

Thetford Dolphins Nifty 50s 2025

Session - 1

at

EVENT 1 Female 50m Backstroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Betsy Chadderton	9	West Norfolk	46.66		
	158					
2.	Charlotte Wells	9	West Norfolk	47.07		
	154					
3.	Freya Newbury	9	Gt Yarmouth	49.81		130
4.	Daisy Morris	9	West Norfolk	51.12		
	120					
5.	Mia Gilbert	9	Dereham	51.14		120
6.	Jasmine Jones	9	Gt Yarmouth	51.37		118
7.	Ella Smith	9	West Norfolk	52.21		113
8.	Saanvi Vats	9	Bottisham	52.48		111
9.	Robyn Shippey	9	Bottisham	53.54		104
10.	Anabelle Brockett	9	Thetford	54.03		102
11.	Sophie Whincop	9	Thetford	58.22		81
	Leia Prihoda	9	Diss Otters	DNC		
	Petra Cooney	9	Leiston	DQ 6 .4L		

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Morgan Arthur	10	West Norfolk	39.40		
	263					
2.	Gabriella Cooney	10	Leiston	43.36		197
3.	Erin Riding	10	Thetford	43.37		197
4.	Poppy Richardson	10	Mildenhall	44.60		181
5.	Nelly Nunn	10	Diss Otters	44.70		180
6.	Ellie Kitt	10	West Norfolk	45.04		176
7.	Lola Treumann	10	Gt Yarmouth	45.50		170
8.	Maya Marcinek	10	West Norfolk	46.29		
	162					
9.	Lucy Lattimore	10	Diss Otters	46.41		161
10.	Lily Nell	10	West Norfolk	46.54		159
11.	Francesca McKerr	10	Thetford	46.64		158
12.	Athena Vaughan	10	Thetford	48.12		144
13.	Eleanor Taylor	10	Thetford	50.79		122
14.	Isla Marques-Garcia	10	Bottisham	50.83		
	122					

15.	Ivy Shelly	10	Thetford	50.84	122
16.	Layla Salmon	10	Dereham	50.88	122
17.	Emily Wilding	10	Thetford	51.01	121
18.	Amelia March	10	Bottisham	51.81	115
19.	Scarlett Smith	10	West Norfolk	51.86	115
20.	Aleksa Prokofjeva	10	West Norfolk	52.18	113
21.	Marnie Morling	10	Leiston	53.00	108
22.	Olivia Smith	10	Bottisham	54.75	98
23.	Lakota Smith	10	Dereham	55.27	95
24.	Phoebe Beaumont	10	Bottisham	57.45	84
	Esmay Harvey	10	Thetford	DQ 6 .4L	

	Eirini Gili	10	Bottisham	DQ 6 .4L	
11 Yrs Age Group - Full Results					
	Place Name	AaD	Club	Time	WA Pts
1.	Martha More	11	West Norfolk	37.59	303
2.	Leah Spinks	11	Diss Otters	40.14	248
3.	Polly Jackson	11	Mildenhall	40.29	246
4.	Ella Treumann	11	Gt Yarmouth	40.70	238
5.	Daisy Winterbottom	11	Diss Otters	41.56	224
6.	Amelie Bartram	11	Thetford	43.10	201
7.	Lucie Hurd	11	Gt Yarmouth	43.92	190
8.	Selby Barnes	11	Gt Yarmouth	44.09	187
9.	Elveja Kirstukaite	11	Gt Yarmouth	44.17	186
10.	Anwen Jones	11	West Norfolk	44.75	179
11.	Taliah Ssemwanga	11	Gt Yarmouth	45.62	169
12.	Katarina Owen	11	Diss Otters	45.67	169
13.	Emma Wilson	11	West Norfolk	45.75	168
14.	Lilyanna Gilbert	11	Dereham	46.12	164
15.	Lily Quinn	11	Gt Yarmouth	46.47	160
16.	Alicia Hrynkiewicz-Sud	11	Thetford	46.82	156
17.	Ellie Mitchinson	11	Thetford	47.17	153
18.	Nala Babbidge	11	Dereham	47.31	152

19.	Sophia Victory	11	Dereham	47.39	151
20.	Anna Thompson	11	Bottisham	48.58	140
21.	Molly Ling	11	Thetford	49.10	136
22.	Isabella Barton	11	Thetford	49.86	129
23.	Alexandra Bulpitt	11	Leiston	50.70	123
24.	Skylar Puntis	11	Diss Otters	54.87	97
	Harriet Wells	11	West Norfolk	DNC	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Charley Taylor	12	Dereham	37.27	310	
2.	Dolcie Underwood	12	Dereham	37.80	298	
3.	Alexandra Cerps	12	West Norfolk	39.28		
	265					
4.	Allanah Ralfe	12	Thetford	40.03	250	
4.	Isabelle Morris	12	West Norfolk	40.03		
	250					
6.	Amelia Glennon	12	Leiston	40.04	250	
7.	Amber Bunting	12	Thetford	40.26	246	
8.	Lydia Aldous	12	Diss Otters	40.87	235	
9.	Hollie Richards	12	Diss Otters	41.01	233	
10.	Ophelia Bradney	12	West Norfolk	41.12		
	231					
11.	Evie Harris-Joy	12	Gt Yarmouth	41.45	226	
12.	Mia Grzesiak	12	Diss Otters	41.70	222	
13.	Lacey Waterson	12	West Norfolk	41.76		
	221					
14.	Sophie Bowes-Toms	12	Dereham	41.84	219	
15.	Amelia Rodgers	12	West Norfolk	42.39		
	211					
16.	Emily May	12	Leiston	43.24	199	
17.	Daisy Brown	12	Leiston	44.64	180	
18.	Blythe Walker Coelho	12	Bottisham	44.76		
	179					
19.	Lily Ellerker	12	Dereham	46.60	159	
20.	Quin Crane	12	Gt Yarmouth	46.65	158	
21.	Jessica O'Brien	12	Bottisham	46.73	157	
22.	Evelyn Perry	12	Gt Yarmouth	46.79	157	
23.	Sienna Rowe	12	Gt Yarmouth	47.00	155	
24.	Seren Frost	12	Bottisham	47.08	154	

25.	Hadley Walker Coelho 151	12	Bottisham	47.38	
26.	Ellie Trower	12	Gt Yarmouth	47.54	149
27.	Indi Goldsmith 135	12	West Norfolk	49.15	
28.	Millie Cooper	12	Thetford	49.64	131

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Ruby Oxborough	13	Gt Yarmouth		34.86	380
2.	Evie Dixon	13	Gt Yarmouth	35.47		360
3.	Maggi Woodrow	13	Gt Yarmouth		36.38	334
4.	Aoife Babbidge	13	Dereham		36.93	319
5.	Olivia Keen	13	Dereham	38.24		287
6.	Emmie Philpott	13	Gt Yarmouth		38.69	277
7.	Olivia Bradley	13	Thetford		38.80	275
8.	Olivia Canham	13	Thetford		38.96	272
9.	Leila Jackute	13	Thetford		39.42	262
10.	Amelia Lattimore	13	Diss Otters		39.43	262
11.	Emilia Clifford	13	Diss Otters		41.16	230
12.	Carys Thompson	13	Bottisham		41.21	230
13.	Holly Hensellek	13	Gt Yarmouth		42.16	214
14.	Livia Robinson	13	Bottisham		42.35	211
15.	Elsie Moore	13	Gt Yarmouth	42.72		206
16.	Kayla Palmer	13	Gt Yarmouth		44.69	180
17.	Farrah Rowe	13	Gt Yarmouth	45.26		173
18.	Brooklyn Firth	13	Thetford		45.39	172
19.	Grace Hunn	13	Gt Yarmouth	46.10		164
20.	Leah Burgess	13	Bottisham		46.54	159
21.	Emma Barrett	13	Mildenhall		48.02	145
22.	Lauren Pitcher	13	Thetford		51.63	116
	Matilda Myers	13	West Norfolk		DNC	
	Sophie Hardinge	13	Thetford		DQ 6 .4L	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Lola Mitchinson	14	Thetford		32.40	473

2.	Sophie Rochester	14	Diss Otters	35.16		370
3.	Olivia Butlin	14	Thetford	35.35		364
4.	Arabella Bishop	14	West Norfolk		35.49	
	360					
5.	Lowenna Pillinger	14	Bottisham	36.73		324
6.	Daisy Munro	14	Thetford	37.27		310
7.	Freya Willis	14	Leiston	38.07		291
8.	Ashleigh Fall	14	Diss Otters	38.31		286
9.	Erin Hanna	14	Thetford	38.34		285
10.	Daisy Lewis	14	Diss Otters	38.67		278
11.	Ruby Welch	14	Thetford	38.78		276
12.	Olivia Brewer	14	Diss Otters	39.00		271
13.	Lucie Cooper	14	Thetford	40.00		251
14.	Ananya Chaudhary	14	Diss Otters	41.00		233
15.	Izzy Howard	14	Gt Yarmouth	41.50		225
16.	Angel Batangan	14	Gt Yarmouth	41.70		222
17.	Sze Yin Wong	14	Bottisham	41.76		221
18.	Nia Jones	14	Diss Otters	41.88		219
19.	Elizabeth Naylor	14	Bottisham	42.49		209
20.	Amalie Edwards	14	Bottisham	42.51		209
21.	Gracie-Mai Lloyd	14	Mildenhall	43.53		195
22.	Amelia Ramjohn	14	Thetford	44.84		178
	Heather Layzell	14	Bottisham	DNC		
	Abigail Chaplin	14	Mildenhall	DQ 6 .4L		
	Matilda Mnych	14	Bottisham	DQ 6 .4L		

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts	
1.	Anastasja Wall		15	Dereham	31.61		509
2.	Freya May	15	Leiston	34.19			402
3.	Emily Haworth	15	Gt Yarmouth	34.93			377
4.	Ivy Orton	15	Bottisham	35.12			371
5.	Shannon Taylor	15	Thetford	36.08			342
6.	Daisy Covell	15	West Norfolk		37.21		
	312						
7.	Starr Nichols	15	Gt Yarmouth	37.30			310
8.	Livia Lamb	15	Leiston	37.86			296
9.	Lexi Dix	15	Bottisham	38.40			284

10.	Kari-Ella Bailey	15	West Norfolk	38.75	
	276				
11.	Frances Guerin	15	Diss Otters	39.65	258
	Nicole Michalak	15	Bottisham	DNC	
16 Yrs/Over Age Group - Full Results					
	Place Name	AaD	Club	Time	WA Pts
1.	Emma-Louise Lovegrove	16	Thetford	34.94	
	377				
2.	Leah Marques-Garcia	16	Bottisham	38.54	
	281				
3.	Starr Hutchinson	16	Thetford	39.69	257
4.	Emily Arnott	17	Bottisham	41.00	233
5.	Imogen Ramjohn	16	Thetford	42.20	214

EVENT 2 Open/Male 50m Breaststroke

09 Yrs Age Group - Full Results

	Place Name	AaD	Club	Time	WA Pts	
1.	Laurie Scrivener	9	Leiston	48.18		138
2.	Jacob Minty	9	Thetford	50.41		121
3.	Montgomery Dunn	9	Bottisham	58.31		78
4.	Noah Clarke	9	Gt Yarmouth	59.17		74
5.	Sammy Shelton	9	Gt Yarmouth	59.66		73
6.	William Bradney	9	West Norfolk	1:03.63		
	60					
7.	Ethan Williams	9	West Norfolk	1:04.73		
	57					
	Hugo Sanders	9	Diss Otters	DQ 7 .1L		
	Idris Scriven	9	Bottisham	DQ 7 .2L		
	Harris Taylor	9	Bottisham	DQ 7 .3L		
	Reuben Puntis	9	Diss Otters	DQ 7 .6L		

