Mildenhall Club Championships 12th - 20th November 2022

Event 201 Girls 9 & Under 50 SC Meter Freestyle — 12 November 2022

Champs: 39.51 R 2011 Annabel Williams

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sophia Andrews	9	Mildenhall & District SC	0:42.32	0:39.84
2	Poppy-Grace Spires	9	Mildenhall & District SC	1:12.01	1:10.15

Event 201 Girls 10-11 50 SC Meter Freestyle — 12 November 2022

Champs: 32.51 R 2003 Sarah Ball Zeal Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Belle Bingham	10	Mildenhall & District SC	0:58.01	0:41.93
2	Izzy Stevens	11	Mildenhall & District SC	0:42.60	0:42.26
3	Jasmine Macleod	10	Mildenhall & District SC	0:55.67	0:55.25
4	Sapphire Desouza-Holwill	10	Mildenhall & District SC	1:06.79	0:55.47
5	Ella Baxter	10	Mildenhall & District SC	0:52.96	0:57.31
6	Emily Smith	10	Mildenhall & District SC	1:02.95	1:01.58
7	Emma Barrett	10	Mildenhall & District SC	1:05.59	1:02.41
8	Adriana Morrison	10	Mildenhall & District SC	1:00.00	1:08.42
9	Elizabeth Shaw	10	Mildenhall & District SC	1:12.00	1:11.88

Event 201 Girls 12-13 50 SC Meter Freestyle — 12 November 2022

Champs: 30.29 R 2006 Megan Morley

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Esmae Child	13	Mildenhall & District SC	0:33.02	0:31.75
2	Emma Lovegrove	13	Mildenhall & District SC	0:33.94	0:32.25
3	Eden Benion	13	Mildenhall & District SC	0:35.36	0:35.46
4	Gracie-Mai Lloyd	12	Mildenhall & District SC	1:11.06	0:46.94

Event 201 Women 14-15 50 SC Meter Freestyle — 12 November 2022

Champs: 30.1 R 2009 Megan Taylor

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sarah Rose	15	Mildenhall & District SC	0:31.22	0:30.83

Event 201 Women 16 & Over 50 SC Meter Freestyle — 12 November 2022

Champs: 29.35 R 2008 Meagan Searle

Fastest: 29.35 F 2008 Meagan Searle Molly Brown Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Miranda Nichols	24	Mildenhall & District SC	0:28.99	0:27.92
2	Phoebe Mallen	16	Mildenhall & District SC	0:30.27	0:31.63
3	Katie Pearson	38	Mildenhall & District SC	0:36.00	0:34.79

Event 201 Boys 9 & Under 50 SC Meter Freestyle — 12 November 2022

Champs: 34.78 R 2008 Dominic Scifo

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Bay Smith	9	Mildenhall & District SC	0:56.35	0:50.34
2	Finley Crichton	7	Mildenhall & District SC	1:12.02	1:07.68

Event 201 Boys 10-11 50 SC Meter Freestyle — 12 November 2022

Champs: 30.96 R 1994 James Pearson Russell Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Jacob Lucas-Adams	11	Mildenhall & District SC	0:37.22	0:38.64
2	Miller Perry	11	Mildenhall & District SC	0:43.66	0:39.83
3	George MacDonald	11	Mildenhall & District SC	0:50.22	0:43.80
4	Lucas Hales	10	Mildenhall & District SC	0:48.91	0:46.43
5	Henry Schiller	10	Mildenhall & District SC	0:51.79	0:49.69
6	Shaw Wilson	11	Mildenhall & District SC	0:57.81	0:50.83
7	Wild Hendry	10	Mildenhall & District SC	0:54.27	0:53.13
8	Karol Poplawski	10	Mildenhall & District SC	0:58.45	0:53.98
9	Harrison Sainsbury	10	Mildenhall & District SC	1:03.81	1:04.35

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Event 201 Boys 12-13 50 SC Meter Freestyle — 12 November 2022

Champs: 28.92 R 2006 Brandon Searle

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Trystin Scheving	13	Mildenhall & District SC	0:31.50	0:29.88
2	Miko Poplawski	13	Mildenhall & District SC	0:36.35	0:31.96
3	Kieron Raven	12	Mildenhall & District SC	0:38.26	0:35.90
4	Oli Zawada	12	Mildenhall & District SC	0:43.22	0:37.00
5	Caden Lee	13	Mildenhall & District SC	0:58.00	0:42.66

Event 201 Men 14-15 50 SC Meter Freestyle — 12 November 2022

Champs: 26.6 R 2008 Brandon Searle

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	15	Mildenhall & District SC	0:29.13	0:27.89
2	James Shipp	15	Mildenhall & District SC	0:29.50	0:28.10
3	Oliver Misiaszek	15	Mildenhall & District SC	0:30.55	0:29.78
4	Edward Samuel	14	Mildenhall & District SC	0:35.35	0:32.83

Event 201 Men 16 & Over 50 SC Meter Freestyle — 12 November 2022

Champs: 25.31 R 2007 Adam Jamieson

Fastest: 25.31 F 2007 Adam Jamieson Molly Brown Shie

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Rob Garry	58	Mildenhall & District SC	0:39.50	0:38.01

Event 202 Girls 9 & Under 25 SC Meter Breaststroke — 12 November 2022

Champs: 22.20 R 1997 Cassie Luhrsen MDSC Shield

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sophia Andrews	9	Mildenhall & District SC	0:38.00	0:27.99
2	Kenna Perry	9	Mildenhall & District SC	0:50.00	0:37.59
---	Poppy-Grace Spires	9	Mildenhall & District SC	0:50.01	DQ (7.4)
7.4 Leg movements not simultaneous (alternating leg movement)					

