

Mildenhall & District Swimming Club

Main Club Championships -2023
Results - Main Champs Day 2 – Saturday 18th November 2023

Event 307 Girls 9 & Under 50 SC Meter Backstroke

Champs: 46.98 R 2008		Zoe Delgado		Seed Time	Finals Time
Name	Age	Team			
1	Parker Wilson	9	Mildenhall & District SC	57.18	56.59
2	Poppy Richardson	9	Mildenhall & District SC	1:06.93	58.85
3	Naduah Mueller	9	Mildenhall & District SC	1:10.03	1:24.99

Event 307 Girls 10-11 50 SC Meter Backstroke

Champs: 36.28 R 2008		Alaina Scifo		Seed Time	Ewing Shield Finals Time
Name	Age	Team			
1	Belle Bingham	11	Mildenhall & District SC	44.48	42.30
2	Sophia Andrews	10	Mildenhall & District SC	44.16	44.46
3	Polly Jackson	10	Mildenhall & District SC	1:02.01	49.60
4	Ella Baxter	11	Mildenhall & District SC	48.89	49.93
5	Lyla Hill	10	Mildenhall & District SC	1:02.00	51.20
6	Sapphire Desouza-Holwill	11	Mildenhall & District SC	51.85	51.96
7	Emma Barrett	11	Mildenhall & District SC	1:01.69	56.07
*8	Megan Scott	11	Mildenhall & District SC	1:05.00	57.11
*8	Adriana Morrison	11	Mildenhall & District SC	57.59	57.11
---	Emily Smith	11	Mildenhall & District SC	52.10	DQ
	4.4 Initiating a start before the signal				

Event 307 Girls 12-13 50 SC Meter Backstroke

Champs: 35.61 R 2017		Molly Harvey		Seed Time	Finals Time
Name	Age	Team			
1	Gracie-Mai Lloyd	13	Mildenhall & District SC	49.93	46.33
2	Phoebe Scarfe	12	Mildenhall & District SC	47.86	46.57
3	Michelle Agada	12	Mildenhall & District SC	1:05.03	55.20

Event 307 Women 14-15 50 SC Meter Backstroke

Champs: 33.79 R 2015		Ffion Lewis-Dimmock		Seed Time	Finals Time
Name	Age	Team			
1	Esmee Child	14	Mildenhall & District SC	37.84	37.93
2	Eden Benion	14	Mildenhall & District SC	41.89	42.20

Event 307 Women 16 & Over 50 SC Meter Backstroke

Champs: 33.53 R 2015		Jordanne Sillitoe		Seed Time	Finals Time
Name	Age	Team			
1	Katie Richardson	39	Mildenhall & District SC	41.18	41.99
2	Jane Smith	59	Mildenhall & District SC	48.05	49.45
3	Jeannie Morley	67	Mildenhall & District SC	55.52	56.28

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Event 307 Boys 9 & Under 50 SC Meter Backstroke

Champs: 43.07 R 2008		Dominic Scifo		Seed Time	Finals Time
Name	Age	Team			
1	Michael Morrison	9	Mildenhall & District SC	1:05.02	59.63
2	Finley Crichton	8	Mildenhall & District SC	1:04.25	1:00.94
3	Sam Goldstone	8	Mildenhall & District SC	1:10.02	1:18.27
---	Ralph Madine	7	Mildenhall & District SC	1:10.01	DQ
6.4 Did not touch the wall during the turn					

Event 307 Boys 10-11 50 SC Meter Backstroke

Champs: 36.93 R 1994		James Pearson		Seed Time	Bell Hotel Troph Finals Time
Name	Age	Team			
1	Bay Smith	10	Mildenhall & District SC	47.78	46.13
2	Lucas Hales	11	Mildenhall & District SC	47.89	47.83
3	Samuel Butcher	11	Mildenhall & District SC	52.10	49.81
4	Harrison Sainsbury	11	Mildenhall & District SC	49.15	49.90
5	Karol Poplawski	11	Mildenhall & District SC	52.40	55.82
6	Elliott Lloyd	11	Mildenhall & District SC	56.03	56.10
7	Robin Merrett	11	Mildenhall & District SC	1:05.01	58.17

