



2026 CLUB
CHAMPIONSHIPS
200m and Long Distance



Name _____ open-male / female

Date of Birth _____ Group _____

Event		<u>Date</u>	✓	<u>Current PB Time</u>
101	200m Butterfly	Friday 18 th September 2026 7:30pm		
102	400m IM	Sunday 20 th September 2026 4:30pm		
103	200m Backstroke	Friday 25 th September 2026 7:30pm		
104	200m Breaststroke	Friday 2 nd October 2026 7:30pm		
105	1500m Freestyle	Sunday 4 th October 2026 4:00pm		
106	200m Freestyle	Friday 9 th October 2026 7:00pm		
107	400m Freestyle	Friday 16 th October 2026 7:00pm		
108	800m Freestyle	Sunday 18 th October 2026 4:00pm		

Please complete this form, ticking the races you wish to enter and putting in your current PB times - if you have not raced this before please enter NT (No Time).

Squad swimmers can enter all races, Marlin swimmers the 200m and 400m Freestyle only.

The fees have already been paid so there is no reason to not enter all races.

The closing deadline date is **Sunday 6th September 2026**.

Return the form to Benita Garry or Rob Garry. Note that races will be run in mixed sex heats.

Competitors not reporting for the warm-up by the time shown above will not be allowed to race.

Please let us know if you are unable to attend before the event. **(Wendy 07568 341569)**

There will be 2 age group categories: - 13 and over, 12 and under.

The presentation of the trophies and medals will be on the night.