

## East Region Open Water Championships - 14<sup>th</sup> July 2024

### 2km Freestyle

		Time	East Region	Suffolk
Boys 14 Years	Kieron Richardson	42:03	8 <sup>th</sup>	Bronze
Boys 15/16 Years	Miko Poplawski	37:47	5 <sup>th</sup>	Gold
Mens 60+ Years	Rob Garry	DNF		

*1 Suffolk Gold & 1 Bronze*