10 Yrs Age Group - Full Results

	Place Name	AaD	Club	Time	WA Pts	
1.	Noah Carass	10	Gt Yarmouth	49.17		130
2.	Bill Dean	10	Thetford	52.46		107
3.	Rufus Walsh	10	Thetford	53.47		101
4.	Dylan Clunan-Camp	10	West Norfolk	54.70		
	94					
5.	Arlo Brown	10	West Norfolk	55.13		92
6.	Denis Diadko	10	West Norfolk	55.67		
	90					
7.	Peter Aldous	10	Diss Otters	57.12		83
8.	Spencer Downes	10	Thetford	57.73		80
9.	Sonny Roberts	10	West Norfolk	59.09		
	75					

10.	Morgan Hollier	10	Dereham	1:02.73	62
11.	Theodore Carlton	10	West Norfolk	1:04.26	
	58				
	Logan Hall	10	Thetford	DQ 7 .1L	
	Joshua Dinwiddie	10	Leiston	DQ 7 .1L	
	Daniel Ridgeway	10	Thetford	DQ 7 .6L	

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts	
1.	William Minty	11	Thetford			43.98	182
2.	Bay Smith	11	West Norfolk			46.36	155
3.	Theo Lewandowski	11	Bottisham			47.67	143
4.	Charlie Jones	11	Gt Yarmouth			48.68	134
5.	Fraser Rush	11	Diss Otters		48.79		133
6.	Theo Goddard	11	Diss Otters			49.63	127
7.	Jack Tooke	11	Thetford		51.35		114
8.	Ben Mortimer	11	Diss Otters			52.22	109
9.	Isaac Dinwiddie	11	Leiston			52.29	108
10.	Sebastian Copping	11	Bottisham			53.11	103
11.	Joseph Cook	11	West Norfolk			53.21	103
12.	Joshua Butlin	11	Thetford			58.01	79
13.	Elijah Willowe	11	Diss Otters			58.83	76
14.	Charlie Bradford	11	West Norfolk			58.90	
	76						
15.	Oscar Tunnicliff	11	West Norfolk			59.88	
	72						
	Hayden Sheppard	11	Thetford		DNC		
	Leo Harrington	11	West Norfolk			DQ 4 .4L	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Jesse Knight		12	Leiston	38.75	266
2.	Oscar Rush	12	Diss Otters	39.68		248
3.	Henry Hewitt		12	Diss Otters	40.40	235
4.	Thomas Scrivener	12	Leiston		40.45	234
5.	Lucas Downes		12	Thetford	42.21	206
6.	Joshua Norris 199		12	West Norfolk	42.71	
7.	Aiden Gale	12	Leiston		43.20	192
8.	Xander Hollier		12	Dereham	44.07	181

9.	James Jones	12	Thetford	44.09	181
10.	Sonny Dean	12	Thetford	45.10	169
11.	Sze Hang Wong	12	Bottisham	46.81	151
12.	Francisco Estanol-Chan	12	Thetford	47.41	
	145				
13.	Race Elmer	12	West Norfolk	48.16	139
14.	Oliver Ridgeway	12	Thetford	49.36	129
15.	Theo Middlebrook	12	Thetford	50.14	123
16.	Luke Wilson	12	West Norfolk	51.03	116
17.	Benedict Xin	12	Bottisham	53.57	101
18.	Luke Critoph	12	Bottisham	54.17	97
19.	Charlie Madine	12	Mildenhall	1:03.80	59
	Jakub Dziuba	12	Thetford	DQ 7 .5L	
	Oliwier Mikolajewski	12	Bottisham	DQ 7 .5L	
	Florian Eccleston	12	Bottisham	DQ 7 .6L	

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Nikita Diadko	13	West Norfolk	38.45		
	273					
2.	Junru Cai	13	West Norfolk	38.79		266
3.	William Nutt	13	Dereham	38.93		263
4.	Logan Smith	13	Dereham	39.67		248
5.	Jack Beaumont	13	Bottisham	41.32		220
6.	Freddie Wakefield	13	West Norfolk	41.88		
	211					
7.	Cruze Joseph	13	Thetford	42.30		205
8.	William Bartram	13	Thetford	42.62		200
9.	Viraat Patel	13	Bottisham	42.79		198
10.	Jake Browning	13	Thetford	42.82		197
11.	Zackary Goodwin	13	Thetford	44.39		177
12.	Charlie Latta Diaz	13	Thetford	44.63		
	174					
13.	Noah Celentano	13	Bottisham	44.86		172
14.	Ryan Pitcher	13	Thetford	45.15		168
15.	Jack Dobson	13	Bottisham	46.35		155
16.	Karol Poplawski	13	Mildenhall	46.84		151

17.	Elliott Lloyd	13	Mildenhall	49.43	128
	Bobby Hickman	13	Mildenhall	DQ 4 .4L	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Donald Perrin	14	Diss Otters	36.36		323
2.	Kirill Ivanenco	14	West Norfolk	40.36		
	236					
3.	Jack Critoph	14	Bottisham	41.21		221
4.	Alistair Walker Coelho	14	Bottisham	41.61		
	215					
5.	Teddy Roberts	14	West Norfolk	41.66		
	214					
6.	George Richardson	14	Mildenhall	45.44		165
	Nathan McShane	14	Bottisham	DQ 7 .1L		

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Reggie Britcher	15	Thetford	33.99		395
2.	Mikolaj Poplawski	15	Mildenhall	34.41		381
3.	Otto Wathen	15	Diss Otters	35.55		345
4.	Jack Knight	15	Leiston	39.09		260
5.	Edward Allman	15	Thetford	39.99		242
6.	David Roczniak	15	West Norfolk	40.95		
	226					
7.	William Neill-Gourlay	15	Thetford	42.15		
	207					
8.	Frederick Morrish	15	Bottisham	43.49		188
9.	William Cooper	15	Dereham	44.24		179
10.	Kieron Alderson	15	Mildenhall	47.00		149
11.	Noah Deacon	15	Bottisham	47.31		146
12.	Freddy Hardinge	15	Thetford	48.52		135
	Elliot Lewis	15	Bottisham	DQ 7 .1L		
	Alister Thompson	15	Dereham	DQ 7 .6L		

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Toby Flood	16	Thetford	33.35		418
2.	Finley Pawle	23	Leiston	33.49		413
3.	Oliver Norris	16	West Norfolk	35.09		
	359					
4.	Mark Greenaway	26	Dereham	36.00		332
5.	Harvey Appleton-Barnes	16	Dereham	37.27		
	300					

6.	James Guerin	16	Diss Otters	39.64	249
7.	Ryan Connaughton	17	Bottisham	39.74	247
8.	Razvan Platon	16	Dereham	40.32	236
9.	Joshua Taylor	16	Dereham	40.57	232
10.	Jack Winborn	16	Thetford	43.45	189

Tyler Baxter 18 Mildenhall DNC

EVENT 3 Female 50m Butterfly

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Petra Cooney	9	Leiston	47.80	132	

2.	Charlotte Wells	9	West Norfolk	48.34		
	128					

3.	Saanvi Vats	9	Bottisham	53.72	93	
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4.	Ella Smith	9	West Norfolk	1:00.79	64	
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5.	Jasmine Jones	9	Gt Yarmouth	1:02.01	60	
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6.	Freya Newbury	9	Gt Yarmouth	1:03.14	57	
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7.	Mia Gilbert	9	Dereham	1:05.42	51	
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8.	Robyn Shippey	9	Bottisham	1:13.80	36	
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Leia Prihoda 9 Diss Otters DNC

Betsy Chadderton 9 West Norfolk DQ 8 .3L

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Morgan Arthur	10	West Norfolk	41.80		
	198					

2.	Gabriella Cooney	10	Leiston	43.86	171	
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3.	Lily Nell	10	West Norfolk	44.94	159	
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4.	Erin Riding	10	Thetford	45.23	156	
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5.	Poppy Richardson	10	Mildenhall	45.81	150	
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6.	Eirini Gili	10	Bottisham	46.16	147	
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7.	Ellie Kitt	10	West Norfolk	49.45	119	
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8.	Athena Vaughan	10	Thetford	50.72	111	
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9.	Maya Marcinek	10	West Norfolk	53.01		
	97					

10.	Lucy Lattimore	10	Diss Otters	53.65	93	
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11.	Scarlett Smith	10	West Norfolk	55.64		
	84					

12.	Eleanor Taylor	10	Thetford	57.48	76	
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13.	Emily Wilding	10	Thetford	59.58	68	
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14.	Isla Marques-Garcia	10	Bottisham	1:04.40
	54			
	Esmay Harvey	10	Thetford	DQ 1 0

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Martha More	11	West Norfolk		39.21	240
2.	Daisy Winterbottom	11	Diss Otters	39.79		
	230					
3.	Polly Jackson	11	Mildenhall	40.01		226
4.	Amelie Bartram	11	Thetford	43.29		178
5.	Emma Wilson	11	West Norfolk	44.96		159
6.	Selby Barnes	11	Gt Yarmouth	45.59		152
7.	Isabella Barton	11	Thetford	46.09		148
8.	Lilyanna Gilbert	11	Dereham	46.50		144
9.	Lucie Hurd	11	Gt Yarmouth	47.28		137
10.	Anna Thompson	11	Bottisham	47.88		132
11.	Lily Quinn	11	Gt Yarmouth	47.94		131
12.	Alexandra Bulpitt	11	Leiston	48.95		123
13.	Ellie Mitchinson	11	Thetford	49.61		118
14.	Anwen Jones	11	West Norfolk	50.60		111
15.	Nala Babbidge	11	Dereham	53.66		93
16.	Posy Chapman	11	Dereham	56.41		80
17.	Molly Ling	11	Thetford	1:00.89		64
18.	Skylar Puntis	11	Diss Otters	1:29.84		19
	Harriet Wells	11	West Norfolk		DNC	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Dolcie Underwood	12	Dereham	34.60		349
2.	Sophie Bowes-Toms	12	Dereham	37.27		279
3.	Charley Taylor	12	Dereham	37.29		279
4.	Amelia Glennon	12	Leiston	37.42		276
5.	Allanah Ralfe	12	Thetford	38.09		262
6.	Hollie Richards	12	Diss Otters	39.48		235
7.	Lacey Waterson	12	West Norfolk	42.65		
	186					

8.	Amber Bunting	12	Thetford	42.67		186
9.	Ophelia Bradney 184	12	West Norfolk	42.85		
10.	Evie Harris-Joy	12	Gt Yarmouth	43.16		180
11.	Amelia Rodgers 175	12	West Norfolk	43.51		
12.	Mia Grzesiak	12	Diss Otters	44.17		168
13.	Isabelle Morris 165	12	West Norfolk	44.44		
14.	Emily May	12	Leiston	44.59		163
15.	Alexandra Cerps 159	12	West Norfolk	44.99		
16.	Lydia Aldous	12	Diss Otters	46.22		146
17.	Indi Goldsmith 120	12	West Norfolk	49.40		
18.	Hadley Walker Coelho 99	12	Bottisham	52.54		
19.	Millie Cooper	12	Thetford	52.92		97
20.	Evelyn Perry	12	Gt Yarmouth	53.25		95
21.	Blythe Walker Coelho 77	12	Bottisham	57.08		
22.	Sienna Rowe	12	Gt Yarmouth	1:00.61		65
	Daisy Brown	12	Leiston	DQ 8 .3L		
13 Yrs Age Group - Full Results						
	Place Name	AaD	Club	Time	WA Pts	
1.	Ruby Oxborough		13 Gt Yarmouth	34.18		362
2.	Leila Jackute		13 Thetford	34.54		351
3.	Aoife Babbidge		13 Dereham	35.04		336
4.	Maggi Woodrow		13 Gt Yarmouth	36.75		291
5.	Isabella Marsh		13 Dereham	37.14		282
6.	Olivia Bradley		13 Thetford	39.05		243
7.	Evie Dixon	13	Gt Yarmouth	39.82		229
8.	Olivia Canham	13	Thetford	40.20		223
9.	Olivia Keen	13	Dereham	40.26		222
10.	Emilia Clifford	13	Diss Otters	40.39		219
11.	Carys Thompson	13	Bottisham	40.77		213
12.	Holly Hensellek	13	Gt Yarmouth	42.21		192
13.	Livia Robinson	13	Bottisham	43.18		179
14.	Lauren Pitcher	13	Thetford	43.49		176

