.94	36.04	
_		15	West Suffolk Swimming Club-EA	36.38	37.39	
5	, , , , , , , , , , , , , , , , , , ,		Colchester Swimming Club			
6	• *		_	37.21	38.05	
7	, 0	15	2	38.59	38.92	
8	* 1		Felixstowe Swimming Club	40.67	41.65	
9	Cherry, Bethan	15	Stowmarket Swimming Club	40.19	41.66	
Event	10 Boys 9 Year Olds 50 SC I					
	Name		Team	Seed Time	Finals Time	Points
1	Crisell, Dexter	9	Colchester Swimming Club	55.00	55.09	
Event	10 Boys 10 Year Olds 50 SC	Meter Bac	ekstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Connick, Joshua	10	Deben Swimming Club	40.69	40.82	
	Parsons, Edward		Deben Swimming Club	44.32	43.48	
3			Team Ipswich	49.35	43.60	
	Cecins, Sandijs		Colchester Swimming Club	55.00	45.35	
5		10		52.00	45.49	
6			Colchester Swimming Club	43.84	47.11	
7			West Suffolk Swimming Club-EA	44.74	47.59	
8			Hadleigh Dolphins	49.27	50.13	
_	Whearty, Lyle		Colchester Swimming Club	52.00	55.59	
	• •		_	32.00	33.39	
Event	10 Boys 11 Year Olds 50 SC Name		ekstroke Team	Seed Time	Finals Time	Points
	Pryke, Max	_	West Suffolk Swimming Club-EA	36.57	38.22	1 Ulits
	•			42.68	42.27	
_	Black, Samuel	11	_			
3	1 /	11	E	42.54	42.48	
	Barber, Nicholas	11	Stowmarket Swimming Club	43.08	44.75	
5	Hayes, Joshua	11	Hadleigh Dolphins	45.92	45.86	
Event	10 Boys 12 Year Olds 50 SC					
	Name		Team	Seed Time	Finals Time	Points
1	Bashford, Riley	12	Deben Swimming Club	38.40	35.41	
2	Tolputt, Samuel		Deben Swimming Club	35.80	36.07	
	Pryke, Daniel	12	Deben Swimming Club	38.27	36.43	
3		1.0	Colchester Swimming Club	40.70	39.12	
3 4	Chamberlain, Hayden	12	coremester swimming cras			
		12		41.95	42.73	
4	Richardson, Toby		_			

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018 Results

E vent	10 Boys 13 Year Olds 50 SC M Name		Team	Seed Time	Finals Time	Points
1	Parsons, James		Deben Swimming Club	33.03	32.62	2 011165
	Wallace, George		Colchester Swimming Club	34.81	33.34	
	Connick, Michael		Deben Swimming Club	33.90	33.93	
	Crossfield, James		Deben Swimming Club	34.13	34.33	
	Tozer, Barty		West Suffolk Swimming Club-EA	33.88	34.58	
	Rosher, Dominic		Felixstowe Swimming Club	36.04	35.02	
	Hilton, Thomas		Deben Swimming Club	35.91	35.33	
8	Gladwell, Elliot		Hadleigh Dolphins	35.99	35.37	
9	Phillips, Ben		West Suffolk Swimming Club-EA	36.80	35.61	
	Williams, Isaac		Deben Swimming Club	36.19	36.37	
11	Girolami, Antonio		Colchester Swimming Club	39.58	38.60	
Event	10 Boys 14 Year Olds 50 SC M		-			
Event	Name		Team	Seed Time	Finals Time	Points
1	Parsons, William	_	Deben Swimming Club	29.50	30.18	1 011105
	Cheng, Kai		Colchester Swimming Club	31.20	31.22	
	Easteal, William		Colchester Swimming Club	34.93	33.61	
	Black, Luke		Stowmarket Swimming Club	38.67	38.77	
	Chapman, Jacob		Stowmarket Swimming Club	40.02	41.63	
	•		•	40.02	41.03	
Event	10 Boys 15 & Over 50 SC Met			C 1m	D: 1 /D:	ъ.,
1	Name		Team	Seed Time	Finals Time	Points
	Coe, Calvin		Stowmarket Swimming Club	29.04	30.22	
	Chapman, Lewis		Stowmarket Swimming Club	29.65	30.94	
	White, William		Hadleigh Dolphins	31.02	31.56	
	Edgar, Ashley		West Suffolk Swimming Club-EA	31.42	31.56	
_	Welsford, Callum		Deben Swimming Club	33.77	32.67	
6	Chevin, Jack	17	2	33.31	32.86	
	Phillips, Charlie		Felixstowe Swimming Club	32.66	33.54	
8	Tempest, Adam		West Suffolk Swimming Club-EA	33.99	34.02	
9	Tozer, William	15	West Suffolk Swimming Club-EA	33.54	35.19	
Event	11 Girls 9 Year Olds 100 SC M		<u>.</u>			
	Name	_	Team	Seed Time	Finals Time	Points
	Gaydon, Eveline		Team Ipswich	1:42.76	1:28.16	
	Stewart, Ella		West Suffolk Swimming Club-EA	1:37.30	1:32.03	
	Barber, Francesca		Stowmarket Swimming Club	1:46.81	1:35.91	
	Daynes, Erin	9	Stowmarket Swimming Club	1:46.23	1:37.80	
5	Troman, Gabriella	9	E	1:50.13	1:39.67	
	Harrison, Amelie	9	Stowmarket Swimming Club	1:53.77	1:45.58	
7	Bruce, Connie	9	Stowmarket Swimming Club	1:52.22	1:45.69	
8	Stratton-Thomsett, Isabella	9	Colchester Swimming Club	1:48.67	1:45.75	
9	Phillips, Charlotte	9	ε	1:54.69	1:48.93	
10	Carter, Verity	9	Stowmarket Swimming Club	NT	2:11.99	
Event	11 Girls 10 Year Olds 100 SC	Meter Fi	reestyle			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Lander, Emily	10	Deben Swimming Club	1:19.09	1:17.71	
2	Richardson, May	10	Stowmarket Swimming Club	1:30.56	1:20.11	
3	Gladwell, Darcy	10	Hadleigh Dolphins	1:19.71	1:20.63	
4	Broad, Kiera	10	West Suffolk Swimming Club-EA	1:26.06	1:21.28	
5	Moore, Isabel	10	West Suffolk Swimming Club-EA	1:24.24	1:21.58	
6	Motts, Nell	10	Hadleigh Dolphins	1:25.72	1:27.39	
	Hitchcock, Lottie	10	Hadleigh Dolphins	1:29.79	1:29.39	
	Neumann, Holly	10	Stowmarket Swimming Club	1:39.68	1:33.81	
	Fenn, Alice		Felixstowe Swimming Club	1:44.51	1:37.76	

	Name	Age	Team	Seed Time	Finals Time	Point
10	Holder, Mia	10	Stowmarket Swimming Club	1:42.14	1:39.24	
11	Connick, Eva	10	Deben Swimming Club	NT	1:48.42	
vent	11 Girls 11 Year Olds 100 SC	Meter Fi	reestyle			
	Name		Team	Seed Time	Finals Time	Point
1	Stebbings, Katie	11	Stowmarket Swimming Club	1:13.01	1:11.57	
2	Brown, Rebecca	11	Stowmarket Swimming Club	1:14.83	1:13.07	
3	Karlsson, Hannah	11	Colchester Swimming Club	1:17.65	1:16.78	
4		11	Stowmarket Swimming Club	1:19.76	1:17.18	
5	Molyneaux, Annette	11	Hadleigh Dolphins	1:27.54	1:18.17	
6		11		1:21.75	1:18.88	
7		11		1:17.14	1:19.74	
8		11		1:22.50	1:21.68	
9		11		1:30.54	1:24.63	
10	· · · · · · · · · · · · · · · · · · ·	11		1:21.56	1:24.83	
11		11		2:00.00	1:34.98	
	Loft, Serafina	11		2:00.89	1:53.71	
			· ·	2.00.09	1.55./1	
ent	11 Girls 12 Year Olds 100 SC		-	G 1	T. 1	.
	Name		Team Cl. 1	Seed Time	Finals Time	Poin
_	Barber, Izzy		Stowmarket Swimming Club	1:04.84	1:04.08	
2	1 6		Deben Swimming Club	1:12.96	1:10.78	
3	• •		West Suffolk Swimming Club-EA	1:14.60	1:12.28	
4	· · · · · · · · · · · · · · · · · · ·		Colchester Swimming Club	1:16.60	1:14.88	
5	, 0		Deben Swimming Club	1:20.08	1:15.35	
6	, 1		Deben Swimming Club	1:17.79	1:15.50	
7	, I	12	Colchester Swimming Club	1:14.69	1:16.32	
8	•	12	٤	1:16.75	1:17.23	
9	Bishop, Maisie Rose	12	E	1:20.59	1:17.74	
10	Neumann, Bethany	12	Stowmarket Swimming Club	1:21.27	1:18.53	
11	Veal, Chloe	12	Team Ipswich	1:17.28	1:18.63	
12	Connick, Lily	12	Deben Swimming Club	1:20.03	1:19.59	
13	Isaacs, Izabella	12	Felixstowe Swimming Club	1:29.81	1:21.66	
14	Quinton, Emma	12	Deben Swimming Club	1:32.31	1:24.52	
15	Greenwood, Kaitlyn	12	Felixstowe Swimming Club	1:25.37	1:24.91	
16	Bingham, Poppy	12	Stowmarket Swimming Club	1:28.86	1:26.84	
	Carter, Annabelle	12	Stowmarket Swimming Club	1:27.42	1:27.18	
18		12	Stowmarket Swimming Club	1:29.35	1:28.88	
19	<u>-</u>		Stowmarket Swimming Club	1:33.71	1:33.72	
ont.	11 Girls 13 Year Olds 100 SC	Motor F	roostylo			
CIII	Name		Team	Seed Time	Finals Time	Poin
1	White, Charlotte	_	West Suffolk Swimming Club-EA	1:04.40	1:03.47	1 0111
2		13		1:07.97	1:06.76	
3		13		1:12.34	1:08.83	
4		13		1:10.50	1:09.06	
5		13	Deben Swimming Club	1:09.04	1:09.96	
_	_	13	West Suffolk Swimming Club-EA	1:11.19		
6	3 '	_	Hadleigh Dolphins		1:10.10	
7	,	13	Felixstowe Swimming Club	1:09.94	1:11.03	
8	Crawley, Abigail	13		1:09.00	1:11.47	
10	,	13	Stowmarket Swimming Club	1:11.72	1:12.29	
10	•	13	Deben Swimming Club	1:11.87	1:13.40	
11	•	13		1:19.75	1:15.83	
12	Binternagel, Sophia	13	Hadleigh Dolphins	1:17.68	1:16.73	
13			Stowmarket Swimming Club	1:16.39	1:17.83	