Event 202 Boys 9 & Under 25 SC Meter Breaststroke — 12 November 2022

Champs: 20.22 R 1992 James Pearson Boland Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
---	Bay Smith	9	Mildenhall & District SC	0:40.36	DQ (7.4)
7.4 Leg movements not simultaneous (alternating leg movement)					

Event 203 Girls 10-11 100 SC Meter Backstroke — 12 November 2022

Champs: 1:25.04 R 2010 Zoe Delgado

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Izzy Stevens	11	Mildenhall & District SC	2:15.26	1:50.31
2	Emily Smith	10	Mildenhall & District SC	2:20.03	2:09.24
3	Adriana Morrison	10	Mildenhall & District SC	2:20.01	2:54.40
4	Elizabeth Shaw	10	Mildenhall & District SC	2:25.00	3:00.68
---	Sapphire Desouza-Holwill	10	Mildenhall & District SC	2:15.31	DQ (6.4)
6.4 Not on the back when leaving the wall					

Event 203 Girls 12-13 100 SC Meter Backstroke — 12 November 2022

Champs: 1:17.44 R 1997 Claire Newton Morley Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Emma Lovegrove	13	Mildenhall & District SC	1:21.23	1:17.24
2	Esmae Child	13	Mildenhall & District SC	1:40.00	1:30.47

Event 203 Women 14-15 100 SC Meter Backstroke — 12 November 2022

Champs: 1:12.20 R 1981 Lisa Hannem R. Smith Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sarah Rose	15	Mildenhall & District SC	1:18.84	1:19.54

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Event 203 Women 16 & Over 100 SC Meter Backstroke — 12 November 2022

Champs: 1:11.87 R 2008 Meagan Searle — A. Dann Plate

Fastest: 1:11.87 F 2008 Meagan Searle — Brown Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Phoebe Mallen	16	Mildenhall & District SC	1:23.04	1:21.70
2	Katie Pearson	38	Mildenhall & District SC	1:50.00	1:28.90

Event 203 Boys 10-11 100 SC Meter Backstroke — 12 November 2022

Champs: 1:26.80 R 2008 Ben Jamieson

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Jacob Lucas-Adams	11	Mildenhall & District SC	1:55.02	1:41.86
2	Miller Perry	11	Mildenhall & District SC	1:55.03	1:45.64
3	George MacDonald	11	Mildenhall & District SC	2:15.12	1:52.57
4	Shaw Wilson	11	Mildenhall & District SC	2:15.32	2:03.60
5	Henry Schiller	10	Mildenhall & District SC	2:20.00	2:16.88

Event 203 Boys 12-13 100 SC Meter Backstroke — 12 November 2022

Champs: 1:11.69 R 2006 Brandon Searle — MDSC Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Trystin Scheving	13	Mildenhall & District SC	1:28.63	1:20.36
2	Miko Poplawski	13	Mildenhall & District SC	1:55.01	1:23.05
3	Kieron Raven	12	Mildenhall & District SC	1:44.17	1:30.64

Event 203 Men 14-15 100 SC Meter Backstroke — 12 November 2022

Champs: 1:05.53 R 2008 Brandon Searle — JK Hoare Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	15	Mildenhall & District SC	1:12.65	1:08.72
2	James Shipp	15	Mildenhall & District SC	1:15.14	1:14.13
3	Edward Samuel	14	Mildenhall & District SC	1:55.00	1:37.03

Event 203 Men 16 & Over 100 SC Meter Backstroke — 12 November 2022

Champs: 1:03.88 R 2008 Adam Jamieson — Len Reeves Shld

Fastest: 1:03.88 F 2008 Adam Jamieson — Thorby Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Rob Garry	58	Mildenhall & District SC	1:56.00	1:43.86

Event 204 Girls 9 & Under 50 SC Meter Butterfly — 12 November 2022

Champs: 47.12 R 2008 Zoe Delgado

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sophia Andrews	9	Mildenhall & District SC	0:54.00	0:58.37
---	Poppy-Grace Spires	9	Mildenhall & District SC	1:10.01	DQ (8.3)
8.3 Movements of the legs not simultaneous or alternating movement of legs or feet					

Event 204 Girls 10-11 50 SC Meter Butterfly — 12 November 2022

Champs: 39.38 R 2009 Emily Taylor — Rutterford Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Izzy Stevens	11	Mildenhall & District SC	1:04.01	0:54.02
2	Belle Bingham	10	Mildenhall & District SC	0:59.02	0:54.20
3	Sapphire Desouza-Holwill	10	Mildenhall & District SC	1:04.02	1:09.14

Event 204 Girls 12-13 50 SC Meter Butterfly — 12 November 2022

Champs: 34.79 R 1986 Rebecca Logan

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Esmae Child	13	Mildenhall & District SC	0:37.18	0:37.51
2	Emma Lovegrove	13	Mildenhall & District SC	0:41.24	0:42.66
3	Eden Benion	13	Mildenhall & District SC	0:44.04	0:45.71
4	Gracie-Mai Lloyd	12	Mildenhall & District SC	0:59.01	0:59.41

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Event 204 Women 14-15 50 SC Meter Butterfly — 12 November 2022

Champs: 31.43 R 2009 Megan Taylor

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sarah Rose	15	Mildenhall & District SC	0:34.03	0:34.50

Event 204 Women 16 & Over 50 SC Meter Butterfly — 12 November 2022

Champs: 32.15 R 2007 Meagan Searle

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Miranda Nichols	24	Mildenhall & District SC	0:32.00	0:30.29
2	Katie Pearson	38	Mildenhall & District SC	0:45.00	0:38.81

Event 204 Boys 10-11 50 SC Meter Butterfly — 12 November 2022

Champs: 39.59 R 2006 Tom Russell Gattlin Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Jacob Lucas-Adams	11	Mildenhall & District SC	0:45.28	0:51.80
2	Lucas Hales	10	Mildenhall & District SC	1:04.00	0:53.85
3	Miller Perry	11	Mildenhall & District SC	0:54.01	0:56.35
4	George MacDonald	11	Mildenhall & District SC	1:00.59	0:59.64
---	Harrison Sainsbury	10	Mildenhall & District SC	1:10.00	DQ (8.3)
8.3 Movements of the legs not simultaneous or alternating movement of legs or feet					