15.	Leah Burgess	13	Bottisham	45.74	151
16.	Sophie Hardinge	13	Thetford	47.43	135
17.	Elsie Moore	13	Gt Yarmouth	47.46	135
18.	Farrah Rowe	13	Gt Yarmouth	50.27	114
19.	Kayla Palmer	13	Gt Yarmouth	51.77	104
20.	Grace Hunn	13	Gt Yarmouth	53.31	95
	Matilda Myers	13	West Norfolk	DNC	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Lola Mitchinson	14	Thetford	31.56		460
2.	Giselle Green	14	Bottisham	33.36		390
3.	Ruby Welch	14	Thetford	33.77		376
4.	Olivia Butlin	14	Thetford	34.39		356
5.	Betsy Kirk	14	Leiston	34.95		339
6.	Sophie Rochester	14	Diss Otters	36.00		310
7.	Lowenna Pillinger	14	Bottisham	37.35		278
8.	Olivia Brewer	14	Diss Otters	38.18		260
9.	Ashleigh Fall	14	Diss Otters	38.24		259
10.	Arabella Bishop	14	West Norfolk	38.61		
	251					
11.	Lucie Cooper	14	Thetford	38.86		246
12.	Freya Willis	14	Leiston	39.29		238
13.	Daisy Lewis	14	Diss Otters	39.57		233
14.	Amalie Edwards	14	Bottisham	40.05		225
15.	Matilda Mnych	14	Bottisham	40.40		219
16.	Sze Yin Wong	14	Bottisham	40.58		216
17.	Daisy Munro	14	Thetford	40.62		216
18.	Nia Jones	14	Diss Otters	42.02		195
19.	Erin Hanna	14	Thetford	42.05		194
20.	Charlotte Jennings	14	Dereham	42.97		
	182					
21.	Amelia Ramjohn	14	Thetford	45.27		156
22.	Gracie-Mai Lloyd	14	Mildenhall	46.38		145
23.	Abigail Chaplin	14	Mildenhall	48.41		127
	Heather Layzell	14	Bottisham	DNC		

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Anastasja Wall	15	Dereham	30.88		492

2.	Freya May	15	Leiston	31.23	475	
3.	Emily Haworth	15	Gt Yarmouth	34.88		341
4.	Lexi Dix	15	Bottisham	36.25	304	
5.	Shannon Taylor	15	Thetford	37.56		273
6.	Daisy Covell	15	West Norfolk	40.07		
	225					
7.	Kari-Ella Bailey	15	West Norfolk	40.89		
	211					
8.	Frances Guerin	15	Diss Otters	42.48		189

	Nicole Michalak	15	Bottisham	DNC		
16 Yrs/Over Age Group - Full Results						
	Place Name	AaD	Club	Time	WA Pts	
1.	Elizabeth Edwards	16	Bottisham	34.60		349
2.	Emma-Louise Lovegrove	16	Thetford	35.70		
	318					
3.	Starr Hutchinson	16	Thetford	37.34		278
4.	Leah Marques-Garcia	16	Bottisham	37.37		
	277					
5.	Emily Arnott	17	Bottisham	38.64		251
6.	Imogen Ramjohn	16	Thetford	44.19		167

EVENT 4 Open/Male 50m Freestyle

09 Yrs Age Group - Full Results

	Place Name	AaD	Club	Time	WA Pts	
1.	Laurie Scrivener	9	Leiston	36.73		165
2.	Jacob Minty	9	Thetford	39.44		133
3.	Montgomery Dunn	9	Bottisham	42.26		108
4.	Noah Clarke	9	Gt Yarmouth	43.19		101
5.	Arlo Coulet	9	Dereham	43.90		96
6.	Ethan Williams	9	West Norfolk	44.05		
	95					
7.	William Bradney	9	West Norfolk	46.57		
	81					
8.	Idris Scriven	9	Bottisham	47.25		77
9.	Sammy Shelton	9	Gt Yarmouth	47.44		76
10.	Devlin Perrin	9	Diss Otters	54.02		51
11.	Rafe Morgan-Mills	9	Diss Otters	1:00.98		36
12.	Hugo Sanders	9	Diss Otters	1:05.02		29
13.	Reuben Puntis	9	Diss Otters	1:05.89		28

10 Yrs Age Group - Full Results

	Place Name	AaD	Club	Time	WA Pts	
1.	Finley Crichton	10	Mildenhall	35.79		178
2.	Noah Carass	10	Gt Yarmouth	38.12		147

3.	Bill Dean	10	Thetford	38.70		141
4.	Denis Diadko	10	West Norfolk		41.53	
	114					
5.	Peter Aldous	10	Diss Otters	41.78		112
6.	Theodore Carlton	10	West Norfolk		42.22	
	108					
7.	Spencer Downes	10	Thetford	42.25		108
8.	Rufus Walsh	10	Thetford	42.40		107
9.	Joshua Dinwiddie	10	Leiston	42.45		107
10.	Dylan Clunan-Camp	10	West Norfolk		44.72	
	91					
11.	Morgan Hollier	10	Dereham	45.00		89
12.	Arlo Brown	10	West Norfolk	46.56		81
13.	Logan Hall	10	Thetford	47.35		77
14.	Sonny Roberts	10	West Norfolk		48.25	
	72					
15.	Daniel Ridgeway	10	Thetford	51.10		61
16.	Michael Mutter	10	Mildenhall	1:01.86		34

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Max Coulet	11	Dereham	33.21		223
2.	Fraser Rush	11	Diss Otters	33.76		212
3.	Jack Tooke	11	Thetford	34.36		201
4.	Leo Harrington	11	West Norfolk		35.41	
	184					
5.	Bay Smith	11	West Norfolk		35.45	183
6.	Isaac Dinwiddie	11	Leiston		35.58	181
7.	Joseph Cook	11	West Norfolk		35.62	181
8.	Theo Goddard	11	Diss Otters		36.17	173
9.	Charlie Jones	11	Gt Yarmouth		36.58	167
10.	William Minty	11	Thetford		37.01	161
11.	Leo Payne-Collins	11	Thetford		39.50	132
12.	Sebastian Copping	11	Bottisham		40.49	123
13.	Elijah Willowe	11	Diss Otters		41.57	114
14.	Charlie Bradford	11	West Norfolk		41.65	
	113					
15.	Theo Lewandowski	11	Bottisham		42.54	106
16.	Oscar Tunnicliff	11	West Norfolk		42.89	
	103					
17.	Joshua Butlin	11	Thetford		46.10	83

	Hayden Sheppard	11	Thetford	DNC		
12 Yrs Age Group - Full Results						
Place	Name	AaD	Club	Time	WA Pts	
1.	Henry Hewitt	12	Diss Otters		31.27	267
1.	James Jones	12	Thetford		31.27	267
3.	Aiden Gale	12	Leiston		31.87	253
4.	Theo Middlebrook	12	Thetford		32.43	240
5.	Sonny Dean	12	Thetford		32.70	234
6.	Lucas Downes	12	Thetford		33.54	217
7.	Francisco Estanol-198	12	Thetford		34.57	
8.	Joshua Norris-197	12	West Norfolk		34.60	
9.	Thomas Scrivener	12	Leiston		35.29	186
10.	Xander Hollier	12	Dereham		35.84	177
11.	Race Elmer	12	West Norfolk		35.85	177
12.	Luke Wilson	12	West Norfolk		36.15	173
13.	Harrison Sainsbury-168	12	Mildenhall		36.48	
14.	Benedict Xin	12	Bottisham		37.58	154
15.	Oliwier Mikolajewski-148	12	Bottisham		38.10	
16.	Oliver Ridgeway	12	Thetford		39.69	131
17.	Luke Critoph	12	Bottisham		40.27	125
18.	Sze Hang Wong	12	Bottisham		40.46	123
19.	Charlie Madine	12	Mildenhall		40.64	122
20.	Harry Eames	12	Dereham		40.91	119
21.	Jakub Dziuba	12	Thetford		42.48	106
22.	Florian Eccleston	12	Bottisham		50.46	63
13 Yrs Age Group - Full Results						
Place	Name	AaD	Club	Time	WA Pts	
1.	Junru Cai	13	West Norfolk		29.38	323
2.	Jack Riding	13	Thetford		29.44	321
3.	Cruze Joseph	13	Thetford		29.53	318
4.	Charlie Latta Diaz-292	13	Thetford		30.37	
5.	William Nutt	13	Dereham		30.79	280
6.	Nikita Diadko-277	13	West Norfolk		30.89	
7.	Jack Beaumont	13	Bottisham		31.41	264

8.	Bobby Hickman	13	Mildenhall	31.76	255
9.	Logan Smith	13	Dereham	31.85	253
10.	Otto Pedder-Smith	13	Diss Otters	32.08	248
11.	Viraat Patel	13	Bottisham	32.14	246
12.	Zackary Goodwin	13	Thetford	32.37	241
13.	George Punter	13	Gt Yarmouth	32.39	241
14.	Jake Browning	13	Thetford	32.63	235
15.	Freddie Wakefield	13	West Norfolk	32.86	
	230				
16.	Ryan Pitcher	13	Thetford	35.89	177
17.	Karol Poplawski	13	Mildenhall	35.94	176
18.	William Bartram	13	Thetford	35.99	175
19.	Jack Dobson	13	Bottisham	36.06	174
20.	Elliott Lloyd	13	Mildenhall	37.32	157

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Donald Perrin	14	Diss Otters	28.21		364
2.	Ted Thompson	14	Leiston	30.06		301
3.	Jack Critoph	14	Bottisham	30.57		286
4.	Kirill Ivanenco	14	West Norfolk	30.63		
	285					
5.	Teddy Roberts	14	West Norfolk	31.47		
	262					
6.	Cohen Coppess	14	Thetford	31.71		256
7.	Alfie Thompson	14	Leiston	31.85		253
8.	George Richardson	14	Mildenhall	32.13		247
9.	Alistair Walker Coelho	14	Bottisham	32.15		
	246					
10.	Zak Mortimer	14	Diss Otters	32.42		240
11.	Nathan McShane	14	Bottisham	38.33		145

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Reggie Britcher	15	Thetford	26.47		441
2.	Otto Wathen	15	Diss Otters	26.76		427
3.	Mikolaj Poplawski	15	Mildenhall	26.93		419
4.	Arthur Sallows	15	Bottisham	27.54		392
5.	Jack Knight	15	Leiston	28.61		349