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018 Results

Event 11 Girls 14 Year Olds 100 SC Meter Freestyle

	11 Girls 14 Year Olds 100 S Name		Team	Seed Time	Finals Time	Points
1	Redgrave, Molly	_	Colchester Swimming Club	1:04.69	1:05.18	
	Houston, Ella		Deben Swimming Club	1:05.60	1:06.84	
3			Deben Swimming Club	1:06.68	1:06.99	
	White, Caitlyn		Deben Swimming Club	1:09.28	1:08.80	
	Evans, Nia		Hadleigh Dolphins	1:08.87	1:10.03	
	O'Malley, Hannah		Colchester Swimming Club	1:11.32	1:10.84	
	11 Girls 15 & Over 100 SC		_			
zvent	Name		Team	Seed Time	Finals Time	Points
1	Yates, Mia		Felixstowe Swimming Club	1:01.89	1:02.48	1 011105
	Wayman, Minnie		Deben Swimming Club	1:03.04	1:02.69	
	Dootson, Ella		Stowmarket Swimming Club	1:02.60	1:02.88	
	O'Connor, Hannah		West Suffolk Swimming Club-EA	1:03.52	1:04.78	
	Peacock, Molly		West Suffolk Swimming Club-EA	1:05.52	1:06.91	
	•		West Suffolk Swimming Club-EA			
_	Parsley, Chloe-Jeane			1:05.66	1:08.07	
7	1 /		Deben Swimming Club West Suffells Swimming Club EA	1:04.74	1:08.37	
8	, 0		West Suffolk Swimming Club-EA	1:07.06	1:08.47	
	Rootes, Freya		West Suffolk Swimming Club-EA	1:09.17	1:10.34	
	Lait, Annabelle		Hadleigh Dolphins	1:09.12	1:10.64	
11	' I	16	2	1:11.12	1:11.13	
	Van Der Shyff, Nuha	16	Colchester Swimming Club	1:10.90	1:11.25	
	Cherry, Bethan	15	C	1:11.54	1:11.27	
	King, Emily	15	2	1:11.63	1:11.39	
	Barrett, Louise		Stowmarket Swimming Club	1:15.91	1:13.83	
16	Felgate, Emma	17	Felixstowe Swimming Club	1:22.24	1:18.34	
17	Levett, Bethany	15	Stowmarket Swimming Club	1:23.80	1:26.61	
Event	12 Boys 9 Year Olds 100 SC	Meter Fre	estyle			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Scanlan, George	9	Colchester Swimming Club	1:38.75	1:29.79	
2	Pommier, Theo	9	Felixstowe Swimming Club	1:47.28	1:43.52	
3	Crisell, Dexter	9	Colchester Swimming Club	2:05.00	1:43.93	
Event	12 Boys 10 Year Olds 100 S	C Meter Fr	reestyle			
	Name		Team	Seed Time	Finals Time	Points
1	Cottrell, Alexander	_	Colchester Swimming Club	1:28.32	1:24.72	
	Abbott, Isaac		Hadleigh Dolphins	1:29.09	1:29.31	
	12 Boys 11 Year Olds 100 S	C Meter Fr	eestyle			
Event	Name		Team	Seed Time	Finals Time	Points
1	Troman, Zak		Colchester Swimming Club	1:08.95	1:06.86	
	Spelman, Thomas	11		1:16.83	1:14.26	
	Black, Samuel	11	Stowmarket Swimming Club	1:18.26	1:15.67	
	Barber, Nicholas	11		1:26.40	1:20.60	
7	•		_	1.20.40	1.20.00	
_	12 Boys 12 Year Olds 100 S			e im	D. 1 7E.	D : 4
Event				Seed Time	Finals Time	Points
	Name	Age		1 11 07	1.06.71	
1	Name Bashford, Riley	12	Deben Swimming Club	1:11.86	1:06.71	
1 2	Name Bashford, Riley Houghton, Benjamin	12 12	Deben Swimming Club Hadleigh Dolphins	1:13.80	1:14.06	
1 2 3	Name Bashford, Riley Houghton, Benjamin Chamberlain, Archie	12 12 12	Deben Swimming Club Hadleigh Dolphins West Suffolk Swimming Club-EA	1:13.80 1:16.59	1:14.06 1:15.76	
1 2 3 4	Name Bashford, Riley Houghton, Benjamin Chamberlain, Archie Moss, Malachi	12 12 12 12	Deben Swimming Club Hadleigh Dolphins West Suffolk Swimming Club-EA Deben Swimming Club	1:13.80 1:16.59 1:30.29	1:14.06 1:15.76 1:18.38	
1 2 3 4	Name Bashford, Riley Houghton, Benjamin Chamberlain, Archie Moss, Malachi Hines, Charlie	12 12 12	Deben Swimming Club Hadleigh Dolphins West Suffolk Swimming Club-EA Deben Swimming Club Stowmarket Swimming Club	1:13.80 1:16.59 1:30.29 1:24.30	1:14.06 1:15.76 1:18.38 1:23.06	
1 2 3 4	Name Bashford, Riley Houghton, Benjamin Chamberlain, Archie Moss, Malachi Hines, Charlie Fountain, Harry	12 12 12 12	Deben Swimming Club Hadleigh Dolphins West Suffolk Swimming Club-EA Deben Swimming Club Stowmarket Swimming Club Hadleigh Dolphins	1:13.80 1:16.59 1:30.29 1:24.30 1:25.46	1:14.06 1:15.76 1:18.38 1:23.06 1:23.61	
1 2 3 4 5 6 7	Name Bashford, Riley Houghton, Benjamin Chamberlain, Archie Moss, Malachi Hines, Charlie Fountain, Harry	12 12 12 12 12	Deben Swimming Club Hadleigh Dolphins West Suffolk Swimming Club-EA Deben Swimming Club Stowmarket Swimming Club Hadleigh Dolphins	1:13.80 1:16.59 1:30.29 1:24.30	1:14.06 1:15.76 1:18.38 1:23.06	

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	12 Boys 13 Year Olds 100 Name		Team	Seed Time	Finals Time	Points
1	Crossfield, James	13	Deben Swimming Club	1:04.10	1:03.10	
	Connick, Michael		Deben Swimming Club	1:03.37	1:03.22	
	Milburn, Mark	13	Colchester Swimming Club	1:06.41	1:03.34	
4	Parsons, James	13	Deben Swimming Club	1:05.01	1:04.47	
5		13	Stowmarket Swimming Club	1:06.81	1:05.15	
6		13	Deben Swimming Club	1:07.01	1:06.35	
7		13	West Suffolk Swimming Club-EA	1:09.40	1:06.49	
8	•	13	Deben Swimming Club	1:10.33	1:07.43	
9		13	West Suffolk Swimming Club-EA	1:04.27	1:09.25	
	Girolami, Antonio	_	Colchester Swimming Club	1:10.94	1:09.74	
	12 Boys 14 Year Olds 100		_			
	Name		Team	Seed Time	Finals Time	Points
1	Houston, Connor	_	Deben Swimming Club	1:01.96	1:00.64	
	Corani, Kalaum		Colchester Swimming Club	1:02.06	1:01.29	
			Colchester Swimming Club	1:05.23	1:03.41	
	Parsons, William		Deben Swimming Club	1:00.73	1:03.79	
	Hitchcock, Oliver		Hadleigh Dolphins	1:10.90	1:07.77	
	Black, Luke		Stowmarket Swimming Club	1:08.78	1:07.83	
			_	1.00.70	1.07.03	
event	12 Boys 15 & Over 100 SC		= -	G 1771	F1 1 701	D • •
	Name	_	Team	Seed Time	Finals Time	Points
_	Boyt, Thomas		Felixstowe Swimming Club	54.72	54.04	
2	,		Stowmarket Swimming Club	55.32	55.91	
3	,	18	Č	55.70	56.37	
4	1 /	17	Stowmarket Swimming Club	57.22	56.92	
5	Davies, Sam	17	Felixstowe Swimming Club	59.62	57.13	
6	Fletcher, Joe	16	<u>c</u>	58.47	58.33	
7	White, William	18	Hadleigh Dolphins	1:00.00	59.52	
8	Edgar, Ashley	16	West Suffolk Swimming Club-EA	59.60	59.57	
9	Penman, Ruairidh	22	Stowmarket Swimming Club	58.20	59.77	
10	Welsford, Callum	15	Deben Swimming Club	1:03.06	1:00.97	
11	Morsman, Adam	19	Hadleigh Dolphins	59.73	1:01.00	
12	Chevin, Jack	17	Stowmarket Swimming Club	1:00.48	1:01.14	
13	Allen, Ben	16	West Suffolk Swimming Club-EA	1:00.89	1:01.15	
	Arora, Aryan	15	Deben Swimming Club	1:01.31	1:01.83	
	Phillips, Charlie	15	Felixstowe Swimming Club	1:05.88	1:03.03	
	Guild, Joseph		Colchester Swimming Club	1:02.40	1:03.58	
	Wallace, George	16		1:03.48	1:03.91	
	Scott, Cole	_	Colchester Swimming Club	1:06.44	1:06.37	
19			Felixstowe Swimming Club	1:27.30	1:23.47	
	Garry, James		Mildenhall and District	1:54.88	1:52.69	
	13 Girls 9 Year Olds 200 S	SC Meter Ba	ckstroke			
	Name		Team	Seed Time	Finals Time	Points
1	Stewart, Ella		West Suffolk Swimming Club-EA	3:36.55	3:37.82	
Event	13 Girls 10 Year Olds 200	SC Meter B	ackstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Moore, Isabel	10	West Suffolk Swimming Club-EA	3:21.32	3:21.82	
Event	13 Girls 11 Year Olds 200					
	Name	_	Team	Seed Time	Finals Time	Points
	Hattan, Charlotte	11	Deben Swimming Club	2:54.34	2:50.32	
	Milburn, Amy	11	<u>c</u>	3:23.53	3:04.87	
	Phillips, Georgie		Deben Swimming Club	3:07.59	3:05.29	

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Œ	. 12 C. 1 11 W. O. 1 200		Results			
(Even	t 13 Girls 11 Year Olds 200 Name		ackstroke) Team	Seed Time	Finals Time	Points
4	Karlsson, Hannah		Colchester Swimming Club	3:22.92	3:08.70	
	Freeman, Francesca		West Suffolk Swimming Club-EA	3:07.33	3:10.78	
	·		-			
event	13 Girls 12 Year Olds 200 S			Sood Time	Finals Time	Doints
1	Name V D-4h		Team Felixstowe Swimming Club	Seed Time	Finals Time	Points
	Young, Beth		_	2:38.93	2:37.89	
2	Barber, Izzy		Stowmarket Swimming Club Colchester Swimming Club	2:40.73	2:40.14	
3	Goddard, Greta		West Suffolk Swimming Club-EA	3:02.09	2:57.33	
4	Whyte, Olivia Jordan-Pearce, Ruby		Stowmarket Swimming Club	2:56.87 3:04.38	2:57.89 3:06.22	
5	•		Colchester Swimming Club	3:04.64		
	, F		pull used to initiate turn or not perform		DQ	
ā 4	-		•	eu mimeulai		
Lvent	13 Girls 13 Year Olds 200 S Name			Cood Time	Einala Tima	Dointe
1	Lander, Sophie		Team Deben Swimming Club	2:31.44	Finals Time 2:30.61	Points
	Hall, Helena		Deben Swimming Club	2:45.53	2:34.52	
2	Tyler, Frankie		Deben Swimming Club	2:38.59	2:41.32	
3	Clark, Alice			2:47.63	2:46.66	
4	-		Stowmarket Swimming Club	2:47.74		
	King, Alice		_	2:47.74	2:51.03	
Event	13 Girls 14 Year Olds 200 S					
	Name		Team	Seed Time	Finals Time	Point
	Houston, Ella		Deben Swimming Club	2:34.34	2:33.68	
	Chevin, Hannah		Stowmarket Swimming Club	2:43.79	2:43.47	
3	Shaw, Katy	14	Stowmarket Swimming Club	2:43.80	2:50.50	
Event	13 Girls 15 & Over 200 SC	Meter Back	kstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Wayman, Minnie	15	Deben Swimming Club	2:27.06	2:26.56	
2	Thornton, Eleanor	15	Hadleigh Dolphins	2:42.46	2:41.84	
3	Parsley, Chloe-Jeane	17	West Suffolk Swimming Club-EA	2:35.10	2:42.20	
Event	14 Boys 10 Year Olds 200 S	C Meter R	nckstroke			
LVCIIC	Name		Team	Seed Time	Finals Time	Points
1	Connick, Joshua		Deben Swimming Club	3:00.09	3:00.04	
	Girolami, Massimo		Colchester Swimming Club	3:09.00	3:13.91	
			_	2.02.00		
Lvent	14 Boys 11 Year Olds 200 S Name			Cood Time	Einala Tima	Dointe
1	Barber, Nicholas		Team Stowmarket Swimming Club	3:23.44	Finals Time 3:24.38	Points
	•		_	3.23.44	3.24.30	
Event	14 Boys 12 Year Olds 200 S					
	Name		Team	Seed Time	Finals Time	<u>Points</u>
	Hines, Charlie		Stowmarket Swimming Club	3:07.71	3:11.77	
	Richardson, Toby		West Suffolk Swimming Club-EA	3:15.85	3:14.46	
3	Fountain, Harry	12	Hadleigh Dolphins	4:00.00	3:26.55	
Event	14 Boys 13 Year Olds 200 S	C Meter Ba	nckstroke			
	Name	_	Team	Seed Time	Finals Time	Points
1	Parsons, James	13	Deben Swimming Club	2:33.11	2:30.08	
2	Phillips, Ben	13	West Suffolk Swimming Club-EA	2:44.74	2:41.31	
3	Bishop, Joshua	13	Stowmarket Swimming Club	2:45.24	2:42.69	
4	Williams, Isaac	13	Deben Swimming Club	2:45.58	2:44.12	
5	O'Connor, James	13	West Suffolk Swimming Club-EA	2:44.53	2:44.22	