Event 204 Boys 12-13 50 SC Meter Butterfly — 12 November 2022

Champs: 31.81 R 1997 Colin Girling

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Trystin Scheving	13	Mildenhall & District SC	0:35.93	0:35.11
2	Miko Poplawski	13	Mildenhall & District SC	0:53.54	0:40.78
3	Kieron Raven	12	Mildenhall & District SC	0:44.80	0:41.75
4	Caden Lee	13	Mildenhall & District SC	0:59.00	0:51.38

Event 204 Men 14-15 50 SC Meter Butterfly — 12 November 2022

Champs: 28.61 R 2013 Harry Wagner

Pos.	Name	Age	Team	Seed Time	Finals Time
1	James Shipp	15	Mildenhall & District SC	0:32.05	0:32.54
2	Oliver Misiaszek	15	Mildenhall & District SC	0:35.37	0:34.59
---	Tyler Baxter	15	Mildenhall & District SC	0:31.92	DQ (8.2)
8.2 Arms not brought forward simultaneously or arms not brought forward over the water					

Event 204 Men 16 & Over 50 SC Meter Butterfly — 12 November 2022

Champs: 28.31 R 2010 Adam Jamieson

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Rob Garry	58	Mildenhall & District SC	0:58.40	0:51.84
2	John Browne	64	Mildenhall & District SC	1:05.00	1:04.51

Event 205 Girls 8 & Under 25 SC Meter Freestyle — 12 November 2022

Champs: 19.73 R 2003 Lydia Smith Curtin Shield

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Poppy MacDonald	8	Mildenhall & District SC	0:55.00	0:34.99

Event 205 Girls 9 Year Olds 25 SC Meter Freestyle — 12 November 2022

Champs: 16.89 R 1997 Cassie Luhrsen Grant Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sophia Andrews	9	Mildenhall & District SC	0:25.00	0:18.87
2	Poppy-Grace Spires	9	Mildenhall & District SC	0:45.00	0:27.52
3	Kenna Perry	9	Mildenhall & District SC	0:45.01	0:28.16

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Event 205 Boys 8 & Under 25 SC Meter Freestyle — 12 November 2022

Champs: 19.26 R 2005 Ben Jamieson Curtin Shield

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Finley Crichton	7	Mildenhall & District SC	0:45.02	0:28.30

Event 205 Boys 9 Year Olds 25 SC Meter Freestyle — 12 November 2022

Champs: 15.38 R 1992 James Pearson Pryke Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Bay Smith	9	Mildenhall & District SC	0:32.33	0:21.70

Event 206 Girls 10-11 100 SC Meter Breaststroke — 12 November 2022

Champs: 1:36.44 R 2016 Molly Harvey

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Izzy Stevens	11	Mildenhall & District SC	2:20.01	2:15.07
---	Jasmine Macleod	10	Mildenhall & District SC	2:30.00	DQ (7.4)
7.4 Leg movements not simultaneous (alternating leg movement)					
---	Belle Bingham	10	Mildenhall & District SC	2:15.02	DQ (7.4)
7.4 Leg movements not simultaneous (alternating leg movement)					

Event 206 Girls 12-13 100 SC Meter Breaststroke — 12 November 2022

Champs: 1:27.19 R 1990 Lynne Jones Squire Goblet

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Eden Benion	13	Mildenhall & District SC	1:42.09	1:39.12
2	Emma Lovegrove	13	Mildenhall & District SC	1:44.50	1:39.80
3	Esmae Child	13	Mildenhall & District SC	1:44.87	1:47.42
4	Gracie-Mai Lloyd	12	Mildenhall & District SC	2:15.01	2:08.55

Event 206 Women 14-15 100 SC Meter Breaststroke — 12 November 2022

Champs: 1:20.00 R 1981 Lisa Hannem Clark Shield

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sarah Rose	15	Mildenhall & District SC	1:45.30	1:35.10

Event 206 Boys 10-11 100 SC Meter Breaststroke — 12 November 2022

Champs: 1:38.68 R 2006 Tom Russell

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Miller Perry	11	Mildenhall & District SC	2:03.08	1:56.61
2	Jacob Lucas-Adams	11	Mildenhall & District SC	2:04.25	2:05.91
3	Wild Hendry	10	Mildenhall & District SC	2:20.00	2:21.16

Event 206 Boys 12-13 100 SC Meter Breaststroke — 12 November 2022

Champs: 1:22.73 R 1987 David Edwards Savory&Moore Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Trystin Scheving	13	Mildenhall & District SC	1:46.40	1:35.99
2	Miko Poplawski	13	Mildenhall & District SC	1:42.77	1:36.30
3	Oli Zawada	12	Mildenhall & District SC	2:05.00	1:55.73
4	Caden Lee	13	Mildenhall & District SC	2:15.00	2:17.34

Event 206 Men 14-15 100 SC Meter Breaststroke — 12 November 2022

Champs: 1:14.58 R 2013 Harry Wagner Snushall Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	James Shipp	15	Mildenhall & District SC	1:25.93	1:25.18
2	Oliver Misiaszek	15	Mildenhall & District SC	1:36.14	1:30.63
3	Edward Samuel	14	Mildenhall & District SC	1:42.52	1:39.49

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Event 206 Men 16 & Over 100 SC Meter Breaststroke — 12 November 2022

Champs: 1:10.68 R 2015 Harry Wagner JKH Trophy

Fastest: 1:10.68 F 2015 Harry Wagner Storeys Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Rob Garry	58	Mildenhall & District SC	2:14.00	2:04.44
2	John Browne	64	Mildenhall & District SC	2:10.00	2:11.37