6.	David Roczniak	15	West Norfolk	29.88	
	307				
7.	Edward Allman	15	Thetford	30.50	288
8.	Freddy Hardinge	15	Thetford	30.64	284
9.	William Neill-Gourlay	15	Thetford	30.79	
	280				
10.	William Cooper	15	Dereham	31.90	252
11.	Alister Thompson	15	Dereham	32.13	247
12.	Frederick Morrish	15	Bottisham	32.16	246
13.	Kieron Alderson	15	Mildenhall	32.30	243
14.	Elliot Lewis	15	Bottisham	34.41	201
15.	Noah Deacon	15	Bottisham	36.51	168
16 Yrs/Over Age Group - Full Results					
	Place Name	AaD	Club	Time	WA Pts
1.	Aaron Peacock	18	Thetford	26.77	427
2.	Toby Flood	16	Thetford	26.97	417
3.	Finley Pawle	23	Leiston	27.30	402
4.	Oliver Norris	16	West Norfolk	27.62	
	388				
5.	Mark Greenaway	26	Dereham	27.81	380
6.	Thomas Kirk	16	Leiston	28.26	363
7.	Harvey Appleton-Barnes	16	Dereham	28.33	
	360				
8.	Razvan Platon	16	Dereham	28.46	355
9.	Joshua Taylor	16	Dereham	28.55	352
10.	Scott Greenaway	26	Dereham	28.80	342
11.	Ryan Connaughton	17	Bottisham	30.21	297
12.	James Guerin	16	Diss Otters	30.61	285
13.	Jack Winborn	16	Thetford	31.05	273
	Angus Thompson	16	Leiston	DNC	
	Tyler Baxter	18	Mildenhall	DNC	
EVENT 5 Female 100m IM					
09 Yrs Age Group - Full Results					
	Place Name	AaD	Club	Time	WA Pts
1.	Betsy Chadderton	9	West Norfolk	1:40.40	50
	178	48.70			
2.	Petra Cooney	9	Leiston	1:42.47	167
	46.26				
3.	Ella Smith	9	West Norfolk	1:56.10	115
	55.79				
4.	Freya Newbury	9	Gt Yarmouth	2:00.50	103
	57.63				

Jasmine Jones	9	Gt Yarmouth	DNC
Leia Prihoda	9	Diss Otters	DNC
Charlotte Wells	9	West Norfolk	DQ 9 .4L

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	Morgan Arthur	10	West Norfolk	1:27.86		
	266	41.97				
2.	Gabriella Cooney	10	Leiston	1:37.24		196
		44.47				
3.	Erin Riding	10	Thetford	1:37.45		194
		46.08				
4.	Poppy Richardson	10	Mildenhall	1:40.30		178
		48.56				
5.	Eirini Gili	10	Bottisham	1:40.95		175
		48.27				
6.	Maya Marcinek	10	West Norfolk	1:41.23		
	173	48.99				
7.	Ellie Kitt	10	West Norfolk	1:44.44		158
		48.23				
8.	Scarlett Smith	10	West Norfolk	1:46.84		
	147	51.76				
9.	Lucy Lattimore	10	Diss Otters	1:48.98		139
		50.11				
10.	Lola Treumann	10	Gt Yarmouth	1:55.35		117
		58.60				
11.	Emily Wilding	10	Thetford	1:55.53		117
		55.46				
12.	Isla Marques-Garcia	10	Bottisham	1:58.91		
	107	1:00.67				
13.	Lakota Smith	10	Dereham	2:04.49		93
		1:00.59				
	Ivy Shelly	10	Thetford	DQ 9 .4L		
	Nelly Nunn	10	Diss Otters	DQ 9 .4L		

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	Martha More	11	West Norfolk	1:21.98		327
		37.32				
2.	Polly Jackson	11	Mildenhall	1:27.44		269
		40.26				
3.	Daisy Winterbottom	11	Diss Otters	1:30.26		
	245	41.24				
4.	Leah Spinks	11	Diss Otters	1:30.39		244
		41.64				
5.	Ella Treumann	11	Gt Yarmouth	1:31.89		232
		43.40				
6.	Selby Barnes	11	Gt Yarmouth	1:33.84		218
		45.51				
7.	Amelie Bartram	11	Thetford	1:34.51		213
		44.89				
8.	Lilyanna Gilbert	11	Dereham	1:36.28		202
		46.68				
9.	Katarina Owen	11	Diss Otters	1:37.38		195
		47.23				

10.	Elveja Kirstukaite	11	Gt Yarmouth	1:39.08	
	185	49.31			
11.	Anwen Jones	11	West Norfolk	1:40.19	179
		46.08			
12.	Alicia Hryniewicz-Sud	11	Thetford	1:40.86	
	175	50.34			
13.	Isabella Barton	11	Thetford	1:41.86	170
		49.52			
14.	Ellie Mitchinson	11	Thetford	1:43.57	162
		47.24			
15.	Anna Thompson	11	Bottisham	1:44.34	158
		48.00			
16.	Lily Quinn	11	Gt Yarmouth	1:45.75	152
		47.91			
17.	Emma Wilson	11	West Norfolk	1:46.43	149
		47.33			
18.	Nala Babbidge	11	Dereham	1:46.64	148
		51.91			
19.	Lucie Hurd	11	Gt Yarmouth	1:47.96	143
		48.55			
20.	Posy Chapman	11	Dereham	1:57.70	110
		55.76			
21.	Molly Ling	11	Thetford	2:25.75	58
		1:00.76			
22.	Skylar Puntis	11	Diss Otters	2:27.69	56
		1:16.03			
	Harriet Wells	11	West Norfolk	DNC	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	Dolcie Underwood	12	Dereham	1:18.84	368	
		37.09				
2.	Charley Taylor	12	Dereham	1:18.90	367	
		37.84				
3.	Amelia Glennon	12	Leiston	1:23.57	309	
		40.23				
4.	Hollie Richards	12	Diss Otters	1:25.17	292	
		40.19				
5.	Allanah Ralfe	12	Thetford	1:28.09	263	
		39.47				
5.	Isabelle Morris	12	West Norfolk	1:28.09		
	263	41.46				
7.	Evie Harris-Joy	12	Gt Yarmouth	1:29.75	249	
		43.78				
8.	Mia Grzesiak	12	Diss Otters	1:30.57	242	
		43.28				
9.	Amber Bunting	12	Thetford	1:32.71	226	
		41.81				
10.	Ophelia Bradney	12	West Norfolk	1:32.99		
	224	42.75				
11.	Majka Bulach	12	Gt Yarmouth	1:35.27	208	
		44.64				
12.	Lydia Aldous	12	Diss Otters	1:36.92	198	
		45.02				
13.	Lacey Waterson	12	West Norfolk	1:37.22		
	196	42.75				
14.	Seren Frost	12	Bottisham	1:38.43	189	
		47.57				

15.	Hadley Walker Coelho	12	Bottisham	1:45.94	
	151	50.96			
16.	Evelyn Perry	12	Gt Yarmouth	1:48.53	141
	51.04				
17.	Lily Ellerker	12	Dereham	1:51.65	129
	58.19				
18.	Blythe Walker Coelho	12	Bottisham	1:51.69	
	129	50.64			
19.	Millie Cooper	12	Thetford	1:52.59	126
	53.30				
20.	Sienna Rowe	12	Gt Yarmouth	1:55.43	117
	56.12				
	Daisy Brown	12	Leiston	DQ 9 .4L	

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	Ruby Oxborough	13	Gt Yarmouth	1:17.09		393
	35.80					
2.	Evie Dixon	13	Gt Yarmouth	1:19.35		361
	38.56					
3.	Aoife Babbidge	13	Dereham	1:20.79		342
	36.74					
4.	Leila Jackute	13	Thetford	1:21.64		331
	39.83					
5.	Isabella Marsh	13	Dereham	1:21.88		328
	38.89					
6.	Maggi Woodrow	13	Gt Yarmouth	1:23.70		307
	37.00					
7.	Olivia Bradley	13	Thetford	1:24.71		296
	37.65					
8.	Olivia Canham	13	Thetford	1:24.75		296
	39.84					
9.	Emilia Clifford	13	Diss Otters	1:25.51		288
	40.34					
10.	Tatiana Thompson	13	Leiston	1:27.35		270
	40.57					
11.	Olivia Keen	13	Dereham	1:28.22		262
	-					
12.	Carys Thompson	13	Bottisham	1:28.58		259
	-					
13.	Emmie Philpott	13	Gt Yarmouth	1:28.87		257
	41.81					
14.	Holly Hensellek	13	Gt Yarmouth	1:32.79		225
	44.68					
15.	Amelia Lattimore	13	Diss Otters	1:33.34		221
	44.25					
16.	Livia Robinson	13	Bottisham	1:33.68		219
	41.62					
17.	Farrah Rowe	13	Gt Yarmouth	1:36.31		202
	45.93					
18.	Lauren Pitcher	13	Thetford	1:37.70		193
	44.77					
19.	Elsie Moore	13	Gt Yarmouth	1:37.71		193
	46.29					
20.	Sophie Hardinge	13	Thetford	1:38.40		189
	48.82					
21.	Leah Burgess	13	Bottisham	1:40.43		178
	45.95					

22.	Kayla Palmer	13	Gt Yarmouth	1:43.42	163
	48.33				
23.	Emma Barrett	13	Mildenhall	1:43.57	162
	51.47				
24.	Grace Hunn	13	Gt Yarmouth	1:47.26	146
	52.14				
	Brooklyn Firth	13	Thetford	DQ 4 .4L	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	Lola Mitchinson	14	Thetford	1:12.16		480
	32.54					
2.	Giselle Green	14	Bottisham	1:16.68		400
	34.34					
3.	Ashleigh Fall	14	Diss Otters	1:18.88		367
	38.08					
4.	Betsy Kirk	14	Leiston	1:19.14		364
	36.73					
5.	Ruby Welch	14	Thetford	1:19.43		360
	36.61					
6.	Olivia Butlin	14	Thetford	1:20.20		349
	35.96					
7.	Sophie Rochester	14	Diss Otters	1:20.64		344
	35.95					
8.	Olivia Brewer	14	Diss Otters	1:23.40		311
	38.50					
9.	Arabella Bishop	14	West Norfolk	1:23.43		
	310					
	38.91					
10.	Lowenna Pillinger	14	Bottisham	1:25.29		290
	37.46					
11.	Daisy Munro	14	Thetford	1:25.58		287
	-					
12.	Freya Willis	14	Leiston	1:26.25		281
	38.58					
13.	Lucie Cooper	14	Thetford	1:26.27		281
	38.83					
14.	Erin Hanna	14	Thetford	1:27.41		270
	-					
15.	Amalie Edwards	14	Bottisham	1:27.99		264
	42.10					
16.	Daisy Lewis	14	Diss Otters	1:29.74		249
	42.42					
17.	Matilda Mnych	14	Bottisham	1:31.11		238
	41.43					
18.	Sze Yin Wong	14	Bottisham	1:32.22		230
	43.07					
19.	Ananya Chaudhary	14	Diss Otters	1:32.87		225
	43.64					
20.	Elizabeth Naylor	14	Bottisham	1:33.52		220
	43.11					
21.	Gracie-Mai Lloyd	14	Mildenhall	1:34.08		216
	-					
22.	Nia Jones	14	Diss Otters	1:34.86		211
	42.37					
23.	Amelia Ramjohn	14	Thetford	1:35.52		207
	45.32					
24.	Angel Batangan	14	Gt Yarmouth	1:36.19		202
	44.60					

25.	Charlotte Jennings	14	Dereham	1:36.87	
	198	47.21			
26.	Abigail Chaplin	14	Mildenhall	1:37.28	196
	47.67				
	Heather Layzell	14	Bottisham	DNC	

