

Newmarket Spring Open, 4th - 5th March 2023

Saturday 4th March

Swimmer	50 Breast	100 Back	100 Breast	200 IM
Belle Bingham	0:49.59		1:47.46	
Eden Benion			1:42.11	3:19.52
Gracie-Mai Lloyd	0:52.38	DQ (6.4)	1:50.06	
Jasmine Macleod	1:12.38			
Sapphire Desouza-Holwill	1:02.07	2:01.72		

Swimmer	50 Breast	100 Back	100 Breast	200 Fly	200 IM	400 Free
Bay Smith	0:59.39	1:47.15				
James Shipp	0:36.48					
Karol Poplawski	1:03.15					
Kieron Raven		1:26.89		3:23.23	3:20.54	5:50.22
Miko Poplawski	0:40.05	1:16.17	1:31.03		2:53.55	
Shaw Wilson		1:55.45				

Sunday 5th March

Swimmer	50 Fly	50 Back	50 Free	100 Free	100 IM	200 Back	200 Breast
Belle Bingham	0:48.05	DQ (6.4)	0:40.92		1:41.31		
Eden Benion					DQ		3:34.57
Emma Lovegrove		0:36.10	0:32.70	1:10.94	1:24.49	2:51.72	
Esmæ Child	0:35.26			1:07.60	1:22.23		
Gracie-Mai Lloyd	0:50.72		0:44.93	1:35.84	1:50.58		
Izzy Stevens	0:48.75	0:46.47	0:40.13		1:44.76		
Jasmine Macleod		1:00.11	0:50.78				
Sapphire Desouza-Holwill			0:49.55	1:44.43			
Sarah Rose	0:32.88	0:36.42	0:30.50	1:07.04	1:17.00		

Swimmer	50 Fly	50 Back	50 Free	100 Fly	100 Free	100 IM	200 Free
Bay Smith		0:50.50	0:46.54				
James Shipp	0:31.55		0:27.99				
Karol Poplawski		0:52.40	0:46.11				
Kieron Raven	0:38.24		0:35.53	1:29.94	1:17.08	1:32.50	2:46.45
Lucas Hales	0:48.59	0:49.21	0:42.35			1:45.45	
Miko Poplawski	0:35.94	0:34.91	0:30.12		1:06.56	1:17.95	
Tyler Baxter		0:31.19	0:27.82				

0:59.99 First Time

0:59.99 New Personal Best

6 Firsts, 8 Seconds & 7 Thirds and 56 PBs achieved in 77 races