

Mildenhall &amp; District Swimming Club

**Main Club Championships -2023**  
**Results - Main Champs Day 1 – Saturday 11<sup>th</sup> November 2023**

**Event 201 Girls 9 & Under 50 SC Meter Freestyle**

Champs: 39.51 R 2011		Annabel Williams		Seed Time	Finals Time
Name	Age	Team			
1	Parker Wilson	9	Mildenhall & District SC	58.21	51.24
2	Poppy Richardson	9	Mildenhall & District SC	1:00.96	56.01

**Event 201 Girls 10-11 50 SC Meter Freestyle**

Champs: 32.51 R 2003		Sarah Ball		Zeal Trophy	
Name	Age	Team	Seed Time	Finals Time	
1	Sophia Andrews	10	Mildenhall & District SC	38.79	36.63
2	Belle Bingham	11	Mildenhall & District SC	38.47	38.83
3	Ella Baxter	11	Mildenhall & District SC	49.54	40.27
4	Polly Jackson	10	Mildenhall & District SC	52.53	42.12
5	Stella Lee	11	Mildenhall & District SC	44.22	42.64
6	Sapphire Desouza-Holwill	11	Mildenhall & District SC	43.96	43.30
7	Emily Smith	11	Mildenhall & District SC	49.22	46.22
8	Emma Barrett	11	Mildenhall & District SC	54.10	53.06

**Event 201 Girls 12-13 50 SC Meter Freestyle**

Champs: 30.29 R 2006		Megan Morley		Seed Time	Finals Time
Name	Age	Team			
1	Phoebe Scarfe	12	Mildenhall & District SC	44.16	38.62
2	Gracie-Mai Lloyd	13	Mildenhall & District SC	39.59	39.27

**Event 201 Women 14-15 50 SC Meter Freestyle**

Champs: 30.10 R 2009		Megan Taylor		Seed Time	Finals Time
Name	Age	Team			
1	Esmee Child	14	Mildenhall & District SC	29.93	30.20
2	Eden Benion	14	Mildenhall & District SC	34.90	33.99

**Event 201 Women 16 & Over 50 SC Meter Freestyle**

Champs: 27.92 R 2022		Miranda Nichols		Seed Time	Molly Brown Cup Finals Time
Fastest: 27.92 F 2022		Miranda Nichols			
Name	Age	Team			
1	Sarah Rose	16	Mildenhall & District SC	30.50	31.59
2	Katie Richardson	39	Mildenhall & District SC	34.11	34.80
3	Debbie Lee	46	Mildenhall & District SC	44.65	36.22

**Event 201 Boys 9 & Under 50 SC Meter Freestyle**

Champs: 34.78 R 2008		Dominic Scifo		Seed Time	Finals Time
Name	Age	Team			
1	Finley Crichton	8	Mildenhall & District SC	53.69	50.41
2	William Onslow	9	Mildenhall & District SC	1:07.00	1:01.94
3	Freddie Swanson	9	Mildenhall & District SC	1:06.00	1:04.82

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**Event 201 Boys 10-11 50 SC Meter Freestyle**

Champs: 30.96 R 1994		James Pearson		Russell Trophy	
Name	Age	Team	Seed Time	Finals Time	
1 Lucas Hales	11	Mildenhall & District SC	41.47	42.97	
2 Karol Poplawski	11	Mildenhall & District SC	45.54	43.11	
3 Bay Smith	10	Mildenhall & District SC	44.16	43.50	
4 Harrison Sainsbury	11	Mildenhall & District SC	46.29	45.99	
5 Elliott Lloyd	11	Mildenhall & District SC	49.12	46.59	
6 Robin Merrett	11	Mildenhall & District SC	1:00.00	48.34	

**Event 201 Boys 12-13 50 SC Meter Freestyle**

Champs: 28.92 R 2006		Brandon Searle			
Name	Age	Team	Seed Time	Finals Time	
1 Kieron Alderson	13	Mildenhall & District SC	33.77	32.59	
2 Olivier Zawada	13	Mildenhall & District SC	37.00	32.61	
3 George Richardson	12	Mildenhall & District SC	38.37	36.59	
4 Shaw Wilson	12	Mildenhall & District SC	44.31	45.15	

