

Mildenhall Long Distance & 200m Club Championships

18th September - 18th October 2026

Swimmer	200 Fly	200 Back	200 Breast	200 Free	400 Free	400 IM	800 Free	1500 Free
Abi Chaplin		3:27.78		2:54.48		7:34.59		25:26.68
Adriana Morrison			3:53.34					
Amelia Larkin		3:42.82	3:37.36	3:12.28		7:39.04		
Cosette Jamieson		3:33.54	4:02.37	3:15.99		7:54.83		
Elisabetta Scotto Di Marra			3:37.13	3:06.19				
Elizabeta Meilute				4:19.14				
Elysia Jackson		DQ (6.4)	3:44.84	2:53.82				
Emily Savin	4:25.69		4:32.27	3:31.84		9:14.98		33:12.11
Emma Barrett		3:48.84	4:07.51	3:11.67				
Emma Hunt			4:01.90			8:25.53		
Esmae Child				2:27.63				
Evie Roberson		3:59.85		4:14.95				
Francesca Onslow		3:35.35	4:16.14	3:22.05		8:13.11		29:11.57
Gracie-Mai Lloyd		3:19.07						
Iris Hill			4:57.43	4:04.41				
Isabel Blackburn			3:45.90	3:17.88				DNF
Jane Smith		3:58.68	4:35.58	3:32.69				
Jeannie Morley		4:32.36						33:39.94
Jessica Scales		3:49.63	4:32.03	3:32.41				
Lilly Bird		3:26.01		3:09.91				
Luna Newson		3:51.38	4:04.87			8:04.56		
Lyla Hill	3:12.89	2:50.08	3:09.81	2:31.16		6:10.56		21:52.04
Marie Searle				2:44.18				23:57.66
Olivia Crichton				4:06.89				
Polly Jackson	3:15.79		3:14.20	2:49.42		6:28.27		
Poppy Richardson	3:31.53	3:11.06	3:44.25	2:50.03		7:02.52		25:06.83
Sapphire Desouza-Holwill			3:09.00	2:41.60		6:37.17		
Barnie Newton		3:36.19	4:23.35	3:06.81				28:52.79
Bobby Hickman		2:36.78		2:19.76				
Callum Keane		3:35.82	4:05.20	3:10.64				27:52.22
Charlie Madine	3:50.63	3:25.52	4:04.56	3:05.88		7:21.83		26:53.45
Darryl Castleton		3:41.17	3:37.31	3:00.66				
Finley Crichton		3:15.55	4:04.63	2:38.79		7:02.60		22:22.23
Grayson King								
Harrison Sainsbury		3:06.72		2:43.96		7:00.57		
Hector Latham		DQ (6.4)		4:24.50				
Henry Cash		DQ (6.4)	4:05.35					
Jacob Hales			4:43.28	4:10.54				
Joe Onslow			3:38.23					
Kellen Dupuis				3:46.67				
Kyle Chaplin		3:56.08	4:37.25	3:46.40		8:31.75		31:11.42
Logan Jamieson		3:49.28	4:34.46					
Luca Riggi								
Lucas Lam				4:56.57				
Michael Morrison		3:51.83				8:15.59		
Ralph Madine		3:37.33	4:00.85	3:26.58		DQ (7.1)		
Rob Garry		3:56.64	4:56.99	3:27.78		9:58.54		30:30.59
Ryker Jackson		DQ (6.4)	4:36.25	3:33.21				
Seb Cash			3:48.19	2:45.61				23:49.93
Vinnie Sainsbury				4:35.64				
Wilfred Gallwey				4:44.93				
William Onslow	3:37.68	3:05.91	3:41.85	2:38.04		6:49.19		22:21.56
William Tyson		3:31.57		3:58.57				

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Selected Split Times

Swimmer	100 Fly ^(ST)	50 Breast ^(ST)	100 Breast ^(ST)	50 Free ^(ST)	100 Free ^(ST)	200 Free ^(ST)	400 Free ^(ST)	800 Free ^(ST)
Abi Chaplin	1:48.39							13:20.26
Adriana Morrison		0:53.33	1:52.67					
Amelia Larkin	2:01.17				1:29.85			
Cosette Jamieson					1:31.45			
Elisabetta Scotto Di Marrazzo			1:44.41					
Elizabeta Meilute				0:49.45	1:50.64			
Emily Savin			2:09.34				7:59.31	
Emma Hunt		0:54.36	1:49.28					
Evie Roberson					2:01.72			
Francesca Onslow	2:08.52	0:59.68	2:06.61		1:38.68	3:34.49	7:32.75	15:26.15
Iris Hill					2:02.81			
Isabel Blackbourn			1:49.28		1:33.12			
Jessica Scales		1:01.21	2:08.21		1:41.49			
Luna Newson	1:51.44							
Lyla Hill			1:32.21			2:41.88	5:36.56	11:33.00
Marie Searle				0:35.17	1:15.11	2:55.60	6:07.14	12:34.67
Olivia Crichton					1:56.04			
Polly Jackson	1:31.19							
Poppy Richardson			1:46.19			3:03.98		13:15.47
Sapphire Desouza-Holwill	1:37.83			0:34.19	1:17.88			
Barnie Newton			2:08.86		1:29.09	3:55.22	7:57.48	15:52.05
Callum Keane					1:30.39		7:08.41	14:47.57
Charlie Madine							6:53.38	
Finley Crichton	1:41.99		1:57.23					11:53.34
Harrison Sainsbury	1:49.21							
Hector Latham				0:57.10				
Henry Cash			2:01.08					
Jacob Hales		1:03.66	2:15.30		1:59.90			
Kellen Dupuis				0:48.77	1:47.37			
Logan Jamieson			2:12.69					
Kyle Chaplin	2:17.28		2:17.82			3:55.97	8:02.73	16:19.06
Lucas Lam					2:18.06			
Michael Morrison	1:55.44							
Ralph Madine					1:38.97			
Ryker Jackson		1:00.51	2:11.15					
Seb Cash			1:47.29			2:50.85	5:58.04	12:30.13
Vinnie Sainsbury				0:57.79	2:10.69			
Wilfred Gallwey				1:06.71	2:24.72			
William Onslow		0:50.43	1:49.51		1:17.42		5:50.40	11:53.45

New 3-Year Best (Masters) 0:59.99 First Time 0:59.99 New PB 0:59.99 County QT 0:59.99

Championship Record 0:59.99 Club Record 0:59.99 209 PBs (inc. 7 3-year bests) achieved in 148 races

After 6 races, there have been some amazing races and incredible PBs - well done to everyone who has taken part. Four swimmers have competed in all 6 races, Charlie, Lyla, Poppy and William Onslow all achieving PBs in all 6. A further 5 swimmers have competed in 5 races, with Emily, Francesca, Finley and Kyle achieving PBs in all 4, Rob unfortunately missing out ...

As well as over 200 PBs, 12 swimmers have achieved 27 county qualifying times between them. Well done to Amelia, Bobby, Cosette, Finley, Francesca, Isabel, Lyla, Polly, Poppy, Ralph, Sapphire and William Onslow. There have also been 2 club records set, with Lyla and Sapphire both breaking the 12/13 200m Breaststroke club record set in 2015, with Sapphire setting the new record at 3:09.00. Finley has set a new 11/U 1500m Freestyle club record of 22:22:23, breaking the 2003 record by 10 seconds.