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	Anastasja Wall	15	Dereham	1:09.92	527	
	32.49					
2.	Freya May	15	Leiston	1:14.04	444	
	33.09					
3.	Shannon Taylor	15	Thetford	1:18.08	379	
	36.89					
4.	Emily Haworth	15	Gt Yarmouth	1:21.31	335	
	35.58					
5.	Livia Lamb	15	Leiston	1:22.90	316	
	38.55					
6.	Daisy Covell	15	West Norfolk	1:22.92		
	316	38.64				
7.	Kari-Ella Bailey	15	West Norfolk	1:24.79		
	296	39.38				
8.	Frances Guerin	15	Diss Otters	1:27.23	271	
	41.59					
9.	Starr Nichols	15	Gt Yarmouth	1:28.24	262	
	39.13					
10.	Lexi Dix	15	Bottisham	1:28.31	262	
	38.58					
	Nicole Michalak	15	Bottisham	DNC		
	Ivy Orton	15	Bottisham	DNC		

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	Emma-Louise Lovegrove	16	Thetford	1:17.22		
	391	35.16				
2.	Elizabeth Edwards	16	Bottisham	1:20.96	340	
	36.82					
3.	Starr Hutchinson	16	Thetford	1:23.70	307	
	38.44					
4.	Emily Arnott	17	Bottisham	1:24.89	294	
	40.49					
5.	Leah Marques-Garcia	16	Bottisham	1:26.19		
	281	38.48				
6.	Genevieve Morrish	16	Bottisham	1:26.29	280	
	40.44					
7.	Imogen Ramjohn	16	Thetford	1:34.03	217	
	-					

EVENT 6 Open/Male 50m Backstroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Laurie Scrivener	9	Leiston	42.04	145	
2.	Jacob Minty	9	Thetford	44.49	122	
3.	Noah Clarke	9	Gt Yarmouth	47.50	100	
4.	Harris Taylor	9	Bottisham	50.83	82	
5.	Montgomery Dunn	9	Bottisham	50.99	81	

6.	William Bradney 79	9	West Norfolk	51.39	
7.	Ethan Williams 78	9	West Norfolk	51.71	
8.	Oliver Pearce	9	Diss Otters	52.30	75
9.	Sammy Shelton	9	Gt Yarmouth	54.70	66
10.	Idris Scriven	9	Bottisham	1:01.39	46
11.	Devlin Perrin	9	Diss Otters	1:02.10	45
12.	Hugo Sanders	9	Diss Otters	1:04.71	39
	Rafe Morgan-Mills	9	Diss Otters	DQ 6 .2L	

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Noah Carass	10	Gt Yarmouth	46.26		109
2.	Bill Dean	10	Thetford	47.94		98
3.	Peter Aldous	10	Diss Otters	48.81		92
4.	Denis Diadko 91	10	West Norfolk	49.04		
5.	Theodore Carlton 90	10	West Norfolk	49.28		
6.	Joshua Dinwiddie	10	Leiston	49.50		89
7.	Dylan Clunan-Camp 82	10	West Norfolk	50.73		
8.	Sonny Roberts 79	10	West Norfolk	51.49		
9.	Spencer Downes	10	Thetford	52.25		75
10.	Michael Mutter	10	Mildenhall	1:00.79		48
11.	Logan Hall	10	Thetford	1:03.70		41
	Arlo Brown	10	West Norfolk	DNC		
	Daniel Ridgeway	10	Thetford	DQ 6 .4L		
	Morgan Hollier	10	Dereham	DQ 6 .4L		

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Bay Smith	11	West Norfolk	38.41		190
2.	Jack Tooke	11	Thetford	39.19		179
3.	Charlie Jones	11	Gt Yarmouth	39.96		169
4.	Leo Harrington 163	11	West Norfolk	40.42		
5.	Fraser Rush	11	Diss Otters	40.74		159
6.	Joseph Cook	11	West Norfolk	41.37		152
7.	Theo Goddard	11	Diss Otters	41.96		146
8.	William Minty	11	Thetford	43.32		132

9.	Isaac Dinwiddie	11	Leiston	44.50	122
10.	Ben Mortimer	11	Diss Otters	44.74	120
11.	Leo Payne-Collins	11	Thetford	45.81	112
12.	Oscar Tunnicliff	11	West Norfolk	48.00	
	97				
13.	Charlie Bradford	11	West Norfolk	49.06	
	91				
14.	Sebastian Copping	11	Bottisham	51.18	80
15.	Elijah Willowe	11	Diss Otters	52.65	74
16.	Joshua Butlin	11	Thetford	55.32	63
	Hayden Sheppard	11	Thetford	DNC	
12 Yrs Age Group - Full Results					
	Place Name	AaD	Club	Time	WA Pts
1.	Jesse Knight	12	Leiston	31.92	332
2.	James Jones	12	Thetford	34.77	257
3.	Oscar Rush	12	Diss Otters	35.88	233
4.	Aiden Gale	12	Leiston	37.42	206
5.	Sonny Dean	12	Thetford	37.64	202
6.	Henry Hewitt	12	Diss Otters	38.25	193
7.	Theo Middlebrook	12	Thetford	38.94	183
8.	Arthur Lucas	12	Diss Otters	40.26	165
9.	Lucas Downes	12	Thetford	40.30	165
10.	Thomas Scrivener	12	Leiston	40.72	160
11.	Joshua Norris	12	West Norfolk	41.17	
	154				
12.	Luke Wilson	12	West Norfolk	41.94	146
13.	Race Elmer	12	West Norfolk	42.12	144
14.	Luke Critoph	12	Bottisham	43.89	127
15.	Harrison Sainsbury	12	Mildenhall	44.53	
	122				
16.	Oliver Ridgeway	12	Thetford	45.68	113
17.	Sze Hang Wong	12	Bottisham	47.40	101
18.	Charlie Madine	12	Mildenhall	48.24	96
19.	Oliwier Mikolajewski	12	Bottisham	49.16	
	90				
20.	Jakub Dziuba	12	Thetford	52.00	76
21.	Harry Eames	12	Dereham	53.40	70
22.	Florian Eccleston	12	Bottisham	1:01.94	45

Francisco Estanol-Chan 12 Thetford DQ 4 .4L

Xander Hollier 12 Dereham DQ 6 .4L

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Jack Riding	13	Thetford		34.02	274
2.	Charlie Latta Diaz	13	Thetford		34.58	
	261					
3.	Nikita Diadko	13	West Norfolk		35.07	
	250					
4.	Junru Cai	13	West Norfolk		35.53	240
5.	Jack Beaumont	13	Bottisham		35.98	232
6.	Zackary Goodwin	13	Thetford		36.62	220
7.	William Nutt	13	Dereham		37.00	213
8.	Bobby Hickman	13	Mildenhall		37.73	201
9.	Logan Smith	13	Dereham		37.91	198
10.	Cruze Joseph	13	Thetford		37.93	198
11.	Otto Pedder-Smith	13	Diss Otters		38.41	190
12.	George Punter	13	Gt Yarmouth		39.25	178
13.	Jack Dobson	13	Bottisham		39.30	178
13.	Freddie Wakefield	13	West Norfolk		39.30	
	178					
15.	Jake Browning	13	Thetford		40.26	165
16.	Elliott Lloyd	13	Mildenhall		41.89	147
17.	Ryan Pitcher	13	Thetford		41.98	146
18.	Viraat Patel	13	Bottisham		42.29	142
19.	William Bartram	13	Thetford		46.01	110

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Donald Perrin	14	Diss Otters		31.37	350
2.	Jack Critoph	14	Bottisham		35.19	248
3.	Ted Thompson	14	Leiston		35.83	234
4.	Kirill Ivanenco	14	West Norfolk		36.21	
	227					
5.	Alistair Walker Coelho	14	Bottisham		36.66	
	219					
6.	Teddy Roberts	14	West Norfolk		36.72	
	218					
7.	Alfie Thompson	14	Leiston		38.15	194

8.	George Richardson	14	Mildenhall	38.48	189
9.	Nathan McShane	14	Bottisham	41.69	149

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Reggie Britcher	15	Thetford	31.03	361	
2.	Arthur Sallows	15	Bottisham	31.35	350	
3.	Jack Knight	15	Leiston	33.76	280	
4.	Edward Allman	15	Thetford	34.35	266	
5.	David Rocznia	15	West Norfolk	35.66		
	238					
6.	Frederick Morrish	15	Bottisham	36.62	220	
7.	Kieron Alderson	15	Mildenhall	37.11	211	
8.	William Cooper	15	Dereham	37.59	203	
9.	Freddy Hardinge	15	Thetford	38.05	196	
10.	Noah Deacon	15	Bottisham	40.12	167	
11.	Alister Thompson	15	Dereham	40.57	161	

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Toby Flood	16	Thetford	29.84	406	
2.	Oliver Norris	16	West Norfolk	33.04		
	299					
3.	Joshua Taylor	16	Dereham	33.62	284	
4.	Jack Winborn	16	Thetford	36.36	224	
5.	James Guerin	16	Diss Otters	37.63	202	
6.	Ryan Connaughton	17	Bottisham	39.00	182	

EVENT 7 Female 50m Breaststroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Petra Cooney	9	Leiston	52.25	160	
2.	Betsy Chadderton	9	West Norfolk	53.55		
	148					
3.	Saanvi Vats	9	Bottisham	59.80	106	
4.	Ella Smith	9	West Norfolk	1:01.10	100	
5.	Mia Gilbert	9	Dereham	1:01.42	98	
6.	Daisy Morris	9	West Norfolk	1:01.88		
	96					
7.	Leia Prihoda	9	Diss Otters	1:02.55	93	
8.	Freya Newbury	9	Gt Yarmouth	1:03.37	89	
9.	Jasmine Jones	9	Gt Yarmouth	1:10.70	64	

10.	Anabelle Brockett	9	Thetford	1:12.41		60
	Sophie Whincop	9	Thetford	DQ 7 .6L		
	Robyn Shippey	9	Bottisham	DQ 7 .6L		
10 Yrs Age Group - Full Results						
	Place Name	AaD	Club	Time	WA Pts	
1.	Morgan Arthur	10	West Norfolk		45.83	
	237					
2.	Lily Nell	10	West Norfolk		49.68	186
3.	Eirini Gili	10	Bottisham	50.47		177
4.	Francesca McKerr	10	Thetford	51.07		171
5.	Maya Marcinek	10	West Norfolk		51.19	
	170					
6.	Gabriella Cooney	10	Leiston		52.76	155
7.	Isla Marques-Garcia	10	Bottisham		53.52	
	148					
8.	Erin Riding	10	Thetford	54.34		142
9.	Eleanor Taylor	10	Thetford	54.72		139
10.	Scarlett Smith	10	West Norfolk		55.84	
	131					
11.	Poppy Richardson	10	Mildenhall		55.99	130
12.	Amelia Larkin	10	Mildenhall		57.05	122
13.	Marnie Morling	10	Leiston		57.26	121
14.	Joss Kirk	10	Leiston	57.37		120
15.	Ellie Kitt	10	West Norfolk		57.73	118
16.	Emily Wilding	10	Thetford		58.30	115
17.	Olivia Smith	10	Bottisham		58.92	111
18.	Lucy Lattimore	10	Diss Otters		58.99	111
19.	Lola Treumann	10	Gt Yarmouth		59.28	109
20.	Ivy Shelly	10	Thetford	59.76		106
21.	Emilia Bellotti	10	Thetford	1:00.91		101
22.	Layla Salmon	10	Dereham		1:01.65	97
23.	Lakota Smith	10	Dereham		1:02.38	94
24.	Esmay Harvey	10	Thetford		1:02.77	92
25.	Athena Vaughan	10	Thetford		1:06.23	78
	Nelly Nunn	10	Diss Otters	DQ 1 0		
	Phoebe Beaumont	10	Bottisham	DQ 7 .1L		