10 Payne, Emily

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018

Results

E vent	14 Boys 14 Year Olds 200 So			Cood Time	Einala Ti	D - ! 4
	Name		Team Delan Serieumina Chele	Seed Time	Finals Time	Points
	Parsons, William		Deben Swimming Club	2:21.14	2:20.00	
2	Easteal, William	14	Colchester Swimming Club	2:54.54	2:41.84	
Event	14 Boys 15 & Over 200 SC	Meter Bacl	kstroke			
	Name		Team	Seed Time	Finals Time	Points
1	Chevin, Jack	17	Stowmarket Swimming Club	2:24.63	2:25.38	
2	Allen, Ben	16	West Suffolk Swimming Club-EA	2:23.00	2:26.28	
3	Hall, Harvey	15	Deben Swimming Club	2:39.00	2:27.36	
4	Harrison, Alex	18	West Suffolk Swimming Club-EA	2:20.89	2:27.99	
5	Chapman, Lewis	17	Stowmarket Swimming Club	2:28.78	2:29.42	
6	Parsons, Henry	17	Deben Swimming Club	2:27.60	2:29.46	
	Phillips, Charlie	15	Felixstowe Swimming Club	2:31.88	DQ	
	6.5 Single or double simul	taneous arm	pull used to initiate turn or not perform	ed immediat		
Event	15 Girls 9 Year Olds 100 SC	Motor IM				
Lvent	Name		Team	Seed Time	Finals Time	Points
1	Gaydon, Eveline	_	Team Ipswich	1:45.53	1:41.49	1 Omes
	Stewart, Ella		West Suffolk Swimming Club-EA	1:54.90	1:43.51	
	Bishop, Tilly-May	9	Stowmarket Swimming Club	1:45.29	1:43.51	
		-	Stowmarket Swimming Club			
	Daynes, Erin	9	_	1:55.28	1:57.59	
	Phillips, Charlotte	9	Deben Swimming Club	NT	1:58.75	
	Carter, Verity	9	Stowmarket Swimming Club	2:11.94	2:14.28	
	Harrison, Amelie		$\boldsymbol{\varepsilon}$	2:01.86	DQ	
	4.4 Starting before starting	_		2.12.25	DO	
	Barber, Francesca		Stowmarket Swimming Club	2:13.35	DQ	
	8.3 Alternating movement	or legs or le	et - 11y			
Event	15 Girls 10 Year Olds 100 S					
	Name		Team	Seed Time	Finals Time	Points
	Broad, Kiera		West Suffolk Swimming Club-EA	1:39.74	1:32.88	
	Gladwell, Darcy		Hadleigh Dolphins	1:33.42	1:33.01	
	Moore, Isabel		West Suffolk Swimming Club-EA	1:35.99	1:33.07	
4	Motts, Nell		Hadleigh Dolphins	1:39.95	1:38.16	
5	Richardson, May		Stowmarket Swimming Club	NT	1:39.02	
6	Harrington, Sophie	10	Deben Swimming Club	1:42.97	1:39.34	
7	Hitchcock, Lottie	10	Hadleigh Dolphins	1:40.97	1:39.42	
8	Davies, Florence	10	Deben Swimming Club	1:51.26	1:42.26	
9	Neumann, Holly	10	Stowmarket Swimming Club	1:45.31	1:43.50	
10	Calver, Grace	10	Stowmarket Swimming Club	1:42.04	1:44.78	
	Fenn, Alice	10	Felixstowe Swimming Club	1:52.28	DQ	
	6.5 Not on back when leav		_			
	Holder, Mia	-	Stowmarket Swimming Club	1:51.57	DQ	
	6.5 Did not touch the wall	during the tu	ırn - back			
Exant	15 Girls 11 Year Olds 100 Se	C Motor IN	Л			
Event	Name		Team	Seed Time	Finals Time	Points
1	McNicholas, Hannah		Deben Swimming Club	1:27.34	1:24.22	1 Ullits
			Stowmarket Swimming Club			
	Brown, Rebecca	11		1:28.23	1:25.86	
	Hattan, Charlotte	11	9	1:26.52	1:27.40	
4	,	11	West Suffolk Swimming Club-EA	1:33.28	1:29.68	
5	<i>C</i> ,	11	Stowmarket Swimming Club	1:26.40	1:30.34	
6	• *	11	West Suffolk Swimming Club-EA	1:36.29	1:31.87	
7	Molyneaux, Annette	11	Hadleigh Dolphins	1:49.61	1:32.88	
8	Bishop, Maerhyn Lily	11	Stowmarket Swimming Club	1:37.51	1:33.93	
9	Ali, Maisie	11	Deben Swimming Club	1:38.04	1:36.40	
	Darma Emily		Dahan Swimming Club	1.41.24	1.26.66	

11 Deben Swimming Club

1:41.34

1:36.66

Results

(Event 15	Girls 11 Vear	Olds 100 9	SC Meter IM)
(Event 13	CTILIS II TEAL	VIUS IVV	ot meter inti-

(Even	t 15 Girls 11 Year Olds 100	SC Meter I	M)			
	Name		Team	Seed Time	Finals Time	Points
11	Gilbrook, Katy	11	West Suffolk Swimming Club-EA	1:43.21	1:39.05	
12	Loft, Serafina	11	Stowmarket Swimming Club	2:17.12	2:11.15	
Event	15 Girls 12 Year Olds 100 S	C Meter IN	M			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Young, Beth	12	Felixstowe Swimming Club	1:15.20	1:13.98	
2	Davies, Connie	12	Deben Swimming Club	1:22.15	1:17.94	
3	Baker, Sophie	12	Colchester Swimming Club	1:28.60	1:24.49	
4	Whyte, Olivia	12	West Suffolk Swimming Club-EA	1:25.68	1:25.68	
5	Scott, Paige	12	Colchester Swimming Club	1:39.00	1:25.81	
6	Tibble, Sophie	12	Deben Swimming Club	1:57.22	1:26.38	
7	Bishop, Maisie Rose	12	Stowmarket Swimming Club	1:29.71	1:27.58	
8	Clarke, Darcy	12	Stowmarket Swimming Club	1:27.69	1:28.20	
9	Wright, Emily	12	Stowmarket Swimming Club	1:30.56	1:29.41	
10	Neumann, Bethany	12	Stowmarket Swimming Club	1:30.76	1:30.79	
11	Jordan-Pearce, Ruby	12	Stowmarket Swimming Club	1:33.12	1:32.97	
12	Isaacs, Izabella	12	Felixstowe Swimming Club	1:41.76	1:37.95	
13	Greenwood, Kaitlyn	12	Felixstowe Swimming Club	1:40.89	1:40.69	
14	Carter, Annabelle	12	Stowmarket Swimming Club	1:41.60	1:43.83	
15	Shaw, Mary	12	Stowmarket Swimming Club	1:42.11	1:45.44	
	Bingham, Poppy	12	Stowmarket Swimming Club	1:39.24	DQ	
	6.5 Not on back when lear	ving the wall	- back			
	Bingley, Josephine		Stowmarket Swimming Club	1:45.53	DQ	
	8.3 Alternating movement	of legs or fe	et - fly			
Event	15 Girls 13 Year Olds 100 S	C Meter IN	M			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Lander, Sophie	13	Deben Swimming Club	1:10.62	1:10.65	
2	Bunclark, Megan	13	Deben Swimming Club	1:17.26	1:17.65	
3	Benedetti, Erica	13	Stowmarket Swimming Club	1:18.14	1:17.71	
4	Pyle, Evie	13	West Suffolk Swimming Club-EA	1:18.53	1:18.54	

	Name	Age	Team	Seed Time	Finals Time	Points
1	Lander, Sophie	13	Deben Swimming Club	1:10.62	1:10.65	
2	Bunclark, Megan	13	Deben Swimming Club	1:17.26	1:17.65	
3	Benedetti, Erica	13	Stowmarket Swimming Club	1:18.14	1:17.71	
4	Pyle, Evie	13	West Suffolk Swimming Club-EA	1:18.53	1:18.54	
5	Cooper, Emily	13	Stowmarket Swimming Club	1:20.03	1:18.77	
6	Wright, Mia	13	Felixstowe Swimming Club	1:23.50	1:19.87	
7	Molyneaux, Olivia	13	Hadleigh Dolphins	1:21.68	1:19.95	
8	Abbott, Rowan	13	Hadleigh Dolphins	1:20.13	1:20.35	
9	Seys, Libby	13	West Suffolk Swimming Club-EA	1:21.65	1:20.81	
10	Hitt, Martha	13	Stowmarket Swimming Club	1:19.58	1:21.23	
11	Watts, Meg	13	Felixstowe Swimming Club	1:22.32	1:21.41	
12	Crawley, Abigail	13	Felixstowe Swimming Club	1:21.97	1:22.57	
13	Longbottom, Charlotte	13	Deben Swimming Club	1:23.68	1:23.57	
14	Payne, Natasha	13	Deben Swimming Club	1:26.03	1:25.56	
15	Binternagel, Sophia	13	Hadleigh Dolphins	1:30.06	1:28.77	
16	Alvarez, Megan	13	Stowmarket Swimming Club	1:27.78	1:29.23	
	Moss, Heather	13	Deben Swimming Club	1:39.01	DQ	

6.6 Not on the back at finish - back

Event 15 Girls 14 Year Olds 100 SC Meter IM

Name Name	Age Team	Seed Time	Finals Time	Points
1 Evans, Nia	14 Hadleigh Dolphins	1:19.53	1:21.25	
2 Chevin, Hannah	14 Stowmarket Swimming Club	1:21.53	1:22.94	
3 Shaw, Katy	14 Stowmarket Swimming Club	1:19.54	1:23.99	
4 Merrigan, Elizabeth	14 Deben Swimming Club	1:23.30	1:25.27	

Event 15 Girls 15 & Over 100 SC Meter IM

Name	Age Team	Seed Time	Finals Time	Points
1 O'Connor, Hannah	15 West Suffolk Swimming Club-EA	1:13.94	1:13.86	
2 Parsley, Chloe-Jeane	17 West Suffolk Swimming Club-EA	1:14.60	1:15.20	

4 Chapman, Jacob

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Results

	Event	15	Cirle	15 R	Over	100 \$	C Meter	IM
- 1	Levent	13	GILI2	15 &	Over	100.2	C Meter.	1171)

	t 15 Girls 15 & Over 100 St Name		Team	Seed Time	Finals Time	Points
3	Peacock, Molly		West Suffolk Swimming Club-EA	1:16.82	1:15.64	
	Taplin, Hannah	17		1:13.72	1:16.98	
	Brown, Alice	16	*** * * * * * * * * * * * * * * * * * *	1:17.92	1:17.28	
6	m1	15	Hadleigh Dolphins	1:19.24	1:18.73	
	Rootes, Freya		West Suffolk Swimming Club-EA	1:17.92	1:19.17	
			Stowmarket Swimming Club	1:19.69	1:20.49	
9			West Suffolk Swimming Club-EA	1:19.84	1:20.96	
10	~ ~	16	a	1:22.27	1:21.28	
11		_	Stowmarket Swimming Club	1:21.61	1:22.56	
	Lait, Annabelle		Hadleigh Dolphins	1:22.32	1:23.32	
	Felgate, Emma		Felixstowe Swimming Club	1:30.14	1:30.77	
	Levett, Bethany		Stowmarket Swimming Club	1:52.35	2:00.47	
	16 Boys 9 Year Olds 100 So		<u> </u>			
vent	Name		Team	Seed Time	Finals Time	Point
1	Scanlan, George		Colchester Swimming Club	1:40.00	1:45.20	1 01110
	•		_	1.10.00	1.13.20	
ivent	16 Boys 10 Year Olds 100 S			Seed Time	Einala Tima	Doint
1	Name Cattuall Alaxandan		Team Colchester Swimming Club	1:50.58	Finals Time 1:34.85	Point
	Cottrell, Alexander		Stowmarket Swimming Club			
	Clarke, Joseph		Hadleigh Dolphins	1:44.98	1:40.40 1:42.88	
	Abbott, Isaac		-	1:44.94	1:42.00	
Event	16 Boys 11 Year Olds 100 S					
	Name		Team	Seed Time	Finals Time	Point
	Spelman, Thomas		Stowmarket Swimming Club	1:27.78	1:26.36	
	Black, Samuel		Stowmarket Swimming Club	1:31.97	1:30.97	
	Barber, Nicholas		Stowmarket Swimming Club	1:46.47	1:38.64	
	Hayes, Joshua		Hadleigh Dolphins	1:44.75	1:42.05	
	Wallace, Henry		Stowmarket Swimming Club	1:39.28	DQ	
	8.3 Alternating movemen	t of legs or fe	et - fly			
Event	16 Boys 12 Year Olds 100 S	SC Meter IN	1			
	Name	_	Team	Seed Time	Finals Time	Point
1	Bashford, Riley		Deben Swimming Club	1:21.09	1:14.26	
2	Chamberlain, Archie	12	West Suffolk Swimming Club-EA	1:32.70	1:27.27	
	Richardson, Toby		West Suffolk Swimming Club-EA	1:33.49	1:27.73	
4	Hines, Charlie		Stowmarket Swimming Club	1:35.26	1:34.40	
5	Handley, Robert	12	Stowmarket Swimming Club	1:51.87	1:48.47	
Event	16 Boys 13 Year Olds 100 S	SC Meter IN	1			
	Name		Team	Seed Time	Finals Time	Point
1	Parsons, James	13	Deben Swimming Club	1:15.35	1:14.31	
2			Hadleigh Dolphins	1:20.17	1:16.31	
3	Rosher, Dominic	13		1:18.52	1:17.15	
	Hilton, Thomas	13	Deben Swimming Club	1:18.93	1:17.99	
	Phillips, Ben	13	West Suffolk Swimming Club-EA	1:19.20	1:18.01	
	O'Connor, James	13	West Suffolk Swimming Club-EA	1:16.86	1:19.51	
7			Hadleigh Dolphins	1:34.59	1:29.20	
	•	_				
vent	16 Boys 14 Year Olds 100 S Name		Team	Seed Time	Finals Time	Point
1	Corani, Kalaum	_	Colchester Swimming Club	1:14.71	1:08.63	1 UIII
			Deben Swimming Club			
	Parsons, William		_	1:07.61	1:11.93	
5	Black, Luke	14	Stowmarket Swimming Club	1:22.06	1:20.95	