**Event 201 Men 14-15 50 SC Meter Freestyle**

Champs: 26.60 R 2008		Brandon Searle			
Name	Age	Team	Seed Time	Finals Time	
1 Trystin Scheving	14	Mildenhall & District SC	28.51	28.05	
2 Miko Poplawski	14	Mildenhall & District SC	29.57	28.71	
3 Edward Samuel	15	Mildenhall & District SC	32.83	31.03	
4 Caden Lee	14	Mildenhall & District SC	40.81	36.96	

**Event 201 Men 16 & Over 50 SC Meter Freestyle**

Champs: 25.31 R 2007		Adam Jamieson			
Fastest: 25.31 F 2007		Adam Jamieson		Molly Brown Shie	
Name	Age	Team	Seed Time	Finals Time	
1 James Shipp	16	Mildenhall & District SC	27.99	27.39	
2 Oliver Misiaszek	16	Mildenhall & District SC	29.78	28.56	
3 Rob Garry	59	Mildenhall & District SC	38.01	39.31	
4 John Browne	65	Mildenhall & District SC	50.56	48.21	

**Event 202 Girls 9 & Under 25 SC Meter Breaststroke**

Champs: 22.20 R 1997		Cassie Luhrsen		MDSC Shield	
Name	Age	Team	Seed Time	Finals Time	
1 Georgia Bailey	9	Mildenhall & District SC	1:03.70	31.67	
2 Poppy Richardson	9	Mildenhall & District SC	59.98	41.32	
3 Naduah Mueller	9	Mildenhall & District SC	1:04.00	48.57	

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**Event 202 Boys 9 & Under 25 SC Meter Breaststroke**

Champs: 20.22 R 1992		James Pearson		Boland Trophy	
Name	Age	Team	Seed Time	Finals Time	
1 Finley Crichton	8	Mildenhall & District SC	44.25	38.11	
--- Michael Mutter	8	Mildenhall & District SC	1:05.00	DQ	
7.2 Arm movements not simultaneous					

**Event 203 Girls 10-11 100 SC Meter Backstroke**

Champs: 1:25.04 R 2010		Zoe Delgado			
Name	Age	Team	Seed Time	Finals Time	
1 Sophia Andrews	10	Mildenhall & District SC	1:55.02	1:39.46	
2 Emily Smith	11	Mildenhall & District SC	2:09.24	1:51.23	
3 Sapphire Desouza-Holwill	11	Mildenhall & District SC	2:01.72	1:52.07	
4 Ella Baxter	11	Mildenhall & District SC	2:15.00	1:52.19	

**Event 203 Girls 12-13 100 SC Meter Backstroke**

Champs: 1:17.24 R 2022		Emma Lovegrove		Morley Trophy	
Name	Age	Team	Seed Time	Finals Time	
1 Phoebe Scarfe	12	Mildenhall & District SC	1:58.00	1:45.70	
2 Gracie-Mai Lloyd	13	Mildenhall & District SC	1:55.01	1:49.74	

**Event 203 Women 14-15 100 SC Meter Backstroke**

Champs: 1:12.20 R 1981		Lisa Hannem		R. Smith Trophy	
Name	Age	Team	Seed Time	Finals Time	
1 Esmae Child	14	Mildenhall & District SC	1:30.47	1:26.27	
2 Eden Benion	14	Mildenhall & District SC	1:32.92	1:31.35	

**Event 203 Women 16 & Over 100 SC Meter Backstroke**

Champs: 1:11.87 R 2008		Meagan Searle		A. Dann Plate	
Fastest: 1:11.87 F 2008		Meagan Searle		Brown Trophy	
Name	Age	Team	Seed Time	Finals Time	
1 Sarah Rose	16	Mildenhall & District SC	1:19.54	1:21.36	
2 Katie Richardson	39	Mildenhall & District SC	1:28.90	1:30.79	

