

Thetford Nifty 50s - 14th September 2025

Swimmer	50 Fly	50 Back	50 Breast	50 Free	100 IM
Abi Chaplin	0:48.41	DQ (6.4)	0:54.33	0:37.04	1:37.28
Amelia Larkin			0:57.05	0:47.36	
Bobby Hickman	0:36.17	0:37.73	DQ (4.4)	0:31.76	1:26.74
Charlie Madine	0:48.99	0:48.24	1:03.80	0:40.64	1:49.03
Elliott Lloyd	0:45.14	0:41.89	0:49.43	0:37.32	1:34.50
Emma Barrett		0:48.02	0:49.08	0:41.21	1:43.57
Finley Crichton	0:48.16			0:35.79	1:42.93
George Richardson	0:36.48	0:38.48	0:45.44	0:32.13	1:22.36
Gracie-Mai Lloyd	0:46.38	0:43.53	0:47.14	0:38.72	1:34.08
Harrison Sainsbury	0:51.24	0:44.53		0:36.48	
Karol Poplawski			0:46.84	0:35.94	
Kieron Alderson	0:35.91	0:37.11	0:47.00	0:32.30	1:24.51
Michael Mutter		1:00.79		1:01.86	
Miko Poplawski			0:34.41	0:26.93	
Polly Jackson	0:40.01	0:40.29			1:27.44
Poppy Richardson	0:45.81	0:44.60	0:55.99	0:39.86	1:40.30
Sapphire Desouza-Holwill			0:46.27	0:36.95	

0:59.99

First Time

0:59.99

New Personal Best

30 PBs achieved out of 63 races, 2 Golds, 3 Silvers and 4 Bronze medals won