

West Suffolk Spring Sprints Meet, 31st May 2025

Swimmer	50 Fly	50 Back	50 Breast	50 Free
Abi Chaplin	0:50.21	0:49.49		
Amelia Larkin		0:52.72	0:59.24	0:47.56
Cosette Jamieson	DQ		DQ	
Elisabetta Scotto Di Marrazzo			0:51.10	0:39.92
Eden Benion			0:44.31	
Emma Barrett			0:48.69	0:40.03
Finley Crichton				0:36.33
George Richardson	0:36.13		0:43.88	0:32.50
Georgia Bailey			0:57.87	
Gracie-Mai Lloyd			0:44.81	
Harrison Sainsbury		0:45.15		0:40.30
Hector Latham		1:04.19		1:06.77
Henry Cash		0:46.57	0:59.33	0:43.97
Karol Poplawski			0:45.70	
Kyle Chaplin		1:03.85		1:02.79
Miko Poplawski	0:30.88			
Poppy Richardson	0:47.60	0:45.12		0:41.03
Sapphire Desouza-Holwill	0:44.33		0:48.37	0:38.22
Seb Cash			0:50.70	0:35.35
Tyler Baxter	0:28.09	0:29.39	0:34.31	0:26.30
William Onslow	0:54.24	0:48.79	0:59.57	0:41.58

Swimmer	100 Fly	100 Back	100 Breast	100 Free	100 IM
Abi Chaplin				1:25.04	1:44.54
Amelia Larkin		1:52.65	2:01.79		
Cosette Jamieson		DQ		1:57.21	
Eden Benion				1:16.07	
Emma Barrett			1:46.38	1:25.98	
Finley Crichton	1:44.79				
George Richardson				1:10.71	1:25.54
Georgia Bailey			2:06.70		DQ
Gracie-Mai Lloyd	1:52.41	1:32.13	1:41.62	1:25.52	1:34.03
Harrison Sainsbury		1:36.02		1:30.25	
Poppy Richardson		1:36.49			1:44.27
Sapphire Desouza-Holwill		1:37.05	1:44.03	1:25.08	1:36.87
Seb Cash			1:54.41	1:19.89	
William Onslow					1:51.48

0:59.99

New Personal Best

0:59.99

First Time

47 PBs achieved out of 75 races