

Female Points Final

10 & 11 Years				200 free	Heats	223		
1	A GARNHAM	teamipswich	1425	400 free	Heats	209		
	100 free	Final	303	100 IM	Heats	201		
	50 free	Final	299	12 Daisy TEMPLER	Stowmarket	1025		
	400 free	Heats	283	50 breast	Final	220		
	200 free	Heats	270	200 breast	Heats	216		
	100 back	Final	270	50 free	Heats	210		
2	Lena CRISP	St Felix Sch	1408	100 breast	Heats	199		
	50 free	Final	312	100 IM	Heats	180		
	100 free	Heats	279	13 Tilly SHEASBY	Newmarket	918		
	200 free	Heats	276	50 free	Heats	212		
	400 free	Heats	275	200 free	Heats	194		
	100 IM	Heats	266	100 free	Heats	178		
3	Jessie BARBER	Newmarket	1324	200 IM	Heats	169		
	50 free	Final	278	100 IM	Heats	165		
	200 free	Heats	270	14 Ruby BROADWATER	teamipswich	889		
	200 back	Heats	261	50 free	Heats	203		
	100 free	Final	260	100 back	Heats	189		
	400 free	Heats	255	100 IM	Heats	171		
4	Aine COACKLEY	teamipswich	1295	50 back	Heats	166		
	100 free	Heats	291	200 IM	Heats	160		
	200 free	Heats	284	15 L Raine TURNER	Team Waveney	888		
	50 free	Heats	259	100 free	Heats	210		
	200 back	Heats	241	50 free	Heats	201		
	50 back	Heats	220	100 back	Heats	165		
5	Sophia ANDREWS	Mildenhall	1294	100 IM	Heats	165		
	50 free	Final	299	100 breast	Heats	147		
	100 free	Final	277	16 Ettie PEARCE	Deben	752		
	200 free	Heats	248	50 free	Heats	223		
	400 free	Heats	239	100 free	Heats	206		
	100 IM	Heats	231	50 fly	Final	171		
6	Olivia BRYANT	Stowmarket	1263	100 fly	Heats	152		
	50 free	Final	285	17 Polly JACKSON	Mildenhall	493		
	100 free	Final	254	50 free	Heats	173		
	100 IM	Heats	247	50 breast	Heats	164		
	200 breast	Heats	239	100 breast	Heats	156		
	200 IM	Heats	238	18 Poppy PORTER	teamipswich	359		
7	Phoebe PHILLPOT	teamipswich	1250	100 free	Heats	195		
	50 free	Final	276	50 back	Heats	164		
	100 free	Heats	263	19 Martha TYDEMAN	Stowmarket	321		
	200 free	Heats	254	100 IM	Heats	140		
	200 back	Heats	232	50 fly	Heats	95		
	50 back	Final	225	100 fly	Heats	86		
8	Eloise WELSFORD	Deben	1183	20 Ella Rose REED	Team Waveney	314		
	200 back	Heats	245	50 free	Heats	173		
	50 free	Heats	238	100 free	Heats	141		
	50 back	Heats	237	21 Molly NOWELL	Stowmarket	310		
	100 back	Final	232	50 free	Heats	173		
	100 free	Heats	231	400 free	Heats	137		
9	Bella ROBERTSON	Stowmarket	1181	22 Thea REES	West Suffolk	272		
	200 breast	Heats	261	100 breast	Heats	174		
	50 free	Heats	232	50 fly	Heats	98		
	100 IM	Heats	232	23 Leah RHODES	Felixstowe	174		
	100 breast	Final	228	50 free	Heats	174		
	200 IM	Heats	228	24 G COONEY	Leiston	165		
10	Amelia KNIGHTS	St Felix Sch	1124	50 free	Heats	165		
	200 free	Heats	245	25 Abbie DOCKERILL	West Suffolk	159		
	100 free	Heats	238	50 free	Heats	159		
	50 free	Heats	236	26 Roseanna SLOPER	Hadleigh	155		
	200 back	Heats	210	50 free	Heats	155		
	100 back	Heats	195	27 Daisy BROWN	Leiston	154		
11	Zara JEWERS	Stowmarket	1093	50 free	Heats	154		
	50 free	Heats	234	28 Elsa HERRING	Leiston	139		
	100 free	Heats	226	100 breast	Heats	139		