**Event 203 Boys 10-11 100 SC Meter Backstroke**

Champs: 1:26.80 R 2008		Ben Jamieson			
Name	Age	Team	Seed Time	Finals Time	
1 Bay Smith	10	Mildenhall & District SC	1:47.15	1:41.03	
2 Lucas Hales	11	Mildenhall & District SC	1:43.01	1:46.29	
3 Harrison Sainsbury	11	Mildenhall & District SC	2:15.01	1:57.43	
4 Elliott Lloyd	11	Mildenhall & District SC	2:10.01	1:59.79	
5 Robin Merrett	11	Mildenhall & District SC	2:15.02	2:06.61	

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**Event 203 Boys 12-13 100 SC Meter Backstroke**

Champs: 1:11.69 R 2006		Brandon Searle		MDSC Trophy	
Name	Age	Team	Seed Time	Finals Time	
1 Kieron Alderson	13	Mildenhall & District SC	1:26.89	1:22.84	
2 Olivier Zawada	13	Mildenhall & District SC	1:55.00	1:31.62	
3 George Richardson	12	Mildenhall & District SC	1:52.57	1:36.25	
4 Shaw Wilson	12	Mildenhall & District SC	1:55.45	1:51.01	
5 Mason Mueller	13	Mildenhall & District SC	2:15.04	2:15.01	

**Event 203 Men 14-15 100 SC Meter Backstroke**

Champs: 1:05.53 R 2008		Brandon Searle		JK Hoare Cup	
Name	Age	Team	Seed Time	Finals Time	
1 Miko Poplawski	14	Mildenhall & District SC	1:15.00	1:17.14	
2 Edward Samuel	15	Mildenhall & District SC	1:37.03	1:19.42	
--- Trystin Scheving	14	Mildenhall & District SC	1:19.27	DQ	
10.2 Did not complete the whole distance					

**Event 203 Men 16 & Over 100 SC Meter Backstroke**

Champs: 1:03.88 R 2008		Adam Jamieson		Len Reeves Shld	
Fastest: 1:03.88 F 2008		Adam Jamieson		Thorby Cup	
Name	Age	Team	Seed Time	Finals Time	
1 James Shipp	16	Mildenhall & District SC	1:13.32	1:11.03	
2 Oliver Misiaszek	16	Mildenhall & District SC	1:38.00	1:17.03	
3 Rob Garry	59	Mildenhall & District SC	1:43.86	1:49.56	

**Event 204 Girls 9 & Under 50 SC Meter Butterfly**

Champs: 47.12 R 2008		Zoe Delgado			
Name	Age	Team	Seed Time	Finals Time	
1 Poppy Richardson	9	Mildenhall & District SC	1:08.00	1:22.11	

**Event 204 Girls 10-11 50 SC Meter Butterfly**

Champs: 39.38 R 2009		Emily Taylor		Rutterford Cup	
Name	Age	Team	Seed Time	Finals Time	
1 Belle Bingham	11	Mildenhall & District SC	43.59	43.81	
2 Sophia Andrews	10	Mildenhall & District SC	51.31	47.83	
3 Sapphire Desouza-Holwill	11	Mildenhall & District SC	50.71	50.80	
4 Stella Lee	11	Mildenhall & District SC	53.93	54.92	
5 Ella Baxter	11	Mildenhall & District SC	1:05.01	57.89	
--- Emma Barrett	11	Mildenhall & District SC	1:05.00	DQ	
8.3 Alternating movement of legs or feet					

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**Event 204 Girls 12-13 50 SC Meter Butterfly**

<b>Champs: 34.79 R 1986</b>		<b>Rebecca Logan</b>		<b>Seed Time</b>	<b>Finals Time</b>
<b>Name</b>	<b>Age</b>	<b>Team</b>			
1	Gracie-Mai Lloyd	13	Mildenhall & District SC	47.74	47.90
2	Phoebe Scarfe	12	Mildenhall & District SC	55.01	49.03

**Event 204 Women 14-15 50 SC Meter Butterfly**

<b>Champs: 31.43 R 2009</b>		<b>Megan Taylor</b>		<b>Seed Time</b>	<b>Finals Time</b>
<b>Name</b>	<b>Age</b>	<b>Team</b>			
1	Esmae Child	14	Mildenhall & District SC	33.21	34.30

