

Suffolk County Championships 19th January - 24th February 2019

Saturday 2nd February

Swimmer	50 Free	100 IM	200 Fly	200 Breast
Elizabeth Acheson	0:31.50	1:19.31		
Gabe Young				3:09.28
Jasmine Lau	0:32.04	1:23.98	3:35.79	
Toran Young				3:47.68

Sunday 3rd February

Swimmer	50 Breast	100 Breast
Elizabeth Acheson		1:29.32
Toran Young	0:48.94	

Saturday 9th February

Swimmer	50 Fly	50 Free	100 Free	100 IM	200 Breast
Elizabeth Acheson	0:34.84				3:07.35
Jasmine Lau	0:36.03		1:10.07		
Jay Carter		0:29.38			
Max Airey		0:28.68		1:09.98	

Sunday 10th February

Swimmer	50 Breast	100 Breast
Elizabeth Acheson	0:40.08	
Toran Young		1:48.97

8 PBs achieved & a county Bronze won in 18 races

New Personal Best

0:59.99