	Amelia March	10	Bottisham	DQ 7 .3L		
11 Yrs Age Group - Full Results						
Place	Name	AaD	Club	Time	WA Pts	
1.	Martha More	11	West Norfolk		45.03	250
2.	Katarina Owen	11	Diss Otters		47.42	214
3.	Ella Treumann	11	Gt Yarmouth		47.49	213
4.	Daisy Winterbottom	11	Diss Otters		47.76	
	209					
5.	Selby Barnes	11	Gt Yarmouth		49.80	184
6.	Lilyanna Gilbert	11	Dereham		50.57	176
7.	Leah Spinks	11	Diss Otters	51.01		172
8.	Leja Jackute	11	Thetford		51.53	166
9.	Elveja Kirstukaite	11	Gt Yarmouth		51.60	
	166					
10.	Taliah Ssemwanga	11	Gt Yarmouth		51.80	164
11.	Amelie Bartram	11	Thetford		52.04	162
12.	Layla Rose Flory	11	Leiston		53.27	151
13.	Anwen Jones	11	West Norfolk		53.45	149
14.	Isabella Barton	11	Thetford		53.48	149
15.	Sophia Victory	11	Dereham		54.08	144
16.	Alicia Hryniewicz-Sud	11	Thetford		54.96	
	137					
17.	Nala Babbidge	11	Dereham		55.34	134
18.	Anna Thompson	11	Bottisham		55.53	133
19.	Alexandra Bulpitt	11	Leiston		57.15	122
20.	Lucie Hurd	11	Gt Yarmouth	58.29		115
21.	Emma Wilson	11	West Norfolk		1:01.02	100
22.	Posy Chapman	11	Dereham		1:01.59	97
23.	Lily Quinn	11	Gt Yarmouth	1:01.86		96
24.	Ellie Mitchinson	11	Thetford		1:02.20	94
25.	Skylar Puntis	11	Diss Otters		1:03.88	87
	Molly Ling	11	Thetford	DQ 7 .3L		
12 Yrs Age Group - Full Results						
Place	Name	AaD	Club	Time	WA Pts	
1.	Charley Taylor	12	Dereham		40.71	338
2.	Hollie Richards	12	Diss Otters		42.55	296

3.	Dolcie Underwood	12	Dereham	42.90	289
4.	Amelia Glennon	12	Leiston	43.13	284
5.	Isabelle Morris	12	West Norfolk	44.25	
	263				
6.	Alexandra Cerps	12	West Norfolk	45.23	
	246				
7.	Emily May	12	Leiston	45.60	240
7.	Alma Pattison	12	West Norfolk	45.60	
	240				
9.	Evie Harris-Joy	12	Gt Yarmouth	45.63	240
10.	Sophie Bowes-Toms	12	Dereham	45.81	237
11.	S Desouza-Holwill	12	Mildenhall	46.27	230
12.	Mia Grzesiak	12	Diss Otters	46.39	228
13.	Seren Frost	12	Bottisham	48.33	202
14.	Allanah Ralfe	12	Thetford	48.43	201
15.	Ophelia Bradney	12	West Norfolk	48.92	
	195				
16.	Lacey Waterson	12	West Norfolk	49.77	
	185				
17.	Majka Bulach	12	Gt Yarmouth	49.79	184
18.	Amelia Rodgers	12	West Norfolk	50.03	
	182				
19.	Amber Bunting	12	Thetford	50.53	176
20.	Harriet Foster	12	Diss Otters	51.18	170
21.	Quin Crane	12	Gt Yarmouth	53.72	147
22.	Lydia Aldous	12	Diss Otters	54.74	139
23.	Daisy Brown	12	Leiston	54.82	138
24.	Jessica O'Brien	12	Bottisham	55.15	136
25.	Hadley Walker Coelho	12	Bottisham	55.27	
	135				
26.	Indi Goldsmith	12	West Norfolk	55.28	
	135				
27.	Sienna Rowe	12	Gt Yarmouth	55.61	132
28.	Lucia Bienzobas	12	Bottisham	56.14	129
29.	Lily Ellerker	12	Dereham	57.71	118
30.	Blythe Walker Coelho	12	Bottisham	58.32	
	115				
31.	Millie Cooper	12	Thetford	1:06.31	78
13 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Leila Jackute	13	Thetford	41.07	329

2.	Ruby Oxborough	13	Gt Yarmouth	41.58		317
3.	Emilia Clifford	13	Diss Otters	42.61		295
4.	Isabella Marsh	13	Dereham	42.97		287
5.	Olivia Canham	13	Thetford	43.17		283
6.	Tatiana Thompson	13	Leiston	43.43		278
7.	Evie Dixon	13	Gt Yarmouth	43.74		272
8.	Olivia Bradley	13	Thetford	43.88		270
9.	Brooklyn Firth	13	Thetford	44.64		256
10.	Aoife Babbidge	13	Dereham	46.10		233
11.	Maggi Woodrow	13	Gt Yarmouth	48.10		205
12.	Emmie Philpott	13	Gt Yarmouth	48.27		203
13.	Emma Barrett	13	Mildenhall	49.08		193
14.	Farrah Rowe	13	Gt Yarmouth	50.32		179
15.	Sophie Hardinge	13	Thetford	50.97		172
16.	Elsie Moore	13	Gt Yarmouth	51.50		167
17.	Livia Robinson	13	Bottisham	51.80		164
18.	Holly Hensellek	13	Gt Yarmouth	54.25		143
19.	Kayla Palmer	13	Gt Yarmouth	55.61		132
20.	Lauren Pitcher	13	Thetford	55.66		132
	Amelia Lattimore	13	Diss Otters	DNC		
	Matilda Myers	13	West Norfolk	DNC		
	Carys Thompson	13	Bottisham	DQ 4 .4L		
	Olivia Keen	13	Dereham	DQ 4. 4		
14 Yrs Age Group - Full Results						
	Place Name	AaD	Club	Time	WA	Pts
1.	Ashleigh Fall		14	Diss Otters	36.94	452
2.	Lola Mitchinson		14	Thetford	39.80	362
3.	Betsy Kirk	14	Leiston	40.95		332
4.	Giselle Green		14	Bottisham	41.39	322
5.	Lucie Cooper		14	Thetford	41.68	315
6.	Ruby Welch	14	Thetford	42.95		288
7.	Arabella Bishop		14	West Norfolk	43.14	
	284					
8.	Olivia Butlin		14	Thetford	43.99	268
9.	Daisy Munro	14	Thetford	44.72		255

10.	Olivia Brewer	14	Diss Otters	44.99	250
11.	Freya Willis	14	Leiston	45.10	248
12.	Amalie Edwards	14	Bottisham	45.50	242
13.	Gracie-Mai Lloyd	14	Mildenhall	47.14	217
14.	Erin Hanna	14	Thetford	47.87	208
15.	Charlotte Jennings	14	Dereham	48.03	
	206				
16.	Ananya Chaudhary	14	Diss Otters	48.39	201
17.	Lowenna Pillinger	14	Bottisham	49.08	193
18.	Nia Jones	14	Diss Otters	49.17	192
18.	Daisy Lewis	14	Diss Otters	49.17	192
20.	Izzy Howard	14	Gt Yarmouth	50.31	179
21.	Angel Batangan	14	Gt Yarmouth	50.63	175
22.	Sze Yin Wong	14	Bottisham	50.80	174
23.	Elizabeth Naylor	14	Bottisham	50.92	172
24.	Amelia Ramjohn	14	Thetford	51.88	163
25.	Abigail Chaplin	14	Mildenhall	54.33	142

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Anastasja Wall	15	Dereham		38.00	416
2.	Shannon Taylor	15	Thetford		39.73	364
3.	Isabella Cook	15	Bottisham		40.10	354
4.	Freya May	15	Leiston	40.25		350
5.	Daisy Covell	15	West Norfolk		42.83	
	290					
6.	Frances Guerin	15	Diss Otters		44.33	262
7.	Kari-Ella Bailey	15	West Norfolk		47.66	
	210					
8.	Lexi Dix	15	Bottisham	51.76		164

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
1.	Emma-Louise Lovegrove	16	Thetford		41.11	
	328					
2.	Starr Hutchinson	16	Thetford		43.44	278
3.	Genevieve Morrish	16	Bottisham		44.78	254
4.	Leah Marques-Garcia	16	Bottisham		45.36	
	244					
5.	Imogen Ramjohn	16	Thetford		47.22	216
	Emily Arnott	17	Bottisham	DQ 4	.4L	

EVENT 8 Open/Male 50m Butterfly

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts	
1.	Laurie Scrivener	9	Leiston		42.73		131
2.	Noah Clarke	9	Gt Yarmouth	1:04.22			38
3.	William Bradney	9	West Norfolk		1:04.99		
	37						
4.	Sammy Shelton	9	Gt Yarmouth		1:06.37		35
5.	Devlin Perrin	9	Diss Otters		1:27.21		15
	Jacob Minty	9	Thetford		DQ 4 .4L		
	Ethan Williams	9	West Norfolk			DQ 8 .4L	

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts	
1.	Spencer Downes	10	Thetford		47.26		97
2.	Theodore Carlton	10	West Norfolk		48.16		
	92						
2.	Finley Crichton	10	Mildenhall		48.16		92
4.	Bill Dean	10	Thetford		49.11		86
5.	Peter Aldous	10	Diss Otters		56.73		56
6.	Sonny Roberts	10	West Norfolk		57.81		
	53						
7.	Morgan Hollier	10	Dereham		1:14.60		24

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts	
1.	Jack Tooke	11	Thetford		38.41		181
2.	Fraser Rush	11	Diss Otters		41.05		148
3.	Bay Smith	11	West Norfolk		41.33		145
4.	Isaac Dinwiddie	11	Leiston		42.85		130
5.	Charlie Jones	11	Gt Yarmouth		44.57		116
6.	William Minty	11	Thetford		45.93		106
7.	Joseph Cook	11	West Norfolk		50.56		79
8.	Theo Lewandowski	11	Bottisham		50.83		78
9.	Oscar Tunnicliff	11	West Norfolk		51.30		
	76						
10.	Sebastian Copping	11	Bottisham		53.32		67
11.	Charlie Bradford	11	West Norfolk		53.69		
	66						
12.	Joshua Butlin	11	Thetford		58.52		51
	Hayden Sheppard	11	Thetford		DNC		

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts
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1.	Henry Hewitt	12	Diss Otters	35.19	236
2.	James Jones	12	Thetford	35.41	231
3.	Sonny Dean	12	Thetford	35.55	229
4.	Theo Middlebrook	12	Thetford	36.00	220
5.	Aiden Gale	12	Leiston	38.67	177
6.	Xander Hollier	12	Dereham	39.33	169
7.	Joshua Norris	12	West Norfolk	40.70	
	152				
8.	Race Elmer	12	West Norfolk	41.62	142
9.	Luke Wilson	12	West Norfolk	43.32	126
10.	Francisco Estanol-Chan	12	Thetford	43.60	
	124				
11.	Arthur Lucas	12	Diss Otters	43.91	121
12.	Luke Critoph	12	Bottisham	45.60	108
13.	Charlie Madine	12	Mildenhall	48.99	87
14.	Oliver Ridgeway	12	Thetford	49.64	84
15.	Sze Hang Wong	12	Bottisham	51.12	77
16.	Harrison Sainsbury	12	Mildenhall	51.24	
	76				
	Oliwier Mikolajewski	12	Bottisham	DNC	
	Lucas Downes	12	Thetford	DNC	
	Oscar Rush	12	Diss Otters	DQ 1 0	
	Jakub Dziuba	12	Thetford	DQ 8 .2L	
	Florian Eccleston	12	Bottisham	DQ 8 .3L	

