

East Region Open Water Championships - 12th July 2026

1km Freestyle

		Time	East Region	Suffolk
Boys 11-12 Years	Finley Crichton	17:46.00	15 th	Bronze
Boys 11-12 Years	Michael Morrison	22:12.00	24 th	4 th

2km Freestyle

		Time	East Region	Suffolk
Girls 13 Years	Lyla Hill	32:41.00	18 th	Gold
Girls 15-16 Years	Abi Chaplin	38:56.00	Silver	Gold
Women 50-54 Years	Marie Searle	35:55.00	Gold	Gold
Boys 12 Years	William Onslow	40:14.00	15 th	Silver
Mens 50-54 Years	Joe Onslow	44:01.00	4 th	Gold
Mens 60-64 Years	Rob Garry	49:28.00	Bronze	Silver

1 each of East Region Gold, Silver & Bronze, 4 Suffolk Golds, 2 Silvers & 1 Bronze