29	Grace MANN	teamipswich	115	50 fly	Final	281		
	50 back	Heats	115	100 IM	Heats	266		
				100 back	Final	265		
				200 back	Heats	261		
12 Years								
1	Violet FREEZER	teamipswich	2018	12	Mia KING	Team Waveney	1315	
	400 free	Heats	426		400 free	Heats	309	
	800 free	Heats	418		200 free	Heats	271	
	200 free	Heats	402		50 breast	Final	255	
	100 free	Heats	398		200 IM	Heats	241	
	50 free	Final	374		200 breast	Heats	239	
2	India CLEMENT	West Suffolk	1856	13	Grace WILLIAMS	Deben	1252	
	50 free	Final	387		50 free	Heats	273	
	100 free	Heats	381		100 free	Heats	269	
	200 IM	Heats	365		100 back	Final	259	
	100 IM	Heats	363		50 back	Heats	230	
	800 free	Heats	360		100 IM	Heats	221	
3	Sophie KNIGHT	Hadleigh	1716	14	Belle BINGHAM	Mildenhall	1129	
	50 free	Heats	370		100 IM	Heats	239	
	100 back	Final	357		50 breast	Heats	235	
	100 free	Heats	333		200 breast	Heats	232	
	50 fly	Final	331		200 IM	Heats	215	
	200 free	Heats	325		100 breast	Heats	208	
4	Amber DAYNES	Stowmarket	1574	15	Milla LARGE	Leiston	1084	
	50 free	Heats	361		50 free	Heats	304	
	100 free	Final	323		50 breast	Final	268	
	200 free	Heats	305		100 breast	Heats	257	
	400 free	Heats	294		100 IM	Heats	255	
	100 IM	Heats	291	16	Caitlin MILLEN	Stowmarket	879	
5	Emilia BUTT	Deben	1570		50 fly	Heats	263	
	200 free	Heats	322		200 free	Heats	253	
	50 free	Heats	321		100 fly	Heats	192	
	200 back	Heats	316		200 fly	Heats	171	
	100 free	Final	314	17	Mia COPPING	West Suffolk	654	
	100 back	Final	297		200 free	Heats	233	
6	Nellie SNOWDEN	Deben	1550		200 IM	Heats	232	
	50 free	Final	332		800 free	Heats	189	
	50 breast	Final	328	18	Amelia GLENNON	Leiston	634	
	100 IM	Heats	300		100 breast	Heats	227	
	200 breast	Heats	298		200 breast	Heats	224	
	100 breast	Final	292		50 fly	Heats	183	
7	Luna SMITH	Newmarket	1526	19	Coco PALFREY	West Suffolk	617	
	50 free	Final	344		100 breast	Heats	208	
	100 free	Final	307		50 breast	Heats	206	
	200 free	Heats	306		200 breast	Heats	203	
	100 back	Final	285	20	Olivia SWALLOW	teamipswich	505	
	200 back	Heats	284		100 free	Heats	261	
8	Isla MASON	Stowmarket	1524		50 free	Heats	244	
	200 free	Heats	323	21	E MCTAGGART	Deben	452	
	50 free	Heats	312		50 breast	Heats	240	
	100 free	Heats	311		100 breast	Heats	212	
	400 free	Heats	293	22	Aurelia HERRING	Leiston	421	
	400 IM	Heats	285		200 breast	Heats	216	
9	Matilda SMITH	Team Waveney	1503		100 breast	Heats	205	
	400 free	Heats	312	23	Rosie TURNER	St Felix Sch	291	
	200 free	Heats	311		200 free	Heats	291	
	50 free	Heats	299	24	Evie TIGGES	Hadleigh	226	
	100 free	Heats	292		100 breast	Heats	226	
	800 free	Heats	289	25	Isla HALLAM	Team Waveney	205	
10	Lottie HARTE	Newmarket	1434		200 breast	Heats	205	
	50 free	Heats	325	26	Stella LEE	Mildenhall	197	
	100 free	Heats	300		200 breast	Heats	197	
	50 breast	Final	277					
	200 free	Heats	276					
	200 breast	Heats	256					
11	Olivia STROUD	Hadleigh	1377					
	50 free	Heats	304					

