



2025 CLUB **CHAMPIONSHIPS** **200m and Long Distance**



Name _____ open-male / female

Date of Birth _____ Group _____

Event		<u>Date</u>	✓	<u>Current PB</u> <u>Time</u>
101	200m Butterfly	Friday 19 th September 2025 7:30 pm		
102	400m IM	Sunday 21 st September 2025 4:30pm		
103	200m Backstroke	Friday 26 th September 2025 7:30 pm		
104	200m Breaststroke	Friday 3 rd October 2025 7:30 pm		
105	200m Freestyle	Friday 10 th October 2025 7:30 pm		
106	1500m Freestyle	Sunday 12 th October 2025 4:30pm		
107	400m Freestyle	Friday 17 th October 2025 7:30pm		
108	800m Freestyle	Sunday 19 th October 2025 4:30pm		

Please complete this form, ticking the races you wish to enter and putting in your current PB times - if you have not raced this before please enter NT (No Time).

Squad swimmers can enter all races, Marlin swimmers the 200m and 400m Freestyle, the fees have already been paid, so there is no reason to not enter all races you can.

The closing deadline date is Friday 5th September 2025.

Return the form to Wendy Airey or Rob Garry. Please note that races will be run in mixed sex heats.

All competitors not reporting for the warm up by 7:30pm on Fridays and 4:30pm on Sundays will not be allowed to enter. Please let us know if you are unable to attend before the event. (Wendy 07568 341569

There will be 2 age group categories: - 13 and over, 12 and under.

The presentation of the trophy and medals will be on the night.