Event 307 Girls 9 & Under 50 SC Meter Backstroke — 19 November 2022

Champs: 46.98 R 2008 Zoe Delgado

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sophia Andrews	9	Mildenhall & District SC	0:51.89	0:52.52

Event 307 Girls 10-11 50 SC Meter Backstroke — 19 November 2022

Champs: 36.28 R 2008 Alaina Scifo Ewing Shield

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Belle Bingham	10	Mildenhall & District SC	0:56.01	0:49.60
2	Izzy Stevens	11	Mildenhall & District SC	0:48.49	0:51.45
3	Ella Baxter	10	Mildenhall & District SC	0:53.41	0:53.24
4	Hailey Campo	11	Mildenhall & District SC	0:52.61	0:55.43
5	Emily Smith	10	Mildenhall & District SC	0:59.76	0:58.49
6	Jasmine Macleod	10	Mildenhall & District SC	1:10.01	1:00.97
7	Sapphire Desouza-Holwill	10	Mildenhall & District SC	1:06.07	1:01.44
8	Emma Barrett	10	Mildenhall & District SC	1:08.34	1:05.21
9	Adriana Morrison	10	Mildenhall & District SC	1:10.00	1:10.55
10	Elizabeth Shaw	10	Mildenhall & District SC	1:15.00	1:23.95

Event 307 Girls 12-13 50 SC Meter Backstroke — 19 November 2022

Champs: 35.61 R 2017 Molly Harvey

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Emma Lovegrove	13	Mildenhall & District SC	0:36.85	0:35.91
2	Esmae Child	13	Mildenhall & District SC	0:39.14	0:40.27
3	Gracie-Mai Lloyd	12	Mildenhall & District SC	1:07.88	0:59.75

Event 307 Women 14-15 50 SC Meter Backstroke — 19 November 2022

Champs: 33.79 R 2015 Ffion Lewis-Dimmock

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sarah Rose	15	Mildenhall & District SC	0:38.13	0:36.44
2	Kayla Campo	14	Mildenhall & District SC	0:41.67	0:38.09

Event 307 Women 16 & Over 50 SC Meter Backstroke — 19 November 2022

Champs: 33.53 R 2015 Jordanne Sillitoe

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Katie Pearson	38	Mildenhall & District SC	0:44.00	0:41.66
2	Jeannie Morley	66	Mildenhall & District SC	0:55.26	0:55.52

Event 307 Boys 9 & Under 50 SC Meter Backstroke — 19 November 2022

Champs: 43.07 R 2008 Dominic Scifo

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Bay Smith	9	Mildenhall & District SC	0:58.66	0:53.18
2	Finley Crichton	7	Mildenhall & District SC	1:15.02	1:13.65

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Event 307 Boys 10-11 50 SC Meter Backstroke — 19 November 2022

Champs: 36.93 R 1994 James Pearson Bell Hotel Troph

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Jacob Lucas-Adams	11	Mildenhall & District SC	0:54.53	0:45.21
2	Miller Perry	11	Mildenhall & District SC	0:55.00	0:48.48
3	George MacDonald	11	Mildenhall & District SC	0:49.97	0:50.16
4	Lucas Hales	10	Mildenhall & District SC	0:55.39	0:50.54
5	Taevin Wilson	11	Mildenhall & District SC	0:56.02	0:52.41
6	Shaw Wilson	11	Mildenhall & District SC	0:58.50	0:57.81
7	Karol Poplawski	10	Mildenhall & District SC	1:04.28	1:03.03

Event 307 Boys 12-13 50 SC Meter Backstroke — 19 November 2022

Champs: 32.63 R 2006 Brandon Searle

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Miko Poplawski	13	Mildenhall & District SC	0:39.13	0:36.12
2	Trystin Scheving	13	Mildenhall & District SC	0:37.33	0:36.84
3	Kieron Raven	12	Mildenhall & District SC	0:46.70	0:43.43
4	Oli Zawada	12	Mildenhall & District SC	0:52.25	0:45.86

Event 307 Men 14-15 50 SC Meter Backstroke — 19 November 2022

Champs: 31.07 R 2008 Brandon Searle

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	15	Mildenhall & District SC	0:32.30	0:31.33
2	Oliver Misiaszek	15	Mildenhall & District SC	0:38.95	0:37.57
3	Edward Samuel	14	Mildenhall & District SC	0:44.85	0:42.30

Event 307 Men 16 & Over 50 SC Meter Backstroke — 19 November 2022

Champs: 29.28 R 2014 Ben Jamieson

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Rob Garry	58	Mildenhall & District SC	0:49.40	0:46.26

Event 308 Girls 9 & Under 25 SC Meter Butterfly — 19 November 2022

Champs: 19.25 R 1997 Cassie Luhrsen Stebbing Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sophia Andrews	9	Mildenhall & District SC	0:23.31	0:25.97

Event 308 Boys 9 & Under 25 SC Meter Butterfly — 19 November 2022

Champs: 17.00 R 1992 James Pearson Squire Shield

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Bay Smith	9	Mildenhall & District SC	0:31.09	0:29.62

Event 309 Girls 10-11 100 SC Meter Freestyle — 19 November 2022

Champs: 1:13.35 R 2008 Alaina Scifo

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Hailey Campo	11	Mildenhall & District SC	1:50.83	1:37.12
2	Belle Bingham	10	Mildenhall & District SC	1:51.02	1:38.85
3	Izzy Stevens	11	Mildenhall & District SC	2:00.61	1:45.49
4	Stella Lee	10	Mildenhall & District SC	2:02.18	1:48.55
5	Sapphire Desouza-Holwill	10	Mildenhall & District SC	2:02.01	2:06.37
6	Ella Baxter	10	Mildenhall & District SC	2:10.00	2:06.93
7	Jasmine Macleod	10	Mildenhall & District SC	2:10.01	2:11.68
8	Emily Smith	10	Mildenhall & District SC	2:10.02	2:19.08
9	Adriana Morrison	10	Mildenhall & District SC	2:06.00	2:31.98
10	Elizabeth Shaw	10	Mildenhall & District SC	2:20.00	2:41.62