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Jack Riding	13	Thetford	32.07	311	
2.	Nikita Diadko	13	West Norfolk	33.14		
	282					
3.	Junru Cai	13	West Norfolk	33.86	265	
4.	Charlie Latta Diaz	13	Thetford	33.93		
	263					
5.	Cruze Joseph	13	Thetford	34.75	245	
6.	Bobby Hickman	13	Mildenhall	36.17	217	
7.	Viraat Patel	13	Bottisham	36.26	215	
8.	Jack Beaumont	13	Bottisham	36.54	210	
9.	Logan Smith	13	Dereham	36.62	209	
10.	Zackary Goodwin	13	Thetford	36.84	205	

11.	Freddie Wakefield	13	West Norfolk	37.75	
	191				
12.	Noah Celentano	13	Bottisham	38.07	186
13.	George Punter	13	Gt Yarmouth	38.61	178
14.	Otto Pedder-Smith	13	Diss Otters	38.66	178
15.	William Nutt	13	Dereham	39.07	172
16.	Jake Browning	13	Thetford	39.79	163
17.	William Bartram	13	Thetford	41.62	142
18.	Jack Dobson	13	Bottisham	42.55	133
19.	Ryan Pitcher	13	Thetford	43.09	128
20.	Elliott Lloyd	13	Mildenhall	45.14	111

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Kirill Ivanenco	14	West Norfolk	31.67		
	323					
2.	Donald Perrin	14	Diss Otters	31.72		322
3.	Ted Thompson	14	Leiston	33.49		273
4.	Alfie Thompson	14	Leiston	35.16		236
5.	Zak Mortimer	14	Diss Otters	35.29		234
6.	Teddy Roberts	14	West Norfolk	35.44		
	231					
7.	Alistair Walker Coelho	14	Bottisham	36.17		
	217					
8.	Jack Critoph	14	Bottisham	36.29		215
9.	George Richardson	14	Mildenhall	36.48		211
10.	Cohen Coppess	14	Thetford	38.10		186
11.	Nathan McShane	14	Bottisham	45.67		108

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Reggie Britcher	15	Thetford	29.72		391
2.	Jack Knight	15	Leiston	29.80		388
3.	Otto Wathen	15	Diss Otters	29.85		386
4.	Arthur Sallows	15	Bottisham	30.37		367
5.	Edward Allman	15	Thetford	33.86		265
6.	David Roczniak	15	West Norfolk	33.93		
	263					
7.	Kieron Alderson	15	Mildenhall	35.91		222

8.	William Neill-Gourlay	15	Thetford	36.45	
	212				
9.	Freddy Hardinge	15	Thetford	36.48	211
10.	Frederick Morrish	15	Bottisham	38.51	180
11.	Noah Deacon	15	Bottisham	42.00	138
16 Yrs/Over Age Group - Full Results					
	Place Name	AaD	Club	Time	WA Pts
1.	Finley Pawle	23	Leiston	30.06	378
2.	Joshua Taylor	16	Dereham	30.23	372
3.	Toby Flood	16	Thetford	30.54	361
4.	Thomas Kirk	16	Leiston	31.28	336
5.	Oliver Norris	16	West Norfolk	31.43	
	331				
6.	Harvey Appleton-Barnes	16	Dereham	32.86	
	289				
7.	James Guerin	16	Diss Otters	34.78	244
8.	Ryan Connaughton	17	Bottisham	36.54	210
9.	Jack Winborn	16	Thetford	38.05	186

EVENT 9 Female 50m Freestyle

09 Yrs Age Group - Full Results

	Place Name	AaD	Club	Time	WA Pts
1.	Petra Cooney	9	Leiston	39.43	196
2.	Saanvi Vats	9	Bottisham	40.28	184
3.	Betsy Chadderton	9	West Norfolk	42.42	
	157				
4.	Freya Newbury	9	Gt Yarmouth	45.29	129
5.	Daisy Morris	9	West Norfolk	45.30	
	129				
6.	Mia Gilbert	9	Dereham	45.46	128
7.	Jasmine Jones	9	Gt Yarmouth	46.56	119
8.	Leia Prihoda	9	Diss Otters	47.79	110
9.	Robyn Shippey	9	Bottisham	49.61	98
10.	Ella Smith	9	West Norfolk	50.59	93
11.	Anabelle Brockett	9	Thetford	51.28	89
12.	Sophie Whincop	9	Thetford	57.17	64

10 Yrs Age Group - Full Results

	Place Name	AaD	Club	Time	WA Pts
1.	Morgan Arthur	10	West Norfolk	35.12	
	278				
2.	Lily Nell	10	West Norfolk	38.64	208
3.	Poppy Richardson	10	Mildenhall	39.86	190

4.	Gabriella Cooney	10	Leiston	39.97	188
5.	Erin Riding	10	Thetford	40.02	188
6.	Francesca McKerr	10	Thetford	40.04	187
7.	Amelia March	10	Bottisham	40.12	186
8.	Maya Marcinek	10	West Norfolk	40.20	
	185				
9.	Nelly Nunn	10	Diss Otters	40.60	180
10.	Ellie Kitt	10	West Norfolk	40.96	175
11.	Eirini Gili	10	Bottisham	41.07	174
12.	Lola Treumann	10	Gt Yarmouth	41.80	165
13.	Lucy Lattimore	10	Diss Otters	42.38	158
14.	Scarlett Smith	10	West Norfolk	42.86	
	153				
15.	Athena Vaughan	10	Thetford	42.90	152
16.	Ivy Shelly	10	Thetford	43.68	144
17.	Joss Kirk	10	Leiston	43.74	144
18.	Eleanor Taylor	10	Thetford	43.94	142
19.	Layla Salmon	10	Dereham	45.01	132
20.	Isla Marques-Garcia	10	Bottisham	45.92	
	124				
21.	Marnie Morling	10	Leiston	46.90	116
22.	Amelia Larkin	10	Mildenhall	47.36	113
23.	Olivia Smith	10	Bottisham	48.91	103
24.	Emily Wilding	10	Thetford	49.94	96
25.	Lakota Smith	10	Dereham	50.26	94
26.	Emilia Bellotti	10	Thetford	50.97	91
27.	Esmay Harvey	10	Thetford	51.44	88
28.	Phoebe Beaumont	10	Bottisham	55.90	69
11 Yrs Age Group - Full Results					
	Place Name	AaD	Club	Time	WA Pts
1.	Martha More	11	West Norfolk	34.73	287
2.	Ella Treumann	11	Gt Yarmouth	36.14	255
3.	Selby Barnes	11	Gt Yarmouth	36.41	249
4.	Daisy Winterbottom	11	Diss Otters	36.84	
	241				
5.	Katarina Owen	11	Diss Otters	37.89	221
6.	Leah Spinks	11	Diss Otters	37.97	220

7.	Amelie Bartram	11	Thetford	38.21	216
8.	Ellie Mitchinson	11	Thetford	38.43	212
9.	Isabella Barton	11	Thetford	38.54	210
10.	Nala Babbidge	11	Dereham	38.88	205
11.	Alicia Hryniewicz-Sud	11	Thetford	39.49	
	195				
12.	Taliah Ssemwanga	11	Gt Yarmouth	39.58	194
13.	Elveja Kirstukaite	11	Gt Yarmouth	40.21	
	185				
14.	Lilyanna Gilbert	11	Dereham	40.32	183
15.	Anwen Jones	11	West Norfolk	40.72	178
16.	Lily Quinn	11	Gt Yarmouth	41.95	163
17.	Lucie Hurd	11	Gt Yarmouth	42.47	157
18.	Sophia Victory	11	Dereham	42.48	157
19.	Emma Wilson	11	West Norfolk	42.68	155
20.	Alexandra Bulpitt	11	Leiston	43.38	147
21.	Anna Thompson	11	Bottisham	44.03	141
22.	Leja Jackute	11	Thetford	44.33	138
23.	Layla Rose Flory	11	Leiston	44.59	135
24.	Molly Ling	11	Thetford	47.59	111
25.	Posy Chapman	11	Dereham	48.05	108
26.	Skylar Puntis	11	Diss Otters	1:03.59	46

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Dolcie Underwood	12	Dereham	31.13	399	
2.	Charley Taylor	12	Dereham	31.46	387	
3.	Hollie Richards	12	Diss Otters	33.83	311	
4.	Allanah Ralfe	12	Thetford	33.94	308	
5.	Amelia Glennon	12	Leiston	34.02	306	
6.	Isabelle Morris	12	West Norfolk	34.81		
	285					
7.	Sophie Bowes-Toms	12	Dereham	34.91	283	
8.	Evie Harris-Joy	12	Gt Yarmouth	36.09	256	
9.	Ophelia Bradney	12	West Norfolk	36.54		
	247					

10.	Majka Bulach	12	Gt Yarmouth	36.55		246
11.	S Desouza-Holwill	12	Mildenhall	36.95		238
12.	Emily May	12	Leiston	37.00		238
13.	Lacey Waterson	12	West Norfolk		37.03	
	237					
14.	Alexandra Cerps	12	West Norfolk		37.08	
	236					
15.	Mia Grzesiak	12	Diss Otters	37.22		233
16.	Amber Bunting	12	Thetford	37.39		230
17.	Amelia Rodgers	12	West Norfolk		37.57	
	227					
18.	Lydia Aldous	12	Diss Otters	38.29		214
19.	Quin Crane	12	Gt Yarmouth	39.04		202
20.	Harriet Foster	12	Diss Otters	39.22		199
21.	Seren Frost	12	Bottisham	40.39		182
22.	Daisy Brown	12	Leiston	40.41		182
23.	Alma Pattison	12	West Norfolk		41.04	
	174					
24.	Ellie Trower	12	Gt Yarmouth	41.46		169
25.	Millie Cooper	12	Thetford	41.89		164
26.	Lucia Bienzobas	12	Bottisham	42.10		161
27.	Indi Goldsmith	12	West Norfolk		42.53	
	156					
28.	Hadley Walker Coelho	12	Bottisham		42.69	
	154					
29.	Lily Ellerker	12	Dereham	43.41		147
30.	Jessica O'Brien	12	Bottisham	43.78		143
31.	Blythe Walker Coelho	12	Bottisham		44.84	
	133					
32.	Sienna Rowe	12	Gt Yarmouth	48.79		103
13 Yrs Age Group - Full Results						
	Place Name	AaD	Club	Time	WA Pts	
1.	Evie Dixon	13	Gt Yarmouth	30.03		445
2.	Aoife Babbidge	13	Dereham		31.40	389
3.	Leila Jackute	13	Thetford		31.87	372
4.	Isabella Marsh	13	Dereham		32.44	353
5.	Maggi Woodrow	13	Gt Yarmouth		32.72	344
6.	Emilia Clifford	13	Diss Otters		33.48	321
7.	Olivia Keen	13	Dereham	34.03		305
8.	Olivia Canham	13	Thetford		34.13	303