14 Stowmarket Swimming Club

1:24.18

1:21.88

13 Loft, Serafina

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018 Results

	16 Boys 15 & Over 100 SC Mo Name		Team	Seed Time	Finals Time	Points
1	Coe, Calvin	_	Stowmarket Swimming Club	1:01.41	1:03.16	
	Handley, Will	16	Stowmarket Swimming Club	1:03.50	1:04.33	
3			West Suffolk Swimming Club-EA	1:03.87	1:05.64	
4		16	West Suffolk Swimming Club-EA	1:10.01	1:06.97	
5		16		1:08.78	1:07.98	
6	Davies, Sam	17	Felixstowe Swimming Club	1:08.42	1:08.24	
7		22		1:07.23	1:10.76	
8		16	West Suffolk Swimming Club-EA	1:09.52	1:12.06	
9		17		1:13.04	1:12.21	
	Phillips, Charlie		Felixstowe Swimming Club	1:13.31	1:12.92	
	Wallace, George		Stowmarket Swimming Club	1:11.97	1:14.12	
	-		_	11111,7		
vent	17 Girls 9 Year Olds 50 SC M			Cood Time	Einala Tima	Dointo
	Name Dishar Tilly May	_	Team Stowmarket Swimming Club	Seed Time	Finals Time	Points
_	Bishop, Tilly-May	_	_	52.93	55.51	
2	· · · · · · · · · · · · · · · · · · ·	9	West Suffolk Swimming Club-EA	57.88	57.61	
3	,	9	Colchester Swimming Club	59.16	57.66	
4	,	9	Colchester Swimming Club	57.12	58.52	
5	• •	9	Team Ipswich	1:01.72	58.82	
6	,	9	Stowmarket Swimming Club	1:00.72	59.66	
7	1 /	9	Deben Swimming Club	1:01.49	1:00.77	
8	• •	9	Stowmarket Swimming Club	1:03.53	1:02.81	
9	*	9	Hadleigh Dolphins	1:03.97	1:03.80	
10	,	9	Stowmarket Swimming Club	1:09.43	1:04.54	
11	Carter, Verity	9	Stowmarket Swimming Club	1:04.26	1:06.33	
vent	17 Girls 10 Year Olds 50 SC M	1eter Bro	eaststroke			
	Name	_	Team	Seed Time	Finals Time	Points
1	Lander, Emily	10	Deben Swimming Club	48.48	45.04	
2	Hitchcock, Lottie	10	Hadleigh Dolphins	49.38	47.90	
3	Moore, Isabel	10	West Suffolk Swimming Club-EA	48.99	50.13	
4	Broad, Kiera	10	West Suffolk Swimming Club-EA	49.61	50.36	
5	Gladwell, Darcy	10	Hadleigh Dolphins	52.19	50.85	
6	Richardson, May	10	Stowmarket Swimming Club	52.38	51.28	
7	Calver, Grace	10	Stowmarket Swimming Club	51.38	53.72	
8	Harrington, Sophie	10	Deben Swimming Club	57.36	53.99	
9	Davies, Florence	10	Deben Swimming Club	57.24	55.36	
	Fenn, Alice	10	Felixstowe Swimming Club	1:02.42	56.33	
	Connick, Eva	10	Deben Swimming Club	1:03.41	DQ	
	7.4 Leg movements not simu	ltaneous (alternating leg movement)			
vent	17 Girls 11 Year Olds 50 SC M	lotor Rro	paststroka			
vent	Name		Team	Seed Time	Finals Time	Points
1	Stebbings, Katie	_	Stowmarket Swimming Club	41.67	41.34	1 Office
2			Colchester Swimming Club	49.47	44.93	
3		11		48.04	47.08	
		11		45.99	47.66	
4	_					
5	•	11	Stowmarket Swimming Club	56.83	48.09	
6	· •	11		48.40	48.20	
7	1, ,	11	9	49.68	49.08	
8	• .	11	West Suffolk Swimming Club-EA	49.70	49.39	
9	Ο,	11	Stowmarket Swimming Club	47.74	50.07	
10		11	Deben Swimming Club	52.84	52.70	
	Pommier, Georgia	11	Felixstowe Swimming Club	52.47	54.37	
11	_		T 11 . G			
12	•	11	Felixstowe Swimming Club	1:10.00	1:01.00	

11 Stowmarket Swimming Club

1:13.32

1:09.00

	Name	Age	Team	Seed Time	Finals Time	Points
	McNicholas, Hannah 4.4 Starting before starting s		Deben Swimming Club	46.41	DQ	
vent	17 Girls 12 Year Olds 50 SC					
	Name		Team	Seed Time	Finals Time	Points
	Bishop, Maisie Rose		Stowmarket Swimming Club	43.10	43.18	
2	Baker, Sophie	12	Colchester Swimming Club	43.96	43.35	
3	Easteal, Isobel	12	Colchester Swimming Club	46.83	43.96	
4	Goddard, Greta	12	Colchester Swimming Club	46.94	44.57	
5	Scott, Paige	12	Colchester Swimming Club	46.79	44.58	
*6	Quinton, Emma	12	Deben Swimming Club	49.04	46.53	
*6	Clarke, Darcy	12	Stowmarket Swimming Club	46.70	46.53	
8	Whyte, Olivia	12	West Suffolk Swimming Club-EA	45.21	46.94	
9	Tibble, Sophie	12	Deben Swimming Club	48.05	47.33	
10	Crossfield, Imogen	12	Deben Swimming Club	49.07	47.40	
11		12	Felixstowe Swimming Club	49.83	48.14	
12	Jordan-Pearce, Ruby	12	Stowmarket Swimming Club	48.65	48.89	
13	Wright, Emily	12	Stowmarket Swimming Club	48.81	49.15	
	Veal, Chloe	12	Team Ipswich	51.88	50.02	
	Bingham, Poppy		Stowmarket Swimming Club	51.90	50.16	
	Bingley, Josephine		Stowmarket Swimming Club	53.45	52.13	
17			Felixstowe Swimming Club	49.77	52.81	
18			Stowmarket Swimming Club	56.61	57.77	
	•		_	30.01	37.77	
ent	17 Girls 13 Year Olds 50 SC Name		eaststroke Team	Seed Time	Finals Time	Point
1	McNicholas, Caitlin	_	Deben Swimming Club	38.14	38.10	1 Ullit
	Lander, Sophie		Deben Swimming Club	37.63	38.10	
	<u> -</u>		West Suffolk Swimming Club-EA			
	Cutting, Emily			38.99	39.18	
4	•	13	Stowmarket Swimming Club	39.73	39.23	
	Cooper, Emily		Deben Swimming Club	39.68	39.97	
	Longbottom, Charlotte		<u>c</u>	42.21	41.43	
_	Molyneaux, Olivia		Hadleigh Dolphins	42.62	42.85	
8	, 0		Felixstowe Swimming Club	43.31	43.19	
	Van Der Shyff, Nur Ayni		Colchester Swimming Club	43.70	43.60	
	Abbott, Rowan		Hadleigh Dolphins	43.38	44.72	
	Hitt, Martha		Stowmarket Swimming Club	45.80	45.16	
	Ford, Lily		Hadleigh Dolphins	49.97	47.48	
	Binternagel, Sophia		Hadleigh Dolphins	50.99	48.34	
	Crawley, Abigail		Felixstowe Swimming Club	45.70	49.58	
15	Moss, Heather	13	Deben Swimming Club	48.00	53.66	
vent	17 Girls 14 Year Olds 50 SC I			G. LET	F1 1 F1	.
	Name		Team Deliver Service Clerk	Seed Time	Finals Time	Points
	Quinton, Sophie		Deben Swimming Club	40.45	39.57	
	O'Malley, Hannah		Colchester Swimming Club	40.84	40.67	
	Chevin, Hannah		Stowmarket Swimming Club	41.58	42.94	
	White, Caitlyn		Deben Swimming Club	44.72	44.88	
	Merrigan, Elizabeth		Deben Swimming Club	45.72	46.47	
vent	17 Girls 15 & Over 50 SC Me					
	Name		Team	Seed Time	Finals Time	Points
	Parsley, Chloe-Jeane		West Suffolk Swimming Club-EA	37.18	37.92	
	Rootes, Freya		West Suffolk Swimming Club-EA	40.24	41.10	
3	Lait, Annabelle		Hadleigh Dolphins	42.90	42.22	
4	Van Der Shyff, Nuha		Colchester Swimming Club	43.49	43.40	
	Clark, Imogen		West Suffolk Swimming Club-EA	42.34	43.86	

1 Corani, Kalaum

2 Easteal, William

3 Chapman, Jacob

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		11	o Frills Open Meet 2018 - 15/12/20 Results	10 10 10/12/2010		
•	5 & Over 50 SC Meter					
Name			Team Color Color	Seed Time	Finals Time	Points
6 Felgate, En			Felixstowe Swimming Club	48.04	47.20	
7 Cherry, Bet	han	15	Stowmarket Swimming Club	47.22	49.02	
=	Year Olds 50 SC Meter					
Name			Team	Seed Time	Finals Time	<u>Points</u>
1 Pommier, T			Felixstowe Swimming Club	58.48	58.38	
2 Scanlan, Go	_		Colchester Swimming Club	1:00.22	59.06	
3 Crisell, De			Colchester Swimming Club	1:00.00	1:04.57	
Rowland, A	Alfie rting before starting signal		Stowmarket Swimming Club	54.87	DQ	
	Year Olds 50 SC Mete		eaststroke			
Name			Team	Seed Time	Finals Time	Points
1 Girolami, N	Massimo	10	Colchester Swimming Club	45.30	46.49	
2 Cecins, Sar			Colchester Swimming Club	55.00	48.49	
3 Cottrell, Al	•		Colchester Swimming Club	50.10	49.87	
4 Connick, Jo			Deben Swimming Club	52.93	51.05	
5 Clarke, Jose			Stowmarket Swimming Club	55.21	52.88	
6 Abbott, Isa	-		Hadleigh Dolphins	54.44	56.86	
•	Year Olds 50 SC Mete	r Bre	eaststroke			
Name	1011 0145 00 50 1/100		Team	Seed Time	Finals Time	Points
1 Troman, Za	ık		Colchester Swimming Club	40.34	39.99	
2 Spelman, T			Stowmarket Swimming Club	42.58	43.95	
3 Rosher, Ber			Felixstowe Swimming Club	48.10	46.47	
4 Gibbs, Rile			Mildenhall and District	47.18	47.51	
5 Barber, Nic	•		Stowmarket Swimming Club	52.00	50.75	
6 Wallace, H			Stowmarket Swimming Club	51.21	53.30	
7 Hayes, Josh	•		Hadleigh Dolphins	54.95	56.45	
Event 18 Boys 12	Year Olds 50 SC Mete	er Bre	eaststroke			
Name			Team	Seed Time	Finals Time	Points
1 Tolputt, Sar	muel	12	Deben Swimming Club	41.66	40.03	
2 Moss, Mala			Deben Swimming Club	45.48	44.64	
3 Richardson			West Suffolk Swimming Club-EA	47.18	46.34	
4 Welsford, C	•	12	Deben Swimming Club	48.45	47.72	
5 Chamberla	in, Archie	12	West Suffolk Swimming Club-EA	51.28	48.24	
6 Hines, Cha	rlie	12	Stowmarket Swimming Club	48.22	48.48	
7 Snow, Oliv		12	Stowmarket Swimming Club	48.92	50.66	
Handley, R			Stowmarket Swimming Club	51.13	DQ	
•	not touch at turn or finish	n with	both hands			
Event 18 Boys 13	Year Olds 50 SC Mete	er Bro	eaststroke			
Name			Team	Seed Time	Finals Time	Points
1 Milburn, M	[ark	13	Colchester Swimming Club	38.54	36.93	
2 Crossfield,	James	13	Deben Swimming Club	37.71	37.31	
3 Girolami, A	Antonio	13	Colchester Swimming Club	40.83	39.99	
4 O'Connor,	James	13	West Suffolk Swimming Club-EA	42.18	40.76	
5 Gladwell, E	Elliot	13	Hadleigh Dolphins	42.15	41.64	
6 Connick, M			Deben Swimming Club	44.43	42.43	
7 Hilton, Tho			Deben Swimming Club	42.19	42.86	
Event 18 Boys 14	Year Olds 50 SC Mete	er Bro	eaststroke			
Name			Team	Seed Time	Finals Time	Points