**Event 204 Women 16 & Over 50 SC Meter Butterfly**

<b>Champs: 30.29 R 2022</b>		<b>Miranda Nichols</b>		<b>Seed Time</b>	<b>Finals Time</b>
<b>Name</b>	<b>Age</b>	<b>Team</b>			
1	Sarah Rose	16	Mildenhall & District SC	32.33	33.40
2	Katie Richardson	39	Mildenhall & District SC	38.81	37.79
3	Debbie Lee	46	Mildenhall & District SC	55.00	47.19

**Event 204 Boys 10-11 50 SC Meter Butterfly**

<b>Champs: 39.59 R 2006</b>		<b>Tom Russell</b>		<b>Seed Time</b>	<b>Gattlin Cup</b>
<b>Name</b>	<b>Age</b>	<b>Team</b>			<b>Finals Time</b>
1	Lucas Hales	11	Mildenhall & District SC	44.75	48.01
2	Karol Poplawski	11	Mildenhall & District SC	52.30	58.69
3	Bay Smith	10	Mildenhall & District SC	57.40	59.01
4	Elliott Lloyd	11	Mildenhall & District SC	1:03.64	1:01.13
5	Harrison Sainsbury	11	Mildenhall & District SC	1:05.02	1:03.72
6	Robin Merrett	11	Mildenhall & District SC	1:05.03	1:10.79

**Event 204 Boys 12-13 50 SC Meter Butterfly**

<b>Champs: 31.81 R 1997</b>		<b>Colin Girling</b>		<b>Seed Time</b>	<b>Finals Time</b>
<b>Name</b>	<b>Age</b>	<b>Team</b>			
1	Kieron Alderson	13	Mildenhall & District SC	36.35	35.56
2	George Richardson	12	Mildenhall & District SC	47.34	49.65

**Event 204 Men 14-15 50 SC Meter Butterfly**

<b>Champs: 28.61 R 2013</b>		<b>Harry Wagner</b>		<b>Seed Time</b>	<b>Finals Time</b>
<b>Name</b>	<b>Age</b>	<b>Team</b>			
1	Miko Poplawski	14	Mildenhall & District SC	33.97	33.26
2	Edward Samuel	15	Mildenhall & District SC	40.00	35.03
3	Caden Lee	14	Mildenhall & District SC	48.49	45.93

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**Event 204 Men 16 & Over 50 SC Meter Butterfly**

Champs: 28.31 R 2010		Adam Jamieson		Seed Time	Finals Time
Name	Age	Team			
1	James Shipp	16	Mildenhall & District SC	31.06	31.59
2	Oliver Misiaszek	16	Mildenhall & District SC	34.19	32.86
3	Rob Garry	59	Mildenhall & District SC	51.84	58.26
4	John Browne	65	Mildenhall & District SC	1:04.51	1:07.75

**Event 205 Girls 9 Year Olds 25 SC Meter Freestyle**

Champs: 16.89 R 1997		Cassie Luhrsen		Seed Time	Grant Cup Finals Time
Name	Age	Team			
1	Parker Wilson	9	Mildenhall & District SC	35.01	23.03
2	Poppy Richardson	9	Mildenhall & District SC	29.10	24.50
3	Georgia Bailey	9	Mildenhall & District SC	30.75	25.06

**Event 205 Boys 8 & Under 25 SC Meter Freestyle**

Champs: 19.26 R 2005		Ben Jamieson		Seed Time	Curtin Shield Finals Time
Name	Age	Team			
1	Finley Crichton	8	Mildenhall & District SC	27.39	24.06
2	Archie Morley	8	Mildenhall & District SC	40.57	29.70
3	Patrick Lenihan	8	Mildenhall & District SC	37.22	35.10
4	Michael Mutter	8	Mildenhall & District SC	55.00	35.40

**Event 205 Boys 9 Year Olds 25 SC Meter Freestyle**

Champs: 15.38 R 1992		James Pearson		Seed Time	Pryke Trophy Finals Time
Name	Age	Team			
1	William Onslow	9	Mildenhall & District SC	50.01	27.36
2	Freddie Swanson	9	Mildenhall & District SC	40.01	27.81
3	George Barrett	9	Mildenhall & District SC	50.00	37.55