13 Years

1	Maelys JACQUET	Felixstowe	2125
	50 free	Heats	469
	100 free	Final	445
	400 free	Heats	411
	200 free	Heats	410
	100 IM	Heats	390
2	Amelia GARNHAM	teamipswich	2124
	100 free	Final	446
	50 free	Heats	441
	200 free	Heats	419
	400 free	Heats	410
	800 free	Heats	408
3	Isla COACKLEY	teamipswich	2044
	400 free	Heats	433
	100 free	Heats	408
	800 free	Heats	406
	200 free	Heats	399
	50 free	Heats	398
4	E ARMSTRONG	Stowmarket	1963
	50 free	Final	402
	100 free	Heats	402
	200 free	Heats	390
	100 IM	Heats	386
	400 free	Heats	383
5	Poppy MOORE	West Suffolk	1797
	200 free	Heats	371
	100 free	Heats	367
	400 free	Heats	366
	50 free	Heats	352
	1500 free	Heats	341
6	A KNIGHTS	St Felix Sch	1771
	50 free	Heats	389
	100 free	Heats	369
	50 fly	Heats	359
	200 free	Heats	347
	100 IM	Heats	307
7	Olivia MURPHY	Deben	1762
	50 free	Final	377
	200 free	Heats	368
	100 free	Heats	367
	100 IM	Heats	331
	200 IM	Heats	319
8	Rebecca LUCKETT	St Felix Sch	1738
	50 free	Heats	369
	100 free	Heats	369
	400 free	Heats	338
	100 back	Final	332
	200 free	Heats	330
9	L CURTIN	Team Waveney	1737
	400 free	Heats	391
	200 free	Heats	365
	100 free	Heats	331
	200 IM	Heats	326
	100 IM	Heats	324
10	Beau WATERHOUSE	Newmarket	1730
	50 free	Final	418
	100 free	Final	389
	50 back	Heats	312
	100 back	Heats	310
	100 IM	Heats	301
11	Freya REED	West Suffolk	1702
	100 free	Heats	371

	200 free	Heats	365
	400 IM	Heats	329
	200 IM	Heats	324
	400 free	Heats	313
12	Betsy KIRK	Leiston	1585
	100 free	Heats	364
	50 free	Heats	352
	200 free	Heats	327
	800 free	Heats	301
	100 fly	Final	241
13	Isla THORN	St Felix Sch	1492
	100 back	Final	312
	800 free	Heats	304
	50 back	Heats	301
	200 back	Heats	295
	1500 free	Heats	280
14	C HOPEWELL-CAMPION	Newmarket	1150
	200 back	Heats	304
	50 back	Heats	291
	100 back	Heats	281
	800 free	Heats	274
15	Rosie PERRY	West Suffolk	1082
	200 breast	Heats	289
	50 breast	Heats	272
	100 breast	Final	271
	200 IM	Heats	250
16	Erin STEWART	West Suffolk	778
	200 IM	Heats	262
	200 breast	Heats	259
	800 free	Heats	257
17	Anabelle WAN	Deben	770
	50 fly	Heats	276
	50 breast	Final	257
	100 back	Heats	237
18	Emily COLLS	St Felix Sch	590
	50 back	Heats	310
	100 back	Heats	280
19	T THOMPSON	Leiston	505
	200 breast	Heats	262
	100 breast	Heats	243
20	A MCWATTIE	West Suffolk	236
	200 breast	Heats	236

14 Years

1	Erin BARBER	Newmarket	2839
	100 free	Final	585
	200 free	Heats	573
	50 free	Final	569
	100 back	Final	558
	400 free	Heats	554
2	Lily STEEL	teamipswich	2558
	100 free	Final	526
	200 free	Heats	517
	800 free	Heats	515
	50 free	Final	501
	200 back	Heats	499
3	Nicole PEDDELTY	teamipswich	2474
	100 breast	Final	501
	100 IM	Heats	497
	50 free	Final	493
	100 free	Final	492
	50 breast	Final	491
4	Grace MUTTON	teamipswich	2428
	200 free	Heats	504
	100 breast	Final	503
	100 free	Heats	479