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Event 309 Girls 12-13 100 SC Meter Freestyle — 19 November 2022

Champs: 1:06.78 R 1993 Madaline Woods

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Emma Lovegrove	13	Mildenhall & District SC	1:16.75	1:11.03
2	Esmae Child	13	Mildenhall & District SC	1:13.77	1:12.85
3	Gracie-Mai Lloyd	12	Mildenhall & District SC	2:05.61	1:50.52

Event 309 Women 14-15 100 SC Meter Freestyle — 19 November 2022

Champs: 1:04.10 R 1981 Lisa Hannem

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sarah Rose	15	Mildenhall & District SC	1:19.77	1:06.06
2	Kayla Campo	14	Mildenhall & District SC	1:19.13	1:16.13

Event 309 Women 16 & Over 100 SC Meter Freestyle — 19 November 2022

Champs: 1:04.55 R 2015 Jordanne Sillitoe

Fastest: 1:04.10 F 1981 Lisa Hannem CE Morley Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Miranda Nichols	24	Mildenhall & District SC	1:01.99	1:00.71
2	Katie Pearson	38	Mildenhall & District SC	1:20.00	1:16.59

Event 309 Boys 10-11 100 SC Meter Freestyle — 19 November 2022

Champs: 1:14.02 R 2006 Tom Russell

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Jacob Lucas-Adams	11	Mildenhall & District SC	1:28.07	1:25.20
2	Taevin Wilson	11	Mildenhall & District SC	1:51.01	1:34.98
3	Miller Perry	11	Mildenhall & District SC	1:36.92	1:35.60
4	George MacDonald	11	Mildenhall & District SC	1:51.00	1:38.86
5	Wild Hendry	10	Mildenhall & District SC	2:02.00	2:05.72

Event 309 Boys 12-13 100 SC Meter Freestyle — 19 November 2022

Champs: 1:02.98 R 2006 Brandon Searle

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Trystin Scheving	13	Mildenhall & District SC	1:08.74	1:06.13
2	Miko Poplawski	13	Mildenhall & District SC	1:25.00	1:14.25
3	Kieron Raven	12	Mildenhall & District SC	1:24.51	1:20.07
4	Oli Zawada	12	Mildenhall & District SC	1:25.01	1:26.69
5	Caden Lee	13	Mildenhall & District SC	1:40.37	1:42.26

Event 309 Men 14-15 100 SC Meter Freestyle — 19 November 2022

Champs: 56.80 R 1981 Graham Minns

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	15	Mildenhall & District SC	1:08.49	1:00.93
2	Oliver Misiaszek	15	Mildenhall & District SC	1:10.89	1:05.46
3	Edward Samuel	14	Mildenhall & District SC	1:16.20	1:15.70

Event 309 Men 16 & Over 100 SC Meter Freestyle — 19 November 2022

Champs: 56.64 R 2006 Adam Jamieson

Fastest: 54.30 F 1981 Mark Veale Stebbing Shield

Pos.	Name	Age	Team	Seed Time	Finals Time
1	James Peck	18	Mildenhall & District SC	1:11.83	1:10.39
2	Ben Peck	16	Mildenhall & District SC	1:14.61	1:12.69
3	Rob Garry	58	Mildenhall & District SC	1:34.00	1:26.19
4	John Browne	64	Mildenhall & District SC	1:55.00	1:48.64

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Event 310 Girls 9 & Under 50 SC Meter Breaststroke — 19 November 2022

Champs: 54.72 R 2014 Zoe Jones

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sophia Andrews	9	Mildenhall & District SC	1:03.51	1:05.86

Event 310 Girls 10-11 50 SC Meter Breaststroke — 19 November 2022

Champs: 42.91 R 1988 Lynne Jones Dann Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Hailey Campo	11	Mildenhall & District SC	0:53.96	0:50.78
2	Belle Bingham	10	Mildenhall & District SC	1:20.02	0:54.88
3	Izzy Stevens	11	Mildenhall & District SC	0:58.12	0:58.89
4	Stella Lee	10	Mildenhall & District SC	1:25.01	1:02.69
5	Jasmine Macleod	10	Mildenhall & District SC	1:30.01	1:18.52
---	Emily Smith	10	Mildenhall & District SC	1:30.03	DQ (7.3)
7.3 Hands brought back beyond hip line (except after 1st stroke following start or turn)					
---	Ella Baxter	10	Mildenhall & District SC	1:30.02	DQ (7.4)
7.4 Leg movements not simultaneous (alternating leg movement)					
---	Elizabeth Shaw	10	Mildenhall & District SC	1:35.01	DQ (7.3)
7.3 Hands brought back beyond hip line (except after 1st stroke following start or turn)					

Event 310 Girls 12-13 50 SC Meter Breaststroke — 19 November 2022

Champs: 41.15 R 2017 Molly Harvey

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Emma Lovegrove	13	Mildenhall & District SC	0:45.91	0:45.63
2	Esmae Child	13	Mildenhall & District SC	0:46.16	0:46.38
3	Gracie-Mai Lloyd	12	Mildenhall & District SC	1:18.38	0:57.56

Event 310 Women 14-15 50 SC Meter Breaststroke — 19 November 2022

Champs: 39.14 R 2016 Emily Stuart

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sarah Rose	15	Mildenhall & District SC	0:43.06	0:42.47
2	Kayla Campo	14	Mildenhall & District SC	0:51.28	0:47.07

