

# Mildenhall Club Championships 11<sup>th</sup> - 19<sup>th</sup> November 2023

## 10 & Over

Swimmer	50 Fly	50 Back	50 Breast	50 Free	100 Fly	100 Back	100 Breast	100 Free	100 IM	200 IM	25 Novice	50 Free (30+)
Adriana Morrison		0:57.11	0:59.66					1:53.32				
Belle Bingham	0:43.81	0:42.30	0:45.85	0:38.83	1:42.57		1:41.46	1:24.28	1:32.47	3:28.30		
Debbie Lee	0:47.19		0:48.44	0:36.22	1:59.32		1:49.50	1:24.68	1:37.68			0:36.91
Eden Benion		0:42.20	0:42.93	0:33.99		1:31.35	1:34.45	1:15.89	1:29.71	3:11.34		
Elisabetta Scotto Di M							2:12.59				0:21.26	
Ella Baxter	0:57.89	0:49.93	1:05.45	0:40.27		1:52.19		1:41.94			0:19.21	
Emily Smith		DQ (4.4)	1:01.46	0:46.22		1:51.23	2:10.60	1:47.91				
Emma Barrett	DQ (8.3)	0:56.07	0:59.82	0:53.06				1:57.44			0:24.11	
Esmae Child	0:34.30	0:37.93	0:43.03	0:30.20	1:23.16	1:26.27	1:35.45	1:06.10	1:16.85	2:54.33		
Gracie-Mai Lloyd	0:47.90	0:46.33	0:47.84	0:39.27	1:53.78	1:49.74	1:47.62	1:27.58	1:37.19	3:27.81		
Jane Smith		0:49.45	0:57.35					1:33.77	1:50.06	3:56.76		0:41.86
Jeannie Morley		0:56.28										0:49.74
Katie Richardson	0:37.79	0:41.99		0:34.80	1:28.52	1:30.79		1:16.55	1:27.54	3:12.00		0:34.30
Liz Peck												0:39.46
Lyla Hill		0:51.20	1:03.55		2:34.09			1:49.82	DQ (7.6)	DQ (7.6)	0:22.23	
Megan Scott		0:57.11			2:28.57			1:48.11	2:03.63		0:21.86	
Michelle Agada		0:55.20	DQ (7.3)					2:03.07	DQ (7.3)		0:21.13	
Phoebe Scarfe	0:49.03	0:46.57	0:53.48	0:38.62	1:49.08	1:45.70	1:54.42	1:28.82	DQ (7.6)	3:35.29		
Polly Jackson		0:49.60	0:54.16	0:42.12			1:58.42	1:41.27				
Sapphire Desouza-Ho	0:50.80	0:51.96	0:56.16	0:43.30		1:52.07		1:39.33	1:49.58			
Sarah Rose	0:33.40			0:31.59		1:21.36	1:31.81					
Sophia Andrews	0:47.83	0:44.46	0:57.80	0:36.63	1:55.37	1:39.46	2:03.23	1:26.47	1:41.76	3:45.87		
Stella Lee	0:54.92			0:42.64			1:58.03		DQ (7.6)			
Bay Smith	0:59.01	0:46.13	0:58.85	0:43.50		1:41.03	2:10.06	1:45.22	1:46.62	4:01.93		
Caden Lee	0:45.93	0:50.06		0:36.96	1:47.14				1:41.59			
Charlie Madine								1:57.44			0:23.35	
Edward Samuel	0:35.03	0:37.99	0:43.15	0:31.03	1:21.49	1:19.42	1:34.74	1:08.32	1:17.80	2:57.78		
Elliott Lloyd	1:01.13	0:56.10	1:02.51	0:46.59	2:32.77	1:59.79	2:11.47	1:54.89	2:03.99	4:29.32	0:22.13	
George Richardson	0:49.65	0:43.20	0:52.13	0:36.59	1:56.76	1:36.25	1:55.39	1:24.10	1:36.25	3:29.33		
Harrison Sainsbury	1:03.72	0:49.90		0:45.99		1:57.43		1:42.63				
James Shipp	0:31.59			0:27.39		1:11.03	1:17.66					
John Browne	1:07.75		0:58.00	0:48.21	DQ (8.2)		2:10.60	1:50.34	2:08.14	4:36.91		0:49.13
Karol Poplawski	0:58.69	0:55.82	0:53.79	0:43.11			1:58.09	1:44.84	1:50.85	4:06.86	0:19.71	
Kieron Alderson	0:35.56	0:38.30	0:49.00	0:32.59	1:20.99	1:22.84		1:10.44	1:25.52	3:02.95		
Lucas Hales	0:48.01	0:47.83	0:59.14	0:42.97	1:54.88	1:46.29		1:32.59	1:46.25	3:44.33		
Mason Mueller		0:58.89	DQ (7.3)			2:15.01	DQ (7.6)					
Miko Poplawski	0:33.26	0:34.04	0:36.17	0:28.71	1:22.02	1:17.14	1:25.26	1:02.44	1:11.19	2:38.96		
Oli Zawada		0:41.38	0:44.01	0:32.61		1:31.62	1:40.15	1:16.00				
Oliver Misiaszek	0:32.86	0:35.30	0:36.85	0:28.56		1:17.03	1:26.46	1:03.38				
Rob Garry	0:58.26	0:49.46	0:52.80	0:39.31	2:08.88	1:49.56	2:02.69	1:30.78	1:54.40	4:10.29		0:39.97
Robin Merrett	1:10.79	0:58.17	1:15.46	0:48.34	DQ (8.2)	2:06.61	DQ (7.4)	1:48.36	2:13.04	4:28.78	0:21.78	
Samuel Butcher		0:49.81	1:01.61					1:42.60	1:50.48	DQ (8.2)	0:19.13	
Shaw Wilson		0:49.68	1:09.95	0:45.15		1:51.01		1:46.12				
Trystin Scheving		0:33.53	0:40.46	0:28.05	1:15.84	DNF		1:02.02	1:13.50	2:38.82		
Tyler Baxter		0:30.55	0:36.19		1:11.11			1:01.16	1:07.82	2:33.74		