9.	Olivia Bradley	13	Thetford	34.65		289
10.	Emmie Philpott	13	Gt Yarmouth	34.94		282
11.	Amelia Lattimore	13	Diss Otters	35.30		274
12.	Carys Thompson	13	Bottisham	35.71		264
13.	Tatiana Thompson	13	Leiston	36.63		245
14.	Holly Hensellek	13	Gt Yarmouth	37.64		226
15.	Elsie Moore	13	Gt Yarmouth	37.80		223
16.	Brooklyn Firth	13	Thetford	38.17		216
17.	Farrah Rowe	13	Gt Yarmouth	38.29		214
18.	Sophie Hardinge	13	Thetford	38.66		208
19.	Kayla Palmer	13	Gt Yarmouth	39.31		198
20.	Emma Barrett	13	Mildenhall	41.21		172
21.	Lauren Pitcher	13	Thetford	42.03		162
22.	Grace Hunn	13	Gt Yarmouth	42.60		155
	Matilda Myers	13	West Norfolk	DNC		
	Livia Robinson	13	Bottisham	DQ 4 .4L		
	Ruby Oxborough	13	Gt Yarmouth	DQ 4 .4L		

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts	
1.	Lola Mitchinson	14	Thetford	29.53			468
2.	Giselle Green	14	Bottisham	31.43			388
3.	Olivia Butlin	14	Thetford	31.83			373
4.	Sophie Rochester	14	Diss Otters	31.84			373
5.	Betsy Kirk	14	Leiston	31.98			368
6.	Ruby Welch	14	Thetford	32.11			364
7.	Ashleigh Fall	14	Diss Otters	32.32			357
8.	Daisy Munro	14	Thetford	32.69			345
9.	Erin Hanna	14	Thetford	33.05			333
10.	Lowenna Pillinger	14	Bottisham	33.22			328
11.	Lucie Cooper	14	Thetford	33.25			327
12.	Arabella Bishop	14	West Norfolk	33.97			
	307						
13.	Freya Willis	14	Leiston	34.04			305
14.	Olivia Brewer	14	Diss Otters	34.16			302
15.	Daisy Lewis	14	Diss Otters	34.35			297

16.	Ananya Chaudhary	14	Diss Otters	34.68	289
17.	Sze Yin Wong	14	Bottisham	34.90	283
18.	Matilda Mnych	14	Bottisham	36.19	254
19.	Lily Mears	14	Dereham	36.36	250
20.	Amelia Ramjohn	14	Thetford	36.88	240
21.	Abigail Chaplin	14	Mildenhall	37.04	237
22.	Charlotte Jennings	14	Dereham	37.17	234
23.	Amalie Edwards	14	Bottisham	37.23	233
24.	Elizabeth Naylor	14	Bottisham	37.53	228
25.	Nia Jones	14	Diss Otters	38.18	216
26.	Gracie-Mai Lloyd	14	Mildenhall	38.72	207
27.	Angel Batangan	14	Gt Yarmouth	38.82	206

	Izzy Howard	14	Gt Yarmouth	DQ 4 .4L	
15 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Anastasja Wall	15	Dereham	28.78	505
2.	Freya May	15	Leiston	29.61	464
3.	Shannon Taylor	15	Thetford	31.89	371
4.	Daisy Covell	15	West Norfolk	32.07	365
5.	Emily Haworth	15	Gt Yarmouth	32.10	364
6.	Starr Nichols	15	Gt Yarmouth	32.45	352
7.	Isabella Cook	15	Bottisham	33.36	324
8.	Kari-Ella Bailey	15	West Norfolk	33.71	314
9.	Lexi Dix	15	Bottisham	34.04	305
10.	Frances Guerin	15	Diss Otters	35.20	276

16 Yrs/Over Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Emma-Louise Lovegrove	16	Thetford	29.64	462
2.	Elizabeth Edwards	16	Bottisham	32.82	341
3.	Leah Marques-Garcia	16	Bottisham	33.46	321
4.	Starr Hutchinson	16	Thetford	33.47	321
5.	Emily Arnott	17	Bottisham	34.80	286
6.	Genevieve Morrish	16	Bottisham	36.17	254

7.	Imogen Ramjohn	16	Thetford	40.99	175
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EVENT 10 Open/Male 100m IM

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	Laurie Scrivener	9	Leiston	1:29.76		165
				40.90		
2.	Jacob Minty	9	Thetford	1:42.49		111
				50.33		
3.	Noah Clarke	9	Gt Yarmouth	1:51.64		86
				51.62		
4.	Ethan Williams	9	West Norfolk	1:59.70		
		69		55.10		
5.	Sammy Shelton	9	Gt Yarmouth	2:01.28		67
				59.07		
6.	William Bradney	9	West Norfolk	2:03.34		
		63		59.66		
	Idris Scriven	9	Bottisham	DQ 1 0		
	Rafe Morgan-Mills	9	Diss Otters	DQ 7 .6L		
	Montgomery Dunn	9	Bottisham	DQ 9 .4L		

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	Finley Crichton	10	Mildenhall	1:42.93		109
				48.61		
2.	Spencer Downes	10	Thetford	1:45.43		102
				50.09		
3.	Peter Aldous	10	Diss Otters	1:45.68		101
				51.50		
4.	Bill Dean	10	Thetford	1:46.40		99
				49.99		
5.	Theodore Carlton	10	West Norfolk	1:48.52		
		93		51.59		
6.	Dylan Clunan-Camp	10	West Norfolk	1:50.95		
		87		53.00		
7.	Sonny Roberts	10	West Norfolk	1:57.00		
		74		53.54		
	Denis Diadko	10	West Norfolk	DQ 8 .2L		

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	William Minty	11	Thetford	1:29.66		166
				43.14		
2.	Fraser Rush	11	Diss Otters	1:30.36		162
				41.89		
3.	Charlie Jones	11	Gt Yarmouth	1:31.56		155
				42.21		
4.	Jack Tooke	11	Thetford	1:32.51		151
				42.12		
5.	Isaac Dinwiddie	11	Leiston	1:33.54		146
				44.54		
6.	Leo Harrington	11	West Norfolk	1:38.54		
		125		43.45		
7.	Ben Mortimer	11	Diss Otters	1:41.60		114
				46.94		

8.	Theo Lewandowski	11	Bottisham	1:42.48	111
	48.99				
9.	Joseph Cook	11	West Norfolk	1:42.49	111
	47.75				
10.	Oscar Tunnickliff	11	West Norfolk	1:45.97	
	100	47.69			
11.	Joshua Butlin	11	Thetford	1:52.51	84
	55.49				
12.	Charlie Bradford	11	West Norfolk	1:53.05	
	82	53.40			
	Hayden Sheppard	11	Thetford	DNC	
	Sebastian Copping	11	Bottisham	DQ 8 .3L	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	Jesse Knight	12	Leiston	1:11.55	326	
	32.66					
2.	Oscar Rush	12	Diss Otters	1:14.12	293	
	35.98					
3.	James Jones	12	Thetford	1:19.42	238	
	36.21					
4.	Henry Hewitt	12	Diss Otters	1:21.47	221	
	39.32					
5.	Aiden Gale	12	Leiston	1:21.51	220	
	37.83					
6.	Sonny Dean	12	Thetford	1:22.65	211	
	36.97					
7.	Theo Middlebrook	12	Thetford	1:25.89	188	
	39.34					
8.	Xander Hollier	12	Dereham	1:28.34	173	
	42.46					
9.	Thomas Scrivener	12	Leiston	1:28.55	172	
	41.43					
10.	Francisco Estanol-Chan	12	Thetford	1:30.08		
	163	42.47				
11.	Luke Wilson	12	West Norfolk	1:31.18	157	
	41.99					
12.	Race Elmer	12	West Norfolk	1:32.50	151	
	44.66					
13.	Arthur Lucas	12	Diss Otters	1:33.86	144	
	43.64					
14.	Sze Hang Wong	12	Bottisham	1:40.48	117	
	48.97					
15.	Luke Critoph	12	Bottisham	1:42.74	110	
	45.74					
16.	Charlie Madine	12	Mildenhall	1:49.03	92	
	49.66					
	Jakub Dziuba	12	Thetford	DNC		
	Lucas Downes	12	Thetford	DNC		
	Oliver Ridgeway	12	Thetford	DQ 8 .2L		
	Florian Eccleston	12	Bottisham	DQ 8 .3L		

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
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1.	Nikita Diadko	13	West Norfolk	1:16.43	
	268	34.11			
2.	Jack Riding	13	Thetford	1:17.08	261
	33.79				
3.	Charlie Latta Diaz	13	Thetford	1:19.33	
	239	35.10			
4.	William Nutt	13	Dereham	1:19.44	238
	37.17				
5.	Logan Smith	13	Dereham	1:20.21	231
	38.73				
6.	Cruze Joseph	13	Thetford	1:20.24	231
	37.11				
7.	Jack Beaumont	13	Bottisham	1:20.68	227
	36.89				
8.	Zackary Goodwin	13	Thetford	1:20.78	227
	36.77				
9.	Bobby Hickman	13	Mildenhall	1:26.74	183
	37.51				
10.	Jake Browning	13	Thetford	1:27.50	178
	41.46				
11.	Noah Celentano	13	Bottisham	1:28.03	175
	40.70				
12.	Viraat Patel	13	Bottisham	1:28.53	172
	41.66				
13.	Jack Dobson	13	Bottisham	1:30.62	160
	42.10				
14.	George Punter	13	Gt Yarmouth	1:30.64	160
	42.21				
15.	William Bartram	13	Thetford	1:33.05	148
	43.74				
16.	Ryan Pitcher	13	Thetford	1:33.69	145
	43.41				
17.	Elliott Lloyd	13	Mildenhall	1:34.50	141
	44.99				
	Otto Pedder-Smith	13	Diss Otters	DNC	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	Donald Perrin		14	Diss Otters	1:09.93	349
	31.95					
2.	Kirill Ivanenco		14	West Norfolk	1:15.91	
	273	35.06				
3.	Jack Critoph		14	Bottisham	1:20.13	232
	35.51					
4.	Zak Mortimer		14	Diss Otters	1:21.33	222
	37.52					
5.	George Richardson		14	Mildenhall	1:22.36	214
	38.52					
6.	Alistair Walker Coelho		14	Bottisham	1:23.30	
	207	37.96				
7.	Nathan McShane		14	Bottisham	1:39.95	119
	48.85					
	Teddy Roberts		14	West Norfolk	DQ 8. 2	

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50
1.	Reggie Britcher		15	Thetford	1:07.58	387
	32.02					

2.	Otto Wathen	15	Diss Otters	1:09.49	356
	32.92				
3.	Arthur Sallows	15	Bottisham	1:11.13	332
	32.14				
4.	Jack Knight	15	Leiston	1:12.26	317
	32.44				
5.	Edward Allman	15	Thetford	1:16.33	269
	34.36				
6.	William Neill-Gourlay	15	Thetford	1:20.79	
	226 36.87				
7.	Frederick Morrish	15	Bottisham	1:22.92	209
	38.75				
8.	William Cooper	15	Dereham	1:23.52	205
	38.82				
9.	Kieron Alderson	15	Mildenhall	1:24.51	198
	37.55				
10.	Freddy Hardinge	15	Thetford	1:28.66	171
	39.82				
11.	Alister Thompson	15	Dereham	1:30.55	161
	45.38				
12.	Noah Deacon	15	Bottisham	1:34.97	139
	44.94				
16 Yrs/Over Age Group - Full Results					
	Place Name	AaD	Club	Time	WA Pts
					50
1.	Toby Flood	16	Thetford	1:05.96	417
	30.94				
2.	Finley Pawle	23	Leiston	1:09.61	354
	32.05				
3.	Thomas Kirk	16	Leiston	1:12.95	308
	33.41				
4.	Joshua Taylor	16	Dereham	1:13.79	297
	32.93				
5.	James Guerin	16	Diss Otters	1:18.96	243
	36.39				
6.	Ryan Connaughton	17	Bottisham	1:22.52	212
	39.58				
	Jack Winborn	16	Thetford	DQ 9 .4L	