Event 310 Women 16 & Over 50 SC Meter Breaststroke — 19 November 2022

Champs: 38.29 R 2015 Jordanne Sillitoe

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Phoebe Mallen	16	Mildenhall & District SC	0:40.58	0:41.74

Event 310 Boys 9 & Under 50 SC Meter Breaststroke — 19 November 2022

Champs: 51.77 R 2008 Dominic Scifo

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Bay Smith	9	Mildenhall & District SC	1:23.00	1:08.37

Event 310 Boys 10-11 50 SC Meter Breaststroke — 19 November 2022

Champs: 42.91 R 1985 David Edwards Cocksedge Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Miller Perry	11	Mildenhall & District SC	0:56.18	0:54.22
2	Jacob Lucas-Adams	11	Mildenhall & District SC	1:12.81	0:55.60
3	Taevin Wilson	11	Mildenhall & District SC	1:20.01	0:58.96
4	Lucas Hales	10	Mildenhall & District SC	1:14.08	1:03.05
5	Wild Hendry	10	Mildenhall & District SC	1:25.00	1:04.78
6	George MacDonald	11	Mildenhall & District SC	1:09.96	1:08.99
---	Karol Poplawski	10	Mildenhall & District SC	1:30.00	DQ (7.4)
7.4 Leg movements not simultaneous (alternating leg movement)					

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Event 310 Boys 12-13 50 SC Meter Breaststroke — 19 November 2022

Champs: 38.48 R 2011 Harry Wagner

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Trystin Scheving	13	Mildenhall & District SC	0:43.61	0:43.09
2	Miko Poplawski	13	Mildenhall & District SC	0:44.72	0:43.21
3	Oli Zawada	12	Mildenhall & District SC	0:59.81	0:49.04
---	Caden Lee	13	Mildenhall & District SC	1:20.00	DQ (7.1)
7.1 After the start or after each turn single butterfly kick not performed before the 1st					

Event 310 Men 14-15 50 SC Meter Breaststroke — 19 November 2022

Champs: 34.28 R 2013 Harry Wagner

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	15	Mildenhall & District SC	0:38.83	0:36.63
2	Oliver Misiaszek	15	Mildenhall & District SC	0:41.54	0:40.72
3	Edward Samuel	14	Mildenhall & District SC	0:46.89	0:45.33

Event 310 Men 16 & Over 50 SC Meter Breaststroke — 19 November 2022

Champs: 32.03 R 2015 Harry Wagner

Pos.	Name	Age	Team	Seed Time	Finals Time
1	James Peck	18	Mildenhall & District SC	0:42.72	0:42.90
2	Rob Garry	58	Mildenhall & District SC	0:55.60	0:51.50
3	John Browne	64	Mildenhall & District SC	0:56.24	0:55.57

Event 311 Girls 9 & Under 25 SC Meter Backstroke — 19 November 2022

Champs: 20.16 R 1983 Karen Robinson Pryke Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sophia Andrews	9	Mildenhall & District SC	0:30.00	0:24.59
2	Eden Saunders	8	Mildenhall & District SC	0:55.01	0:26.97
3	Poppy MacDonald	8	Mildenhall & District SC	0:55.00	0:31.06

Event 311 Boys 9 & Under 25 SC Meter Backstroke — 19 November 2022

Champs: 18.20 R 1992 James Pearson Adam Jamieson Cu

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Bay Smith	9	Mildenhall & District SC	0:34.12	0:24.21
2	Finley Crichton	7	Mildenhall & District SC	0:45.01	0:28.47
3	Rob Shaw	7	Mildenhall & District SC	1:10.00	0:29.72

Event 312 Girls 10-11 100 SC Meter Butterfly — 19 November 2022

Champs: 1:26.77 R 2010 Jordanne Sillitoe

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Izzy Stevens	11	Mildenhall & District SC	2:35.00	2:31.30

Event 312 Girls 12-13 100 SC Meter Butterfly — 19 November 2022

Champs: 1:20.55 R 2010 Grace Colasante Pennine Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Esmae Child	13	Mildenhall & District SC	1:50.01	1:27.28
2	Emma Lovegrove	13	Mildenhall & District SC	1:49.76	1:43.07

Event 312 Women 14-15 100 SC Meter Butterfly — 19 November 2022

Champs: 1:13.82 R 1988 Karen Robinson Coulling Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sarah Rose	15	Mildenhall & District SC	1:24.90	1:18.94

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Event 312 Women 16 & Over 100 SC Meter Butterfly — 19 November 2022

Champs: 1:10.22 R 2015 Jordanne Sillitoe Robinson Cup
Fastest: 1:10.22 F 2015 Jordanne Sillitoe Beck Row Primary

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Miranda Nichols	24	Mildenhall & District SC	1:10.90	1:08.15
2	Katie Pearson	38	Mildenhall & District SC	1:50.00	1:30.93
3	Phoebe Mallen	16	Mildenhall & District SC	1:33.37	1:38.58

Event 312 Boys 10-11 100 SC Meter Butterfly — 19 November 2022

Champs: 1:28.44 R 2006 Tom Russell

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Jacob Lucas-Adams	11	Mildenhall & District SC	2:00.45	2:04.65
---	Miller Perry	11	Mildenhall & District SC	2:03.00	DNF
10.2 A swimmer did not cover the whole distance - DNF					

Event 312 Boys 12-13 100 SC Meter Butterfly — 19 November 2022

Champs: 1:14.36 R 2010 Ben Delgado R Smith Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Trystin Scheving	13	Mildenhall & District SC	1:24.26	1:23.91
2	Kieron Raven	12	Mildenhall & District SC	1:44.53	1:34.97
3	Caden Lee	13	Mildenhall & District SC	2:05.00	1:57.18

Event 312 Men 14-15 100 SC Meter Butterfly — 19 November 2022

Champs: 1:04.74 R 2013 Harry Wagner Jakeman Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	15	Mildenhall & District SC	1:21.10	1:13.06