Event 307 Boys 12-13 50 SC Meter Backstroke

Champs: 32.63 R 2006		Brandon Searle		Seed Time	Finals Time
Name	Age	Team			
1	Kieron Alderson	13	Mildenhall & District SC	38.42	38.30
2	Olivier Zawada	13	Mildenhall & District SC	45.86	41.38
3	George Richardson	12	Mildenhall & District SC	45.54	43.20
4	Shaw Wilson	12	Mildenhall & District SC	48.60	49.68
5	Mason Mueller	13	Mildenhall & District SC	1:06.00	58.89

Event 307 Men 14-15 50 SC Meter Backstroke

Champs: 31.07 R 2008		Brandon Searle		Seed Time	Finals Time
Name	Age	Team			
1	Trystin Scheving	14	Mildenhall & District SC	33.53	33.53
2	Miko Poplawski	14	Mildenhall & District SC	34.91	34.04
3	Edward Samuel	15	Mildenhall & District SC	42.30	37.99
4	Caden Lee	14	Mildenhall & District SC	48.09	50.06

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Event 307 Men 16 & Over 50 SC Meter Backstroke

Champs: 29.28 R 2014		Ben Jamieson		Seed Time	Finals Time
Name	Age	Team			
1	Tyler Baxter	16	Mildenhall & District SC	31.03	30.55
2	Oliver Misiaszek	16	Mildenhall & District SC	37.57	35.30
3	Rob Garry	59	Mildenhall & District SC	46.26	49.46

Event 308 Girls 9 & Under 25 SC Meter Butterfly

Champs: 19.25 R 1997		Cassie Luhrsen		Stebbing Cup	
Name	Age	Team	Seed Time	Finals Time	
1	Georgia Bailey	9	Mildenhall & District SC	32.77	28.74
2	Poppy Richardson	9	Mildenhall & District SC	35.00	36.94
3	Amelia Larkin	8	Mildenhall & District SC	36.00	41.83

Event 308 Boys 9 & Under 25 SC Meter Butterfly

Champs: 17.00 R 1992		James Pearson		Squire Shield	
Name	Age	Team	Seed Time	Finals Time	
1	Finley Crichton	8	Mildenhall & District SC	35.01	30.58
2	Michael Morrison	9	Mildenhall & District SC	37.01	34.49
3	William Onslow	9	Mildenhall & District SC	40.00	37.39
4	Patrick Lenihan	8	Mildenhall & District SC	40.01	38.98

Event 309 Girls 10-11 100 SC Meter Freestyle

Champs: 1:13.35 R 2008		Alaina Scifo		Seed Time	Finals Time
Name	Age	Team			
1	Belle Bingham	11	Mildenhall & District SC	1:38.85	1:24.28
2	Sophia Andrews	10	Mildenhall & District SC	1:36.07	1:26.47
3	Sapphire Desouza-Holwill	11	Mildenhall & District SC	1:44.43	1:39.33
4	Polly Jackson	10	Mildenhall & District SC	1:52.60	1:41.27
5	Ella Baxter	11	Mildenhall & District SC	2:06.93	1:41.94
6	Emily Smith	11	Mildenhall & District SC	2:03.91	1:47.91
7	Megan Scott	11	Mildenhall & District SC	2:07.02	1:48.11
8	Lyla Hill	10	Mildenhall & District SC	1:55.00	1:49.82
9	Adriana Morrison	11	Mildenhall & District SC	2:03.76	1:53.32
10	Emma Barrett	11	Mildenhall & District SC	2:03.26	1:57.44

Event 309 Girls 12-13 100 SC Meter Freestyle

Champs: 1:06.78 R 1993		Madaline Woods		MDSC trophy	
Name	Age	Team	Seed Time	Finals Time	
1	Gracie-Mai Lloyd	13	Mildenhall & District SC	1:35.84	1:27.58
2	Phoebe Scarfe	12	Mildenhall & District SC	1:37.83	1:28.82
3	Michelle Agada	12	Mildenhall & District SC	2:07.04	2:03.07

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Event 309 Women 14-15 100 SC Meter Freestyle

Champs: 1:04.10 R 1981		Lisa Hannem		Willhire Cup	
Name	Age	Team	Seed Time	Finals Time	
1 Esmae Child	14	Mildenhall & District SC	1:05.67	1:06.10	
2 Eden Benion	14	Mildenhall & District SC	1:16.57	1:15.89	