**Event 206 Girls 10-11 100 SC Meter Breaststroke**

Champs: 1:36.44 R 2016		Molly Harvey		Seed Time	Finals Time
Name	Age	Team			
1	Belle Bingham	11	Mildenhall & District SC	1:45.57	1:41.46
2	Stella Lee	11	Mildenhall & District SC	1:52.99	1:58.03
3	Polly Jackson	10	Mildenhall & District SC	2:15.04	1:58.42
4	Sophia Andrews	10	Mildenhall & District SC	2:10.00	2:03.23
5	Emily Smith	11	Mildenhall & District SC	2:15.01	2:10.60
6	Elisabetta Scotto Di Marrazzo	10	Mildenhall & District SC	2:20.01	2:12.59

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**Event 206 Girls 12-13 100 SC Meter Breaststroke**

Champs: 1:27.19 R 1990		Lynne Jones		MDSC cup	
Name	Age	Team	Seed Time	Finals Time	
1 Gracie-Mai Lloyd	13	Mildenhall & District SC	1:47.98	1:47.62	
2 Phoebe Scarfe	12	Mildenhall & District SC	2:11.00	1:54.42	

**Event 206 Women 14-15 100 SC Meter Breaststroke**

Champs: 1:20.00 R 1981		Lisa Hannem		Clark Shield	
Name	Age	Team	Seed Time	Finals Time	
1 Eden Benion	14	Mildenhall & District SC	1:34.86	1:34.45	
2 Esmae Child	14	Mildenhall & District SC	1:40.43	1:35.45	

**Event 206 Women 16 & Over 100 SC Meter Breaststroke**

Champs: 1:27.50 R 2006		Nikki Smith		JKH Plate	
Fastest: 1:19.38 F 1993		Lynne Jones		Brickett Cup	
Name	Age	Team	Seed Time	Finals Time	
1 Sarah Rose	16	Mildenhall & District SC	1:30.93	1:31.81	
2 Debbie Lee	46	Mildenhall & District SC	1:50.61	1:49.50	

**Event 206 Boys 10-11 100 SC Meter Breaststroke**

Champs: 1:38.68 R 2006		Tom Russell			
Name	Age	Team	Seed Time	Finals Time	
1 Karol Poplawski	11	Mildenhall & District SC	2:15.02	1:58.09	
2 Bay Smith	10	Mildenhall & District SC	2:09.18	2:10.06	
3 Elliott Lloyd	11	Mildenhall & District SC	2:15.03	2:11.47	
--- Robin Merrett	11	Mildenhall & District SC	2:20.00	DQ	
7.4 Leg movements not simultaneous					

**Event 206 Boys 12-13 100 SC Meter Breaststroke**

Champs: 1:22.73 R 1987		David Edwards		Savory&Moore Cup	
Name	Age	Team	Seed Time	Finals Time	
1 Olivier Zawada	13	Mildenhall & District SC	1:55.73	1:40.15	
2 George Richardson	12	Mildenhall & District SC	2:03.68	1:55.39	
--- Mason Mueller	13	Mildenhall & District SC	2:21.01	DQ	
7.6 Did not touch at the turn or finish with both hands; separated; simultaneously					

**Event 206 Men 14-15 100 SC Meter Breaststroke**

Champs: 1:14.58 R 2013		Harry Wagner		Snushall Trophy	
Name	Age	Team	Seed Time	Finals Time	
1 Miko Poplawski	14	Mildenhall & District SC	1:25.30	1:25.26	
2 Edward Samuel	15	Mildenhall & District SC	1:39.49	1:34.74	

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**Event 206 Men 16 & Over 100 SC Meter Breaststroke****Champs: 1:10.68 R 2015****Harry Wagner****Fastest: 1:10.68 F 2015****Harry Wagner****JKH Trophy  
Storeys Cup**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 James Shipp	16	Mildenhall & District SC	1:19.51	1:17.66
2 Oliver Misiaszek	16	Mildenhall & District SC	1:30.63	1:26.46
3 Rob Garry	59	Mildenhall & District SC	2:04.44	2:02.69
4 John Browne	65	Mildenhall & District SC	2:11.37	2:10.60