

Suffolk Masters - 22nd February 2026

Swimmer	50 Fly	50 Back	50 Breast	50 Free
Aaron Hickman				0:36.49
Darryl Castleton		0:42.89		
Esmæ Child	0:32.80			0:30.39
Filo Ghezzi				0:34.56
James Shipp			0:34.14	
Jeannie Morley		0:59.91		0:50.35
Tyler Baxter	0:28.46		0:33.38	

Swimmer	100 Back	100 Breast	100 Free	100 IM	200 Back	200 Breast	200 Free
Aaron Hickman							3:14.39
Darryl Castleton			1:20.15			3:32.27	2:59.39
Esmæ Child			1:07.71	1:19.67			
Filo Ghezzi				1:29.76			
James Shipp		1:15.74					
Jane Smith	1:48.25		1:36.52		3:55.01		3:30.96
Jeannie Morley	2:12.58						
Rob Garry	1:56.36		1:36.71	2:03.66			

0:59.99 First Time

0:59.99 New Personal Best

6 PBs achieved out of 26 races, 13 County Golds & 13 Silvers won