Event 309 Women 16 & Over 100 SC Meter Freestyle

Champs: 1:00.71 R 2022		Miranda Nichols		Ball Trophy	
Fastest: 1:00.71 F 2022		Miranda Nichols		CE Morley Cup	
Name	Age	Team	Seed Time	Finals Time	
1 Katie Richardson	39	Mildenhall & District SC	1:15.85	1:16.55	
2 Debbie Lee	46	Mildenhall & District SC	1:34.71	1:24.68	
3 Jane Smith	59	Mildenhall & District SC	1:31.77	1:33.77	

Event 309 Boys 10-11 100 SC Meter Freestyle

Champs: 1:14.02 R 2006		Tom Russell			
Name	Age	Team	Seed Time	Finals Time	
1 Lucas Hales	11	Mildenhall & District SC	1:35.64	1:32.59	
2 Samuel Butcher	11	Mildenhall & District SC	1:42.94	1:42.60	
3 Harrison Sainsbury	11	Mildenhall & District SC	2:07.00	1:42.63	
4 Karol Poplawski	11	Mildenhall & District SC	1:44.51	1:44.84	
5 Bay Smith	10	Mildenhall & District SC	1:45.27	1:45.22	
6 Robin Merrett	11	Mildenhall & District SC	2:07.01	1:48.36	
7 Elliott Lloyd	11	Mildenhall & District SC	1:53.68	1:54.89	
8 Charlie Madine	10	Mildenhall & District SC	1:55.02	1:57.44	

Event 309 Boys 12-13 100 SC Meter Freestyle

Champs: 1:02.98 R 2006		Brandon Searle		Squire Tankard	
Name	Age	Team	Seed Time	Finals Time	
1 Kieron Alderson	13	Mildenhall & District SC	1:15.26	1:10.44	
2 Olivier Zawada	13	Mildenhall & District SC	1:26.69	1:16.00	
3 George Richardson	12	Mildenhall & District SC	1:30.39	1:24.10	
4 Shaw Wilson	12	Mildenhall & District SC	1:44.30	1:46.12	

Event 309 Men 14-15 100 SC Meter Freestyle

Champs: 56.80 R 1981		Graham Minns		Hyde Trophy	
Name	Age	Team	Seed Time	Finals Time	
1 Trystin Scheving	14	Mildenhall & District SC	1:02.57	1:02.02	
2 Miko Poplawski	14	Mildenhall & District SC	1:05.39	1:02.44	
3 Edward Samuel	15	Mildenhall & District SC	1:13.53	1:08.32	

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Event 309 Men 16 & Over 100 SC Meter Freestyle

Champs: 56.64 R 2006 Adam Jamieson
Fastest: 54.30 F 1981 Mark Veale

MDSC trophy
Stebbing Shield

Name	Age	Team	Seed Time	Finals Time
1 Tyler Baxter	16	Mildenhall & District SC	1:00.93	1:01.16
2 Oliver Misiaszek	16	Mildenhall & District SC	1:05.46	1:03.38
3 Rob Garry	59	Mildenhall & District SC	1:26.19	1:30.78
4 John Browne	65	Mildenhall & District SC	1:48.64	1:50.34

Event 310 Girls 9 & Under 50 SC Meter Breaststroke

Champs: 54.72 R 2014 Zoe Jones
Name Age Team

Seed Time **Finals Time**

1 Parker Wilson	9	Mildenhall & District SC	1:28.99	1:09.18
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Event 310 Girls 10-11 50 SC Meter Breaststroke

Champs: 42.91 R 1988 Lynne Jones
Name Age Team

Dann Cup
Finals Time

Seed Time

1 Belle Bingham	11	Mildenhall & District SC	47.69	45.85
2 Polly Jackson	10	Mildenhall & District SC	1:20.00	54.16
3 Sapphire Desouza-Holwill	11	Mildenhall & District SC	59.92	56.16
4 Sophia Andrews	10	Mildenhall & District SC	59.55	57.80
5 Adriana Morrison	11	Mildenhall & District SC	1:11.09	59.66
6 Emma Barrett	11	Mildenhall & District SC	1:02.22	59.82
7 Emily Smith	11	Mildenhall & District SC	1:19.59	1:01.46
8 Lyla Hill	10	Mildenhall & District SC	1:20.01	1:03.55
9 Ella Baxter	11	Mildenhall & District SC	1:00.45	1:05.45