14 Colchester Swimming Club

14 Colchester Swimming Club

14 Stowmarket Swimming Club

35.76

41.90

41.07

35.20

39.74

3 Hitt, Martha

4 King, Alice

5 McNicholas, Caitlin

		N	o Frills Open Meet 2018 - 15/12/20	18 to 16/12/2018		
			Results			
(Even	t 18 Boys 14 Year Olds 50 SC	C Meter Br	reaststroke)			
	Name		Team	Seed Time	Finals Time	Points
	Hitchcock, Oliver		Hadleigh Dolphins	39.41	40.16	
	Parsons, William		Deben Swimming Club	37.81	40.72	
6	Black, Luke	14	Stowmarket Swimming Club	43.14	43.38	
Event	18 Boys 15 & Over 50 SC M	leter Breas	ststroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Coe, Calvin	20	Stowmarket Swimming Club	31.60	31.59	
2	Boyt, Thomas	19	Felixstowe Swimming Club	32.49	31.67	
3	Chapman, Lewis	17	Stowmarket Swimming Club	31.79	32.37	
4	Hall, Harvey	15	Deben Swimming Club	31.69	32.91	
5	Handley, Will	16	Stowmarket Swimming Club	32.70	33.20	
6	Edgar, Ashley	16	West Suffolk Swimming Club-EA	34.13	33.32	
7	Penman, Ruairidh	22	Stowmarket Swimming Club	33.65	34.35	
8	Morsman, Adam	19	Hadleigh Dolphins	34.98	35.56	
9	Welsford, Callum	15	Deben Swimming Club	35.39	36.20	
10	Arora, Aryan		Deben Swimming Club	37.05	37.37	
11		15	Colchester Swimming Club	38.92	37.73	
12	*		Colchester Swimming Club	43.79	38.75	
13	Parsons, Henry		Deben Swimming Club	39.93	41.07	
	Oakley, Jamie		Felixstowe Swimming Club	51.13	51.62	
	Garry, James	16	Mildenhall and District	1:24.14	1:24.21	
	•	· M - 4 D	44.0			
Lvent	19 Girls 9 Year Olds 100 SC			Cood Time	Finals Time	Doints
	Name		Team Stowmarket Swimming Club	Seed Time 1:57.90		Points
	Bishop, Tilly-May		-	1:37.90	1:54.05	
Event	19 Girls 10 Year Olds 100 S		•			
	Name		Team	Seed Time	Finals Time	Points
1	Broad, Kiera	10	West Suffolk Swimming Club-EA	2:00.32	1:49.28	
Event	19 Girls 11 Year Olds 100 S	C Meter B	utterfly			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Stebbings, Katie	11	Stowmarket Swimming Club	1:28.97	1:30.76	
2	Karlsson, Hannah	11	Colchester Swimming Club	1:51.87	1:37.75	
3	Freeman, Francesca	11	West Suffolk Swimming Club-EA	NT	1:38.21	
4	Bishop, Maerhyn Lily	11	Stowmarket Swimming Club	1:46.71	1:42.36	
	Phillips, Georgie	11	Deben Swimming Club	1:33.95	DQ	
	8.3 Movements of the legs	not simultar	neous		-	
Event	19 Girls 12 Year Olds 100 S	C Meter R	utterfly			
Literi	Name		Team	Seed Time	Finals Time	Points
1	Barber, Izzy		Stowmarket Swimming Club	1:24.65	1:20.65	1 01110
2			Deben Swimming Club	1:23.53	1:23.54	
3	Springham, Matilda	12		1:31.46	1:26.17	
4	~	12		1:34.50	1:32.87	
5		12		1:33.01	1:35.77	
6		12		1:39.49	1:37.15	
7	Whyte, Olivia	12		1:33.23	1:39.43	
8	·		Felixstowe Swimming Club	1:48.43	1:46.11	
	•		_	1.70.73	1.70.11	
Event	19 Girls 13 Year Olds 100 S		•	G 157	F1 1 77	~ .
	Name	_	Team Cl. 1	Seed Time	Finals Time	Points
	Bunclark, Megan		Deben Swimming Club	1:12.42	1:14.52	
2	Clark, Alice	13	West Suffolk Swimming Club-EA	1:22.87	1:18.02	
2	1 1 . 44 N A =41. =	12	Ctarring out of Crising main of Club	1.21.72	1.22.07	

13 Stowmarket Swimming Club

13 Stowmarket Swimming Club

13 Deben Swimming Club

1:21.73

1:21.82

1:25.27

1:23.07

1:23.12

1:24.75

1 Coe, Calvin

2 Edgar, Ashley

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018

(Eveni	t 19 Girls 13 Year Olds 100		• /	C 1 T:	F:1- T:	D-!4-
	Name W-44- M		Team Eslivatorya Syvinamina Clyb	Seed Time	Finals Time	Points
	Watts, Meg		Felixstowe Swimming Club West Suffolk Swimming Club-EA	1:26.11	1:27.16	
	Seys, Libby		Stowmarket Swimming Club	1:32.13	1:27.99	
	Alvarez, Megan		_	1:30.34	1:33.41	
Event	19 Girls 14 Year Olds 100 S			G 1m	F: 1 /F:	D
1	Name Name	_	Team Colchester Swimming Club	Seed Time	Finals Time	Points
	Redgrave, Molly		-	1:11.68	1:16.27	
Event	19 Girls 15 & Over 100 SC		5	G. LEDI	T. 1 T.	5.
1	Name		Team	Seed Time	Finals Time	Points
	Dootson, Ella		Stowmarket Swimming Club	1:09.15	1:10.01	
	O'Connor, Hannah		West Suffolk Swimming Club-EA	1:11.67	1:14.14	
	King, Emily		Stowmarket Swimming Club	1:17.13	1:16.20	
4	Clark, Imogen		West Suffolk Swimming Club-EA	1:17.44	1:17.52	
	Brown, Alice		West Suffolk Swimming Club-EA	1:17.44	1:18.44	
	Parsley, Chloe-Jeane		West Suffolk Swimming Club-EA	NT	1:20.71	
	Barrett, Sophie		Stowmarket Swimming Club	1:21.45	1:21.88	
8	Levett, Bethany	15	Stowmarket Swimming Club	1:59.18	2:12.47	
Event	20 Boys 10 Year Olds 100 S		-			
	Name		Team	Seed Time	Finals Time	Points
	McCarthy, Jack		Colchester Swimming Club	1:25.21	1:21.45	
2	Girolami, Massimo	10	Colchester Swimming Club	1:35.41	1:35.68	
Event	20 Boys 11 Year Olds 100 S	C Meter Bu	ıtterfly			
	Name		Team	Seed Time	Finals Time	Points
1	Jackson, Alfs	11	Stowmarket Swimming Club	1:40.79	1:38.78	
2	Black, Samuel	11	Stowmarket Swimming Club	1:49.72	1:41.36	
Event	20 Boys 12 Year Olds 100 S	C Meter B	utterfly			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Bashford, Riley	12	Deben Swimming Club	1:21.90	1:13.26	
2	Pryke, Daniel	12	Deben Swimming Club	1:56.03	1:22.79	
3	Chamberlain, Archie	12	West Suffolk Swimming Club-EA	1:30.18	1:30.13	
4	Snow, Oliver	12	Stowmarket Swimming Club	1:41.68	1:44.56	
Event	20 Boys 13 Year Olds 100 S	C Meter Bi	utterfly			
	Name		Team	Seed Time	Finals Time	Points
1	Clay, James	13	West Suffolk Swimming Club-EA	1:10.77	1:08.13	
2	Connick, Michael	13	Deben Swimming Club	1:15.44	1:13.41	
3	Crossfield, James	13	Deben Swimming Club	1:20.02	1:14.60	
4	Girolami, Antonio	13	Colchester Swimming Club	1:19.83	1:15.73	
5	Rosher, Dominic	13	Felixstowe Swimming Club	1:16.79	1:15.86	
6	Gladwell, Elliot	13	Hadleigh Dolphins	1:20.54	1:23.88	
7	Thornton, Jonathan	13	Hadleigh Dolphins	1:40.00	1:34.33	
Event	20 Boys 14 Year Olds 100 S	C Meter Ri	utterfly			
Lvent	Name		Team	Seed Time	Finals Time	Points
1	Houston, Connor		Deben Swimming Club	1:08.20	1:06.45	1 011169
	Corani, Kalaum		Colchester Swimming Club	1:08.44	1:07.72	
	Parsons, William		Deben Swimming Club	1:07.40	1:08.03	
	Baker-Woods, Xavier	14		1:11.10	1:09.15	
	Black, Luke		Stowmarket Swimming Club	1:29.46	1:24.69	
			_	1.27.10	1.2 1.07	
Event	20 Boys 15 & Over 100 SC		_	Sand Time	Finals Time	Dain+-
	Name Coo Colvin		Staymarkat Swimming Club	Seed Time	Finals Time	Points