	800 free	Heats	472		
	200 breast	Heats	470		
5	Freya MAY		Leiston	2161	
	50 free	Heats	443		
	200 free	Heats	434		
	400 free	Heats	433		
	100 free	Final	432		
	400 IM	Heats	419		
6	F THOMPSON		Team Waveney	2064	
	50 free	Heats	431		
	100 free	Heats	429		
	400 free	Heats	426		
	200 free	Heats	410		
	200 IM	Heats	368		
7	Maggie MARSHALL		teamipswich	2015	
	100 free	Final	438		
	800 free	Heats	402		
	50 free	Heats	396		
	200 free	Heats	393		
	400 free	Heats	386		
8	Lucy WALKER		Deben	1980	
	50 free	Final	446		
	50 back	Final	422		
	100 back	Final	395		
	200 back	Heats	387		
	800 free	Heats	330		
9	Brooke COPPING		West Suffolk	1935	
	400 free	Heats	409		
	200 free	Heats	396		
	100 free	Heats	380		
	400 IM	Heats	379		
	50 free	Heats	371		
10	Guste RAUDONYTE		Newmarket		
	1852				
	50 free	Final	415		
	100 free	Final	397		
	100 IM	Heats	396		
	100 breast	Final	325		
	50 breast	Heats	319		
11	Isabella BRYAN		teamipswich	1836	
	400 free	Heats	391		
	50 back	Final	380		
	200 free	Heats	373		
	100 back	Heats	347		
	200 back	Heats	345		
12	S MARTELINO		Newmarket	1808	
	100 free	Heats	386		
	100 IM	Heats	365		
	200 IM	Heats	360		
	50 fly	Heats	349		
	50 breast	Final	348		
13	G CAWLEY		teamipswich	1806	
	200 free	Heats	390		
	100 free	Heats	381		
	50 free	Heats	354		
	200 IM	Heats	341		
	100 IM	Heats	340		
14	Polly RUDELL		teamipswich	1706	
	400 free	Heats	358		
	800 free	Heats	356		
	100 back	Heats	346		
	200 back	Heats	334		
	50 back	Heats	312		
15	Lily MUNDAY		teamipswich	715	
	400 free	Heats	379		
	800 free	Heats	336		
16	Poppy EADE		Team Waveney	629	
	100 back	Heats	321		
	50 back	Heats	308		
17	C CATCHPOLE		Leiston	620	
	50 back	Heats	344		
	50 breast	Heats	276		
18	Rosie WHITING		Deben	319	
	50 back	Heats	319		
19	Carys BRADLEY		teamipswich	302	
	100 back	Heats	302		
15 Years					
1	Grace ROBINSON		St Felix Sch	3045	
	200 free	Heats	636		
	100 free	Final	615		
	400 free	Heats	607		
	200 back	Heats	605		
	100 back	Final	582		
2	C LOVELL		teamipswich	3013	
	200 IM	Heats	618		
	200 back	Heats	611		
	400 IM	Heats	600		
	200 breast	Heats	599		
	100 IM	Heats	585		
3	G TROMAN		teamipswich	2812	
	400 free	Heats	599		
	200 free	Heats	584		
	1500 free	Heats	557		
	800 free	Heats	553		
	100 free	Heats	519		
4	Amelia LEWIS		teamipswich	2738	
	400 free	Heats	575		
	200 free	Heats	549		
	100 free	Heats	547		
	50 free	Heats	536		
	800 free	Heats	531		
5	Erin UTTRIDGE		teamipswich	2690	
	200 free	Heats	572		
	400 free	Heats	557		
	100 free	Heats	528		
	200 IM	Heats	523		
	50 free	Heats	510		
6	M WILSON-MANSFIELD		Newmarket	2510	
	50 free	Heats	516		
	200 free	Heats	507		
	100 free	Final	503		
	200 back	Heats	497		
	100 back	Final	487		
7	Ella DEATON		Newmarket	2426	
	200 free	Heats	511		
	100 free	Heats	509		
	400 free	Heats	471		
	50 free	Heats	469		
	200 IM	Heats	466		
8	Sophie ROBERTS		teamipswich	2374	
	50 fly	Final	502		
	100 back	Final	491		
	400 free	Heats	463		
	200 back	Heats	461		
	50 back	Heats	457		
9	Emilia JOHNSON		St Felix Sch	2364	
	50 free	Heats	494		
	100 IM	Heats	470		
	100 free	Heats	467		
	200 free	Heats	467		
	50 back	Heats	466		

