

Suffolk Masters – 18th February 2024

Swimmer	50 Back	100 Back	200 Back	50 Breast	100 Breast
Jane Smith	0:48.72	1:48.00	3:54.55		
Jeannie Morley	0:59.31				
Katie Richardson	0:41.77				
Phoebe Mallen				0:42.86	1:32.86
Rob Garry		1:58.90			

Swimmer	100 Breast	50 Free	100 Free	200 Free	100 IM
Jane Smith			1:34.09	3:27.40	1:49.62
Jeannie Morley		0:50.48			2:08.56
Katie Richardson		0:35.32			1:29.97
Phoebe Mallen	1:32.86			2:41.62	
Reg Lloyd			0:51.74		
Rob Garry			1:32.82		2:01.58

0:59.99

New Personal Best

0:59.99

Club Record

Just 1 PB and 2 3-year bests, but 15 Gold, 3 Silver and 1 Bronze County Medals. We were the fourth placed Suffolk Club, Jane won Top Suffolk Girl and Reg Lloyd broke the club 40-year-old Open 100m Free record as well as the East Region Masters 25-29 100m Free record!! Not a bad day out.