20 Stowmarket Swimming Club

16 West Suffolk Swimming Club-EA

1:00.60

1:07.85

1:01.55

1:04.18

Name

1 Dootson, Ella

2 Parsley, Chloe-Jeane

Age Team

16 Stowmarket Swimming Club

17 West Suffolk Swimming Club-EA

		No	o Frills Open Meet 2018 - 15/12/20	18 to 16/12/2018		
			Results			
Even	it 20 Boys 15 & Over 100 SC	Meter But	terfly)			
	Name		Team	Seed Time	Finals Time	Point
3	Handley, Will	16	Stowmarket Swimming Club	1:06.05	1:06.62	
4	Harrison, Alex	18	West Suffolk Swimming Club-EA	1:04.18	1:07.44	
5	Allen, Ben	16	West Suffolk Swimming Club-EA	1:10.88	1:11.53	
6	Parsons, Henry	17	Deben Swimming Club	NT	1:12.22	
7	Tempest, Adam	15	West Suffolk Swimming Club-EA	1:18.67	1:12.61	
8	Wallace, George	16	Stowmarket Swimming Club	1:16.92	1:15.26	
Event	t 21 Girls 9 Year Olds 200 SC	Meter Bro	eaststroke			
3,611,	Name		Team	Seed Time	Finals Time	Point
1	Bishop, Tilly-May	9	Stowmarket Swimming Club	4:10.49	4:13.49	
	Stewart, Ella		West Suffolk Swimming Club-EA	4:31.63	4:26.83	
3	Harrison, Amelie		Stowmarket Swimming Club	4:44.30	4:42.90	
	Daynes, Erin		Stowmarket Swimming Club	4:31.69	DQ	
	7.6 Touch not simultaneou		_	1.51.07	БQ	
'xzon4	t 21 Girls 10 Year Olds 200 S		•			
vent	Name		Team	Seed Time	Finals Time	Point
1	Lander, Emily		Deben Swimming Club	3:42.31	3:40.05	1 01110
	Hitchcock, Lottie		Hadleigh Dolphins	3:51.50	3:45.91	
3			West Suffolk Swimming Club-EA	3:44.38	3:46.76	
_	Richardson, May		Stowmarket Swimming Club	4:11.08		
	•		Stowmarket Swimming Club		4:04.82	
3	Calver, Grace	10	Stowmarket Swimming Club	4:07.25	4:15.61	
Event	t 21 Girls 11 Year Olds 200 S					
	Name		Team	Seed Time	Finals Time	Point
	Stebbings, Katie		Stowmarket Swimming Club	3:17.29	3:19.14	
2	Milburn, Amy		Colchester Swimming Club	3:43.91	3:25.72	
3	, ,		Stowmarket Swimming Club	3:51.82	3:43.45	
4	Bishop, Maerhyn Lily	11	Stowmarket Swimming Club	3:51.33	3:43.69	
Event	t 21 Girls 12 Year Olds 200 S	C Meter B	reaststroke			
	Name	Age	Team	Seed Time	Finals Time	Point
1	Davies, Connie	12	Deben Swimming Club	3:23.30	3:13.77	
	Baker, Sophie		Colchester Swimming Club	3:31.36	3:17.28	
	Whyte, Olivia		West Suffolk Swimming Club-EA	3:34.70	3:19.17	
	Bishop, Maisie Rose		Stowmarket Swimming Club	3:28.68	3:26.01	
	Jordan-Pearce, Ruby		Stowmarket Swimming Club	3:33.01	3:33.13	
	t or warr 1 turit, reacy		_	2.22.01	0.00.10	
	4.21 Ciula 12 Vana Olda 200 C	C M.4 D.				
	t 21 Girls 13 Year Olds 200 S			Sood Time	Finals Time	Dain
Event	Name	Age	Team	Seed Time	Finals Time	Point
Event	Name Lander, Sophie	13	Team Deben Swimming Club	3:00.43	3:01.36	Point
1 2	Name Lander, Sophie Roughsedge, Sophia	13 13	Team Deben Swimming Club West Suffolk Swimming Club-EA	3:00.43 3:24.30	3:01.36 3:08.22	Point
1 2 3	Name Lander, Sophie Roughsedge, Sophia Cooper, Emily	13 13 13	Team Deben Swimming Club West Suffolk Swimming Club-EA Stowmarket Swimming Club	3:00.43 3:24.30 3:08.52	3:01.36 3:08.22 3:08.96	Poin
1 2 3 4	Name Lander, Sophie Roughsedge, Sophia Cooper, Emily Tyler, Frankie	13 13 13 13	Team Deben Swimming Club West Suffolk Swimming Club-EA Stowmarket Swimming Club Deben Swimming Club	3:00.43 3:24.30 3:08.52 3:09.27	3:01.36 3:08.22 3:08.96 3:09.33	Point
1 2 3 4 5	Name Lander, Sophie Roughsedge, Sophia Cooper, Emily Tyler, Frankie Clark, Alice	13 13 13 13 13	Team Deben Swimming Club West Suffolk Swimming Club-EA Stowmarket Swimming Club Deben Swimming Club West Suffolk Swimming Club-EA	3:00.43 3:24.30 3:08.52 3:09.27 3:17.39	3:01.36 3:08.22 3:08.96 3:09.33 3:12.32	Point
1 2 3 4	Name Lander, Sophie Roughsedge, Sophia Cooper, Emily Tyler, Frankie Clark, Alice Pyle, Evie	13 13 13 13 13 13 13	Team Deben Swimming Club West Suffolk Swimming Club-EA Stowmarket Swimming Club Deben Swimming Club West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA	3:00.43 3:24.30 3:08.52 3:09.27 3:17.39 3:14.17	3:01.36 3:08.22 3:08.96 3:09.33 3:12.32 3:12.89	Poin
1 2 3 4 5 6	Name Lander, Sophie Roughsedge, Sophia Cooper, Emily Tyler, Frankie Clark, Alice Pyle, Evie Seys, Libby	13 13 13 13 13 13 13 13 13	Deben Swimming Club West Suffolk Swimming Club-EA Stowmarket Swimming Club Deben Swimming Club West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA	3:00.43 3:24.30 3:08.52 3:09.27 3:17.39 3:14.17 3:12.32	3:01.36 3:08.22 3:08.96 3:09.33 3:12.32 3:12.89 3:19.98	Poin
1 2 3 4 5 6 7	Name Lander, Sophie Roughsedge, Sophia Cooper, Emily Tyler, Frankie Clark, Alice Pyle, Evie Seys, Libby King, Alice	Age 13 13 13 13 13 13 13 13 13 13	Deben Swimming Club West Suffolk Swimming Club-EA Stowmarket Swimming Club Deben Swimming Club West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA Stowmarket Swimming Club	3:00.43 3:24.30 3:08.52 3:09.27 3:17.39 3:14.17 3:12.32 3:13.94	3:01.36 3:08.22 3:08.96 3:09.33 3:12.32 3:12.89 3:19.98 3:21.32	Poin
1 2 3 4 5 6 7	Name Lander, Sophie Roughsedge, Sophia Cooper, Emily Tyler, Frankie Clark, Alice Pyle, Evie Seys, Libby	13 13 13 13 13 13 13 13 13	Deben Swimming Club West Suffolk Swimming Club-EA Stowmarket Swimming Club Deben Swimming Club West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA	3:00.43 3:24.30 3:08.52 3:09.27 3:17.39 3:14.17 3:12.32	3:01.36 3:08.22 3:08.96 3:09.33 3:12.32 3:12.89 3:19.98	Poin
1 2 3 4 5 6 7 8	Name Lander, Sophie Roughsedge, Sophia Cooper, Emily Tyler, Frankie Clark, Alice Pyle, Evie Seys, Libby King, Alice	13 13 13 13 13 13 13 13 13 13 13	Deben Swimming Club West Suffolk Swimming Club-EA Stowmarket Swimming Club Deben Swimming Club West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA Stowmarket Swimming Club Felixstowe Swimming Club	3:00.43 3:24.30 3:08.52 3:09.27 3:17.39 3:14.17 3:12.32 3:13.94	3:01.36 3:08.22 3:08.96 3:09.33 3:12.32 3:12.89 3:19.98 3:21.32	Point
1 2 3 4 5 6 7 8	Name Lander, Sophie Roughsedge, Sophia Cooper, Emily Tyler, Frankie Clark, Alice Pyle, Evie Seys, Libby King, Alice Watts, Meg	Age 13 13 13 13 13 13 13 13 13 13 13 16C Meter B	Deben Swimming Club West Suffolk Swimming Club-EA Stowmarket Swimming Club Deben Swimming Club West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA West Suffolk Swimming Club-EA Stowmarket Swimming Club Felixstowe Swimming Club	3:00.43 3:24.30 3:08.52 3:09.27 3:17.39 3:14.17 3:12.32 3:13.94	3:01.36 3:08.22 3:08.96 3:09.33 3:12.32 3:12.89 3:19.98 3:21.32	Point

Seed Time

2:51.96

2:58.17

Finals Time

2:55.08

3:04.07

Points

(Event 21 Girls 15 & Over 200 SC M Name		raststroke) Team	Seed Time	Finals Time	Points
3 Barrett, Louise		Stowmarket Swimming Club	3:07.05	3:08.49	Tomes
4 Felgate, Emma		Felixstowe Swimming Club	3:37.88	3:41.21	
<u> </u>		-	3.37.00	3.11.21	
Event 22 Boys 9 Year Olds 200 SC M			Sood Time	Finals Time	Doints
Name		Team Colchester Swimming Club	Seed Time 4:15.00	Finals Time 4:22.45	Points
1 Scanlan, George		-	4:13.00	4:22.43	
Event 22 Boys 10 Year Olds 200 SC I			G LEE	F1 1 70	
Name	_	Team Clil	Seed Time	Finals Time	Points
1 Cottrell, Alexander	10	Colchester Swimming Club	4:00.00	3:47.41	
Event 22 Boys 11 Year Olds 200 SC N					
Name		Team	Seed Time	Finals Time	<u>Points</u>
1 Troman, Zak	11	Colchester Swimming Club	3:11.00	3:01.08	
Event 22 Boys 12 Year Olds 200 SC N	Meter Bi	reaststroke			
Name	Age	Team	Seed Time	Finals Time	Points
1 Tolputt, Samuel	12	Deben Swimming Club	3:29.21	3:17.83	
2 Richardson, Toby	12	West Suffolk Swimming Club-EA	3:39.26	3:34.34	
Event 22 Boys 13 Year Olds 200 SC I	Meter Bi	reaststroke			
Name		Team	Seed Time	Finals Time	Points
1 Milburn, Mark	13	Colchester Swimming Club	2:51.50	2:45.26	
2 Bishop, Joshua	13	Stowmarket Swimming Club	3:06.50	2:59.81	
Clay, James	13	West Suffolk Swimming Club-EA	2:38.01	X2:39.24	
Event 22 Boys 14 Year Olds 200 SC I	Matar Ri	rooststrolzo			
Name		Team	Seed Time	Finals Time	Points
1 Corani, Kalaum	_	Colchester Swimming Club	2:47.79	2:44.89	1 Omes
2 Hitchcock, Oliver		Hadleigh Dolphins	3:11.57	3:15.01	
3 Chapman, Jacob		Stowmarket Swimming Club	3:31.00	3:21.54	
•		-	3.31.00	3.21.31	
Event 22 Boys 15 & Over 200 SC Me Name		iststroke Team	Seed Time	Finals Time	Points
1 Boyt, Thomas		Felixstowe Swimming Club	2:34.55	2:33.07	Fonts
2 Morsman, Adam		Hadleigh Dolphins	2:48.19	2:51.94	
3 Tempest, Adam		West Suffolk Swimming Club-EA	3:01.36	3:01.19	
*			3.01.30	3.01.17	
Event 23 Girls 9 Year Olds 50 SC Me			a		
Name			Seed Time	Finals Time	<u>Points</u>
1 Stewart, Ella		West Suffolk Swimming Club-EA	40.42	42.25	
2 Stratton-Thomsett, Isabella		Colchester Swimming Club	46.31	44.44	
3 Troman, Gabriella	_	Colchester Swimming Club	50.61	45.13	
4 Bishop, Tilly-May	9	E	44.40	45.29	
5 Barber, Francesca	9	Stowmarket Swimming Club	46.23	45.69	
6 Bruce, Connie	9	Stowmarket Swimming Club	47.17	46.43	
7 Daynes, Erin	9	Stowmarket Swimming Club	43.14	47.48	
8 Phillips, Charlotte	9	Deben Swimming Club	40.88	47.67	
9 Jamieson, Beth		Hadleigh Dolphins	49.32	49.86	
10 Carter, Verity	9	Stowmarket Swimming Club	51.38	52.29	
Event 23 Girls 10 Year Olds 50 SC M	leter Fre	eestyle			
Name	_	Team	Seed Time	Finals Time	Points
1 Gladwell, Darcy	10	Hadleigh Dolphins	34.48	34.54	
2 Lander, Emily	10	Deben Swimming Club	35.22	35.71	
,,		TT . C . C . 11 . C	27.47	26.06	
3 Moore, Isabel	10	West Suffolk Swimming Club-EA	37.47	36.96	
	10 10		40.50	39.49	