10	Chloe KNIGHT	Hadleigh	2318	200 back	Heats	516	
	50 back	Final	488	2	Darcy GLADWELL		teamipswich 2674
	100 back	Final	478	400 free	Heats	558	
	100 free	Heats	457	200 free	Heats	546	
	50 free	Heats	448	100 free	Heats	542	
	50 fly	Final	447	800 free	Heats	529	
11	Nicole TAYLOR	St Felix Sch	2229	50 free	Final	499	
	200 free	Heats	467	3	Amelia SAUNDERS		St Felix Sch 2673
	400 free	Heats	462	800 free	Heats	553	
	100 free	Heats	450	1500 free	Heats	533	
	100 back	Heats	429	400 free	Heats	532	
	50 free	Heats	421	200 free	Heats	528	
12	Jemima LASHMAR	teamipswich	2175	100 free	Final	527	
	200 free	Heats	491	4	Isabel THOMAS	Newmarket	2650
	50 fly	Final	445	100 free	Final	574	
	50 free	Heats	432	200 free	Heats	551	
	100 IM	Heats	405	50 free	Heats	541	
	100 fly	Final	402	400 free	Heats	515	
13	Ella STEWART	West Suffolk	2034	100 IM	Heats	469	
	400 free	Heats	440	5	Kiera BROAD	West Suffolk	2484
	200 IM	Heats	423	200 free	Heats	512	
	400 IM	Heats	404	100 IM	Heats	506	
	100 IM	Heats	388	400 free	Heats	491	
	800 free	Heats	379	100 breast	Final	489	
14	D BLATCHLY-SMITH	St Felix Sch	2003	100 free	Heats	486	
	400 free	Heats	531	6	Bethany CRAWLEY	teamipswich	2414
	100 free	Heats	517	400 free	Heats	506	
	50 free	Heats	489	400 IM	Heats	483	
	50 fly	Final	466	200 IM	Heats	481	
15	J COLLINSON	Deben	1982	200 breast	Heats	476	
	50 free	Heats	462	200 free	Heats	468	
	100 free	Heats	455	7	Isabel MOORE	West Suffolk	2375
	50 fly	Final	366	200 free	Heats	498	
	50 back	Heats	361	400 free	Heats	483	
	100 IM	Heats	338	800 free	Heats	480	
16	Esmae CHILD	Mildenhall	1643	50 free	Heats	458	
	50 free	Heats	475	100 free	Heats	456	
	100 free	Heats	445	8	Maia THOMPSON	Team Waveney	2236
	100 IM	Heats	365	100 IM	Heats	458	
	50 fly	Heats	358	50 back	Final	454	
17	Amelie HARRISON	Stowmarket	1567	400 free	Heats	453	
	50 free	Heats	419	1500 free	Heats	447	
	800 free	Heats	415	100 back	Heats	424	
	200 IM	Heats	375	9	Florence DAVIES	Deben	2221
	1500 free	Heats	358	100 back	Final	476	
18	Alexandra WOODS	St Felix Sch	1122	200 back	Heats	468	
	200 back	Heats	384	50 back	Final	432	
	100 back	Heats	381	400 IM	Heats	428	
	50 back	Heats	357	200 IM	Heats	417	
19	Lilley DRING	Deben	473	10	Grace ELLIS	Newmarket	2121
	50 free	Heats	473	50 free	Heats	445	
20	Emily TURNER	St Felix Sch	402	100 back	Final	430	
	50 free	Heats	402	100 IM	Heats	426	
21	Orla THOMPSON	teamipswich	366	800 free	Heats	413	
	50 back	Heats	366	50 breast	Final	407	
22	I FORRESTER	Deben	361	11	May RICHARDSON	Stowmarket	1941
	1500 free	Heats	361	100 free	Heats	471	
23	Isla DUGDALE	Newmarket	305	50 free	Final	463	
	50 back	Heats	305	1500 free	Heats	398	
				400 IM	Heats	351	
				200 fly	Heats	258	
16 Years				12	C CREASY	West Suffolk	1940
1	A RAUDONYTE	Newmarket	2717	200 back	Heats	433	
	100 back	Final	572	50 back	Final	421	
	100 free	Final	553	50 free	Heats	416	
	50 free	Heats	542	100 back	Heats	360	
	50 back	Heats	534				

19	F WALLACE	Stowmarket	893
	50 breast	Final	455
	100 breast	Final	438
20	Emily KNIGHT	Hadleigh	841
	100 back	Heats	429
	50 back	Heats	412
21	Isabelle BARBER	Stowmarket	835
	100 back	Heats	431
	50 back	Heats	404
22	Alice CLARK	West Suffolk	814
	100 breast	Final	416
	200 breast	Heats	398
23	Georgia DENHAM	Hadleigh	800
	100 breast	Heats	401
	50 breast	Heats	399
24	Gigi GEBHARD	teamipswich	789
	50 breast	Heats	396
	100 breast	Heats	393
25	Amber RIDGEON	Leiston	782
	50 breast	Heats	416
	200 breast	Heats	366
26	Jersey HOLMES	Team Waveney	774
	800 free	Heats	412
	200 fly	Heats	362
27	H MCNICHOLAS	Deben	492
	50 fly	Heats	492
28	Madeline PAWLE	Leiston	392
	100 breast	Heats	392
29	Lottie ELLIS	Deben	388
	800 free	Heats	388