Event 312 Men 16 & Over 100 SC Meter Butterfly — 19 November 2022

Champs: 1:02.99 R 2008 Adam Jamieson Robinson Cup
Fastest: 58.80 F 1981 Mark Veale Girling Memorial

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Rob Garry	58	Mildenhall & District SC	2:10.00	2:02.86
2	John Browne	64	Mildenhall & District SC	2:30.00	2:26.16

Spec 1 Mixed Beginners 1 Width Race (Minnows only) — 20 November 2022

W. Read Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Thomas Power	6	Minnow		
2	Luke Bailey	5	Minnow		
3	Harry Crick	6	Minnow		

Spec 2 Mixed Beginners 1 Width Race (Catfish only) — 20 November 2022

MDSC Trophy

					Finals Time
1	Freddie Swanson	8	Catfish		
2	Archie Morley	7	Catfish		
2	Elora Swanson	6	Catfish		

Spec 3 Girls Beginners 2 Width Race (Width Classes) — 20 November 2022

W. Read Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Eden Saunders	8	Elfin		
2	Georgia Bailey	8	Elfin		
3	Alexis De Luca	10	Elfin		

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Spec 4 Boys Beginners 2 Width Race (Width Classes)

20 November 2022

Brynley Wright Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Freddie Swanson	8	Catfish		
2	Archie Morley	7	Catfish		
3	Rob Shaw	7	Catfish		

Event 413 Girls 9 & Under 100 SC Meter IM

20 November 2022

Champs: 1:34.60 R 1997 Cassie Luhrsen Scurrah Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
---	Sophia Andrews	9	Mildenhall & District SC	1:45.02	DQ (9.4)
9.4 Finish of each stroke not in accordance with rules for the particular stroke - IM					

Event 413 Girls 10-11 100 SC Meter IM

20 November 2022

Champs: 1:22.00 R 1998 Cassie Luhrsen Squire M Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Hailey Campo	11	Mildenhall & District SC	1:50.03	1:50.35
2	Stella Lee	10	Mildenhall & District SC	2:10.02	2:07.10
---	Emily Smith	10	Mildenhall & District SC	2:15.01	DQ (8.3)
8.3 Movements of the legs not simultaneous or alternating movement of legs or feet - fly					

Event 413 Girls 12-13 100 SC Meter IM

20 November 2022

Champs: 1:17.94 R 1993 Madaline Woods

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Emma Lovegrove	13	Mildenhall & District SC	1:25.63	1:23.69
2	Esmae Child	13	Mildenhall & District SC	1:26.28	1:23.83

Event 413 Women 14-15 100 SC Meter IM

20 November 2022

Champs: 1:15.24 R 2008 Annoushka Ramdeen

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sarah Rose	15	Mildenhall & District SC	1:18.86	1:16.42
2	Kayla Campo	14	Mildenhall & District SC	1:33.54	1:26.73

Event 413 Women 16 & Over 100 SC Meter IM

20 November 2022

Champs: 1:15.11 R 2007 Meagan Searle

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Phoebe Mallen	16	Mildenhall & District SC	1:21.20	1:22.70
2	Katie Pearson	38	Mildenhall & District SC	1:41.00	1:29.39
3	Jane Smith	58	Mildenhall & District SC	1:51.77	1:50.39

Event 413 Boys 9 & Under 100 SC Meter IM

20 November 2022

Champs: 1:28.00 R 1992 James Pearson Cocksedge Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Bay Smith	09	Mildenhall & District SC	2:10.01	2:14.91

Event 413 Boys 10-11 100 SC Meter IM

20 November 2022

Champs: 1:21.37 R 1994 James Pearson Squire Shield

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Jacob Lucas-Adams	11	Mildenhall & District SC	1:41.72	1:42.61
2	Taevin Wilson	11	Mildenhall & District SC	1:50.00	1:49.63
3	George MacDonald	11	Mildenhall & District SC	1:50.01	1:59.22
4	Lucas Hales	10	Mildenhall & District SC	2:10.00	1:59.85

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Event 413 Boys 12-13 100 SC Meter IM — 20 November 2022

Champs: 1:13.88 R 2006 Brandon Searle

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Trystin Scheving	13	Mildenhall & District SC	1:23.35	1:19.89
2	Miko Poplawski	13	Mildenhall & District SC	1:31.40	1:22.90
3	Kieron Raven	12	Mildenhall & District SC	1:40.57	1:38.82
4	Caden Lee	13	Mildenhall & District SC	1:50.02	1:53.89

Event 413 Men 14-15 100 SC Meter IM — 20 November 2022

Champs: 1:06.27 R 2013 Harry Wagner

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	15	Mildenhall & District SC	1:11.90	1:09.89
2	Edward Samuel	14	Mildenhall & District SC	1:45.00	1:26.76

Event 413 Men 16 & Over 100 SC Meter IM — 20 November 2022

Champs: 1:04.21 R 2014 Ben Jamieson

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Rob Garry	58	Mildenhall & District SC	1:58.00	1:47.88
2	John Browne	64	Mildenhall & District SC	2:09.91	2:10.05

Event 414 Girls 25 SC Meter Freestyle Novice — 20 November 2022

Champs: 17.06 R 2001 Sarah Ball B Jones Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Izzy Stevens	11	Mildenhall & District SC	0:21.87	0:18.65
2	Stella Lee	10	Mildenhall & District SC	0:33.02	0:21.43
3	Jasmine Macleod	10	Mildenhall & District SC	0:28.07	0:22.18
4	Ella Baxter	10	Mildenhall & District SC	0:34.30	0:23.81
5	Adriana Morrison	10	Mildenhall & District SC	0:33.00	0:25.26
6	Eden Saunders	8	Mildenhall & District SC	0:55.01	0:26.58
7	Emily Smith	10	Mildenhall & District SC	0:34.35	0:26.78
8	Emma Barrett	10	Mildenhall & District SC	0:38.00	0:27.94
9	Poppy MacDonald	8	Mildenhall & District SC	0:50.03	0:29.10
10	Elizabeth Shaw	10	Mildenhall & District SC	NT	0:31.39
11	Alexis De Luca	10	Mildenhall & District SC	0:50.00	0:41.94
12	Gigi Binkley	8	Mildenhall & District SC	0:38.01	0:45.74
13	Evie Roberson	6	Mildenhall & District SC	1:00.04	0:55.75
---	Georgia Bailey	8	Mildenhall & District SC	0:50.04	DQ (10.5)
10.5 Walks during freestyle events or during the freestyle portion of the medley					