11 Hitt, Martha

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018

Results

(Event 23	Girls 10	Year Olds	50 SC N	Ieter Freestyl	le)
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	t 23 Girls 10 Year Olds 50 S Name		Team	Seed Time	Finals Time	Points
6	Davies, Florence		Deben Swimming Club	44.45	41.44	<u> </u>
	Calver, Grace		Stowmarket Swimming Club	42.27	42.91	
	Holder, Mia		Stowmarket Swimming Club	42.07	45.83	
	23 Girls 11 Year Olds 50 So	~ Motor Fre	- postvilo			
Event	Name		Team	Seed Time	Finals Time	Points
1	McNicholas, Hannah		Deben Swimming Club	34.00	32.82	Tomes
	Stebbings, Katie		Stowmarket Swimming Club	32.73	32.97	
	Brown, Rebecca		Stowmarket Swimming Club	33.70	33.30	
	Karlsson, Hannah		Colchester Swimming Club	36.34	34.04	
5			Deben Swimming Club	34.58	34.47	
	Molyneaux, Annette		Hadleigh Dolphins	37.77	34.63	
7		11		35.22	34.67	
8		11	***	36.63	36.20	
9		11		36.74	37.86	
10		11		37.31	38.26	
11		11		41.28	38.34	
	Pommier, Georgia	11		44.41	41.82	
	Loft, Serafina		Stowmarket Swimming Club	55.11	49.80	
	•		-	55.11	47.00	
Event	23 Girls 12 Year Olds 50 So		-	G		
- 1	Name		Team Cl.1	Seed Time	Finals Time	Points
	Barber, Izzy		Stowmarket Swimming Club	29.50	30.25	
_	Davies, Connie	12	2	31.11	30.62	
3	,		Colchester Swimming Club	34.29	33.25	
4	, I	12	2	35.30	33.28	
5	, 0	12	<u> </u>	34.95	33.65	
6	•	12	E	34.35	34.17	
7	· · · · · · · · · · · · · · · · · · ·	12	٤	35.38	34.24	
8		12	•	34.43	34.52	
9	, T		Colchester Swimming Club	34.07	34.91	
10	· · · · · · · · · · · · · · · · · · ·		Team Ipswich	35.11	34.95	
11	,		Colchester Swimming Club	36.34	35.03	
12	, 0		Colchester Swimming Club	38.66	36.24	
13	1 /		Stowmarket Swimming Club	36.65	36.99	
	Isaacs, Izabella		Felixstowe Swimming Club	38.97	37.04	
	Wright, Emily		Stowmarket Swimming Club	37.02	37.06	
16	Quinton, Emma	12	2	38.58	37.63	
17	•	12	C	39.32	37.94	
18	, , , , , , , , , , , , , , , , , , ,	12	٥	38.76	38.51	
19	,	12	2	37.62	39.08	
20	Bingley, Josephine	12	Stowmarket Swimming Club	40.40	41.22	
Event	23 Girls 13 Year Olds 50 So	C Meter Fro	eestyle			
	Name	-	Team	Seed Time	Finals Time	Points
1	Lander, Sophie	13	Deben Swimming Club	28.60	29.92	
2	Roughsedge, Sophia	13	E	32.47	30.50	
3	McNicholas, Caitlin	13	C	30.23	30.60	
4	Bunclark, Megan	13	Deben Swimming Club	30.60	30.81	
5	Molyneaux, Olivia	13	Hadleigh Dolphins	32.49	31.17	
6	Cutting, Emily	13	West Suffolk Swimming Club-EA	30.93	31.44	
7	Wright, Mia	13	Felixstowe Swimming Club	31.18	31.84	
8	Crawley, Abigail	13	Felixstowe Swimming Club	32.11	31.94	
9	Abbott, Rowan	13	Hadleigh Dolphins	32.32	32.04	
10	Payne, Natasha	13	Deben Swimming Club	32.22	32.07	
1.1	TT'44 M A1	1.2	0, 1,0 ' ' 011	22.02	22.11	

13 Stowmarket Swimming Club

32.02

7 Cecins, Sandijs

8 Dixon-Minter, William

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018

Results

(Event 23	Cirls 13	Vear ()Ide 50	SC Meter	Freestyle)
(Event 23	GILIS 13	iear c	Mas Su	SC Meter	rreestvier

	t 23 Girls 13 Year Olds 50 S Name		Team	Seed Time	Finals Time	Points
12	Cooper, Emily	_	Stowmarket Swimming Club	32.05	32.24	
	Watts, Meg		Felixstowe Swimming Club	32.66	32.47	
14		13		32.52	32.77	
	Barrett, Jessica	13	West Suffolk Swimming Club-EA	32.96	32.85	
	Leighton, Katimai	13	Felixstowe Swimming Club	33.64	32.93	
	Benedetti, Erica	13	Stowmarket Swimming Club	32.61	33.11	
	King, Alice	13	.	31.95	33.33	
	Ford, Lily	13		34.62	33.78	
20		13	West Suffolk Swimming Club-EA	34.42	33.80	
21	- · · · · · · · · · · · · · · · · · · ·	13		35.42	34.13	
	McCarthy, Holly	13		35.16	34.15	
	Alvarez, Megan		Stowmarket Swimming Club	33.80	35.12	
	•		_	33.00	33.12	
vent	23 Girls 14 Year Olds 50 SC		-	C 1m	D: 1 /D:	D
	Name		Team Cl. 1	Seed Time	Finals Time	<u>Points</u>
	Quinton, Sophie		Deben Swimming Club	30.81	30.88	
	Evans, Nia		Hadleigh Dolphins	30.96	30.94	
	O'Malley, Hannah		Colchester Swimming Club	31.72	32.40	
	Merrigan, Elizabeth		Deben Swimming Club	32.24	32.63	
5	White, Caitlyn	14	Deben Swimming Club	32.25	32.69	
vent	23 Girls 15 & Over 50 SC N	Meter Frees	tyle			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Wayman, Minnie	15	Deben Swimming Club	29.17	29.50	
2	Dootson, Ella	16	Stowmarket Swimming Club	28.68	29.85	
3	O'Connor, Hannah	15	West Suffolk Swimming Club-EA	29.30	30.20	
4	Brown, Alice	16	West Suffolk Swimming Club-EA	30.28	30.65	
5		16	West Suffolk Swimming Club-EA	29.82	30.75	
6	King, Emily	15	Stowmarket Swimming Club	31.35	31.26	
7		17	Deben Swimming Club	30.30	31.34	
		15		31.55	31.54	
	Parsley, Chloe-Jeane	17	West Suffolk Swimming Club-EA	30.30	31.56	
10	m1 . T1	15		31.78	31.89	
11		15	West Suffolk Swimming Club-EA	31.32	32.11	
	Van Der Shyff, Nuha	16	a 1 1 a 1 a 1	32.32	32.67	
	Barrett, Sophie	_	Stowmarket Swimming Club	32.82	32.85	
	Cherry, Bethan		Stowmarket Swimming Club	32.85	33.52	
	Felgate, Emma		Felixstowe Swimming Club	36.03	36.49	
	Levett, Bethany	15		40.21	41.07	
	•				11107	
vent	24 Boys 9 Year Olds 50 SC		style Team	Sand Time	Finals Time	Dointe
1	Name		Colchester Swimming Club	Seed Time	Finals Time	Points
	Scanlan, George		-	42.69	41.77	
	Rowland, Alfie		Stowmarket Swimming Club Colchester Swimming Club	43.48	42.96	
	Crisell, Dexter		-	50.00	46.01	
4	Pommier, Theo	9	Felixstowe Swimming Club	46.14	46.97	
vent	24 Boys 10 Year Olds 50 SC	Meter Fre	eestyle			
	Name	_	Team	Seed Time	Finals Time	Points
1	Girolami, Massimo	10	Colchester Swimming Club	35.40	34.56	
2	McCarthy, Jack	10	Colchester Swimming Club	36.33	35.03	
3		10	Deben Swimming Club	37.29	35.32	
4	****	10	Colchester Swimming Club	37.34	36.12	
5		10	Deben Swimming Club	40.55	36.86	
6	*******	10	West Suffolk Swimming Club-EA	38.28	37.26	
	•		-			

10 Colchester Swimming Club

10 Team Ipswich

49.00

40.40

37.60

1 Coe, Calvin

2 Harrison, Alex

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018

(Event 24 Boys 10 Year Olds 50 S Name		Team	Seed Time	Finals Time	Points
9 Cottrell, Alexander		Colchester Swimming Club	40.50	37.85	1 01110
10 Clarke, Joseph		Stowmarket Swimming Club	43.91	42.20	
•			13.51	12.20	
Event 24 Boys 11 Year Olds 50 So		-	c læ	E. 1 T.	D : 4
Name	_	Team	Seed Time	Finals Time	Point
1 Black, Samuel		Stowmarket Swimming Club	35.04	33.95	
2 Spelman, Thomas		Stowmarket Swimming Club	34.73	35.10	
3 Barber, Nicholas		Stowmarket Swimming Club	37.77	37.52	
4 Rosher, Benedict		Felixstowe Swimming Club	38.93	38.02	
5 Jackson, Alfs		Stowmarket Swimming Club	38.51	38.05	
6 Whiting, Cameron		Deben Swimming Club	45.91	40.10	
7 Wallace, Henry	11	Stowmarket Swimming Club	38.21	40.65	
Event 24 Boys 12 Year Olds 50 Se		-			
Name		Team	Seed Time	Finals Time	Points
1 Meadows, Lewis		Felixstowe Swimming Club	31.08	28.75	
2 Bashford, Riley		Deben Swimming Club	31.03	29.89	
3 Pryke, Daniel		Deben Swimming Club	32.37	32.32	
4 Houghton, Benjamin		Hadleigh Dolphins	33.38	33.29	
5 Chamberlain, Archie		West Suffolk Swimming Club-EA	32.64	33.98	
6 Moss, Malachi		Deben Swimming Club	34.85	34.23	
7 Rana-Beadle, Nicholas		City of Cambridge SC	36.26	34.83	
8 Richardson, Toby		West Suffolk Swimming Club-EA	36.60	35.01	
9 Fountain, Harry		Hadleigh Dolphins	36.90	35.67	
10 Welsford, Owen		Deben Swimming Club	37.00	38.61	
11 Snow, Oliver		Stowmarket Swimming Club	36.71	39.90	
12 Handley, Robert	12	Stowmarket Swimming Club	42.66	42.61	
Event 24 Boys 13 Year Olds 50 Se	C Meter Fre	estyle			
Name		Team	Seed Time	Finals Time	Points
1 Clay, James		West Suffolk Swimming Club-EA	29.06	28.81	
2 Gladwell, Elliot		Hadleigh Dolphins	29.19	28.92	
3 Crossfield, James		Deben Swimming Club	28.90	28.98	
4 Parsons, James		Deben Swimming Club	29.69	29.33	
5 Connick, Michael	_	Deben Swimming Club	29.66	29.58	
6 Milburn, Mark	13	Colchester Swimming Club	31.06	29.75	
7 O'Connor, James	13	West Suffolk Swimming Club-EA	29.84	29.92	
8 Hilton, Thomas	13	Deben Swimming Club	30.75	30.64	
9 Phillips, Ben	13	West Suffolk Swimming Club-EA	32.10	30.88	
10 Rosher, Dominic	13	Felixstowe Swimming Club	31.92	31.32	
11 Girolami, Antonio	13	Colchester Swimming Club	33.15	32.86	
12 Thornton, Jonathan	13	Hadleigh Dolphins	35.78	35.17	
Event 24 Boys 14 Year Olds 50 So	C Meter Fre	estyle			
Name		Team	Seed Time	Finals Time	Points
1 Parsons, William	14	Deben Swimming Club	28.17	28.68	
2 Easteal, William		Colchester Swimming Club	30.26	28.76	
3 Corani, Kalaum		Colchester Swimming Club	29.62	29.02	
4 Houston, Connor	14	Deben Swimming Club	28.77	29.03	
5 Hitchcock, Oliver	14	Hadleigh Dolphins	30.80	30.52	
6 Black, Luke	14	Stowmarket Swimming Club	31.09	30.97	
7 Chapman, Jacob	14	Stowmarket Swimming Club	31.84	32.50	
,,					
_	Meter Frees	tyle			
Event 24 Boys 15 & Over 50 SC		tyle Team	Seed Time	Finals Time	Point

20 Stowmarket Swimming Club

18 West Suffolk Swimming Club-EA

25.27

25.00

25.48

(Event 24	Rove 15 &	Over 50 SC	Meter	Freestyle)
(Event 24	DUVS 15 &	Over 30 SC	Meter	rreestviei

