

Thetford Nifty 50s - 10th September 2023

Swimmer	50 Fly	50 Back	50 Breast	50 Free	100 IM
Bay Smith		0:47.78	0:58.50	0:47.36	
Belle Bingham	0:46.09	0:44.59	0:49.49	0:40.09	
Eden Benion			0:43.11	0:35.25	
Ella Baxter			1:03.55		
Elliott Lloyd	1:03.64	0:56.44	1:01.58	0:49.97	DQ (9.4)
Emma Barrett			1:02.22	0:54.10	
Esmee Child	0:34.73		0:43.95	0:30.14	1:19.55
George MacDonald		0:45.54		0:38.37	
Gracie-Mai Lloyd	0:51.88	0:49.93	0:51.56	0:43.05	1:41.37
Harrison Sainsbury		0:49.86		0:46.29	
James Shipp	0:32.14		0:36.46	0:28.24	1:10.50
Kieron Raven	0:38.37	0:41.45		0:34.70	1:29.59
Lucas Hales	0:48.01	0:47.89	0:57.62	0:44.54	1:46.58
Phoebe Mallen		0:38.07	0:41.87	0:32.16	1:23.84
Samuel Butcher		0:52.10	DQ (7.5)	0:45.49	
Trystin Scheving	0:32.69	0:33.69	0:40.01	0:28.51	1:15.35
Tyler Baxter	0:29.53	0:31.03		0:27.41	

22 PBs achieved out of 58 races, 5 firsts, 4 seconds & 2 thirds

New Personal Best

0:59.99