Event 310 Girls 12-13 50 SC Meter Breaststroke

Champs: 41.15 R 2017 Molly Harvey
Name Age Team

Seed Time **Finals Time**

1 Gracie-Mai Lloyd	13	Mildenhall & District SC	50.85	47.84
2 Phoebe Scarfe	12	Mildenhall & District SC	57.17	53.48
--- Michelle Agada	12	Mildenhall & District SC	1:30.00	DQ
7.3 Hands brought back beyond the hip line during stroke				

Event 310 Women 14-15 50 SC Meter Breaststroke

Champs: 39.14 R 2016 Emily Stuart
Name Age Team

Seed Time **Finals Time**

1 Eden Benion	14	Mildenhall & District SC	43.11	42.93
2 Esmae Child	14	Mildenhall & District SC	42.76	43.03

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Event 310 Women 16 & Over 50 SC Meter Breaststroke

Champs: 38.29 R 2015		Jordanne Sillitoe		Seed Time	Finals Time
Name	Age	Team			
1	Debbie Lee	46	Mildenhall & District SC	51.84	48.44
2	Jane Smith	59	Mildenhall & District SC	1:00.00	57.35

Event 310 Boys 10-11 50 SC Meter Breaststroke

Champs: 42.91 R 1985		David Edwards		Seed Time	Cocksedge Cup Finals Time
Name	Age	Team			
1	Karol Poplawski	11	Mildenhall & District SC	54.28	53.79
2	Bay Smith	10	Mildenhall & District SC	57.84	58.85
3	Lucas Hales	11	Mildenhall & District SC	57.65	59.14
4	Samuel Butcher	11	Mildenhall & District SC	1:07.60	1:01.61
5	Elliott Lloyd	11	Mildenhall & District SC	59.69	1:02.51
6	Robin Merrett	11	Mildenhall & District SC	1:25.00	1:15.46

Event 310 Boys 12-13 50 SC Meter Breaststroke

Champs: 38.48 R 2011		Harry Wagner		Seed Time	Finals Time
Name	Age	Team			
1	Olivier Zawada	13	Mildenhall & District SC	49.04	44.01
2	Kieron Alderson	13	Mildenhall & District SC	54.13	49.00
3	George Richardson	12	Mildenhall & District SC	1:01.19	52.13
4	Shaw Wilson	12	Mildenhall & District SC	1:12.93	1:09.95
---	Mason Mueller 7.3 Hands brought back beyond the hip line during stroke	13	Mildenhall & District SC	1:25.03	DQ

Event 310 Men 14-15 50 SC Meter Breaststroke

Champs: 34.28 R 2013		Harry Wagner		Seed Time	Finals Time
Name	Age	Team			
1	Miko Poplawski	14	Mildenhall & District SC	37.69	36.17
2	Trystin Scheving	14	Mildenhall & District SC	40.01	40.46
3	Edward Samuel	15	Mildenhall & District SC	45.33	43.15

Event 310 Men 16 & Over 50 SC Meter Breaststroke

Champs: 32.03 R 2015		Harry Wagner		Seed Time	Finals Time
Name	Age	Team			
1	Tyler Baxter	16	Mildenhall & District SC	35.45	36.19
2	Oliver Misiaszek	16	Mildenhall & District SC	39.89	36.85
3	Rob Garry	59	Mildenhall & District SC	51.50	52.80
4	John Browne	65	Mildenhall & District SC	55.57	58.00

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Event 311 Girls 9 & Under 25 SC Meter Backstroke

Champs: 20.16 R 1983		Karen Robinson		Pryke Trophy	
Name	Age	Team	Seed Time	Finals Time	
1 Parker Wilson	9	Mildenhall & District SC	35.00	25.03	
2 Georgia Bailey	9	Mildenhall & District SC	34.88	25.53	
3 Poppy Richardson	9	Mildenhall & District SC	31.06	25.58	
4 Amelia Larkin	8	Mildenhall & District SC	34.00	30.80	
5 Naduah Mueller	9	Mildenhall & District SC	40.03	36.67	