	Name		Team	Seed Time	Finals Time	Points
3	Chapman, Lewis		Stowmarket Swimming Club	25.28	26.37	
4	Penman, Ruairidh	22	Stowmarket Swimming Club	26.55	26.66	
5	Handley, Will		Stowmarket Swimming Club	25.88	26.70	
6	Guild, Joseph	15	Colchester Swimming Club	27.33	27.13	
7	White, William	18	Hadleigh Dolphins	27.44	27.18	
8	Edgar, Ashley	16	West Suffolk Swimming Club-EA	27.13	27.21	
9	Morsman, Adam	19	Hadleigh Dolphins	26.98	27.22	
10	Chevin, Jack	17	Stowmarket Swimming Club	28.30	28.18	
11	Wallace, George	16	Stowmarket Swimming Club	28.10	28.42	
12	Arora, Aryan	15	Deben Swimming Club	28.04	28.43	
13	Welsford, Callum	15	Deben Swimming Club	28.36	28.78	
14	Allen, Ben	16	West Suffolk Swimming Club-EA	28.35	28.84	
15	Phillips, Charlie	15	Felixstowe Swimming Club	29.25	28.95	
16	Parsons, Henry	17	Deben Swimming Club	28.52	29.15	
17	Tempest, Adam	15	West Suffolk Swimming Club-EA	29.16	29.30	
18	Scott, Cole	15	Colchester Swimming Club	30.43	29.77	
19	Oakley, Jamie	15	Felixstowe Swimming Club	37.54	36.48	
20	Garry, James	16	Mildenhall and District	49.10	50.29	
'wont	25 Girls 11 Year Olds 200 S	C Motor P	uttorfly			
went.	Name		Team	Seed Time	Finals Time	Points
1	Brown, Rebecca		Stowmarket Swimming Club	3:25.65	3:14.77	1 Offics
	Bishop, Maerhyn Lily		Stowmarket Swimming Club	3:55.00	3:45.80	
	Fisher, Kayden		Stowmarket Swimming Club	4:40.26	4:00.18	
	-		_	4.40.20	4.00.16	
event	25 Girls 12 Year Olds 200 S		-			
	Name	_	Team St. 1. St. 1.	Seed Time	Finals Time	<u>Points</u>
	Davies, Connie		Deben Swimming Club	NT	3:09.51	
	Washington, Mae		Stowmarket Swimming Club	3:25.12	3:19.46	
3	Baker, Sophie	12	Colchester Swimming Club	3:38.95	3:41.84	
vent	25 Girls 13 Year Olds 200 S	C Meter B	utterfly			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Roughsedge, Sophia	13	West Suffolk Swimming Club-EA	2:59.38	2:58.01	
2	Alvarez, Megan	13	Stowmarket Swimming Club	3:32.83	3:29.50	
wont	25 Girls 14 Year Olds 200 S	C Motor R	uttorfly			
vent	Name		Team	Seed Time	Finals Time	Points
1	Redgrave, Molly		Colchester Swimming Club	3:01.50	2:55.57	Tomes
	Shaw, Katy		Stowmarket Swimming Club	3:06.96	3:09.60	
	•		_	3.00.70	3.07.00	
vent	25 Girls 15 & Over 200 SC		2	G 1771	F1 1 701	5. 1.
	Name		Team	Seed Time	Finals Time	Points
	O'Connor, Hannah		West Suffolk Swimming Club-EA	2:43.99	2:43.87	
	King, Emily		Stowmarket Swimming Club	2:50.24	2:50.38	
	Peacock, Molly		West Suffolk Swimming Club-EA	2:49.63	2:51.63	
4	Barrett, Sophie	16	Stowmarket Swimming Club	3:03.50	3:04.76	
vent	26 Boys 12 Year Olds 200 S	C Meter Bi	utterfly			
	Name		Team	Seed Time	Finals Time	Points
1	Houghton, Benjamin	_	Hadleigh Dolphins	3:42.00	3:27.01	
vent	26 Boys 13 Year Olds 200 S Name		Team	Seed Time	Finals Time	Points
1			Stowmarket Swimming Club	2:59.21		romts
	Bishop, Joshua		West Suffolk Swimming Club-EA		2:41.62	
2	O'Connor, James	13	West Suffork Swiffilling Club-EA	3:10.65	2:44.59	

Results

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r.vent zo	BOVS IS	A Uver z	UU SC. VI	eter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Coe, Calvin	20	Stowmarket Swimming Club	2:12.20	2:16.28	
2	Boyt, Thomas	19	Felixstowe Swimming Club	2:18.95	2:20.29	
3	Hall, Harvey	15	Deben Swimming Club	2:49.44	2:33.45	
4	Chapman, Lewis	17	Stowmarket Swimming Club	2:24.38	2:34.94	
Event	27 Girls 9 Year Olds 100 SC	Meter Ba	ckstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Troman, Gabriella	9	Colchester Swimming Club	1:53.22	1:40.25	
2	Stewart, Ella	9	West Suffolk Swimming Club-EA	1:41.39	1:43.08	
	Barber, Francesca	9	Stowmarket Swimming Club	1:51.83	1:52.76	
	Phillips, Charlotte	9	Deben Swimming Club	NT	1:56.57	
	Carter, Verity	9	Stowmarket Swimming Club	NT	2:03.74	
	Harrison, Amelie	9	Stowmarket Swimming Club	2:06.58	2:07.22	
vent	27 Girls 10 Year Olds 100 S	C Meter Ba	ackstroke			
	Name		Team	Seed Time	Finals Time	Points
1	Gladwell, Darcy	10	Hadleigh Dolphins	1:36.59	1:28.41	
	Moore, Isabel		West Suffolk Swimming Club-EA	1:37.64	1:34.48	
	Davies, Florence		Deben Swimming Club	NT	1:36.03	
	Richardson, May		Stowmarket Swimming Club	1:44.01	DQ	
	• •		ultaneous arm pull used to initiate turn	1111101	24	
vent	27 Girls 11 Year Olds 100 S	C Meter Ba	ackstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Hattan, Charlotte	11	Deben Swimming Club	1:22.62	1:23.28	
	Stebbings, Katie	11	Stowmarket Swimming Club	1:26.03	1:25.25	
3	Phillips, Georgie	11	Deben Swimming Club	1:26.80	1:25.55	
4	Karlsson, Hannah	11	Colchester Swimming Club	1:32.00	1:26.88	
	Milburn, Amy	11	Colchester Swimming Club	1:27.34	1:27.72	
	McNicholas, Hannah	11		1:46.22	1:31.36	
	Snowden, Beatrice	11	Team Ipswich	1:33.60	1:34.64	
	Gilbrook, Katy	11		1:43.99	1:36.70	
	Loft, Serafina	11		2:09.11	1:53.42	
	Wright, Elizabeth		West Suffolk Swimming Club-EA	1:27.92	DQ	
	•		pull used to initiate turn or not perform		24	
Event	27 Girls 12 Year Olds 100 S	C Meter Ba	ackstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Barber, Izzy	12	Stowmarket Swimming Club	1:13.46	1:14.34	
2	Goddard, Greta	12	Colchester Swimming Club	1:23.72	1:20.66	
3	Whyte, Olivia	12	West Suffolk Swimming Club-EA	1:25.09	1:26.77	
4	Clarke, Darcy	12	Stowmarket Swimming Club	1:30.57	1:28.30	
5	Baker, Sophie	12	Colchester Swimming Club	1:26.54	1:28.37	
6	Crossfield, Imogen	12	Deben Swimming Club	1:33.48	1:28.64	
7	Jordan-Pearce, Ruby	12	Stowmarket Swimming Club	1:26.71	1:30.04	
8	Veal, Chloe	12	Team Ipswich	1:30.15	1:30.17	
9	Wright, Emily	12	Stowmarket Swimming Club	1:31.36	1:30.67	
10	Isaacs, Izabella	12	T 11	1:47.43	1:37.36	
11	Carter, Annabelle	12	a 1 a 1 a 1 a 1 a 1 a 1 a 1 a 1 a 1 a 1	1:43.42	1:38.12	
12	Quinton, Emma		Deben Swimming Club	1:51.42	1:41.11	
13			Stowmarket Swimming Club	1:45.26	1:43.49	
			_	1.15.20	1.15.17	
Lvent	27 Girls 13 Year Olds 100 S Name		ackstroke Team	Seed Time	Finals Time	Points
1	Lander, Sophie	_	Deben Swimming Club	1:07.90	1:08.71	1 OHIES
	÷		West Suffolk Swimming Club-EA			
2	White, Charlotte	13	1103t Bulloik Swilllining Club-EA	1:12.45	1:11.86	

--- Meadows, Lewis

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Results

	Name	Age	Team	Seed Time	Finals Time	Points
3	Cutting, Emily	_	West Suffolk Swimming Club-EA	1:14.85	1:14.52	
	Tyler, Frankie	13	Deben Swimming Club	1:14.64	1:15.28	
5		13	Hadleigh Dolphins	1:19.81	1:19.22	
6	Clark, Alice	13	West Suffolk Swimming Club-EA	1:17.84	1:19.58	
7	McNicholas, Caitlin	13	Deben Swimming Club	1:28.35	1:19.59	
8		13	Stowmarket Swimming Club	1:19.18	1:20.13	
9	McCarthy, Holly	13		1:23.32	1:20.71	
10	· · · · · · · · · · · · · · · · · · ·	13	West Suffolk Swimming Club-EA	1:20.86	1:22.15	
11		13		1:22.53	1:23.77	
12		13	West Suffolk Swimming Club-EA	1:30.10	1:26.61	
13	Ford, Lily	13	Hadleigh Dolphins	1:30.03	1:27.24	
	Binternagel, Sophia		Hadleigh Dolphins	1:35.46	1:30.22	
	27 Girls 14 Year Olds 100 SC	' Meter R	ackstroke			
Event	Name		Team	Seed Time	Finals Time	Points
1	Quinton, Sophie	-	Deben Swimming Club	1:14.92	1:17.49	
	Evans, Nia		Hadleigh Dolphins	1:17.62	1:18.61	
	Chevin, Hannah		Stowmarket Swimming Club	1:18.12	1:20.33	
	•		_	1.10.12	1.20.55	
Event	27 Girls 15 & Over 100 SC M			C 175°	E' 1 T'	D : 4
1	Name	-	Team Deben Swimming Club	Seed Time	Finals Time	Points
_	Wayman, Minnie		•	1:08.58	1:08.14	
2	1 /		Deben Swimming Club	1:10.01	1:14.64	
3	J /		West Suffolk Swimming Club-EA	1:11.86	1:15.04	
4	,		Hadleigh Dolphins	1:16.24	1:16.93	
5	• /		Colchester Swimming Club	1:19.70	1:24.02	
	Felgate, Emma		Felixstowe Swimming Club	1:33.38	1:34.00	
/	Levett, Bethany	15	Stowmarket Swimming Club	1:38.73	1:42.99	
Event	28 Boys 10 Year Olds 100 SC					
	Name	_	Team	Seed Time	Finals Time	Points
	Connick, Joshua		Deben Swimming Club	1:28.69	1:26.77	
	McCarthy, Jack		Colchester Swimming Club	1:26.16	1:27.32	
3	Whitehouse, Elliot		Colchester Swimming Club	1:38.78	1:32.29	
4	,		West Suffolk Swimming Club-EA	1:37.04	1:34.61	
	Parsons, Edward		Deben Swimming Club	1:38.33	DQ	
	6.5 Single or double simulta	neous arm	pull used to initiate turn or not perform	ed immediat		
Event	28 Boys 11 Year Olds 100 SC					
	Name		Team	Seed Time	Finals Time	Points
	Troman, Zak		Colchester Swimming Club	1:19.12	1:18.27	
	Barber, Nicholas		Stowmarket Swimming Club	1:36.29	1:37.13	
	Rosher, Benedict		Felixstowe Swimming Club	1:38.66	1:39.85	
4	Wallace, Henry	11	Stowmarket Swimming Club	1:48.43	1:52.87	
Event	28 Boys 12 Year Olds 100 SC					
	Name	-	Team	Seed Time	Finals Time	Points
	Tolputt, Samuel		Deben Swimming Club	1:19.86	1:19.60	
2	Houghton, Benjamin		Hadleigh Dolphins	1:27.00	1:25.51	
3	, ,		West Suffolk Swimming Club-EA	1:32.48	1:29.90	
4			Stowmarket Swimming Club	1:34.91	1:39.85	
5	Fountain, Harry	12	Hadleigh Dolphins	1:43.78	1:40.70	
	M 1 T '	1.0	E 1' (C ' ' CL 1	1 15 00	D.O.	

12 Felixstowe Swimming Club

6.5 Single or double simultaneous arm pull used to initiate turn or not performed immediat

1:15.23

DQ

2:10.58

2:10.95

9 Garry, James

No Frills Open Meet 2018 - 15/12/2018 to 16/12/2018

Results

Event 28 Boys 13 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Parsons, James	13	Deben Swimming Club	1:13.03	1:08.88	
2	Clay, James	13	West Suffolk Swimming Club-EA	1:21.53	1:09.69	
3	Milburn, Mark	13	Colchester Swimming Club	1:14.97	1:13.91	
4	Phillips, Ben	13	West Suffolk Swimming Club-EA	1:17.19	1:14.04	
5	Bishop, Joshua	13	Stowmarket Swimming Club	1:20.12	1:15.05	
6	Thornton, Jonathan	13	Hadleigh Dolphins	1:35.73	1:31.50	
Event	28 Boys 14 Year Olds 100 S	C Meter Ba	ickstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Baker-Woods, Xavier	14	Team Ipswich	1:11.39	1:08.84	
Event	28 Boys 15 & Over 100 SC	Meter Back	kstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	White, William	18	Hadleigh Dolphins	1:08.74	1:06.93	
2	Chapman, Lewis	17	Stowmarket Swimming Club	1:08.65	1:07.67	
3	Handley, Will	16	Stowmarket Swimming Club	1:07.38	1:08.52	
4	Chevin, Jack	17	Stowmarket Swimming Club	1:08.13	1:08.58	
5	Hall, Harvey	15	Deben Swimming Club	1:12.34	1:08.59	
6	Allen, Ben	16	West Suffolk Swimming Club-EA	1:08.80	1:09.01	
7	Phillips, Charlie	15	Felixstowe Swimming Club	1:10.73	1:11.97	
8	Guild, Joseph	15	Colchester Swimming Club	1:15.35	1:14.24	

16 Mildenhall and District