Event 414 Boys 25 SC Meter Freestyle Novice — 20 November 2022

Champs: 16.52 R 2000 Matthew Jones B Jones Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Lucas Hales	10	Mildenhall & District SC	0:33.01	0:21.56
2	Bay Smith	9	Mildenhall & District SC	0:32.33	0:22.30
3	Abe Syswerda	7	Mildenhall & District SC	0:40.00	0:24.60
4	Rob Shaw	7	Mildenhall & District SC	1:00.02	0:28.60
5	Finley Crichton	7	Mildenhall & District SC	0:38.02	0:29.65
6	Patrick Lenihan	7	Mildenhall & District SC	1:00.03	0:37.22
7	Archie Morley	7	Mildenhall & District SC	1:00.01	0:40.57
8	Owen Stevens	8	Mildenhall & District SC	1:00.00	0:40.80

Mildenhall Club Championships 12th - 20th November 2022

Event 415 Women 30 & Over 50 SC Meter Freestyle — 20 November 2022

Champs: 34.58 R 2008 Helen Jones M Molyneux Troph

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Katie Pearson	38	Mildenhall & District SC	0:36.00	0:34.11
2	Wendy Airey	52	Mildenhall & District SC	0:37.00	0:36.35
3	Liz Peck	46	Mildenhall & District SC	0:39.14	0:40.88
4	Jane Smith	58	Mildenhall & District SC	0:41.45	0:42.32
5	Jeannie Morley	66	Mildenhall & District SC	0:47.08	0:47.32

Event 415 Men 30 & Over 50 SC Meter Freestyle — 20 November 2022

Champs: 26.24 R 2005 Andy Stones Masters Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Rob Garry	58	Mildenhall & District SC	0:39.50	0:38.61
2	John Browne	64	Mildenhall & District SC	0:50.27	0:50.56

Event 416 Girls 11 & Under 200 SC Meter IM — 20 November 2022

Champs: 2:57.70 R 2008 Alaina Scifo

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sophia Andrews	9	Mildenhall & District SC	4:20.00	3:57.51

Event 416 Girls 12-13 200 SC Meter IM — 20 November 2022

Champs: 2:53.58 R 2004 Bethanie Dann Jones Family Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Emma Lovegrove	13	Mildenhall & District SC	3:12.82	3:01.53
2	Esmae Child	13	Mildenhall & District SC	3:31.68	3:01.64

Event 416 Women 14-15 200 SC Meter IM — 20 November 2022

Champs: 2:41.09 R 1992 Lynne Jones MDSC Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Sarah Rose	15	Mildenhall & District SC	2:56.62	2:49.04
2	Kayla Campo	14	Mildenhall & District SC	3:18.09	3:06.19

Event 416 Women 16 & Over 200 SC Meter IM — 20 November 2022

Champs: 2:44.65 R 2008 Meagan Searle W Read Trophy

Fastest: 2:34.90 F 1981 Lisa Hannem Dr Maitland Cup

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Phoebe Mallen	16	Mildenhall & District SC	2:58.61	3:03.69

Event 416 Boys 11 & Under 200 SC Meter IM — 20 November 2022

Champs: 3:02.99 R 2006 Tom Russell

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Jacob Lucas-Adams	11	Mildenhall & District SC	3:40.02	3:40.26
2	Taevin Wilson	11	Mildenhall & District SC	4:00.00	4:02.17

Event 416 Boys 12-13 200 SC Meter IM — 20 November 2022

Champs: 2:38.90 R 2010 Ben Delgado M Hill Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Trystin Scheving	13	Mildenhall & District SC	3:04.85	2:49.60
2	Miko Poplawski	13	Mildenhall & District SC	3:40.00	3:02.03
3	Kieron Raven	12	Mildenhall & District SC	3:40.01	3:31.49

Event 416 Men 14-15 200 SC Meter IM — 20 November 2022

Champs: 2:26.00 R 2008 Brandon Searle Loton Trophy

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Tyler Baxter	15	Mildenhall & District SC	3:24.46	2:38.94

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Event 416 Men 16 & Over 200 SC Meter IM

20 November 2022

Champs:	**2:20.60 R**	**2014**	**Ben Jamieson**	**Gaz Jones Trophy**
Fastest:	**2:20.60 F**	**2014**	**Ben Jamieson**	**RiddingtonTankar**

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Rob Garry	58	Mildenhall & District SC	4:23.00	3:55.79
2	John Browne	64	Mildenhall & District SC	4:39.39	4:35.78

Spec 5 Mixed Family 100m Freestyle race

20 November 2022

Champs:	**56.88 R**	**2006**	**Searle Family**	**Luhrsen Trophy**

Pos.	Name	Age	Team	Seed Time	Finals Time
1	Scheving / Poplawski		Mildenhall & District SC	NT	1:09.76
X	Jemma's Team		Mildenhall & District SC	NT	1:09.90
X	John's Team		Mildenhall & District SC	NT	1:12.81
2	Raven /		Mildenhall & District SC	NT	1:13.35
3	Lee		Mildenhall & District SC	NT	1:16.33
4	Pearson /		Mildenhall & District SC	NT	1:31.13