0:59.99 Club Record     
 0:59.99 Championship Record     
 0:59.99 County Qualifying Time  
0:59.99 First Time     
 0:59.99 New Personal Best     
 0:59.99 New 3-Year Best (Masters)

# Mildenhall Club Championships 11<sup>th</sup> - 19<sup>th</sup> November 2023

## Under 10s

Swimmer	25 Fly	25 Back	25 Breast	25 Free	50 Fly	50 Back	50 Breast	50 Free	100 IM	200 IM	25 Novice
Amelia Larkin	0:41.83	0:30.80									
Elora Swanson											0:38.32
Evie Roberson											0:34.98
Francesca Onslow											0:46.90
Georgia Bailey	0:28.74	0:25.53	0:31.67	0:25.06							
Naduah Mueller		0:36.67	0:48.57			1:24.99					
Olivia Crichton											1:00.19
Parker Wilson		0:25.03		0:23.03		0:56.59	1:09.18	0:51.24			
Poppy Richardson	0:36.94	0:25.58	0:41.32	0:24.50	1:22.11	0:58.85		0:56.01	2:40.76		0:28.04
Archie Morley		0:34.51		0:29.70							0:26.96
Callum Keane											0:27.21
Finley Crichton	0:30.58	0:27.87	0:38.11	0:24.06		1:00.94		0:50.41	2:27.11		0:26.80
Finley Williams											0:41.18
Freddie Swanson				0:27.81				1:04.82			0:27.19
George Barrett		0:39.56		0:37.55							0:42.05
Hugo Turner											0:26.62
Michael Morrison	0:34.49	0:27.23				0:59.63					
Michael Mutter			DQ (7.2)	0:35.40							
Patrick Lenihan	0:38.98	0:33.24		0:35.10							
Ralph Madine		0:34.93				DQ (6.4)					
Sam Goldstone		0:31.95				1:18.27					
William Onslow	0:37.39	0:30.48		0:27.36				1:01.94			0:27.29

0:59.99

Club Record

0:59.99

Championship Record

0:59.99

First Time

0:59.99

New Personal Best

A very successful 2023 club championships with 67 swimmers achieving 268 PBs and 6 3-year bests in the 374 races and it was great to see so many competing for the first time. Miko Poplawski broke the Boys 12/13 100m Freestyle club record and 10 swimmers achieved 35 county qualifying times between them. Well done to Sophia Andrews with 8 county times, Trystin Scheving 6, Belle Bingham & Miko Poplawski 4, Kieron Alderson & Polly Jackson 3, Bay Smith 2 and Esmae Child & Tyler Baxter 1 each.

10 swimmers entered all events, with Edward Samuel achieving PBs in all 10. George Richardson, Gracie-Mai Lloyd, Miko Poplawski, Phoebe Scarfe, Robin Merrett and Sophia Andrews achieved 9 PBs, Elliott Lloyd 8, Esmae Child 4 and Rob Garry a 3-year best. A further 11 swimmers competed in 8 or 9 events with Kieron Alderson & Poppy Richardson achieving 8 PBs, Belle Bingham, Debbie Lee & Finley Crichton 7, Bay Smith, Eden Benion & Karol Poplawski 6, Trystin Scheving 5, Katie Richardson & Lucas Hales 4 and John Browne 3 3-year bests.

The championships closed with the traditional family relay, won by the Lee family, with an existing finish between third and fourth with a tiring Jack Bingham (swimming for the first time in a number of years) just holding off a charging Eden Benion.