Event 311 Boys 9 & Under 25 SC Meter Backstroke

Champs: 18.20 R 1992		James Pearson		Adam Jamieson Cu	
Name	Age	Team	Seed Time	Finals Time	
1 Michael Morrison	9	Mildenhall & District SC	36.76	27.23	
2 Finley Crichton	8	Mildenhall & District SC	28.47	27.87	
3 William Onslow	9	Mildenhall & District SC	50.01	30.48	
4 Sam Goldstone	8	Mildenhall & District SC	40.02	31.95	
5 Patrick Lenihan	8	Mildenhall & District SC	50.02	33.24	
6 Archie Morley	8	Mildenhall & District SC	50.03	34.51	
7 Ralph Madine	7	Mildenhall & District SC	40.01	34.93	
8 George Barrett	9	Mildenhall & District SC	50.00	39.56	

Event 312 Girls 10-11 100 SC Meter Butterfly

Champs: 1:26.77 R 2010		Jordanne Sillitoe			
Name	Age	Team	Seed Time	Finals Time	
1 Belle Bingham	11	Mildenhall & District SC	2:00.03	1:42.57	
2 Sophia Andrews	10	Mildenhall & District SC	2:00.04	1:55.37	
3 Megan Scott	11	Mildenhall & District SC	2:32.00	2:28.57	
4 Lyla Hill	10	Mildenhall & District SC	2:10.01	2:34.09	

Event 312 Girls 12-13 100 SC Meter Butterfly

Champs: 1:20.55 R 2010		Grace Colasante		Pennine Trophy	
Name	Age	Team	Seed Time	Finals Time	
1 Phoebe Scarfe	12	Mildenhall & District SC	2:03.00	1:49.08	
2 Gracie-Mai Lloyd	13	Mildenhall & District SC	2:00.02	1:53.78	

Event 312 Women 14-15 100 SC Meter Butterfly

Champs: 1:13.82 R 1988		Karen Robinson		Coulling Trophy	
Name	Age	Team	Seed Time	Finals Time	
1 Esmae Child	14	Mildenhall & District SC	1:21.01	1:23.16	

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Event 312 Women 16 & Over 100 SC Meter Butterfly

Champs: 1:08.15 R 2022 Miranda Nichols Robinson Cup
 Fastest: 1:08.15 F 2022 Miranda Nichols Beck Row Primary

Name	Age	Team	Seed Time	Finals Time
1 Katie Richardson	39	Mildenhall & District SC	1:30.86	1:28.52
2 Debbie Lee	46	Mildenhall & District SC	2:01.00	1:59.32

Event 312 Boys 10-11 100 SC Meter Butterfly

Champs: 1:28.44 R 2006 Tom Russell
 Name Age Team Seed Time Finals Time

1 Lucas Hales	11	Mildenhall & District SC	1:59.76	1:54.88
2 Elliott Lloyd	11	Mildenhall & District SC	2:10.00	2:32.77
--- Robin Merrett	11	Mildenhall & District SC	2:31.00	DQ

8.2 Arms not brought forward simultaneously over the water

Event 312 Boys 12-13 100 SC Meter Butterfly

Champs: 1:14.36 R 2010 Ben Delgado R Smith Trophy
 Name Age Team Seed Time Finals Time

1 Kieron Alderson	13	Mildenhall & District SC	1:20.88	1:20.99
2 George Richardson	12	Mildenhall & District SC	2:00.01	1:56.76

Event 312 Men 14-15 100 SC Meter Butterfly

Champs: 1:04.74 R 2013 Harry Wagner Jakeman Trophy
 Name Age Team Seed Time Finals Time

1 Trystin Scheving	14	Mildenhall & District SC	1:19.30	1:15.84
2 Edward Samuel	15	Mildenhall & District SC	1:35.01	1:21.49
3 Miko Poplawski	14	Mildenhall & District SC	1:35.00	1:22.02
4 Caden Lee	14	Mildenhall & District SC	1:43.36	1:47.14

Event 312 Men 16 & Over 100 SC Meter Butterfly

Champs: 1:02.99 R 2008 Adam Jamieson Robinson Cup
 Fastest: 58.80 F 1981 Mark Veale Girling Memorial
 Name Age Team Seed Time Finals Time

1 Tyler Baxter	16	Mildenhall & District SC	1:08.48	1:11.11
2 Rob Garry	59	Mildenhall & District SC	2:02.86	2:08.88
--- John Browne	65	Mildenhall & District SC	2:26.16	DQ

8.2 Arms not brought forward simultaneously over the water